



**DENVER HEALTH  
PARAMEDIC DIVISION  
PROTOCOLS  
August 1, 2024**

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The Denver Health Paramedic Division (DHPD) protocols largely reflect the Denver Metro EMS protocols, which DHPD participates in creating. DHPD would like to acknowledge the other physicians and agency representatives that contribute to the process of creating the Denver Metro EMS protocols. These protocols will continually undergo editing and revision, reflective of emergency medical services within the medical care community.

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## 0010 GENERAL GUIDELINES: INTRODUCTION

### INTRODUCTION

The following protocols have been developed and approved by the Denver Health Paramedic Division (DHPD) Medical Directors. These protocols define the standard of care and delineate the expected practice, actions, and procedures to be followed.

No protocol can account for every clinical scenario encountered, and the DHPD Medical Directors recognize that in rare circumstances deviation from these protocols may be necessary and in a patient's best interest. Variance from protocol should always be done with the patient's best interest in mind and backed by documented clinical reasoning and judgment. Whenever possible, prior approval by direct verbal order from base station physician is preferred. Additionally, all variance from protocol should be documented and submitted for review by the agency's Medical Director in a timely fashion.

The protocols are presented in an algorithm format. An algorithm is intended to reflect real-life decision points visually. An algorithm has certain limitations, and not every clinical scenario can be represented. Although the algorithm implies a specific sequence of actions, it may often be necessary to provide care out of sequence from that described in the algorithm if dictated by clinical needs. An algorithm provides decision-making support but need not be rigidly adhered to and is no substitute for sound clinical judgment.

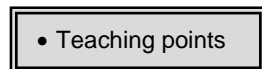
In order to keep protocols as uncluttered as possible, and to limit inconsistencies, individual drug dosing has not been included in the algorithms. It is expected the EMS medical providers will be familiar with standard drug doses. Drug dosages are included with the medications section of the protocols as a reference.

If viewing protocol in an electronic version, it will be possible to link directly to a referenced protocol by clicking on the hyperlink, which is underlined.

### PROTOCOL KEY

Boxes without any color fill describe actions applicable to all certification levels. Boxes with blue fill are for Paramedic level. When applicable, actions requiring **Base Contact** are identified in the protocol.

EMT-IV	Paramedic
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 Teaching points deemed sufficiently important to be included in the protocol are separated into grey-filled boxes with a double line border.

### TRAINING AND EDUCATION

These protocols define the treatments, procedures, and policies approved by the DHPD Medical Directors. In Colorado, the scope of practice and acts allowed for EMT, EMT-IV, AEMT, EMT-I and Paramedic certifications are defined by the Colorado Department of Public Health and Environment, Chapter Two - Rules Pertaining to EMS Practice and Medical Director Oversight. These protocols do not supersede Chapter Two allowances, but in some instances may vary from Chapter Two depending on medical directors' preference.

The curriculum for initial EMS provider training may not cover some of the treatments, procedures and medications included in these protocols. Therefore, it is the responsibility of the EMS agency and Medical Director to ensure the initial training, verification, and maintenance of these skills falling outside traditional EMS education with all agency providers. This may be of additional importance when training and orienting newly hired providers prior to independent practice.

## 0015 GENERAL GUIDELINES: AGE DEFINITIONS

### INTRODUCTION

For the purposes of these clinical care protocols, the following age guidelines will be used. These are general guidelines, however individual protocols, including medication dosages, may deviate from these age ranges.

### ADULT

Adult patients are considered 12 years of age or older.

### GERIATRICS

Geriatric patients will be considered 65 years of age or older. Geriatric specific indications will be indicated by a green box.



Geriatric Protocol

### PEDIATRICS

Pediatric patients are those less than 12 years of age. Infant is defined as less than 1 year of age. Neonate is defined as less than one month of age. Pediatric specific indications will be noted by a purple box.



Pediatric Protocol



## 0020 GENERAL GUIDELINES: CONFIDENTIALITY

### CONFIDENTIALITY

- A. The patient-physician relationship, the patient-registered nurse relationship, and the patient-EMT relationship are recognized as privileged. This means that the physician, nurse, or EMT may not testify as to confidential communications unless:
  - 1. The patient consents
  - 2. The disclosure is allowable by law (such as Medical Board or Nursing Board proceedings, or criminal or civil litigation in which the patient's medical condition is in issue)
- B. The prehospital provider must keep the patient's medical information confidential. The patient likely has an expectation of privacy and trusts that personal, medical information will not be disclosed by medical personnel to any person not directly involved in the patient's medical treatment.
  - 1. Exceptions:
    - i. The patient is not entitled to confidentiality of information that does not pertain to the medical treatment, medical condition, or is unnecessary for diagnosis or treatment.
    - ii. The patient is not entitled to confidentiality for disclosures made publicly.
    - iii. The patient is not entitled to confidentiality with regard to evidence of a crime.
- C. Additional Considerations:
  - 1. Any disclosure of medical information should not be made unless necessary for the treatment, evaluation, or diagnosis of the patient.
  - 2. Any disclosures made by any person, medical personnel, the patient, or law enforcement should be treated as limited disclosures and not authorizing further disclosures to any other person.
  - 3. Any discussions of prehospital care by and between the receiving hospital, the crewmembers in attendance, or at in-services or audits which are done strictly for educational or performance improvement purposes, will fall under the "Carol J. Shanaberger Act" [Colorado Revised Statutes §25-3.5-901 et seq.](#), provided that all appropriate criteria have been met for the agencies peer protection program. Further disclosures are not authorized.
  - 4. Radio communications should not include disclosure of patient names.
  - 5. This procedure does not preclude or supersede your agency's HIPAA policy and procedures.
  - 6. Any communication from the prehospital setting to the receiving hospital or other facility or care provider should be kept in compliance with HIPAA including all smart technology, SMS messaging, wireless communication or otherwise. No personal identifier information should be transmitted over non-HIPAA compliant secure means.

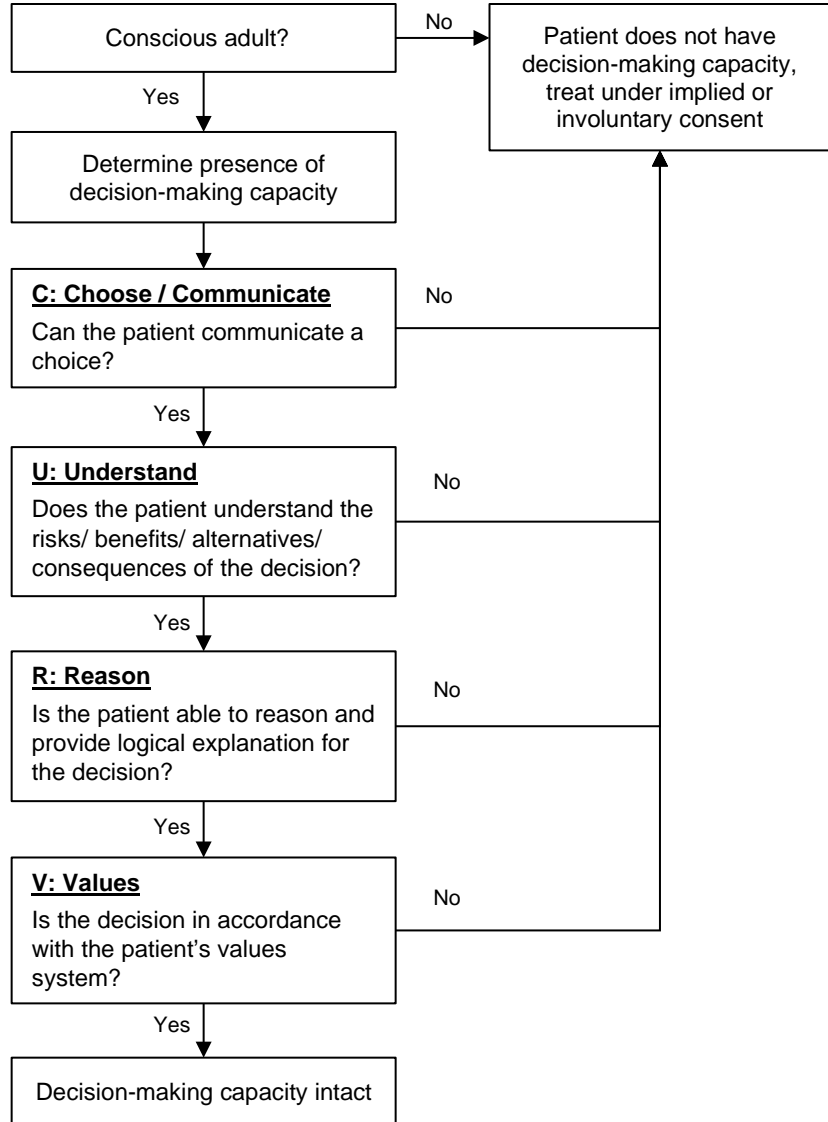
## 0030 General Guidelines: Consent

### General Principles

- An adult in the State of Colorado is 18 years of age or older.
- Every adult is presumed capable of making medical treatment decisions. This includes the right to make "bad" decisions that the prehospital provider believes are not in the best interests of the patient.
- A call to 9-1-1 itself does not prevent a patient from refusing treatment. A patient may refuse medical treatment (IVs, oxygen, medications), but you should try to inform the patient of the need for therapies, offer again, and treat to the extent possible.
- The odor of alcohol on a patient's breath does not, by itself, prevent a patient from refusing treatment.

### Values

- Attempt to assess if the patient's decision is in line with how they have approached the other questions they have been asked during assessment
- If possible, obtain collateral from friends or family to determine if the patient's decision is in line with other decisions or conversations
- An example question to assess values: "How did you reach your decision to accept (or reject) care?"



### Involuntary Consent

In rare circumstances a person other than the patient may authorize consent. This may include:

- Court order (Guardianship)
- Law enforcement officer may authorize transport of prisoners in custody or detention in order to be evaluated but cannot dictate treatment decisions.
- Persons under a mental health hold or commitment who are a danger to themselves or others or are gravely disabled.
- It is sufficient to assume the patient lacks decision-making capacity if there is a reasonable concern when any person appears to have a mental illness and, as a result of such mental illness, appears to be an imminent danger to others or to himself or herself or appears to be gravely disabled. Effort should be made to obtain consent for transport from the patient, and to preserve the patient's dignity throughout the process. However, the patient may be transported over his or her objections and treated under involuntary consent if the patient does not comply.

**CONTACT BASE** if there are any questions or concerns about decision-making capacity.

## 0030 General Guidelines: Consent

### General Principles: Minors

- A. A parent, including a parent who is a minor, may consent to medical or emergency treatment of his/her child. There are exceptions:
  - 1. Neither the child nor the parent may refuse medical treatment on religious grounds if the child is in imminent danger as a result of not receiving medical treatment, or when the child is in a life-threatening situation, or when the condition will result in serious handicap or disability.
  - 2. Minors may seek treatment for medical care related to the intended live birth of a child; contraception; abortion; prevention, diagnosis, and treatment for sexually transmitted infections/HIV; evaluation and/or treatment after sexual assault; and treatment for addiction to or use of drugs, emergency treatment for intoxication, and treatment for alcoholism without consent of parents.
  - 3. Minors 15 years or older may seek treatment for mental health without parents' consent.
  - 4. The consent of a parent is not necessary to authorize hospital or emergency health care when a first responder in good faith relies on a minor's consent, if the minor is at least 15 years or older, and
    - a. Is living separate and apart from his or her parents, and managing his or her own financial affairs; or
    - b. They have contracted a lawful marriage
- B. When in doubt, your actions should be guided by what is in the minor's best interests and **BASE CONTACT**.

### Procedure: Minors

- A. A parent or legal guardian may provide consent to or refuse treatment in a non- life-threatening situation.
- B. When the parent is not present to consent or refuse:
  - 1. If a minor has an injury or illness, but not a life-threatening medical emergency, you should attempt to contact the parent(s) or legal guardian. If this cannot be done promptly, transport.
  - 2. If the child does not need transport, they can be left at the scene in the custody of a responsible adult (e.g., teacher, social worker, grandparent). It should only be in very rare circumstances that a child of any age is left at the scene if the parent is not also present.
  - 3. If the minor has a life-threatening injury or illness, transport and treat per protocols. If the parent objects to treatment, **CONTACT BASE** immediately and treat to the extent allowable, notify law enforcement to respond and assist.

## 0040 GENERAL GUIDELINES: PHYSICIAN AT THE SCENE/MEDICAL DIRECTION

### **Purpose:**

- A. To provide guidelines for prehospital personnel who encounter a physician at the scene of an emergency

### **General Principles:**

- A. The prehospital provider has a duty to respond to an emergency, initiate treatment, and conduct an assessment of the patient to the extent possible.
- B. A physician who voluntarily offers or renders medical assistance at an emergency scene is generally considered a "Good Samaritan." However, once a physician initiates treatment, he/she may feel a physician-patient relationship has been established.
- C. Good patient care should be the focus of any interaction between prehospital care providers and the physician.

### **Procedure:**

- A. See algorithm below and sample note to physician at the scene

### **Special Notes:**

- A. Every situation may be different, based on the physician, the scene, and the condition of the patient.
- B. **CONTACT BASE** when any question(s) arise.

**0040 GENERAL GUIDELINES: PHYSICIAN AT THE SCENE/MEDICAL DIRECTION**

**NOTE TO PHYSICIANS ON INVOLVEMENT WITH EMS PROVIDERS**

THANK YOU FOR OFFERING YOUR ASSISTANCE.

The prehospital personnel at the scene of this emergency operate under standard policies, procedures, and protocols developed by their Medical Director. The drugs carried and procedures allowed are restricted by law and written protocols.

After identifying yourself by name as a physician licensed in the State of Colorado and providing identification, you may be asked to assist in one of the following ways:

1. Offer your assistance or suggestions, but the prehospital care providers will remain under the medical control of their **base** physician, or
2. With the assistance of the prehospital care providers, talk directly to the **base physician** and offer to direct patient care and accompany the patient to the receiving hospital. Prehospital care providers are required to obtain an order directly from the **base physician** for this to occur.

THANK YOU FOR OFFERING YOUR ASSISTANCE DURING THIS EMERGENCY.

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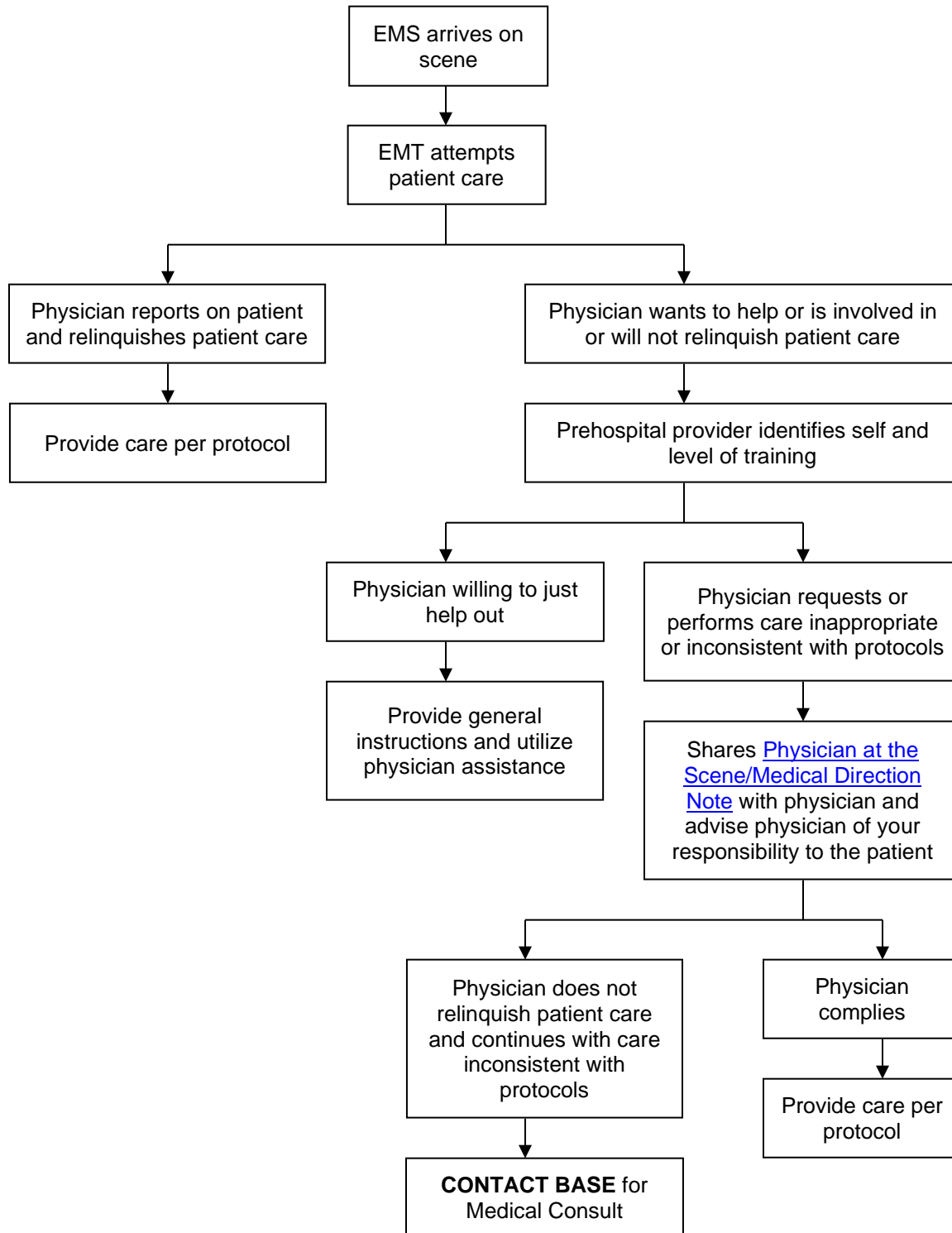
Medical Director

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Agency

0040 GENERAL GUIDELINES: PHYSICIAN AT THE SCENE/MEDICAL DIRECTION

PHYSICIAN AT THE SCENE/MEDICAL DIRECTION ALGORITHM



## 0050 GENERAL GUIDELINES: FIELD PRONOUNCEMENT

EMT-IV

Paramedic

### Purpose:

- A. To provide guidelines for resuscitation and field pronouncement of patients in pulseless arrest in the prehospital setting. EMS may transport any patient perceived to be viable, or if scene dynamics or public perception necessitates transport.

### General Principles:

- A. Agency policy determines base contact requirements for patients for whom resuscitation efforts are being withheld. **BASE CONTACT** is required for all pronouncements made by a BLS provider.
- B. Medical Arrest:
  1. **Standing Order** for field pronouncement if pulseless and (either):
    - a. No resuscitation is desired in accordance with *Advanced Medical Directives* protocol
    - b. Definite Signs of Death
- C. Traumatic Arrest:
  1. **Standing Order** for field pronouncement if (both):
    - a. No Signs of Life
    - b. Non-survivable Injuries
  2. **Contact Base** for field pronouncement if (either):
    - a. Blunt Trauma Arrest with no Signs of Life witnessed by DHPD EMS provider on scene
    - b. Penetrating Trauma Arrest with no Signs of Life *and* time of arrest suspected to be >10 minutes
  3. Exceptions to the above recommendations to consider field pronouncement include arrests with the following mechanisms/scenarios
    - a. Hypothermic arrest
    - b. Drowning w/ hypothermia and submersion < 60 min
    - c. Lightning strike and electrocution
    - d. Pregnant patient with estimated gestational age  $\geq 20$  weeks

#### **Definite Signs of Death:**

- Dependent Lividity
- Rigor Mortis (not isolated to the jaw)
- Decomposition

#### **Non-Survivable Injuries:**

- Decapitation
- Evidence of massive head, chest, or abdominal trauma
- Massive burn with charring

#### **Signs of Life:**

- Spontaneous movement
- Pupillary response
- Respiratory effort
- Pulse

## 0051 GENERAL GUIDELINES: TERMINATION OF RESUSCITATION FOR MEDICAL PULSELESS ARREST

### Purpose:

- A. To provide guidelines for termination of resuscitation (TOR) for patients in medical pulseless arrest in the prehospital setting. EMS may transport any patient perceived to be viable, or if scene dynamics or public perception necessitates transport.
- B. For termination of efforts of newly born after field delivery, refer to the [Neonatal Resuscitation](#) protocol.

Paramedic

### General Principles:

- A. Patients who meet Universal TOR Criteria: Resuscitate according to [Universal Pulseless Arrest Algorithm](#) on scene (unless unsafe) until 20 minutes of care by ALS provider has been achieved.
  1. Contact base for a field pronouncement at any point after 20 minutes if no ROSC has been achieved despite adequate CPR with ventilation and no reversible causes have been identified.
- B. Patients who do not meet Universal TOR Criteria: Resuscitate according to [Universal Pulseless Arrest Algorithm](#) on scene (unless unsafe) until at least 30 minutes of care by ALS provider has been achieved.
  1. Contact base for a field pronouncement at any point after 30 minutes if no ROSC has been achieved despite adequate CPR with ventilation and no reversible causes have been identified.
- C. When calling for a field pronouncement:
  1. Rhythm identification for the purpose of TOR should be made from a printed rhythm strip.
  2. Determination to call for field pronouncement should involve agreement from all DHPD providers on scene and include all factors involved when feasible.
- D. The following patients found pulseless and apneic warrant resuscitation efforts beyond 30 minutes and should be transported:
  1. Hypothermic arrest
  2. Drowning w/ hypothermia and submersion < 60 min
  3. Lightning strike and electrocution
  4. Pregnant patient with estimated gestational age  $\geq 20$  weeks
- E. Once the patient is pronounced, they become a potential coroner's case. From that point on the patient should not be moved and no clothing or medical devices (lines, tubes etc.) should be removed or altered pending coroner evaluation.

#### **Universal TOR Criteria:**

1. Unwitnessed arrest
2. Never had a shockable rhythm
3. Never had ROSC

#### **Special Considerations:**

1. Use actual times for all communications
2. Accurately track all interventions and rhythms using paper, Handtevy app, monitor, etc.
3. On biophone, describe rhythm morphology and rate
  - a. Be more specific than "PEA"



## 0060 General Guidelines: Advanced Medical Directives

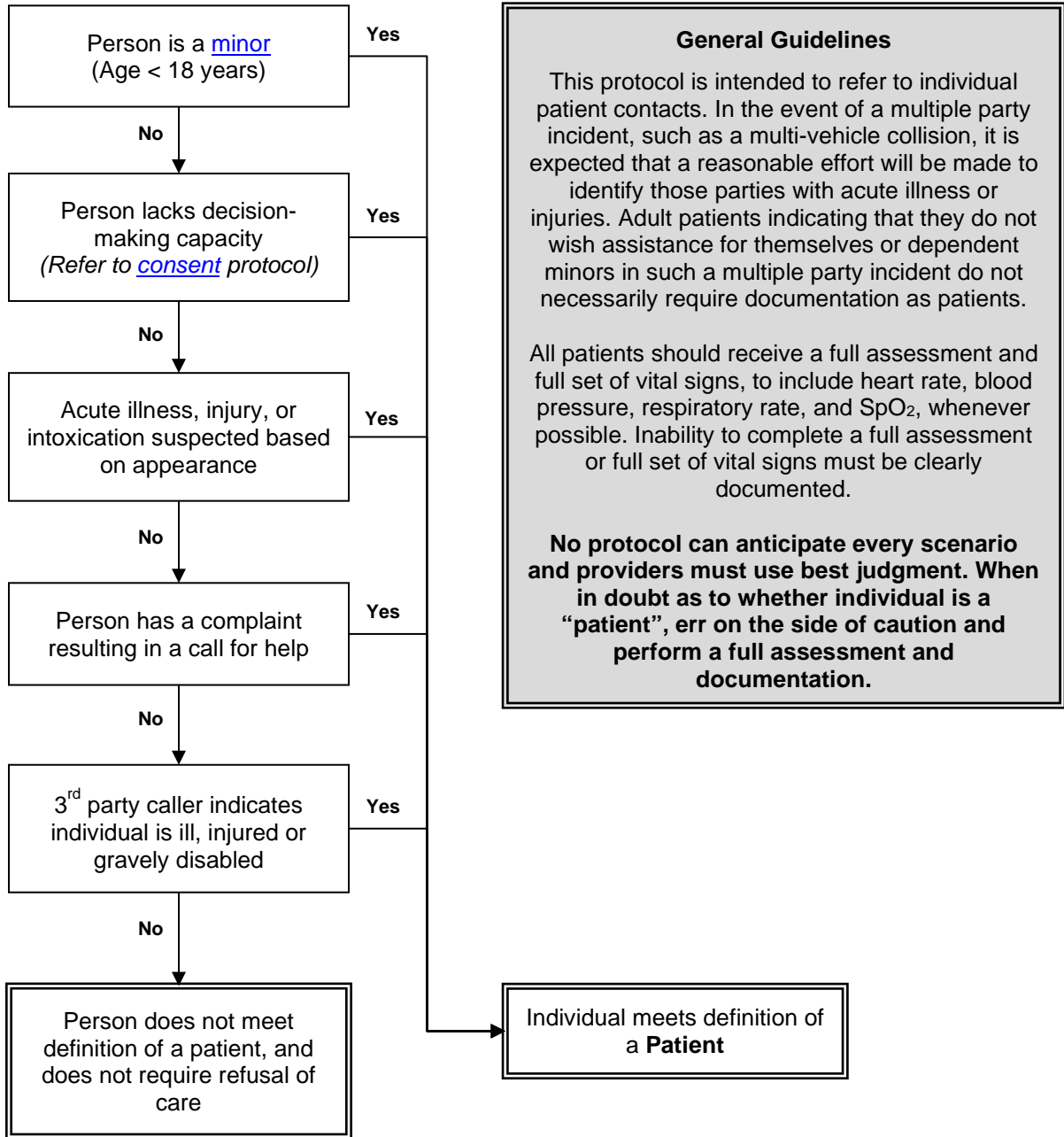
### General Principles:

1. These guidelines apply to both adult and pediatric patients.
2. It is the intention of this guideline to protect the welfare of patients and to respect the appropriate exercise of professional judgments made in good faith by EMS personnel. **In cases where there is doubt, CONTACT BASE physician for consult.**
3. From Colorado State Statute: *Any EMS personnel who in good faith complies with a CPR directive shall not be subject to civil or criminal liability or regulatory sanction for such compliance (pursuant to CRS Section 15-18.6-104).*
4. EMS providers should try their best to determine a patient's end-of-life wishes and honor them. These wishes may not be written down or documentation may be unavailable. In cases where no documentation exists, consider if compelling reasons to withhold resuscitation exist. Example of compelling reasons to withhold resuscitation may include when written information is not available, yet the situation suggests that the resuscitation effort will be futile, inappropriate, and inhumane and the family, life partner, caregiver, or healthcare agent indicates that the patient would not wish to be resuscitated. **If a verbal DNR request is received by the prehospital provider, CONTACT BASE for guidance.**
5. Specific examples where resuscitation efforts should be withheld or stopped include:
  - a. A readily available "No CPR" directive based on the patient's wishes:
    - i. According to CO State Rules this could include: personally written directive, wallet card, "No CPR" bracelet, Healthcare Agent verbal request, MOST form, or other document or item of information that directs that resuscitation not be attempted. Photocopied, scanned, faxed copies are valid.
  - b. The resuscitation may be stopped if after a resuscitation effort has been initiated, the EMS practitioner is provided with a Do Not Resuscitate directive or compelling reasons that such an effort should have been withheld.
  - c. Suspected suicide does not necessarily invalidate an otherwise valid No CPR directive, DNR order, etc. **When in doubt, CONTACT BASE.**
  - d. Colorado's End-of-Life Options Act (EoLOA), adopted in December 2016, permits terminally ill adults to request and receive prescribed medication for the purpose of ending their life in a peaceful manner. EMS may encounter patients participating in medical aid-in-dying programs (MAiD). **When in doubt, CONTACT BASE.**
6. "Do Not Resuscitate" does not mean "do not care." A dying patient for whom no resuscitation effort is indicated should still be provided with comfort care which may include the following:
  - a. Clearing the airway (including stoma) of secretions.
  - b. Provide oxygen using nasal cannula or facemask and other non-invasive measures to alleviate respiratory distress.
  - c. Pain management.
  - d. Transport to the hospital as needed to manage symptoms with the No CPR directive in place

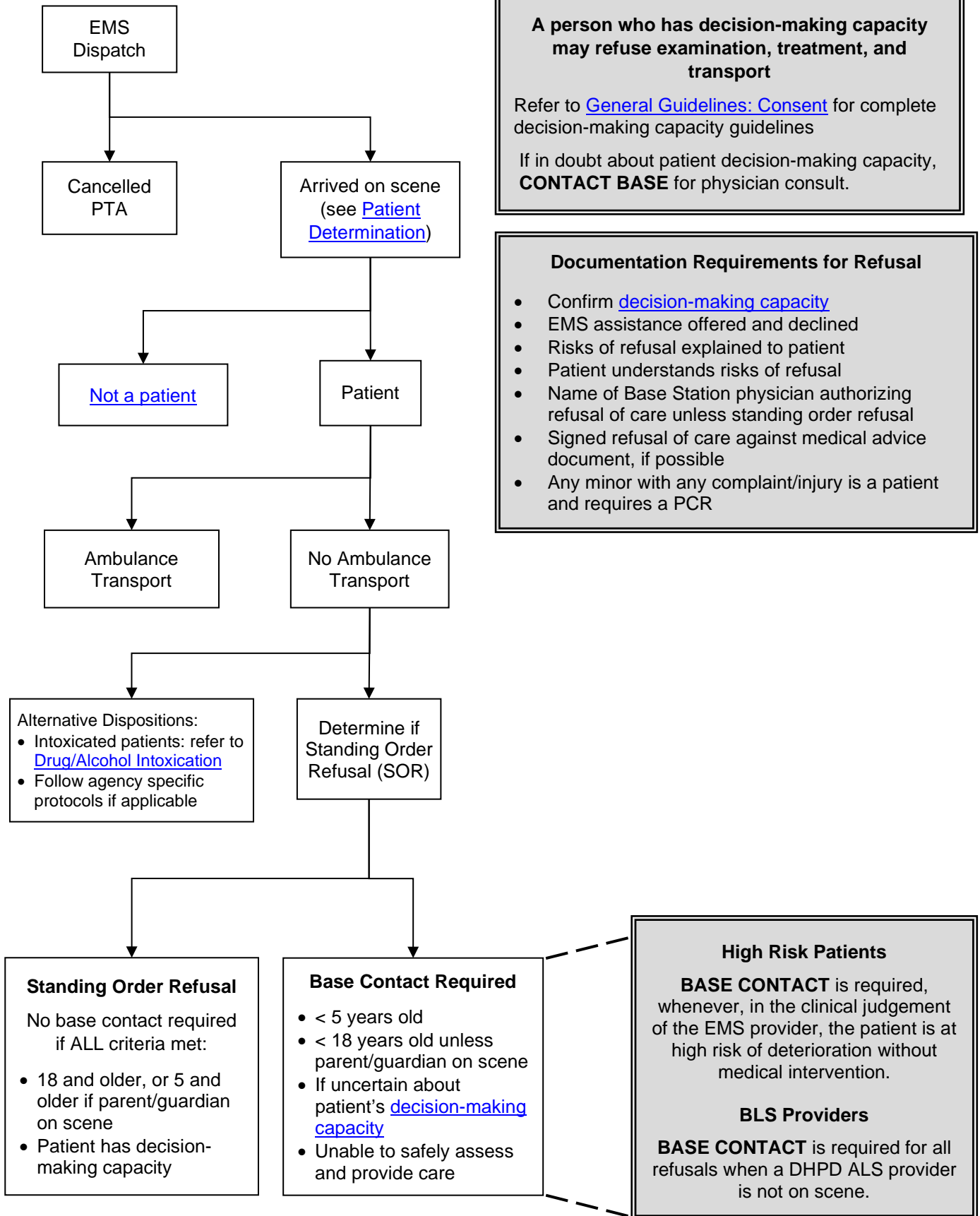
### Additional Considerations:

1. Document the presence of the CPR Directive on the incident report. Describe the patient's medical history, presence of an advanced directive (if any), or verbal request to withhold resuscitation.
2. Mass casualty incidents are not covered in detail by these guidelines.
3. If the situation appears to be a potential crime scene, EMS providers should disturb the scene as little as possible and communicate with law enforcement regarding any items that are moved or removed from the scene.
4. Mechanisms for disposition of bodies by means other than EMS providers and vehicles should be prospectively established in each county or locale.
5. In all cases of unattended deaths occurring outside of a medical facility, the coroner should be contacted immediately.

**0070 GENERAL GUIDELINES: PATIENT DETERMINATION: “PATIENT OR NO PATIENT”**



**0080 GENERAL GUIDELINES: PATIENT NON-TRANSPORT OR REFUSAL**



**A person who has decision-making capacity may refuse examination, treatment, and transport**

Refer to [General Guidelines: Consent](#) for complete decision-making capacity guidelines

If in doubt about patient decision-making capacity, **CONTACT BASE** for physician consult.

- Documentation Requirements for Refusal**
- Confirm [decision-making capacity](#)
  - EMS assistance offered and declined
  - Risks of refusal explained to patient
  - Patient understands risks of refusal
  - Name of Base Station physician authorizing refusal of care unless standing order refusal
  - Signed refusal of care against medical advice document, if possible
  - Any minor with any complaint/injury is a patient and requires a PCR

**High Risk Patients**

**BASE CONTACT** is required, whenever, in the clinical judgement of the EMS provider, the patient is at high risk of deterioration without medical intervention.

**BLS Providers**

**BASE CONTACT** is required for all refusals when a DHPD ALS provider is not on scene.

**0090 GENERAL GUIDELINES: EMERGENCY DEPARTMENT DIVERT & CAPACITY NOTIFICATIONS  
(OPEN, ADVISORY, CRITICAL, ED DIVERT, CLOSED)**

**Purpose:**

- A. To provide a standard approach to EMS destination decision making that is practical for field use and maintains equity for patients, EMS, and hospitals.
- B. To facilitate unobstructed access to hospital emergency departments (ED) for ambulance patients
- C. To allow for optimal destination policies in keeping with general EMS principles and Colorado State Trauma System Rules and Regulations.

**General EMS Principles:**

- A. EMResource, an internet-based tracking system, is used to manage diversion in the Denver Metro area. The EMResource screen should be routinely monitored for situational awareness of ED capacities to receive patients. This information is then communicated to EMS providers through dispatch.
- B. The DHPD trauma destination policies should be followed
- C. The only time an ambulance can be diverted from a hospital is when that hospital is posted on EMResource as being on official **ED Divert (RED)** or **Closed (BLACK)** status.
- D. The following are appropriate reasons for an EMS provider to **override ED Divert (RED)** and, therefore, deliver a patient to an emergency department that is on **ED Divert** status:
  - 1. All alerts (trauma, cardiac, stroke, sepsis, etc), cardiac arrests, imminent OB or imminent airway emergencies.
  - 2. Specialty care needs such as pediatric, obstetric, and burn patients
  - 3. If the patient's condition and/or system constraints do NOT allow transport to a hospital outside of the EMS agency's service area.
  - 4. EMS providers always have the discretion to override and transport to the closest facility if they determine the patient's condition warrants.
- E. There are EMResource notifications that are considered **Advisory (YELLOW)** or **Critical (ORANGE)**. These notifications are informational only and are intended to inform field personnel that a hospital on an **Advisory** or **Critical** status may not be able to optimally care for a patient due to a specific resource limitation (such as Psych, ICU) or overall capacity limitation in the availability of staffed ED beds (ED)
- F. The following resource limitations may be seen with **Advisory (YELLOW)** or **Critical (ORANGE)** and listed in the Comment section of EMResource:
  - 1. ICU (Intensive Care Unit)
  - 2. Psych (Psychiatric)
  - 3. OB (Obstetrics)
  - 4. OR (Operating Room)
  - 5. Trauma, Stroke, STEMI
  - 6. ED (Emergency Department staffed beds)
- G. Prehospital personnel should take into consideration hospital ED capacity notifications, when possible, considering the patient's condition, travel time, weather, and system constraints. Patients with specific problems that fall under a specific resource limitation (such as Psych) should be transported to a hospital not experiencing that resource limitation when feasible.

**EMResource Hospital ED Load Leveling Rotation Board Notifications:**

<b>Open</b>	<80% Staffed ED beds occupied
<b>Advisory</b>	80-100% Staffed ED beds occupied
<b>Critical</b>	>100% of staffed ED beds occupied and >1 ESI2 patient unable to be roomed
<b>Divert</b>	>120% of staffed ED beds occupied and >1 ESI2 patient unable to be roomed and no longer able to safely care for high acuity patients, OR department discretion due to acute incident
<b>Closed</b>	Unable to care for patients due to infrastructure damage, active shooter, etc

**0090 GENERAL GUIDELINES: EMERGENCY DEPARTMENT DIVERT & CAPACITY NOTIFICATIONS  
(OPEN, ADVISORY, CRITICAL, ED DIVERT, CLOSED)**

**Patient Load Leveling Guideline:**

- A. All hospitals and free-standing emergency departments (FSED) are grouped in EMResource by regions. The Denver Metro area consists of North, East, West, South, Central, and Boulder regions. Six of the hospital DHPD transports to are considered in the core of our response area: DHMC, P/SL, SJH, RMC, PAH, and SMC.
  1. **Regional Saturation** exists when all hospitals within a region are either on **Critical (ORANGE)** or **ED Divert (RED)** status *excluding* FSED.
  2. **Status ZULU (Zone Utilization Logistical Understanding)** exists when 4/6 core hospitals are on **Critical (ORANGE)** or **ED Divert (RED)**.
- B. The following guidelines are to be considered when one Denver Metro region experiences **Regional Saturation** or **Status ZULU**.
  1. The closest appropriate hospital destinations will still apply for patients meeting criteria for overriding **ED Divert (RED)** as outlined in this protocol.
  2. Hospital distribution of stable patients not meeting **ED Divert (RED)** override criteria will be determined by the Zone Master (Regional Saturation) or dispatch (Status ZULU). When in doubt, ask dispatch for guidance.
  3. A hospital that experiences a significant infrastructure issue such as loss of power, flooding, etc. preventing the facility from receiving patients should be listed as **Closed (BLACK)** status in EMResource and should be exempt from load leveling until functional again.

## 0120 GENERAL GUIDELINES: BASE CONTACT FOR PHYSICIAN CONSULTATION

### Purpose:

- A. To explain the DHPD Medical Directors' expectations regarding base physician contact.

### General Principles:

- A. “**BASE CONTACT**” is contact with DHMC physician via the DHMC biophone.
- B. The DHPD protocols function as standing order treatment guidelines designed to reflect CDPHE Chapter 2 Rules pertaining to EMS practice and Medical Director oversight. Protocols are to be used as guidelines and cannot account for every patient scenario. Deviation from protocol may, at times, be justified and in the patient’s best interest. The DHPD Medical Directors place great faith in the training and expertise of our EMS colleagues and, therefore, wide latitude is granted throughout the protocol.
- C. Base contact for physician consultation is not the same as emergency department pre-notification of patient arrival and handoff. Base contact may be used in multiple care scenarios including but not limited to forewarning of unstable or complicated patients, patient refusal, and medical consultation and discussion.
- D. Throughout the protocols, “**BASE CONTACT**” is used to signify the need for call in. These algorithm points are set and agreed upon by the DHPD Medical Directors and reflect critical decision points in care where communication with physician support is expected.

### Preferred Base Contact Times:

- A. The DHPD Medical Directors feel strongly that access to medical consultation should be readily available at all times and utilized in the following circumstances:
  - 1. Any time “**BASE CONTACT**” is required or recommended per protocol.
  - 2. Unusual presentations or patient care situations not addressed in the protocols and outside an area of familiar care by the individual prehospital provider.
  - 3. Necessary deviation from protocol deemed to be in the best interest of the patient.
  - 4. For selected patient care refusals as indicated by [General Guidelines: Patient Non-Transport or Refusal](#).
  - 5. During the care of critically ill patient who is not responding to protocol/algorithmic treatment.

## 0130 GENERAL GUIDELINES: TRANSPORTATION OF THE PEDIATRIC PATIENT

### General Principles:

For the purpose of the protocols, pediatric patients are defined as <12 years of age. The unique anatomy, physiology, and developmental needs of children in this age range affect prehospital care. Several specific differences include:

- A. Airways are smaller, softer, and easier to obstruct or collapse. Actions such as neck hyperflexion, hyperextension, or cricoid pressure may create an upper airway obstruction in a child.
- B. Respiratory reserves are small, resulting in the possibility of rapid desaturation in the setting of increased demand. One of the earliest signs of physiologic stress in a child may be an unexplained increase in respiratory rate.
- C. Infants and young children utilize their abdominal musculature to assist with respirations. Tight abdominally-placed straps used to secure children to spine boards may result in onset of or worsening respiratory distress.
- D. Circulatory reserves are small. The loss of as little as one unit of blood can produce severe shock in an infant.
- E. Fluid overload is not a concern in children. 20 mL/kg boluses are always considered safe as the initial fluid resuscitation.
- F. The developmental stage of a child impacts the child's ability to cooperate. The perception and memory of pain is escalated by anxiety. Discuss or forewarn what will be done with any child over 2 years of age. Infants, especially those under 6 months of age, tolerate painful procedures better if allowed to suck on a pacifier (especially if dipped in D25W) during the procedure. Utilize the parent or familiar guardian whenever possible to distract/comfort (tell a story, sing a song, etc.) for all pediatric patients during painful procedures.
- G. Vital signs on pediatric should include a blood pressure regardless of age. Providers should, if possible, make at least one attempt at obtaining a blood pressure on every pediatric patient.

### Specific Consideration: Transportation Safety

Children represent a unique challenge for safe transportation in emergency vehicles. The National Highway Traffic Safety Administration has established guidelines to ensure the safe restraint and positioning of children in emergency vehicles. Children should be restrained during transport. Transport of a child in a restrained adult's arms is not recommended but may be considered in special circumstances (i.e. severe croup, newborn). Transportation of children on the side bench seat in the rear compartment is also not recommended. The published goals are to prevent forward motion/ejection of the child, secure the torso, and protect the head, neck and spine in each of the following scenarios:

1. **For a child who is not a patient, but requires transport to a facility**  
All reasonable effort should be made to transport children who are not patients in a vehicle other than the ambulance. If transport in a vehicle other than an ambulance is not possible, transport in a size-appropriate child restraint system in the front passenger seat (with air bags off) or rear-facing EMS provider's seat in the ground ambulance.
2. **For a child who is injured/ill and whose condition does not require continuous monitoring or interventions**  
Transport child in a size-appropriate child restraint system secured appropriately on a cot (rear-facing) or in an integrated seat in the EMS provider's seat. Do not use a rear-facing child restraint system in a rear-facing EMS provider's seat. If no child restraint system is available, secure the child on the cot using three horizontal restraints across the child's chest, waist, and knees and one vertical restraint across each of the child's shoulders. Remove any bulky clothing on child before restraining. Use blankets to maintain warmth.
3. **For a child whose condition requires continuous or intensive monitoring or interventions**  
Transport child in a size-appropriate child restraint secured appropriately on a cot. If no child restraint system is available, secure the child on the cot using three horizontal restraints across the child's chest, waist, and knees and one vertical restraint across each of the child's shoulders.
4. **For a child whose condition requires spinal motion restriction or lying flat**  
Perform spinal motion restriction procedure per protocol. Three points of restraint with shoulder straps is the optimal for the patient. Avoid placing any restraints across the abdomen. Secure the patient, not just the immobilization device to the stretcher. We do not recommend utilizing the child

## 0130 GENERAL GUIDELINES: TRANSPORTATION OF THE PEDIATRIC PATIENT

restraint system if spinal motion restriction is required, as upright positioning places additional axial load on the patient's neck and emergent airway intervention is not possible.

5. **For a child requiring transport as part of a multiple patient transport (newborn with mother, multiple children, etc.)**

If possible, transport each as a single patient. When available resources prevent single patient transportation, transport patients using safe, designated space available exercising extreme caution and driving at reduced speeds. For mother and newborn, the newborn should be transported in a rear-facing EMS provider seat using a convertible or integrated child restraint system. Do not use a rear-facing child restraint system in a rear-facing EMS provider's seat.

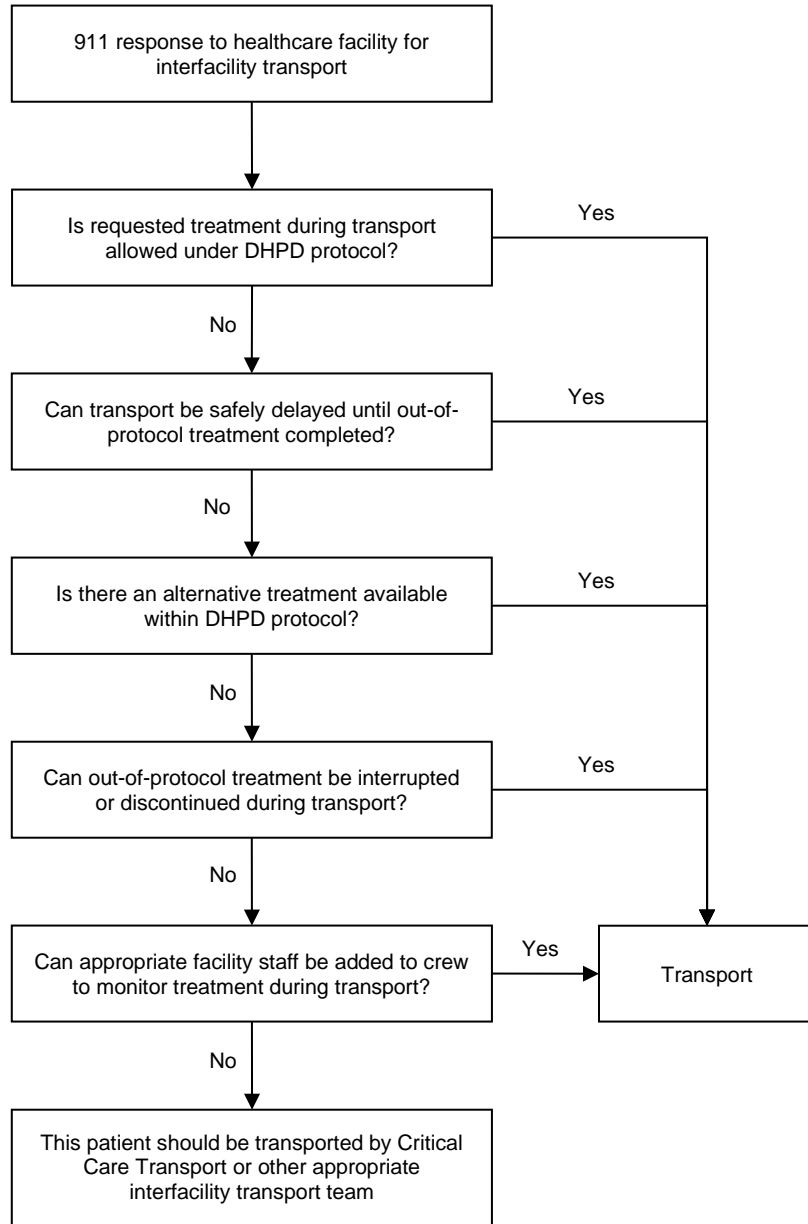
### **Transportation of the child with special health care needs:**

Treat the child, not the equipment. Starting with the ABCs still applies to medically complicated or medical technology-assisted children.

- A. The parent/guardian of a special needs child is the expert on that child and knows the details of that illness, typical responses, and baseline interactions better than anyone. Utilize and trust his/her knowledge and concerns. This may include vital signs, medication responses, or physical positioning (i.e. of contracted limbs) that may not be typical.
- B. Medically complicated children are often given healthcare notes describing their unique medical history and emergency healthcare needs. Ask the parent/guardian for an emergency information sheet, emergency healthcare form, or QR code.
- C. Ask the parent/guardian for the "go bag" for medical technology-assisted children. This will contain the child's spare equipment and supplies that may be needed on scene, during transport or in the hospital.
- D. Transport the child to their medical "home" hospital whenever possible.



**0140 GENERAL GUIDELINES: 911 SYSTEM RESPONSE TO REQUEST FOR INTERFACILITY TRANSPORT**



**Guidelines:**

- The purpose of this protocol is to address the scenario where a 911 response is requested for an interfacility transport and is not intended to supersede existing interfacility transport agency protocols for care.
- Follow existing DHPD protocols during transport.
- All reasonable efforts should be made to accommodate sending physician's destination choice, as specialized care may have already been arranged at the receiving facility, however, transports must be consistent with DHPD protocol and policy guidelines.
- Per [Colorado 6 CCR 1015-3, Chapter 2 - Rules Pertaining to EMS Practice and Medical Director Oversight, Section 15 - Interfacility Transport, subsection 15.2](#). "The transporting EMS provider may decline to transport any patient he or she believes requires a level of care beyond his or her capabilities."

## 0990 QUICK REFERENCE FOR PROCEDURES AND MEDICATIONS ALLOWED

This list reflects State of CO Medical Skills and Acts Allowed (6 CCR 1015-3, Appendix A) and Formulary of Medications Allowed (6 CCR 1015-3, Appendix B). It does not include Medical Director specific waivers or DHPD base contact requirements. The presence of a procedure or medication on this list does **not** mean that equipment or medication is stocked by DHPD nor does it mean DHPD has provided specific training for an intervention listed. Providers should not perform skills for which they have not received department training.

An EMT-IV may, under the authorization of DHPD Medical Direction, administer and monitor medications and classes of medications which exceed those listed below only when the patient is in cardiac arrest and when under the direct visual supervision of a Paramedic in the prehospital setting or the medical supervisor in a clinical setting. Drugs administered must be limited to those authorized by these rules for a Paramedic as listed below.

<b>Provider Abbreviations</b>	<b>EMT-IV = EMT with IV Cert</b>	<b>P = Paramedic</b>
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<b>In Scope Abbreviations</b>	Y = in State of CO scope	VO = verbal order required, per State of CO	Left Blank = not in scope
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Airway / Ventilation / Oxygenation (skill)	EMT-IV	P
Airway – Supraglottic	Y	Y
Airway – Nasal	Y	Y
Airway – Oral	Y	Y
Bag Valve Mask (BVM)	Y	Y
CO Monitoring	Y	Y
Chest Decompression – Needle		Y
Chest Tube Insertion		
CPAP	Y	Y
PEEP	Y	Y
Cricoid Pressure – Sellick’s Maneuver	Y	Y
Cricothyroidotomy – Needle		Y
Cricothyroidotomy – Surgical		Y
End Tidal CO <sub>2</sub> Monitoring/Capnometry/Capnography	Y	Y
Flow Restrictive O <sub>2</sub> Powered Ventilatory Device	Y	Y
Gastric Decompression – NG/OG Tube Insertion		Y
Inspiratory Impedance Threshold Device	Y	Y
Intubation – Digital		Y
Intubation – Bougie Style Introducer		Y
Intubation – Lighted Stylet		Y
Intubation – Medication Assisted (non-paralytic)		
Intubation – Medication Assisted (paralytics) (RSI)		
Intubation – Maintenance with paralytics		
Intubation – Nasotracheal		Y
Intubation – Orotracheal		Y
Intubation – Retrograde		
Extubation		Y
Obstruction – Direct Laryngoscopy		Y
O <sub>2</sub> Therapy – Humidifiers	Y	Y
O <sub>2</sub> Therapy – Nasal Cannula	Y	Y
O <sub>2</sub> Therapy – Non-rebreather Mask	Y	Y
O <sub>2</sub> Therapy – Simple Face Mask	Y	Y
O <sub>2</sub> Therapy – Venturi Mask	Y	Y
Peak Expiratory Flow Testing		Y
Pulse Oximetry	Y	Y
Suctioning – Tracheobronchial		Y
Suctioning – Upper Airway	Y	Y
Tracheostomy maintenance – Airway management only	Y	Y
Tracheostomy maintenance – Including replacement		Y
Ventilators – Automated Transport (ATV) <sup>1</sup>		Y

<sup>1</sup>Use of automated transport ventilators (ATVs) is restricted to the manipulation of tidal volume (TV or VT), respiratory rate (RR), fraction of inspired oxygen (FIO<sub>2</sub>), and positive end expiratory pressure (PEEP). Manipulation of any other parameters of mechanical ventilation devices by EMS providers requires a waiver to these rules.

Cardiovascular / Circulatory Support (skill)	EMT-IV	P
Cardiac Monitoring – Application of electrodes & data transmission	Y	Y
Cardiac Monitoring – Rhythm & diagnostic EKG interpretation		Y

## 0990 QUICK REFERENCE FOR PROCEDURES AND MEDICATIONS ALLOWED

Cardiopulmonary Resuscitation (CPR)	Y	Y
Cardioversion – Electrical		Y
Carotid Massage		Y
Defibrillation – Automated/Semi-Automated (AED)	Y	Y
Defibrillation – Manual		Y
External Pelvic Compression	Y	Y
Hemorrhage Control – Direct Pressure	Y	Y
Hemorrhage Control – Pressure Point	Y	Y
Hemorrhage Control – Tourniquet	Y	Y
Implantable cardioverter/defibrillator magnet use		
Mechanical CPR Device	Y	Y
Transcutaneous Pacing		Y
Transvenous Pacing – Maintenance		
Targeted Temperature Management <sup>2</sup>		Y
Arterial Blood Pressure Indwelling Catheter – Maintenance		
Invasive Intracardiac Catheters – Maintenance		
Central Venous Catheter Insertion		
Central Venous Catheter Maintenance/Patency/Use		Y
Percutaneous Pericardiocentesis		

<sup>2</sup> Targeted Temperature Management (TTM)

1. Approved methods of cooling include:

- a. Surface cooling methods including ice packs, evaporative cooling, and surface cooling blankets or surface heat-exchange devices.
- b. Internal cooling with the intravenous administration of cold crystalloids (4°C / 39°F)

2. Esophageal temperature probe allowed for monitoring core temperatures in patients undergoing TTM

3. The medical director should work with the hospital systems to which their agencies transport in setting up a “systems” approach to the institution of TTM. Medical directors should not institute TTM without having receiving facilities that also have TTM programs to which to transport these patients.

<b>Immobilization (skill)</b>	<b>EMT-IV</b>	<b>P</b>
Spinal Immobilization – Cervical Collar	Y	Y
Spinal Immobilization – Long Board	Y	Y
Spinal Immobilization – Manual Stabilization	Y	Y
Spinal Immobilization – Seated Patient	Y	Y
Splinting – Manual	Y	Y
Splinting – Rigid	Y	Y
Splinting – Soft	Y	Y
Splinting – Traction	Y	Y
Splinting – Vacuum	Y	Y

<b>Intravenous Cannulation / Fluid Administration / Fluid Maintenance (skill)</b>	<b>EMT-IV</b>	<b>P</b>
Blood/Blood By-Products Initiation (out of facility initiation)		
Colloids – (Albumin, Dextran) – Initiation		
Crystalloids (D5W, LR, NS) – Initiation/Maintenance	Y	Y
Intraosseous – Initiation		Y
Intraosseous Initiation – In Extremis	Y	Y
Medicated IV Fluids Maintenance – As Authorized in Appendix B		Y
Peripheral – Excluding External Jugular – Initiation	Y	Y
Peripheral – Including External Jugular – Initiation		Y
Use of Peripheral Indwelling Catheter for IV Medications (Does not include PICC)	Y	Y

<b>Medication Administration Routes (skill)</b>	<b>EMT-IV</b>	<b>P</b>
Aerosolized	Y	Y
Atomized	Y	Y
Auto-Injector	Y	Y
Buccal	Y	Y
Endotracheal Tube (ET)		Y
Extra-abdominal umbilical vein		Y
Intradermal		Y
Intramuscular (IM)	Y	Y
Intranasal (IN)	Y	Y
Intraosseous	Y	Y
Intravenous (IV) Piggyback		Y
Intravenous (IV) Push	Y	Y
Nasogastric		Y
Nebulized	Y	Y
Ophthalmic		Y

## 0990 QUICK REFERENCE FOR PROCEDURES AND MEDICATIONS ALLOWED

Oral	Y	Y
Rectal		Y
Subcutaneous		Y
Sublingual	Y	Y
Sublingual (nitroglycerin)	Y	Y
Topical	Y	Y
Use of Mechanical Infusion Pump		Y

Miscellaneous (skill)	EMT-IV	P
Aortic Balloon Pump Monitoring		
Assisted Delivery	Y	Y
Capillary Blood Sampling	Y	Y
Diagnostic Interpretation – Blood Glucose <sup>4</sup>	Y	Y
Diagnostic Interpretation – Blood Lactate <sup>4</sup>		Y
Dressing/Bandaging	Y	Y
Esophageal Temperature Probe for TTM		Y
Eye Irrigation Noninvasive	Y	Y
Eye Irrigation Morgan Lens		Y
Maintenance of Intracranial Monitoring Lines		
Physical examination	Y	Y
Public Health Related – Oral/Nasal Swab Sample Collection	Y	Y
Restraints – Verbal	Y	Y
Restraints – Physical	Y	Y
Restraints – Chemical		Y
Urinary Catheter – Initiation		Y
Urinary Catheter – Maintenance	Y	Y
Venous Blood Sampling - Obtaining	Y	Y

<sup>4</sup>See also Section 11.4 of 6 CCR 1015-3

General (medications)	EMT-IV	P
Over-the-counter-medications	Y	Y
O <sub>2</sub>	Y	Y
Specialized prescription medications to address acute crisis <sup>1</sup>	VO	VO

<sup>1</sup>EMS providers may assist with the administration of, or may directly administer, specialized medications prescribed to the patient for the purposes of alleviating an acute medical crisis event provided the route of administration is within the provider's scope as listed in Appendix A.

Antidotes (medications)	EMT-IV	P
Atropine		Y
Calcium Salt – Calcium Chloride		Y
Calcium Salt – Calcium Gluconate		Y
Cyanide Antidote		Y
Glucagon		Y
Naloxone	Y	Y
Nerve Agent Antidote	Y	Y
Pralidoxime		Y
Sodium Bicarbonate		Y

Behavioral Management (medications)	EMT-IV	P
Anti-Psychotic – Droperidol		Y
Anti-Psychotic – Haloperidol		Y
Anti-Psychotic – Olanzapine		Y
Anti-Psychotic – Ziprasidone		Y
Benzodiazepine – Diazepam		Y
Benzodiazepine – Lorazepam		Y
Benzodiazepine – Midazolam		Y
Diphenhydramine		Y
Ketamine (Ketalar)		

Cardiovascular (medications)	EMT-IV	P
Adenosine		Y
Amiodarone		Y
Aspirin	Y	Y
Atropine		Y
Calcium Salt – Calcium chloride		Y
Calcium Salt – Calcium gluconate		Y
Diltiazem – bolus infusion only		Y
Dopamine		Y

**0990 QUICK REFERENCE FOR PROCEDURES AND MEDICATIONS ALLOWED**

Epinephrine		Y
Lidocaine		Y
Magnesium sulfate – bolus infusion only		Y
Nitroglycerin – sublingual (patient assisted)	VO	Y
Nitroglycerin – sublingual (tablet or spray)		Y
Nitroglycerin – topical paste		Y
Norepinephrine		Y
Sodium bicarbonate		Y
Vasopressin		Y
Verapamil – bolus infusion only		Y
<b>Diuretics (medications)</b>	<b>EMT-IV</b>	<b>P</b>
Bumetanide		Y
Furosemide		Y
Mannitol (Trauma Use Only)		Y
<b>Endocrine &amp; Metabolism (medications)</b>	<b>EMT-IV</b>	<b>P</b>
IV Dextrose	Y	Y
Glucagon		Y
Oral glucose	Y	Y
Thiamine		Y
Corticosteroid		Y
<b>Gastrointestinal (medications)</b>	<b>EMT-IV</b>	<b>P</b>
Anti-nausea – Droperidol		Y
Anti-nausea – Metoclopramide		Y
Anti-nausea – Ondansetron ODT	Y	Y
Anti-nausea – Ondansetron IM/IVP	Y	Y
Anti-nausea – Prochlorperazine		Y
Anti-nausea – Promethazine		Y
Decontaminant – Activated Charcoal	Y	Y
Decontaminant – Sorbitol	Y	Y
<b>Pain Management (medications)</b>	<b>EMT-IV</b>	<b>P</b>
Acetaminophen (Tylenol) IV		Y
Anesthetic – Lidocaine (for intraosseous needle insertion)		Y
Benzodiazepine – Diazepam		Y
Benzodiazepine – Lorazepam		Y
Benzodiazepine – Midazolam		Y
General – Nitrous oxide		Y
Ketorolac (Toradol)		Y
Narcotic Analgesic – Fentanyl		Y
Narcotic Analgesic – Hydromorphone		Y
Narcotic Analgesic – Morphine sulfate		Y
Ophthalmic Anesthetic – Ophthaine		Y
Ophthalmic Anesthetic – Tetracaine		Y
Topical Anesthetic – Benzocaine Spray		Y
Topical Anesthetic – Lidocaine Jelly		Y
<b>Respiratory &amp; Allergic Reaction (medications)</b>	<b>EMT-IV</b>	<b>P</b>
Antihistamine – Diphenhydramine		Y
Bronchodilator – Anticholinergic – Atropine (aerosol/nebulized)		Y
Bronchodilator – Anticholinergic – Ipratropium	Y	Y
Bronchodilator – Beta agonist – Albuterol	Y	Y
Bronchodilator – Beta agonist – L-Albuterol	Y	Y
Bronchodilator – Beta agonist – Metaproterenol		Y
Bronchodilator – Beta agonist – Terbutaline		Y
Corticosteroid – Dexamethasone		Y
Corticosteroid – Hydrocortisone		Y
Corticosteroid – Methylprednisolone		Y
Corticosteroid – Prednisone		Y
Epinephrine 1:1,000 IM or SQ Only	Y	Y
Epinephrine IV Only		Y
Epinephrine Auto-Injector	Y	Y
Magnesium Sulfate – Bolus Infusion Only		Y
Racemic Epinephrine		Y
Short Acting Bronchodilator Meter Dose Inhalers (MDI) (Patient assisted)	VO	Y

## 0990 QUICK REFERENCE FOR PROCEDURES AND MEDICATIONS ALLOWED

Short Acting Bronchodilator Meter Dose Inhalers (MDI)	Y	Y
<b>Seizure Management (medications)</b>	<b>EMT-IV</b>	<b>P</b>
Benzodiazepine – Diazepam		Y
Benzodiazepine – Diazepam – rectal administration		Y
Benzodiazepine – Lorazepam		Y
Benzodiazepine – Midazolam		Y
Benzodiazepine – Midazolam – intranasal administration		Y
OB-associated – Magnesium Sulfate – bolus infusion only		Y
<b>Vaccines (medications)</b>	<b>EMT-IV</b>	<b>P</b>
Post-exposure, employment, or pre-employment related – Hepatitis A		Y
Post-exposure, employment, or pre-employment related – Hepatitis B		Y
Post-exposure, employment, or pre-employment related – Tetanus		Y
Post-exposure, employment, or pre-employment related – Influenza		Y
Post-exposure, employment, or pre-employment related – PPD placement & interpretation		Y
Public Health Related – Vaccine administration in conjunction with county public health departments & local EMS medical direction, after demonstration of proper training, will be authorized for public health vaccination efforts and pandemic planning exercises		Y
<b>Miscellaneous (medications)</b>	<b>EMT-IV</b>	<b>P</b>
Analgesic Sedative – Etomidate		
Benzodiazepine – Midazolam for TIH		Y
Topical Hemostatic Agents	Y	Y

# 1000 PROCEDURE PROTOCOL: OROTRACHEAL INTUBATION

## Indications:

- Respiratory failure
- Absence of protective airway reflexes
- Present or impending complete airway obstruction

Paramedic

## Contraindications:

- There are no absolute contraindications. However, in general, the primary goals of airway management are adequate oxygenation and ventilation, and these should be achieved in the least invasive manner possible.
  - Orotracheal intubation is associated with worse outcomes among pediatric patients and head injured patients when compared to BLS airway maneuvers. Therefore, it is relatively contraindicated in these populations, and BLS airway is preferred unless patient cannot be oxygenated or ventilated by other means.
  - Intubation is associated with interruptions in chest compressions during CPR, which is associated with worse patient outcomes. Additionally, intubation itself has not been shown to improve outcomes in cardiac arrest. Intubation should only be performed during pulseless arrest if it does not cause interruptions in chest compressions.
  - With traumatic brain injury, secondary insult from hypoxia or hypotension have been associated with worse outcomes. Caution should be taken to minimize these potential side effects with intubation.

## Technique:

1. Initiate BLS airway sequence and confirm ETCO<sub>2</sub> production at this time
2. Suction airway and pre-oxygenate with BVM ventilations, if possible
3. Check equipment and position patient:
  - a. If trauma: have assistant hold in-line spinal motion restriction in neutral position
  - b. If no trauma, sniffing position or slight cervical hyperextension is preferred
4. Perform laryngoscopy
  - a. To improve laryngeal view, use right hand to manipulate larynx or have assistant apply backwards, upwards, rightward pressure (BURP)
5. Place ETT. Confirm tracheal location and appropriate depth and secure tube
  - a. Correct tube depth may be estimated as 3 times the internal diameter of tube at teeth or gums (e.g., 7.0 ETT is positioned at 21 cm at teeth)
6. Confirm and document tracheal location by:
  - a. ETCO<sub>2</sub> with continuous waveform capnography
  - b. Presence and symmetry of breath sounds
  - c. Rising SpO<sub>2</sub>
7. Ventilate with BVM. Assess adequacy of ventilations
8. Continually reassess ventilation, oxygenation, and tube position with continuous waveform capnography and SpO<sub>2</sub>

## Precautions:

- Ventilate at age-appropriate rates. Do not hyperventilate
- If the intubated patient deteriorates, think “DOPE”
  - **D**islodgement
  - **O**bstruction
  - **P**neumothorax
  - **E**quipment failure (no oxygen)
- Reconfirm and document correct tube position, preferably with waveform capnography, after moving patient and before disconnecting from monitor in ED
- Unsuccessful intubation does not equal failed airway management. Many patients cannot be intubated without paralytics. Abandon further attempts at intubation and use supraglottic airway or BVM ventilations if 2 attempts at intubation unsuccessful

ETCO<sub>2</sub> < 10 mmHg: “Less than ten, check again”

ETCO<sub>2</sub> < 8 mmHg: “Less than eight, extubate”

# 1010 PROCEDURE PROTOCOL: NASOTRACHEAL INTUBATION

## Indications:

- Age 12 years and older spontaneously breathing patient with indication for intubation who cannot tolerate either supine position or laryngoscopy
- Present or impending airway obstruction
- Lack of protective airway reflexes

Paramedic

## Contraindications:

- Apnea
- Severe mid-face trauma
- Known head trauma (objective signs) or suspected closed head injury

## Technique:

1. Initiate BLS airway sequence and confirm ET<sub>CO</sub><sub>2</sub> production at this time
2. Suction airway and pre-oxygenate with BVM ventilations, if possible
3. Check equipment, choose correct ETT size (usually 7.0 in adult, limit is size of naris)
4. Position patient with head in midline, neutral position
5. If trauma, cervical collar may be in place, or assistant may hold in-line stabilization in neutral position
6. If no trauma, patient may be sitting upright
7. Administer [phenylephrine](#) nasal drops in each nostril
8. Lubricate ETT with [lidocaine jelly](#) or other water-soluble lubricant
9. With gentle steady pressure, advance the tube through the nose to the posterior pharynx. Use the largest nostril. Abandon procedure if significant resistance is felt
10. Keeping the curve of the tube exactly in midline, continue advancing slowly
11. There will be slight resistance just before entering trachea. Wait for an inspiratory effort before final passage through cords. Listen for loss of breath sounds
12. Continue advancing tube until air is definitely exchanging through tube, then advance 2 cm more and inflate cuff
13. Note tube depth and tape securely
14. Confirm and document endotracheal location by:
  - a. ET<sub>CO</sub><sub>2</sub> with continuous waveform capnography
  - b. Presence and symmetry of breath sounds
  - c. Rising SpO<sub>2</sub>
15. Ventilate with BVM. Assess adequacy of ventilations
16. Continually reassess ventilation, oxygenation, and tube position with continuous waveform capnography and pulse oximetry

## Precautions:

- Before performing BNTI, consider if patient can be safely ventilated with non-invasive means such as CPAP or BVM
- Use caution in anticoagulated or bleeding disorders given risk of epistaxis
- Ventilate at age-appropriate rates. Do not hyperventilate
- If the intubated patient deteriorates, think “DOPE”
  - Dislodgement
  - Obstruction
  - Pneumothorax
  - Equipment failure (no oxygen)
- Reconfirm and document correct tube position, with waveform capnography, after moving patient and before disconnecting from monitor in ED
- Blind nasotracheal intubation is a very gentle technique. The secret to success is perfect positioning and patience

ET<sub>CO</sub><sub>2</sub> < 10 mmHg: “Less than ten, check again”

ET<sub>CO</sub><sub>2</sub> < 8 mmHg: “Less than eight, extubate”



## 1030 PROCEDURE PROTOCOL: CRICOTHYROTOMY

Paramedic

### Introduction:

- Surgical cricothyrotomy is a difficult and hazardous procedure that is to be used only in extraordinary circumstances as defined below. The reason for performing this procedure must be documented and submitted for review to the EMS Medical Director within 24 hours. Surgical cricothyrotomy is to be performed only by paramedics trained in this procedure.
- An endotracheal tube introducer (“bougie”) facilitates this procedure and has the advantage of additional confirmation of tube position and ease of endotracheal tube placement. If no bougie is available, the procedure may be performed without a bougie by introducing endotracheal tube or tracheostomy tube directly into cricothyroid membrane.
- Given the rarity and relative unfamiliarity of this procedure, it may be helpful to have a medical consult on the phone during the procedure. Strongly consider **BASE CONTACT** for all cricothyroidotomy procedures.

### Indications:

- A life-threatening condition exists AND advanced airway management is indicated **AND** you are unable to establish an airway or ventilate the patient by any other means. (“Cannot intubate/cannot ventilate”)

### Contraindications:

- Surgical cricothyrotomy is contraindicated in patients less than 12 years of age for anatomic reasons.

### Technique:

1. Position the patient supine, with in-line spinal motion restriction if indicated. If cervical spine injury not suspected, neck extension will improve anatomic view.
2. Using an aseptic technique (betadine/alcohol wipes), cleanse the area.
3. Stabilize the larynx with the thumb and middle finger of your non dominant hand, and identify the cricothyroid membrane with your index finger, typically 4 fingerbreadths below mandible.
4. Using a scalpel, make a 3 cm centimeter vertical incision 0.5 cm deep through the skin and fascia, over the cricothyroid membrane. With finger, dissect the tissue and locate the cricothyroid membrane.
5. Make a horizontal incision through the cricothyroid membrane with the scalpel blade oriented caudal and away from the cords.
6. Insert the bougie curved-tip first through the incision and angled towards the patient’s feet guided by the finger.
  - a. If no bougie available, use tracheal hook instrument to lift caudal edge of incision to facilitate visualization and introduction of ETT directly into trachea and skip to # 9.
7. Advance the bougie into the trachea feeling for “clicks” of tracheal rings and until “hang-up” when it cannot be advanced any further. This confirms tracheal position.
8. Advance a 6-0 endotracheal tube over the bougie and into the trachea. It is very easy to place tube in right mainstem bronchus, so carefully assess for symmetry of breath sounds. Remove bougie while stabilizing ETT ensuring it does not become dislodged.
9. Ventilate with BVM and 100% oxygen.
10. Confirm and document tracheal tube placement as with all advanced airways: ETCO<sub>2</sub> (with waveform capnography) as well as clinical indicators e.g.: symmetry of breath sounds, rising pulse oximetry, etc.
11. Secure tube (can use tracheal tube tie or tape).
12. Observe for subcutaneous air, which may indicate tracheal injury or extra- tracheal tube position.
13. Continually reassess ventilation, oxygenation, and tube placement.

### Precautions:

- Success of procedure is dependent on correct identification of cricothyroid membrane
- Bleeding will occur, even with correct technique. Straying from the midline is dangerous and likely to cause hemorrhage.

## 1050 PROCEDURE PROTOCOL: SUPRAGLOTTIC AIRWAY

EMT-IV

Paramedic

### Indications:

- Rescue airway if unable to intubate a patient in need of airway protection
- Primary airway if intubation anticipated to be difficult and rapid airway control is necessary
- Primary airway in pulseless arrest, when attempts at intubation are likely to interrupt CPR
- Designated advanced airway for EMTs
- Preferred advanced airway in the pediatric patient

### Contraindications:

- Intact gag reflex
- Caustic ingestion

### Technique:

1. Initiate BLS airway sequence
2. Select proper size supraglottic airway based on manufacturer's specifications
3. Assemble equipment, lubricate the back, sides, and front with water-soluble lubricant
4. Suction airway and maximize oxygenation with BVM ventilations
5. If trauma: have assistant hold in-line spinal motion restriction in neutral position
6. If no trauma, sniffing position or slight cervical hyperextension is preferred
7. Place supraglottic airway utilizing device-specific technique
8. Secure the device
9. Confirm tube placement by auscultation, chest movement, capnometry, and waveform capnography
10. Continuously monitor ETCO<sub>2</sub> with waveform capnography, SpO<sub>2</sub>, vital signs

### Precautions:

1. Do not remove a properly functioning supraglottic airway in order to attempt intubation
2. Correct sizing of supraglottic airways is critical for correct function
3. Supraglottic airways are safe and effective in pediatric patients, provided the correct size tube is selected. The age-range for supraglottic airway use is provided in the Handtevy Mobile application
4. Use with caution in patients with broken teeth
5. Use with caution in patients with known esophageal disease who are at increased risk of esophageal injury

iGel Package Color	Weight	Size
Yellow	30-60 kg (66-132 lbs)	3.0
Green	50-90 kg (110-198 lbs)	4.0
Orange	90+ kg (>198 lbs)	5.0

## 1060 PROCEDURE PROTOCOL: CONTINUOUS POSITIVE AIRWAY PRESSURE (CPAP)

### Indications:

- Symptomatic patients with moderate-to-severe respiratory distress as evidenced by at least two (2) of the following:
  - Rales (crackles), rhonchi, or wheezes
  - Dyspnea with hypoxia (SpO<sub>2</sub> less than 90% despite O<sub>2</sub>)
  - Dyspnea with inability to speak full sentences
  - Accessory muscle use
  - Respiratory rate greater than 24/minute despite O<sub>2</sub>
  - Diminished tidal volume

EMT-IV	Paramedic
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### Contraindications:

- Respiratory or cardiac arrest
- Systolic BP less than 90mmHg
- Lack of airway protective reflexes
- Significant altered level of consciousness such that unable to follow verbal instructions or signal distress
- Vomiting or active upper GI bleed
- Suspected pneumothorax
- Trauma
- Patient size or anatomy prevents adequate mask seal

### Technique:

1. Place patient in a seated position and explain the procedure to the patient
2. Assess vital signs (BP, HR, RR, SpO<sub>2</sub>, and ETCO<sub>2</sub>)
3. Apply the CPAP mask and secure with provided straps, progressively tightening as tolerated to minimize air leak
4. Operate CPAP device according to manufacturer specifications
5. Start with the lowest continuous pressure that appears to be effective. Adjust pressure following manufacturer instructions to achieve the most stable respiratory status utilizing the signs described below as a guide
6. Monitor patient continuously, record vital signs every 5 minutes.
7. Assess patient for improvement as evidenced by the following:
  - a. Reduced dyspnea
  - b. Reduced verbal impairment, respiratory rate, and heart rate
  - c. Increased SpO<sub>2</sub>
  - d. Stabilized blood pressure
  - e. Appropriate ETCO<sub>2</sub> values and waveforms
  - f. Increased tidal volume
8. Observe for signs of deterioration or failure of response to CPAP:
  - a. Decrease in level of consciousness
  - b. Sustained or increased heart rate, respiratory rate, or decreased blood pressure
  - c. Sustained low or decreasing SpO<sub>2</sub> readings
  - d. Rising ETCO<sub>2</sub> levels or other ETCO<sub>2</sub> evidence of ventilatory failure
  - e. Diminished or no improvement in tidal volume

### Precautions:

- Should patient deteriorate on CPAP:
  - Troubleshoot equipment
  - Consider endotracheal intubation
  - Assess need for possible chest decompression due to pneumothorax
  - Assess for possibility of hypotension due to significantly reduced preload from positive pressure ventilation
- In-line nebulized medications may be given during CPAP as indicated and in accordance with manufacturer guidelines
- Some fixed pressure CPAP devices do not have FiO<sub>2</sub> adjustment and will only administer up to 30% oxygen. If no improvement in oxygenation with a fixed pressure CPAP device, consider adding supplemental oxygen

## 1070 PROCEDURE PROTOCOL: CAPNOGRAPHY

### **Indications:**

#### Mandatory:

- A. To evaluate and confirm placement of ANY advanced airway, and particularly, to exclude esophageal intubation in all intubated patients
- B. To identify late endotracheal tube or advanced airway dislodgement
- C. After sedation of the agitated/combatative patient

#### Consider:

- D. To monitor ventilation and perfusion in any ill or injured patient
- E. Consider monitoring when patient receives respiratory depressants, like opioids or sedating medications

EMT-IV	Paramedic
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### **Contraindications:**

- A. None

### **Technique:**

- A. In patient with endotracheal intubation or advanced airway: place end-tidal carbon dioxide (EtCO<sub>2</sub>) detector in-line between airway adaptor and bag-valve after airway positioned and secured
- B. Patients without endotracheal intubation or advanced airway in place: place EtCO<sub>2</sub> cannula on patient. May be placed under CPAP, bag-valve, or non-rebreather facemask
- C. Assess and document both capnography waveform and EtCO<sub>2</sub> value

### **Precautions:**

- A. To understand and interpret capnography, remember the 3 determinants of EtCO<sub>2</sub>:
  1. Alveolar ventilation
  2. Pulmonary perfusion
  3. Metabolism
- B. Sudden loss of EtCO<sub>2</sub>:
  1. Tube dislodged
  2. Circuit disconnected
  3. Cardiac arrest
- C. High EtCO<sub>2</sub> (> 45 mmHg)
  1. Hypoventilation/CO<sub>2</sub> retention
- D. Low EtCO<sub>2</sub> (< 25 mmHg)
  1. Hyperventilation
  2. Low perfusion: shock, PE, sepsis
  3. Compensation for metabolic acidosis
- E. Cardiac Arrest:
  1. In low-pulmonary blood flow states, such as cardiac arrest, the primary determinant of EtCO<sub>2</sub> is blood flow, so EtCO<sub>2</sub> is a good indicator of quality of CPR
  2. If EtCO<sub>2</sub> is dropping, change out person doing chest compressions
  3. In cardiac arrest, if EtCO<sub>2</sub> not >10 mmHg after 20 minutes of good CPR, this likely reflects very low CO<sub>2</sub> production and is associated with poor outcome
  4. Sudden rise in EtCO<sub>2</sub> may be an indicator of return of spontaneous circulation

**1080 PROCEDURE PROTOCOL: NEEDLE THORACOSTOMY FOR TENSION  
PNEUMOTHORAX DECOMPRESSION**

Paramedic

**Indications:**

- A. **All** of the following clinical indicators **must** be present:
  - 1. Severe respiratory distress
  - 2. Hypotension and signs of shock
  - 3. Unilateral absent or decreased breath sounds
- B. Consider bilateral needle chest decompression in traumatic pulseless arrest if patient is being resuscitated and any trauma to trunk.

**Adult/Child Technique:**

- A. Expose entire chest.
- B. Clean skin overlying site with available skin prep.
- C. Insert angiocath either at 2<sup>nd</sup> intercostal space at midclavicular line or 5<sup>th</sup> intercostal space at midaxillary line.
  - 1. Either approach is acceptable, generally the site with the least soft tissue overlying ribs is preferred.
- D. For adult, use largest, longest available angiocath. For children, refer to Handtevy for needle sizing.
- E. Notify receiving hospital of needle decompression attempt.

**Neonatal/Young Infant Technique:**

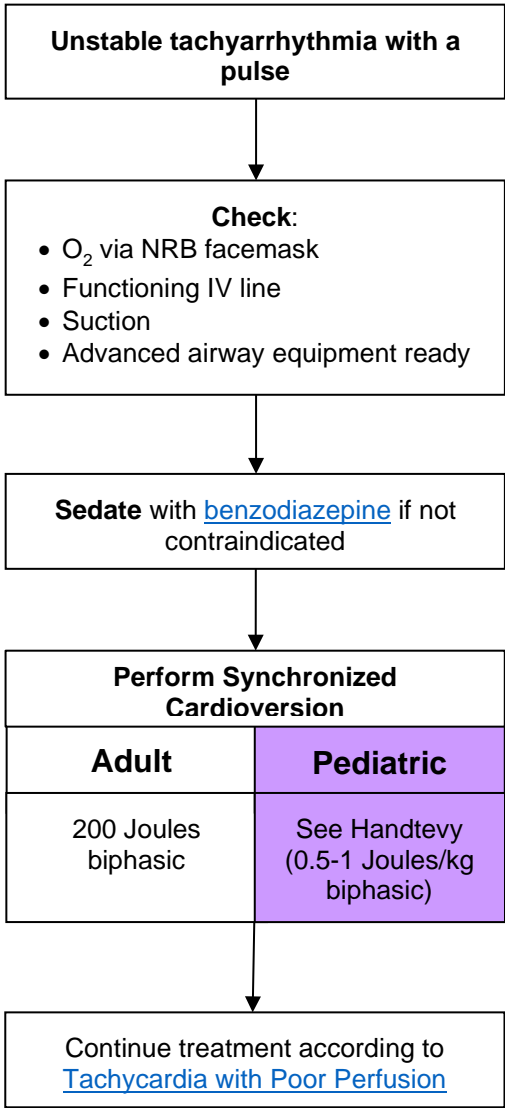
- A. Expose entire chest
- B. Clean skin overlying site with available skin prep
- C. Assemble appropriate needle (see Handtevy).
- D. Identify 3<sup>rd</sup> rib at midclavicular line, keeping index finger of non-dominant hand on rib. Insert assembled needle into the 2<sup>nd</sup> intercostal space above.
  - a. Alternate approach at 4<sup>th</sup> or 5<sup>th</sup> intercostal space at midaxillary line
- E. When release of resistance is felt, stop needle insertion.
- F. Notify receiving hospital of needle decompression attempt.

**Precautions:**

- A. Angiocath may become occluded with blood or by soft tissue.
- B. A simple pneumothorax is NOT an indication for needle decompression.

1090 PROCEDURE PROTOCOL: SYNCHRONIZED CARDIOVERSION

Paramedic



**Precautions:**

- If defibrillator does not discharge in “synch” mode, then deactivate “synch” and reattempt
- If sinus rhythm achieved, however briefly, then dysrhythmia resumes immediately, repeated attempts at cardioversion at higher energies are unlikely to be helpful. First correct hypoxia, hypovolemia, etc. prior to further attempts at cardioversion
- If pulseless, treat according to [Medical Pulseless Arrest Algorithm](#)
- Chronic atrial fibrillation is rarely a cause of hemodynamic instability, especially if rate is < 150 bpm. First correct hypoxia, hypovolemia, before considering cardioversion of chronic atrial fibrillation, which may be difficult, or impossible and poses risk of stroke
- Sinus tachycardia rarely exceeds 150 bpm in adults, 180 bpm in children, or 220 bpm in infants < 12 months. It does not require or respond to cardioversion. Treat underlying causes
- Transient dysrhythmias or ectopy are common immediately following cardioversion and rarely require specific treatment other than supportive care

## 1100 PROCEDURE PROTOCOL: TRANSCUTANEOUS CARDIAC PACING

### **Indications:**

1. Symptomatic bradyarrhythmias (includes A-V block) not responsive to medical therapy
2. Pacing is rarely indicated in patients under the age of 12 years. **CONTACT BASE**

Paramedic

### **Precautions:**

1. Conscious patient will experience discomfort; consider sedation with [benzodiazepine](#) if blood pressure allows.

### **Contraindications:**

1. Pacing is contraindicated in pulseless arrest.

### **Technique:**

1. Apply electrodes as per manufacturer specifications: (-) left anterior, (+) left posterior.
2. Turn pacer unit on.
3. Set initial current to 80 mAmps.
4. Select pacing rate at 80 beats per minute (BPM).
5. Start pacing unit.
6. Confirm that pacer senses intrinsic cardiac activity by adjusting ECG size.
7. If no initial capture, increase current 10 mAmps every 10-15 seconds until capture or 200 mAmps (usually captures around 100 mAmps).
8. Check for femoral pulse once there is electrical capture.
9. If no capture occurs with maximum output, discontinue pacing and resume ACLS.

### **Complications:**

1. Ventricular fibrillation and ventricular tachycardia are rare complications, but follow appropriate protocols if either occur.
2. Muscle tremors may complicate evaluation of pulses; femoral pulse may be more accurate.
3. Pacing may cause diaphragmatic stimulation and apparent hiccups.

# 1110 PROCEDURE PROTOCOL: INTRAOSSEUS CATHETER PLACEMENT

## Indications:

EMT-IV	Paramedic
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1. Rescue or primary vascular access device when peripheral IV access not obtainable in a patient with critical illness defined as any of the following:
  - A. Cardiopulmonary arrest or impending arrest
  - B. Profound shock with severe hypotension and poor perfusion
  - C. Hypoglycemia with severe symptoms (e.g. unresponsive) and no venous access
2. Utilization of IO access for all other patients requires **BASE CONTACT (NOT indicated for EMT-IV)**

## Technique:

1. Site of choice – typically proximal tibia. Other sites such as distal femur or humeral head may be considered based on clinical presentation if authorized by agency Medical Director after completion of appropriate training.
2. Clean skin per agency approved aseptic technique.
3. Place intraosseous needle perpendicular to the bone.
  - A. For infants who measure gray or pink on the length-based tape (less than 6 months), insert needle manually. Do not use powered device which increases risk of puncturing through both sides of the bone.
4. Follow manufacturer's guidelines specific to the device being used for insertion.
5. Entrance into the bone marrow is indicated by a sudden loss of resistance.
6. Flush line with 10 mL saline. Do not attempt to aspirate marrow.
  - A. **Paramedic ONLY:** IO infusion is very painful. If the patient is conscious, consider [lidocaine](#) for pain control **before** infusing fluids or medications.
7. Secure line.
  - A. Even if properly placed, the needle will not be secure. The needle must be secured and the IV tubing taped. The IO needle should be stabilized at all times.
8. Observe for signs of limb swelling or decreased perfusion to distal extremity that would indicate a malpositioned IO catheter or other complication. If limb becomes tense or malperfused, disconnect IO tubing immediately and leave IO in place.
9. A person should be assigned to monitor the IO at the scene and en route to the hospital.
10. Do not make more than one IO placement attempt per bone.
11. Do not remove IO needles in the field.
12. Notify hospital staff of all insertion sites/attempts.

## Complications:

1. Fracture
2. Compartment syndrome
3. Infection

## Contraindications:

1. Fracture of target bone
2. Cellulitis (skin infection overlying insertion site)
3. Osteogenesis imperfecta (rare condition predisposing to fractures with minimal trauma)
4. Total knee replacement (hardware will prevent placement)

## Side Effects and Special Notes:

1. IO placement may be considered prior to peripheral IV attempts in critical patients without identifiable peripheral veins
2. Some authorities recommend aspiration of marrow fluid or tissue to confirm needle location. This is not recommended for field procedures, as it increases the risk of plugging the needle.
3. Expect flow rates to be slower than peripheral IVs. Pressure bags may be needed. Any drug or IV fluid may be infused.



## 1120 PROCEDURE PROTOCOL: TOURNIQUET PROTOCOL

### Indications:

- A. A tourniquet should be used for initial control of life-threatening hemorrhage.

EMT-IV	Paramedic
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### Precautions:

- A. In cases of life-threatening bleeding, benefit of tourniquet use outweighs any theoretical risk of limb ischemia.
- B. A commercially made tourniquet is the preferred tourniquet. If none is available, a blood pressure cuff inflated to a pressure sufficient to stop bleeding is an acceptable alternative.

### Technique:

- A. First, attempt to control hemorrhage by using direct pressure over bleeding area.
- B. If a discrete bleeding vessel can be identified, point pressure over bleeding vessel is more effective than a large bandage and diffuse pressure.
- C. If unable to control hemorrhage using direct pressure, apply tourniquet according to manufacturer specifications and using the steps below:
1. Cut away any clothing so that the tourniquet will be clearly visible. NEVER obscure a tourniquet with clothing or bandages.
  2. Apply tourniquet proximal to the wound and not across any joints.
  3. Tighten tourniquet until bleeding stops. Applying tourniquet too loosely will only increase blood loss by inhibiting venous return.
  4. If bleeding is not controlled with the application of a single tourniquet, a 2<sup>nd</sup> can be applied adjacent to the 1<sup>st</sup>.
  5. Mark the time and date of application on the patient's skin next to the tourniquet.
  6. Keep tourniquet on throughout hospital transport – a correctly applied tourniquet should only be removed by the receiving hospital.
  7. Pain management as needed.

# 1130 PROCEDURE PROTOCOL: RESTRAINT PROTOCOL

## Indications:

EMT-IV	Paramedic
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- A. Physical restraint of patients is permissible and encouraged if the patient poses a danger to him/herself or to others. Only reasonable force is allowable, i.e., the minimum amount of force necessary to control the patient and prevent harm to the patient or others. Try alternative methods first. Verbal de-escalation should be used first if the situation allows.
- B. Consider pharmacological sedation for agitated patients that require transport and are behaving in a manner that poses a threat to him/herself or others. See [Agitated/Combative Patient Protocol](#)
- C. Restraints may be indicated for patients who meet the following criteria:
  1. A patient who is significantly impaired (e.g., intoxication, medical illness, injury, psychiatric condition, etc.) and lacks decision-making capacity regarding his or her own care.
  2. A patient who exhibits violent, combative, or uncooperative behavior who does not respond to verbal de-escalation.
  3. A patient who is suicidal and considered to be a risk for behavior dangerous to his or herself or to healthcare providers.
  4. A patient who is on a mental health hold if there is a concern for elopement.

## Precautions:

- A. When appropriate involve law enforcement. However, law enforcement never serves as medical control for EMS and cannot tell EMS to restrain a patient for their own purposes.
- B. Restraints shall be used only when necessary to prevent a patient from seriously injuring him/herself or others (including the EMS providers), and only if safe transportation and treatment of the patient cannot be accomplished without restraints. They may not be used as punishment, or for the convenience of the crew.
- C. Any attempt to restrain a patient involves risk to the patient and the prehospital provider. Efforts to restrain a patient should only be done with adequate assistance present.
- D. Be sure to evaluate the patient adequately to determine his or her medical condition, mental status, and decision-making capacity.
- E. Do not use hobble restraints and do not restrain the patient in the prone position or any position that impairs the airway or breathing.
- F. Search the patient for weapons.
- G. Handcuffs are not appropriate medical restraints and should only be placed by law enforcement personnel. See [Transport of Handcuffed Patient Protocol](#).

## Technique:

- A. Be alert for any medical conditions which may ensue following physical struggle. Refer to [Agitated/Combative protocol](#) for appropriate assessment and treatment.
- B. Treat the patient with respect. Attempts to verbally reassure or calm the patient should be done prior to the use of restraints. To the extent possible, explain what is being done and why.
- C. Have all equipment and personnel ready (restraints, suction, a means to promptly remove restraints).
- D. Use assistance such that, if possible, 1 rescuer handles each limb and 1 manages the head or supervises the application of restraints.
- E. Apply restraints to the extent necessary to allow treatment of, and prevent injury to, the patient. **Under-restraint may place patient and provider at greater risk.**
- F. After application of restraints, check all limbs for circulation. During the time that a patient is in restraints, continuous attention to the patient's airway, circulation, and vital signs is mandatory. A restrained patient may never be left unattended.

## Documentation:

- A. Document the following in all cases of restraint:
  1. Description of the facts justifying restraint, including [IMC-RASS score](#)
  2. Efforts to de-escalate prior to restraint
  3. Type of restraints used
  4. Condition of the patient while restrained, including reevaluations during transport
  5. Condition of the patient at the time of transfer of care to emergency department staff
  6. Any injury to patient or to EMS personnel

## 1130 PROCEDURE PROTOCOL: RESTRAINT PROTOCOL

### **Complications:**

- A. Aspiration: continually monitor patient's airway
- B. Nerve injury: assess neurovascular status of patient's limbs during transport
- C. Complications of medical conditions associated with need for restraint - Patients may have underlying trauma, hypoxia, hypoglycemia, hyperthermia, hypothermia, drug ingestion, intoxication, or other medical conditions

## 1150 PROCEDURE PROTOCOL: TASER® PROBE REMOVAL

### Indications:

- Patient with TASER® probe(s) embedded in skin.

EMT-IV	Paramedic
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### Contraindications:

- TASER® probe embedded in the eye, genitals, or close to major neurovascular structures. In such cases, transport patient to an emergency department for removal.

### Technique:

1. Be alert for any medical conditions which may ensue following physical struggle. Refer to [agitated/combatative protocol](#) for appropriate assessment and treatment.
2. Confirm the TASER® has been shut off and the barb cartridge has been disconnected.
3. Using a pair of shears, cut the TASER® wires at the base of the probe.
4. Place one hand on the patient in area where the probe is embedded and stabilize the skin surrounding the puncture site. Using the other hand (or use pliers) firmly grasp the probe.
5. In one uninterrupted motion, pull the probe out of the puncture site maintaining a 90° angle to the skin. Avoid twisting or bending the probe.
6. Repeat the process for any additional probes.
7. Once the probes are removed, inspect and assure they have been removed intact. In the event the probe is not removed intact or there is suspicion of a retained probe, the patient must be transported to the emergency department for evaluation.
8. Cleanse the probe site and surrounding skin and apply sterile dressing.
9. Advise patient to watch for signs of infection including increased pain at the site, redness, swelling, or fever.

# 1160 PROCEDURE PROTOCOL: PAIN MANAGEMENT

## Goal of Pain Management:

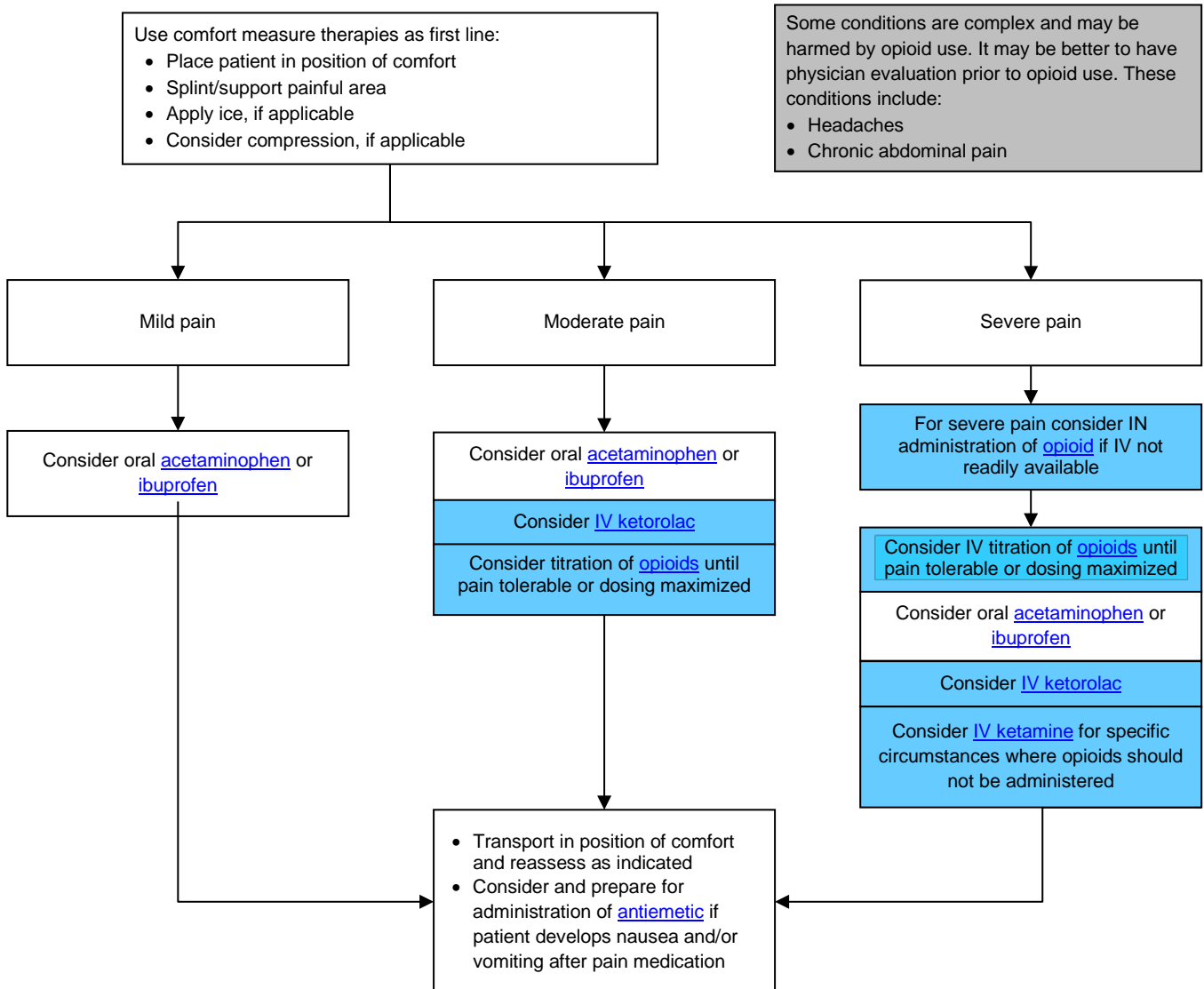
- A. Use comfort measure therapies as first line.
- B. If used, medications should be administered to a point where pain is tolerable. This point is not necessarily pain free.

EMT-IV	Paramedic
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## Assessment:

- A. Determine patient's pain assessment and consider using a pain scale:
  - 1. Pediatric use observational scale (see [Pediatric Pain Scales](#))
  - 2. Adult Self-report scale (Numeric Rating Scale [NRS])
- B. Categorize the assessment of pain to mild, moderate, or severe.
  - 1. Overreliance on pain scores may lead to either inadequate pain control in stoic patients, or over sedation in patients reporting high levels of pain. Use subjective and objective findings to evaluate need for and efficacy of pain management.
  - 2. For pediatric patients, pain scale use is recommended. A pain score of 0-3 is mild pain, scores from 4-6 moderate pain, and 7-10 severe pain.

## General Pain Management Technique:



## 1160 PROCEDURE PROTOCOL: PAIN MANAGEMENT

### General Information:

- A. Document assessment or pain scale before and after administration of pain medications. Reassess pain 5 minutes after IV administration.
- B. Multi-modal analgesia is reasonable with goal of avoiding combinations of sedating agents reducing the overall need for opiates. It is safe to combine acetaminophen or NSAIDS with opioids or other sedating agents.
- C. Strongly consider ½ typical dosing in the elderly or frail patient

### Pediatric Pain Scales:

#### Faces, Legs, Activity, Cry, Consolability (FLACC) Behavioral Scale

Appropriate age for use (per guideline): less than 4 years

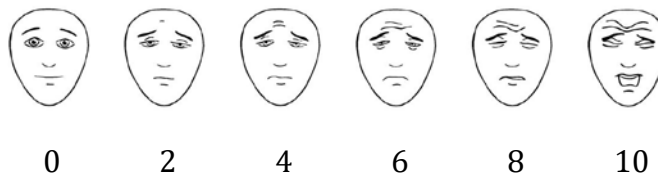
Categories	Scoring		
	0	1	2
Face	No particular expression or smile	Occasional grimace or frown, withdrawn, disinterested	Frequent to constant frown, clenched jaw, quivering chin
Legs	Normal position or relaxed	Uneasy, restless, tense	Kicking, or legs drawn up
Activity	Lying quietly, normal position, moves easily	Squirming, shifting back and forth, tense	Arched, rigid, or jerking
Cry	No cry (awake or asleep)	Moans or whimpers, occasional complaint	Crying steadily, screams or sobs, frequent complaints
Consolability	Content, relaxed	Reassured by occasional touching, hugging, or being talked to, distractible	Difficult to console or comfort

*Each of the five categories (F) Face; (L) Legs; (A) Activity; (C) Cry; (C) Consolability is scored from 0-2, which results in a total score between zero and ten.*

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### Recommended Pain Scale for Ages 4-12 Years

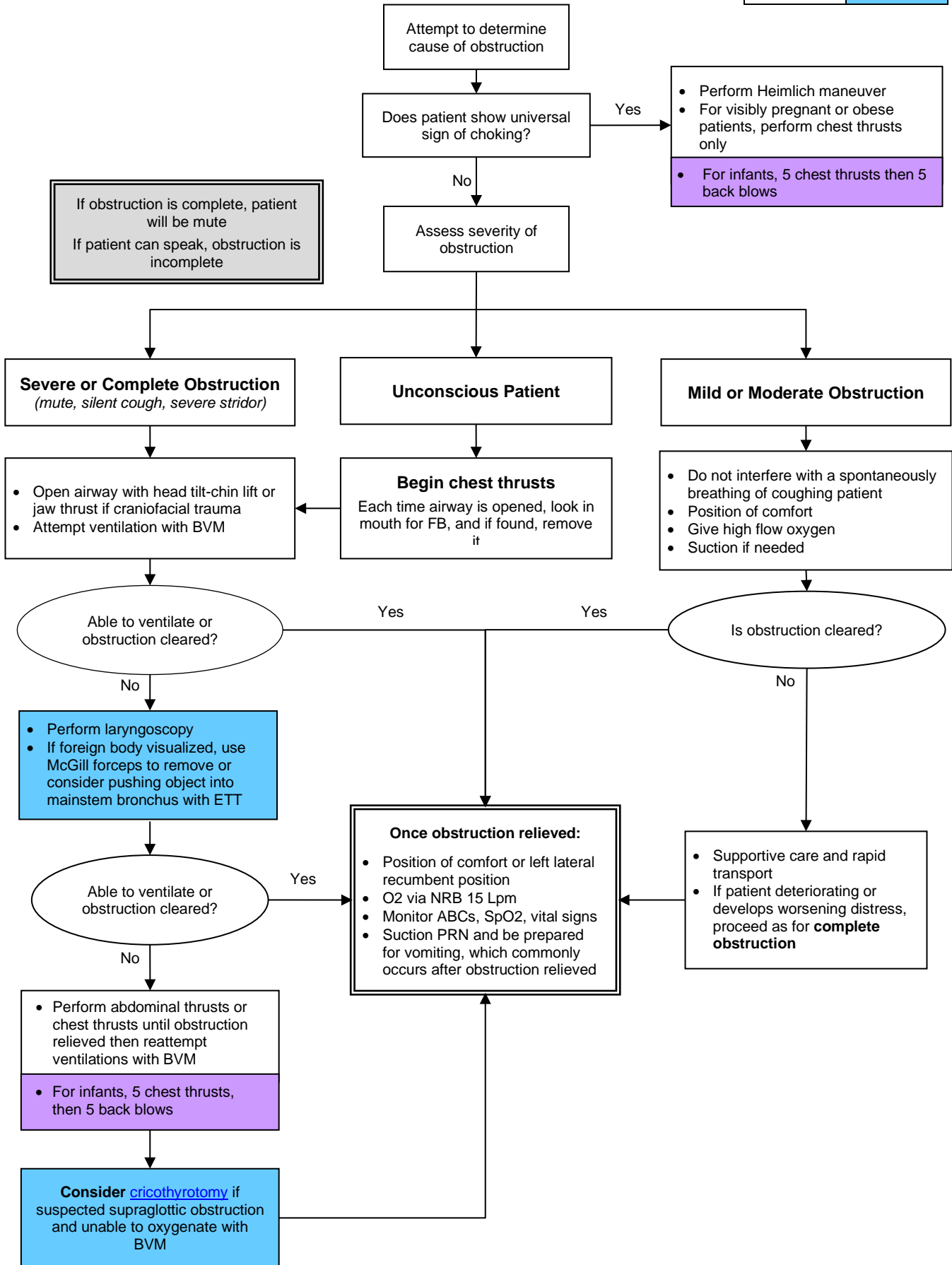
#### Faces Pain Scale – Revised (FPS-R)



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# 2000 OBSTRUCTED AIRWAY

EMT-IV	Paramedic
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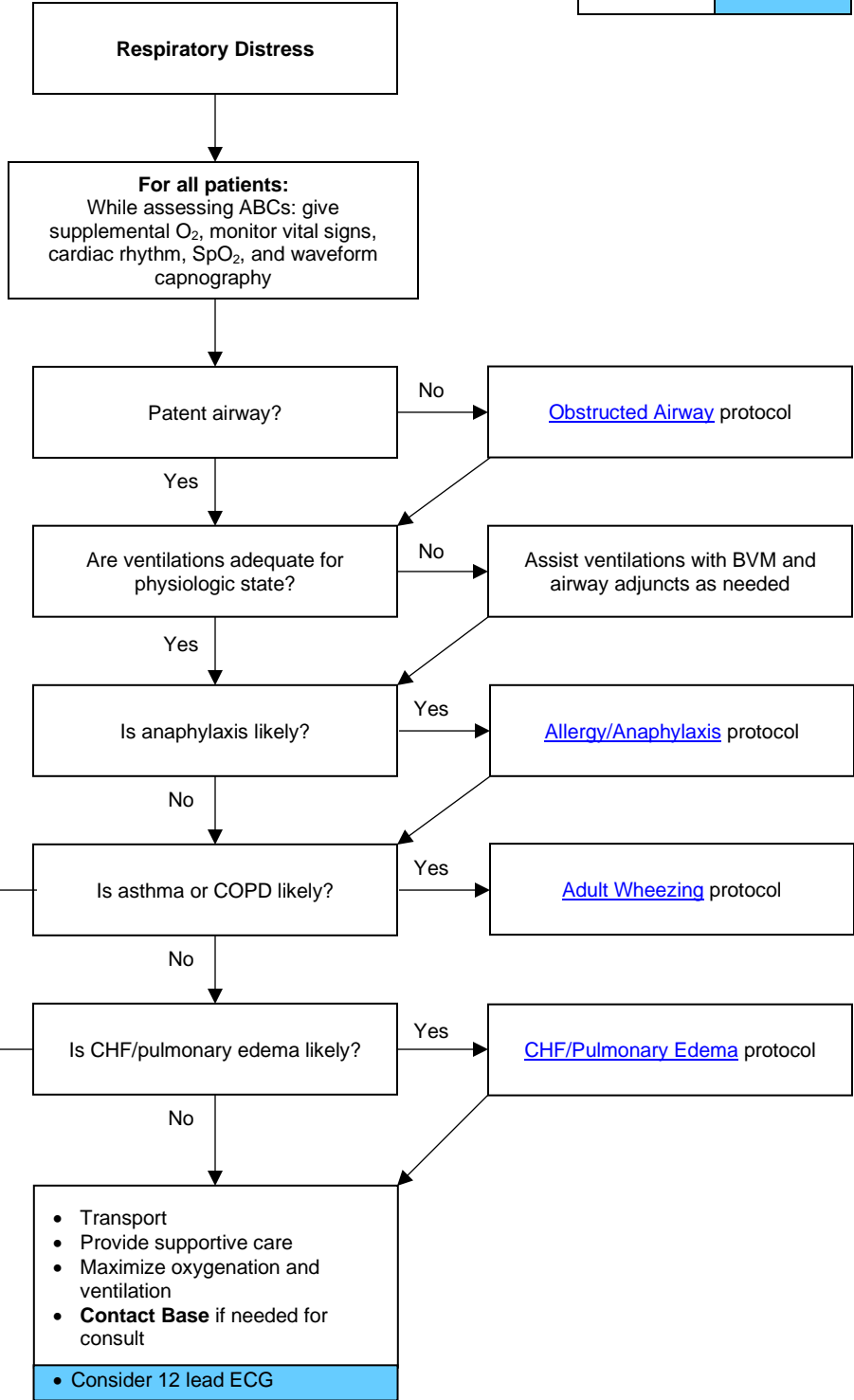


# 2010 ADULT UNIVERSAL RESPIRATORY DISTRESS

EMT-IV	Paramedic
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- Consider pulmonary and non-pulmonary causes of respiratory distress:**
- Pulmonary embolism
  - Pneumonia
  - Heart attack
  - Pneumothorax
  - Sepsis
  - Metabolic acidosis (e.g.: DKA)
  - Anxiety
  - Cardiac tamponade
  - Cardiac dysrhythmia

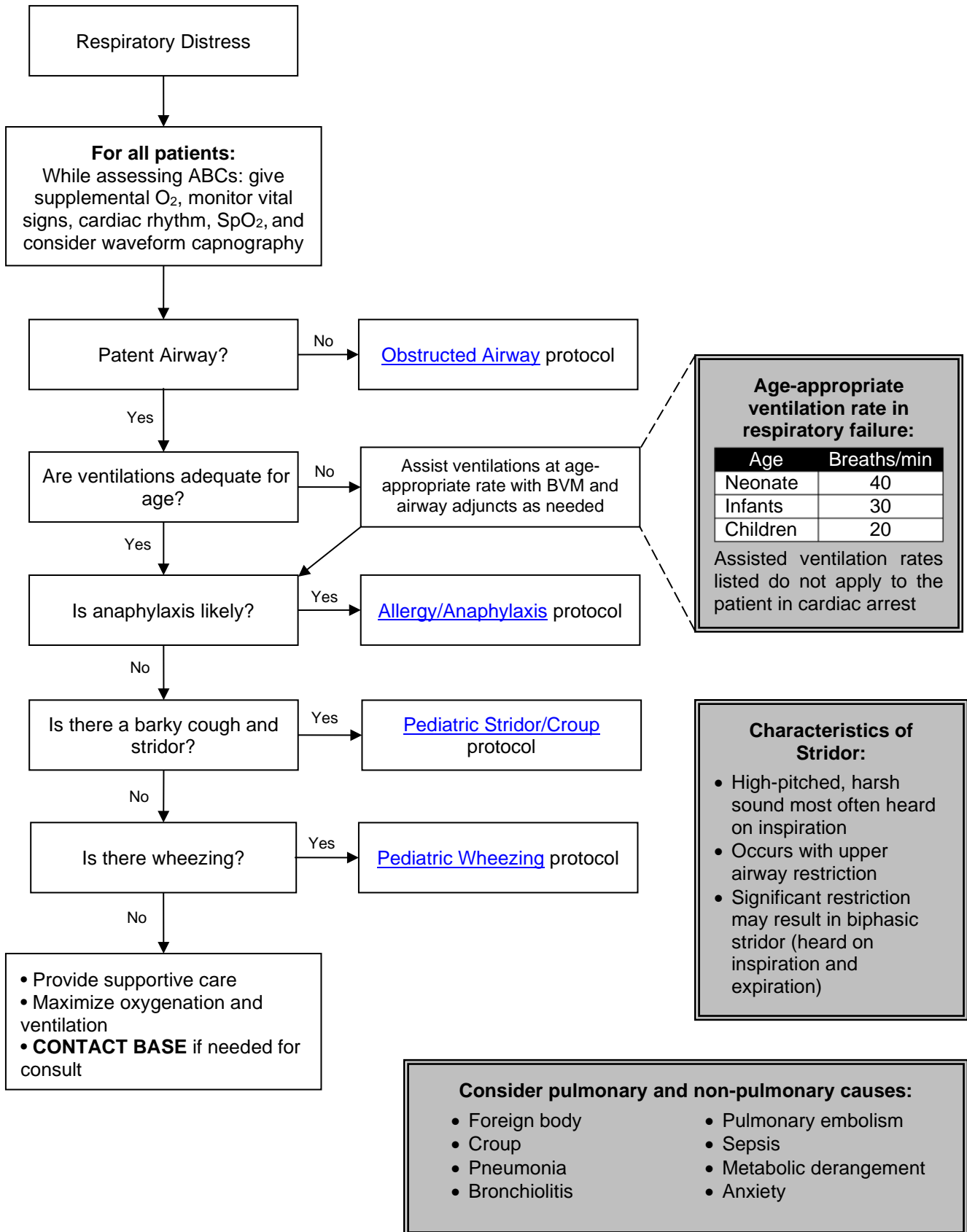
- Mixed picture may exist**
- Goal is maximization of oxygenation and ventilation in all cases
  - CPAP may be particularly useful in mixed picture with hypoxia and/or hypoventilation
  - Avoid albuterol in suspected pulmonary edema





2020 PEDIATRIC UNIVERSAL RESPIRATORY DISTRESS

EMT-IV	Paramedic
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**Age-appropriate ventilation rate in respiratory failure:**

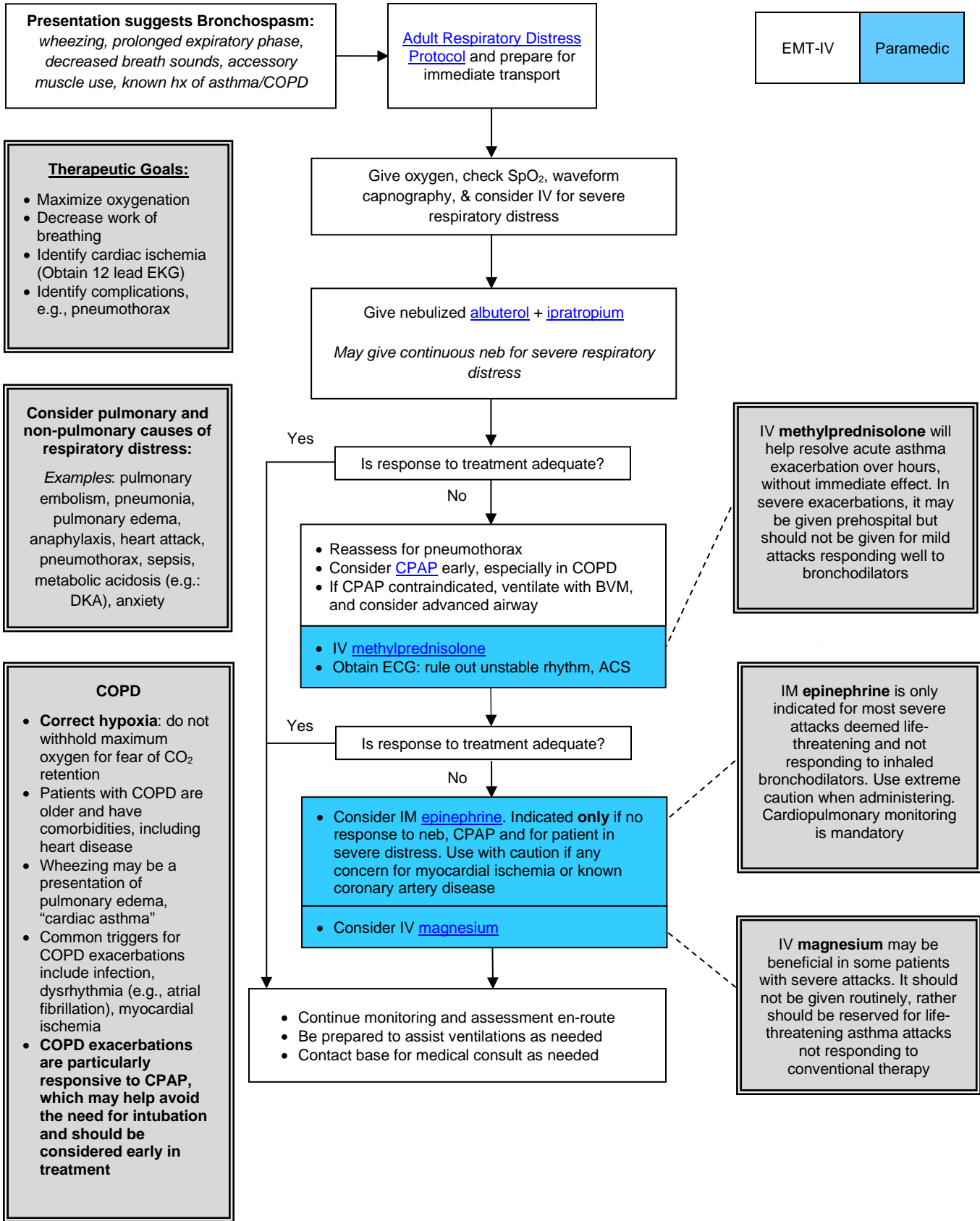
Age	Breaths/min
Neonate	40
Infants	30
Children	20

Assisted ventilation rates listed do not apply to the patient in cardiac arrest

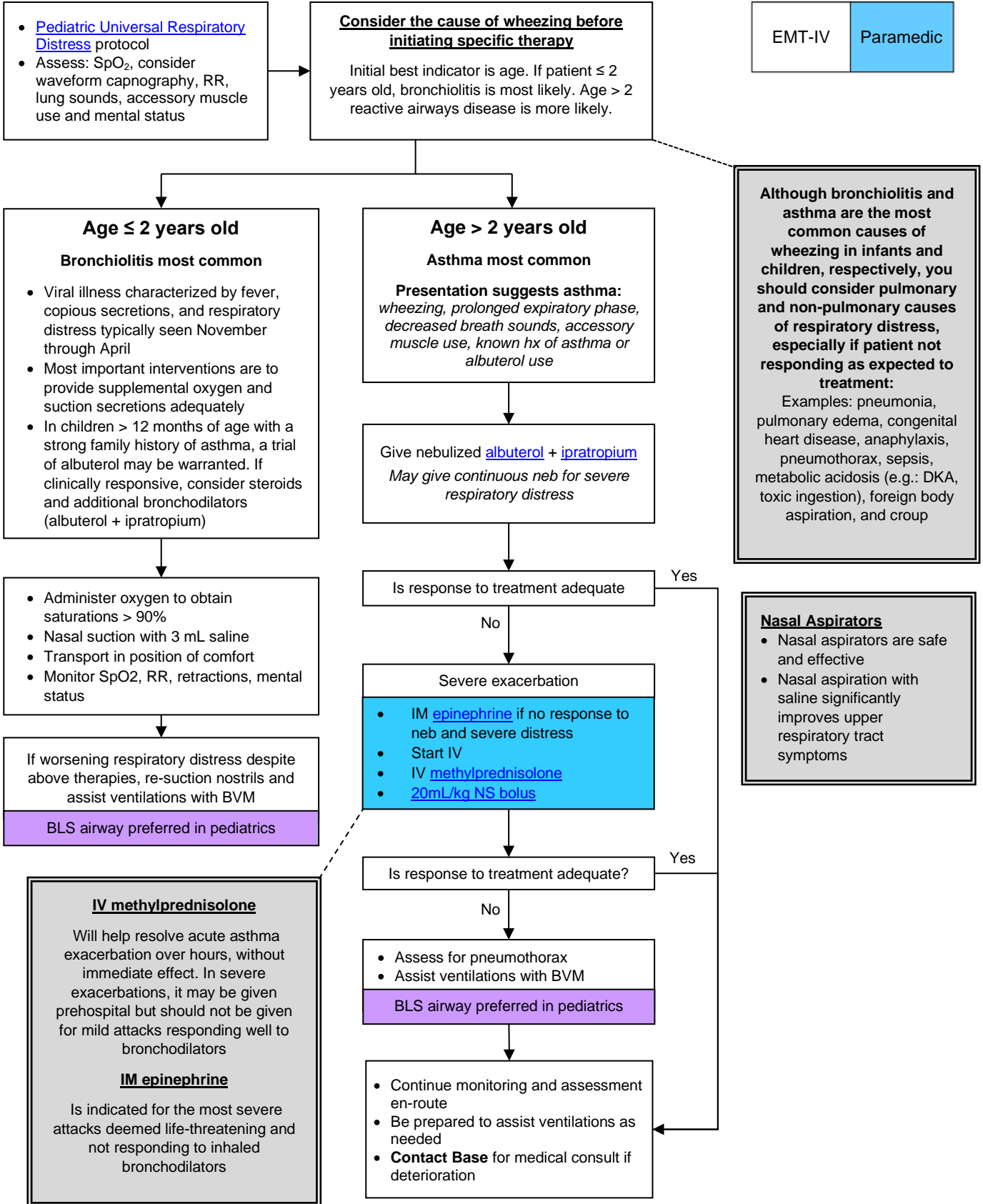
- Characteristics of Stridor:**
- High-pitched, harsh sound most often heard on inspiration
  - Occurs with upper airway restriction
  - Significant restriction may result in biphasic stridor (heard on inspiration and expiration)

- Consider pulmonary and non-pulmonary causes:**
- Foreign body
  - Croup
  - Pneumonia
  - Bronchiolitis
  - Pulmonary embolism
  - Sepsis
  - Metabolic derangement
  - Anxiety

## 2030 ADULT WHEEZING



# 2040 PEDIATRIC WHEEZING



# 2050 PEDIATRIC STRIDOR/CROUP

**Characteristics of Croup:**

- Most common cause of stridor in children
- Child will have stridor, barking cough, and URI symptoms of sudden, often nocturnal onset
- Most often seen in children < 9 years old
- Agitation worsens the stridor and respiratory distress

[Pediatric Universal Respiratory Distress](#) protocol and prepare for immediate transport

EMT-IV	Paramedic
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**Minimize agitation:**  
*Transport in position of comfort, interventions only as necessary*

Check SpO<sub>2</sub>, give oxygen as needed

**Are symptoms severe and croup most likely?**

- Stridor at rest or biphasic stridor
- Severe retractions
- SpO<sub>2</sub> < 90% despite O<sub>2</sub>
- Altered LOC
- Cyanosis

**Considerations with Stridor:**

- Stridor is a harsh, usually inspiratory sound caused by narrowing or obstruction of the upper airway
- Causes include croup, foreign body aspiration, allergic reactions, trauma, infection, mass
- Epiglottitis is exceedingly rare. May consider in the unimmunized child. Treatment is minimization of agitation. Airway manipulation is best done in the hospital

No

Yes

Give [racemic epinephrine\\*](#)

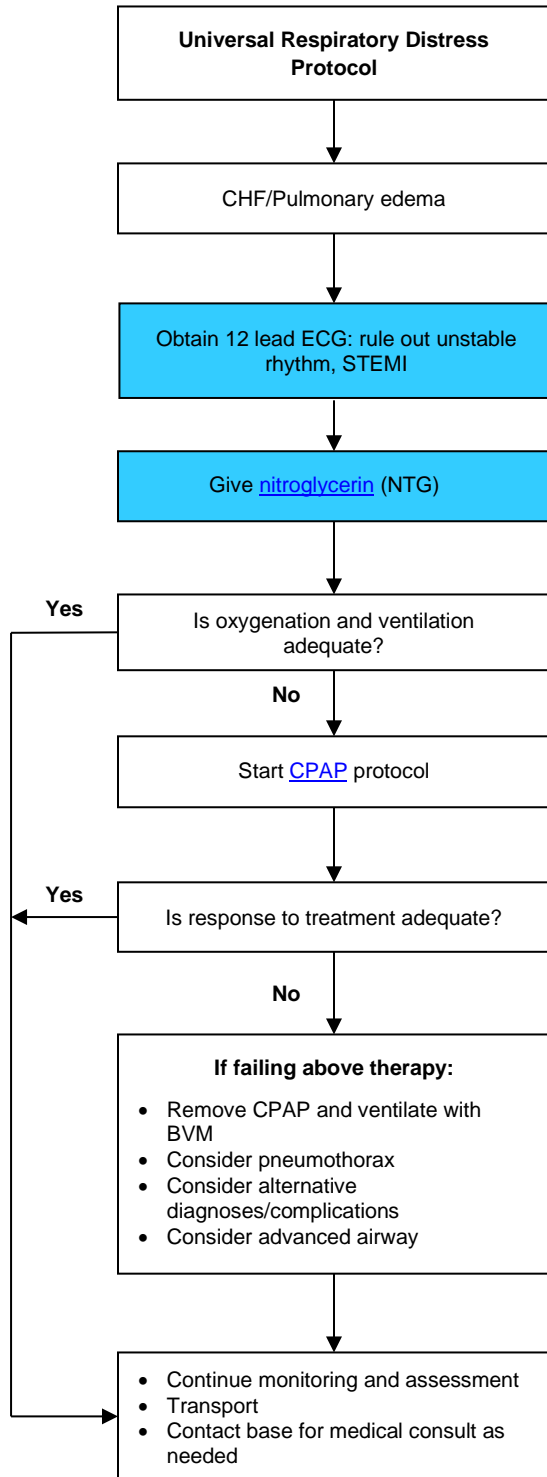
\*If racemic epinephrine is unavailable, nebulized epinephrine may be used:  
5mg 1:1000 epi directly into nebulizer  
Pediatric dose: 0.5mg/kg with a max dose of 5mg

If signs of poor perfusion AND/OR hypotension for age, see [Medical Shock](#) protocol and begin fluid resuscitation

- Continue monitoring and assessment en route
- **Contact Base** for repeat dose of [racemic epinephrine](#) and medical consult as needed

# 2060 CHF/PULMONARY EDEMA

EMT-IV	Paramedic
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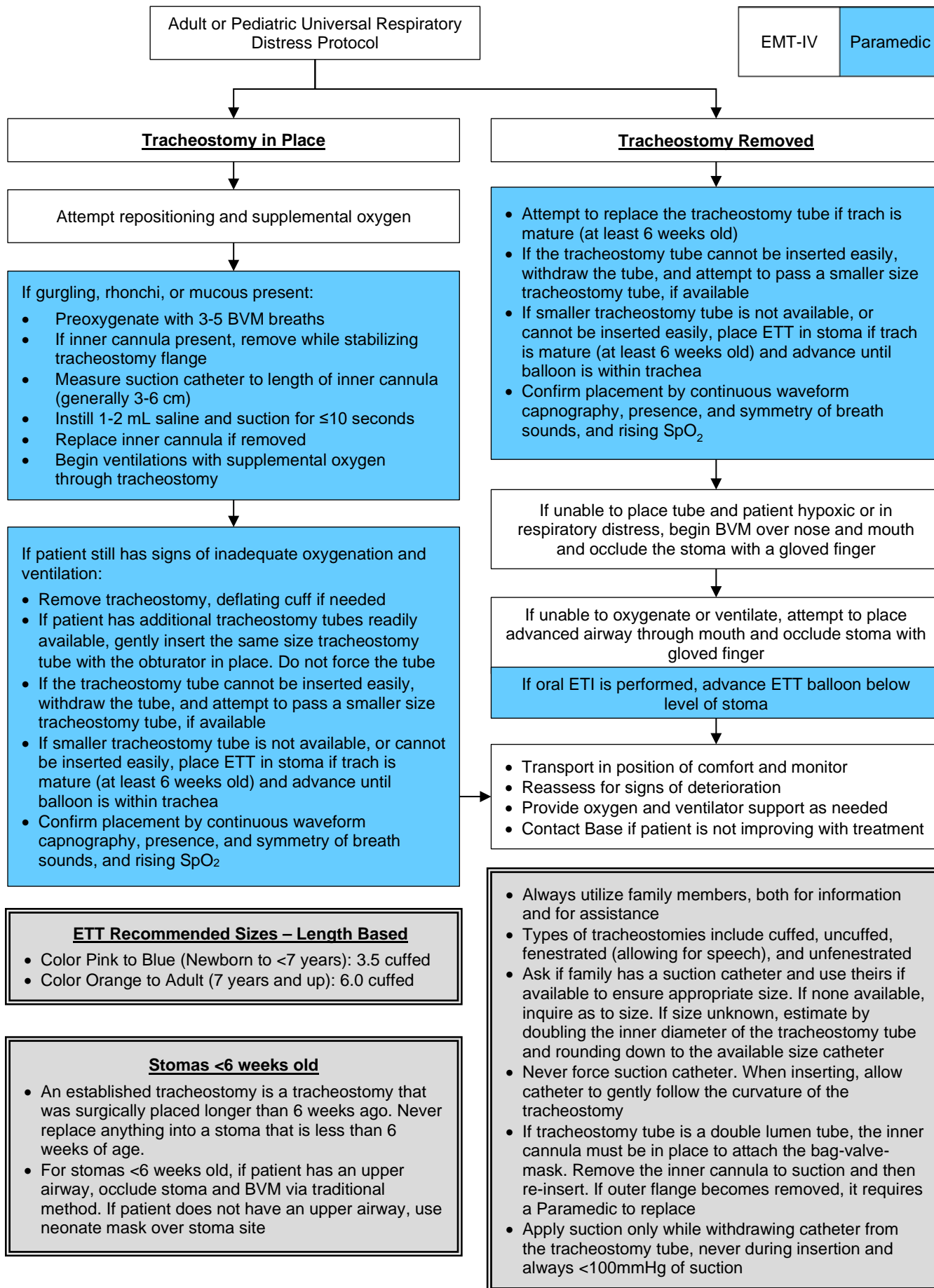
**Therapeutic Goals:**

- Maximize oxygenation
- Decrease work of breathing
- Identify cardiac ischemia (Obtain 12 lead ECG)

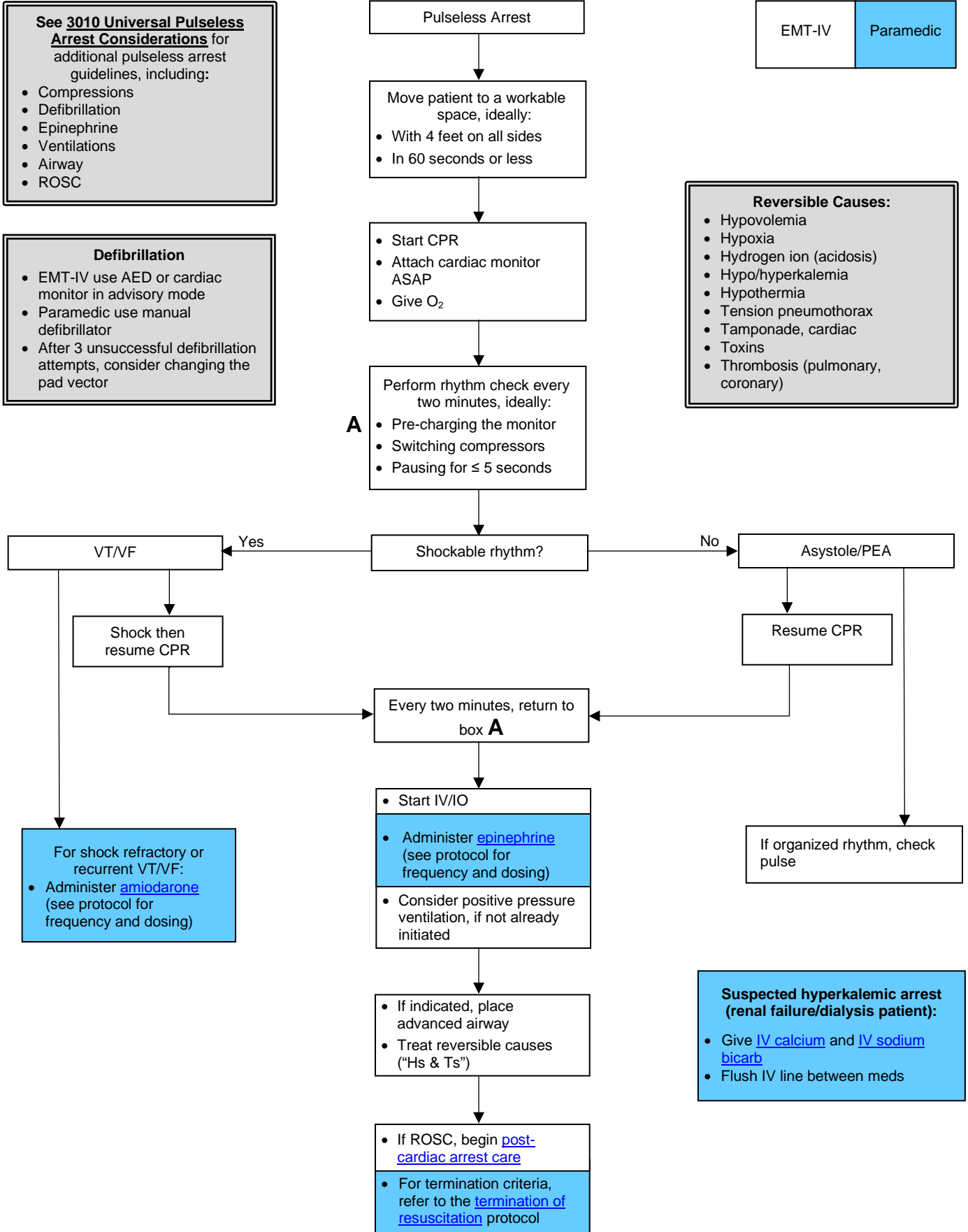
**Special Notes:**

- In general, diuretics have little role in initial treatment of acute pulmonary edema and are no longer considered first line therapy
- Morphine has been associated with worse outcomes in patients with CHF and is no longer indicated

## 2090 TRACHEOSTOMY EMERGENCIES



# 3000 MEDICAL PULSELESS ARREST ALGORITHM



## 3010 MEDICAL PULSELESS ARREST CONSIDERATIONS

### ADULT PATIENT

#### Compressions

- Follow current ACLS guidelines for chest compressions
- Minimize interruptions, resume compressions immediately after shocks, rhythm checks. Check pulses only if organized rhythm
- Push hard ( $\geq 2$  inches) and fast (100-120/min) and allow complete chest recoil
- If available, use metronome to monitor compression rate.
- Assess quality of CPR with continuous waveform capnography
- If  $ETCO_2 < 10$ , improve quality of compressions.
- If using automated CPR devices, use manufacturer's specifications

#### Defibrillation

- Recommended energy dosing is 360 J
- After 3 unsuccessful defibrillation attempts, consider changing the pad vector
- When monitor is charged but shock is not indicated, clear patient before discharge

#### Epinephrine

- The first dose of epinephrine should be administered ASAP
- Subsequent doses should be administered every 3 cycles of compressions or every 6 minutes
- After 3 doses, additional epinephrine is not routinely recommended

#### Ventilations

- Open the airway, place NPA/OPA, place NRB facemask with  $O_2$  at 15 L/min for initial phase of resuscitation, unless hypoxic arrest suspected (e.g.: asphyxiation, overdose, status asthmaticus), in which case begin ventilations immediately
- Regardless of airway type (BLS, iGel, ETT), ventilate every 10 compressions, without pausing compressions.
- Do not over ventilate

#### Airway

- An advanced airway (iGel, ETT) may be placed at any time after initial phase of resuscitation, if applicable, or as soon as possible if asphyxial arrest suspected, provided placement does not interrupt compressions

#### ROSC

- Pulse and blood pressure
- Sustained abrupt rise in  $ETCO_2$ , typically  $> 40$  mmHg
- Obtain 12-lead ECG after ROSC

### PEDIATRIC PATIENT

#### Compressions

- Follow current PALS guidelines for chest compressions
- Minimize interruptions, resume compressions immediately after shocks, rhythm checks. Check pulses only if organized rhythm
- Push hard ( $\geq 1/3$  of anteroposterior chest diameter) and fast (100-120/min) and allow complete chest recoil
- If available, use metronome to monitor compression rate
- Assess quality of CPR with continuous waveform capnography

#### Defibrillation:

- Follow Handtevy guidelines for energy dosing
- EMT-IV use AED or cardiac monitor in advisory mode.
- Paramedic use manual defibrillator
- When monitor is charged but shock is not indicated, clear patient before discharge

#### Epinephrine:

- The first dose of epinephrine should be administered ASAP
- Subsequent doses should be administered every 3 cycles of compressions or every 6 minutes
- After 3 doses, additional epinephrine is not routinely recommended

#### Ventilations

- Regardless of airway type (BLS, iGel, ETT), ventilate every 10 compressions, without pausing compressions
- Do not over ventilate

#### Airway

- BVM preferred for all pediatric patients
- An appropriately sized supraglottic airway (iGel) or ETT may be placed as an alternative if BVM ventilations are inadequate

#### ROSC

- Pulse and blood pressure
- Sustained abrupt rise in  $ETCO_2$ , typically  $> 40$  mmHg

#### Regarding where to work arrest and presence of family members:

- Manual CPR in a moving ambulance or pram is suboptimal
- In general, work cardiac arrest on scene either to return of spontaneous circulation (ROSC), or to field pronouncement, unless scene unsafe
- Family presence during resuscitation is preferred by most families, is rarely disruptive, and may help with grieving process for family members. Family presence during resuscitation is recommended, unless disruptive to resuscitation efforts
- Contact base for consideration of termination of resuscitation

#### Pacing

- Pacing is not recommended in cardiac arrest

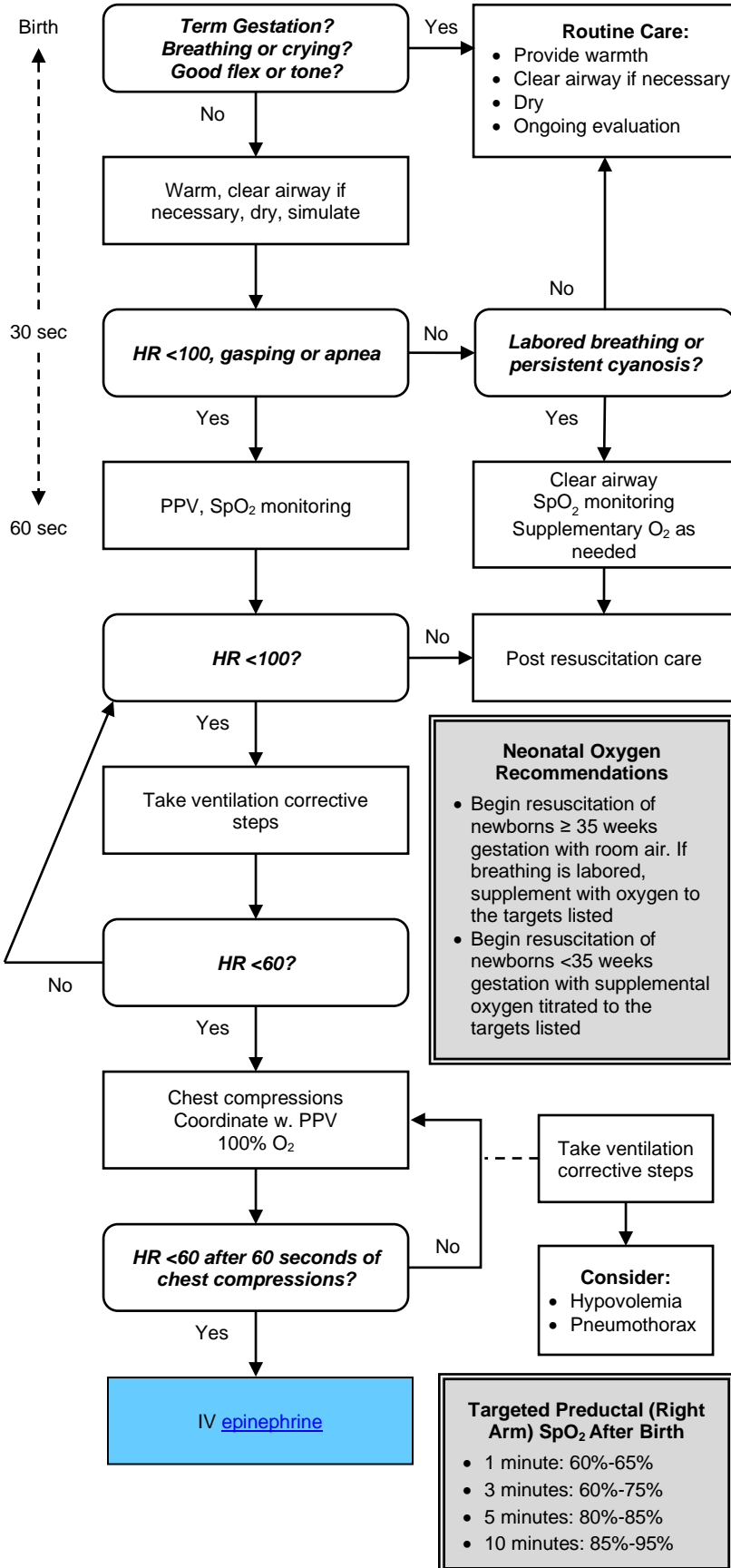
#### ICD/Pacemaker patients

- If cardiac arrest patient has an implantable cardioverter defibrillator (ICD) or pacemaker: place pacer/defib pads at least 1 inch from device. Biaxillary or anterior posterior pad placement may be used



# 3020 NEONATAL RESUSCITATION

EMT-IV	Paramedic
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**General Considerations**

- Newborn infants who do not require resuscitation can be identified generally based on 3 questions:
  - Term gestation?
  - Crying or breathing?
  - Good muscle tone?
- If answer to all 3 questions is "yes," then baby does not require resuscitation and should be dried skin-to-skin on mother covered to keep warm, including a cap over the head
- If answer to any of 3 questions is "no," then infant should receive 1 or more of the following 4 categories of intervention in sequence:
  - Initial steps in stabilization (warm, clear airway, dry, stimulate)
  - Ventilation
  - Chest compressions
  - Administration of epinephrine and/or volume expansion
- Initial resuscitation steps should be completed within 60 seconds as illustrated
- The decision to progress beyond initial steps is based on an assessment of respirations (apnea, gasping, labored or unlabored breathing) and heart rate (>/< 100 bpm)

**Assisting Ventilations**

- Assist ventilations at a rate of 40-60 breaths per minute to maintain HR > 100
- Use 2 person BVM when possible

**Chest Compressions**

- Indicated for HR < 60 despite adequate ventilation w. supplemental O<sub>2</sub> for 30 seconds
- 2 thumbs-encircling hands technique preferred. Allow full chest recoil
- Coordinate with ventilations so not delivered simultaneously
- 3:1 ratio for compressions to ventilations

**Medications**

- Epinephrine is indicated if the newborn's heart rate remains less than 60 beats/min after at least 30 seconds of PPV AND another 60 seconds of chest compressions coordinated with PPV using 100% oxygen

**Termination of Resuscitation**

- In newly born babies receiving resuscitation, if there is no heart rate and all the steps of resuscitation have been performed, cessation of resuscitation efforts may be discussed with the team and the family. A reasonable time frame for this change in goals of care are around 30 min after birth

**Neonatal Oxygen Recommendations**

- Begin resuscitation of newborns ≥ 35 weeks gestation with room air. If breathing is labored, supplement with oxygen to the targets listed
- Begin resuscitation of newborns <35 weeks gestation with supplemental oxygen titrated to the targets listed

**Targeted Productal (Right Arm) SpO<sub>2</sub> After Birth**

- 1 minute: 60%-65%
- 3 minutes: 60%-75%
- 5 minutes: 80%-85%
- 10 minutes: 85%-95%

### 3030 POST-CARDIAC ARREST CARE

**Post-Cardiac Arrest Care**

- Following ROSC, several simultaneous and stepwise interventions must be performed to optimize care and maximize patient outcome
- Survival and neurologic outcome worsen with fever, hypoxia, hypo/hypercapnia, and hypotension. Post-ROSC care should focus on prevention of these elements

**Return of spontaneous circulation (ROSC) criteria:**

- Pulse and measurable blood pressure
- Increase in EtCO<sub>2</sub> on capnography

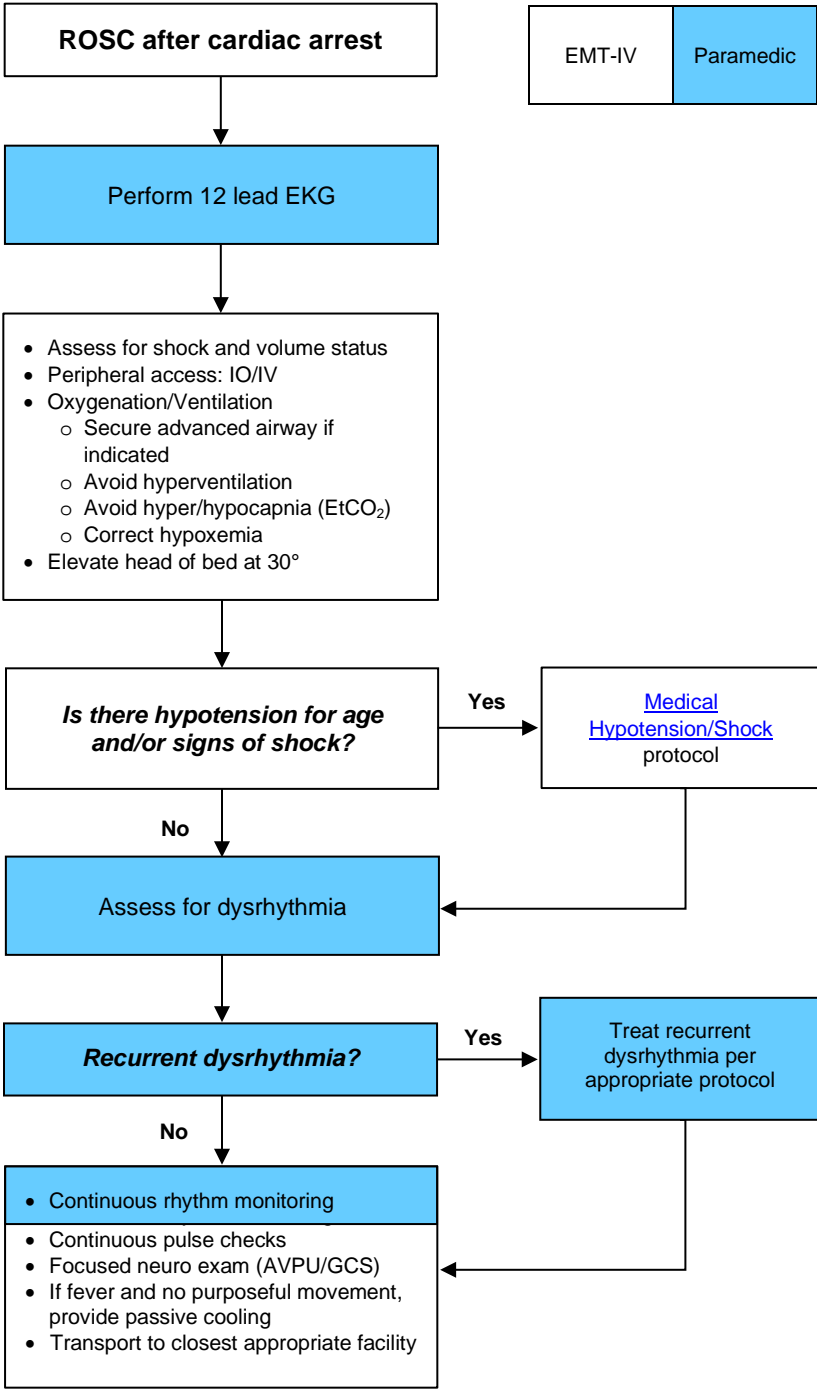
**Document:**

- Time of arrest (or time last seen normal)
- Witnessed vs. unwitnessed arrest
- Initial rhythm shockable vs. non-shockable
- Bystander CPR given
- Time of ROSC
- GCS after ROSC
- Initial temperature of patient after ROSC, if possible

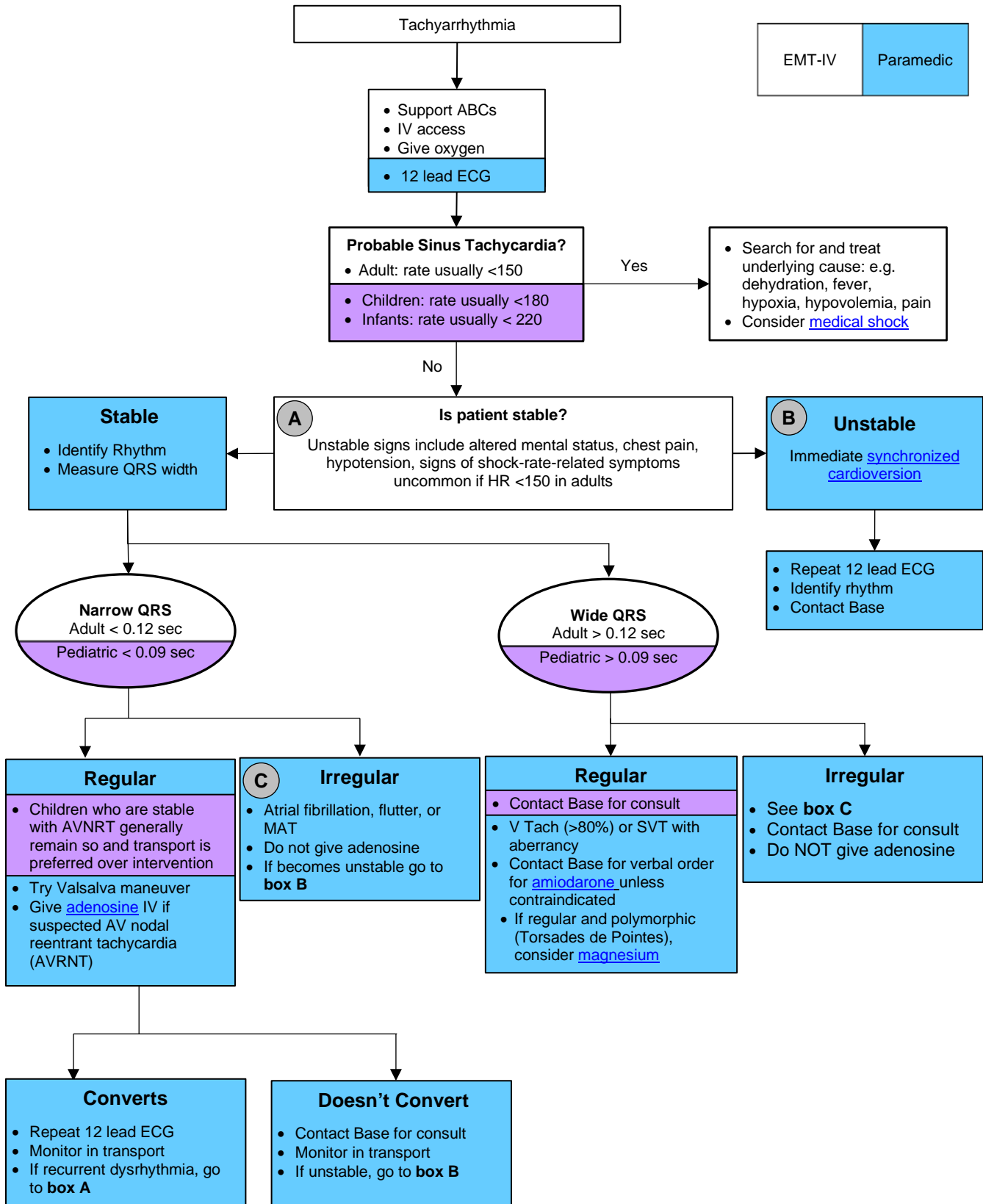
**Target ROSC Vital Signs**

- SpO<sub>2</sub> 92%-98%
- EtCO<sub>2</sub> 35-45 mmHg
- Systolic pressure >90 mmHg or mean arterial pressure >65 mmHg

EMT-IV	Paramedic
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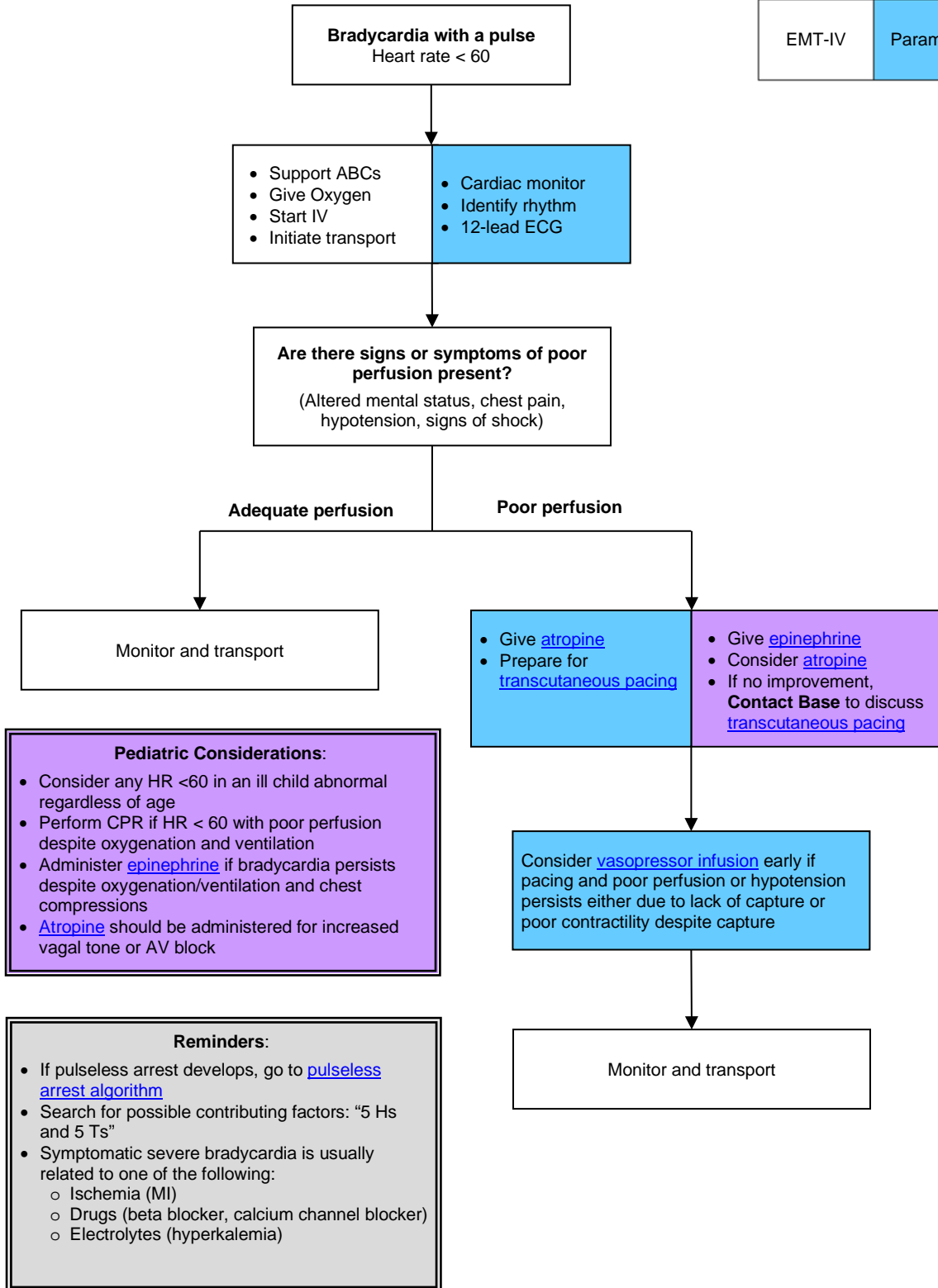


### 3040 TACHYARRHYTHMIA WITH POOR PERFUSSION



# 3050 BRADYARRHYTHMIA WITH POOR PERFUSION

EMT-IV	Paramedic
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## 3060 CHEST PAIN

EMT-IV

Paramedic

**Consider life threatening causes of chest pain in all patients**

- While assessing ABCs, titrate oxygen and monitor vital signs
- Assess cardiac rhythm and obtain 12-lead ECG
- Start IV
- Administer [aspirin](#) if history suggests possible cardiac chest pain

STEMI?

No

Yes

Notify base physician immediately if [STEMI Alert](#) criteria met

Give SL [nitroglycerin](#) if suspected cardiac chest pain and no contraindication

**EMT-IV** may administer patient's prescribed [nitroglycerin](#), **Contact Base** for verbal order

For hypotension following [nitroglycerin](#), give 250 ml NS bolus, reassess, and repeat bolus as needed. Do not give additional [nitroglycerin](#)

Consider [opioid](#) for chest pain refractory to [nitroglycerin](#), if no contraindication

- Consider repeat 12-lead if initial 12-lead non-diagnostic and/or patient's condition changes
- Consider additional 12-lead views such as R sided leads for R ventricular infarct if inferior MI present

### Life threatening causes of chest pain:

- Acute coronary syndrome (ACS)
  - Unstable angina
  - NSTEMI
  - STEMI
- Pulmonary embolism
- Thoracic aortic dissection
- Tension pneumothorax

### Nitroglycerin Contraindications:

- Suspected right ventricular ST-segment elevation MI (inferior STEMI pattern plus ST elevation in right-sided precordial leads e.g. V4R)
- Hypotension SBP < 100
- Recent use of erectile dysfunction (ED) medication (e.g. Viagra, Cialis)

### Causes of Chest Pain in Children:

- Costochondritis
- Pulmonary Causes
- Ischemia Is rare but can be seen with a history of Kawasaki's disease with coronary aneurysms
- Cyanotic or Congenital Heart Disease
- Myocarditis
- Pericarditis
- Arrhythmia
- Anxiety
- Abdominal Causes

## 3070 STEMI ALERT

Paramedic

### Goal:

- To identify patients with ST-segment elevation myocardial infarction (STEMI) in the prehospital setting and provide advanced receiving hospital notification in order to minimize door-to-balloon times for percutaneous coronary intervention (PCI)

### STEMI Alert Criteria: *note all 4 criteria must be met for field activation*

1. Chest discomfort consistent with ACS
2. 12-lead ECG showing ST-segment elevation (STE) at least 1 mm in two or more anatomically contiguous leads other than leads V2-V3 where at least 2 mm is required
3. Age 35-85 years old
4. No wide complex QRS (paced rhythm, BBB, other)

If patient does not meet all four STEMI alert criteria, do not call a STEMI Alert. Continue to treat and transport appropriately.

### Contraindications:

- ROSC (post-cardiac arrest patients are not eligible for STEMI alert)

### Actions:

- Treat according to [chest pain](#) protocol en route (cardiac monitor, [oxygen](#), [aspirin](#), [nitroglycerin](#), and [opioid](#) as needed for pain control)
- Notify base physician ASAP with ETA and request STEMI alert. Do not delay hospital notification. If possible, notify dispatch by radio of STEMI alert before leaving scene
- Start 2 large bore peripheral IVs – avoid the right wrist or hand, if possible, in the field to avoid interfering with cath lab radial access
- Rapid transport

### Additional Documentation Requirements:

- Time of first patient contact
- Time of first ECG
- “STEMI Alert”, found in Flowchart > Other

## 3080 HYPERTENSION

Paramedic

### Intent:

- A. Even with extremes of blood pressure, treat the medical emergency **associated** with hypertension (“treat the patient, not the number”)
  - 1. Treat [chest pain](#), [pulmonary edema](#), or [stroke](#) according to standard protocols (pain control will usually improve BP significantly)
- B. Do not use medication to treat asymptomatic hypertension
- C. Do not treat hypertension in acute stroke
- D. Consider obtaining a 12 lead ECG if patient's chief complaint is hypertension

## 3090 VENTRICULAR ASSIST DEVICES

### Ventricular Assist Device (VAD)

A Ventricular Assist Device (VAD) is a mechanical device used to support circulation in a patient with significant cardiac ventricular dysfunction. The Left Ventricular Assist Device (LVAD) is commonly used to support the left side of the heart and to provide extra cardiac output to the body. This device can be placed short term to bridge patients until they can receive a heart transplant or long term for people who are not candidates for a transplant. LVAD patients can be identified by an electric driveline cable that comes directly out of their abdomen and connects to an external control pack powered by two external batteries they will be wearing with a bag, harness, or vest. The patient still has underlying heart function and rhythm that can be assessed and treated as appropriate per protocols.

EMT-IV

Paramedic

### Assess the patient

Typically, LVAD patients have no discernible pulse. Blood pressure measurement requires manual BP cuff and Doppler which the patient may have. Utilize other parameters for patient assessment:

- Level of consciousness
- Respiratory rate and work of breathing
- Signs of perfusion: skin color/temperature, capillary refill (HR >100 is hemodynamically unstable)
- SpO<sub>2</sub>, blood glucose level
- Cardiac monitor

### Is the patient stable?

#### STABLE

- Address any medical problems according to protocol
- Transport to University of Colorado Hospital for further treatment, if practical
- Contact VAD Coordinator

#### UNSTABLE

- Determine if VAD is running and functioning properly
- Auscultate chest for whirling sounds
- Examine VAD control unit for alarms

#### Common VAD Complications

- CVA
- TIA
- Arrhythmias
- Infections
- Sepsis
- Obstructions
- Pump Failure

#### VAD RUNNING

- 250 mL bolus
- Notify destination of VAD patient inbound
- Consider chest compressions if apneic with no clinical evidence of perfusion
- Initiate ACLS (PALS if patient pre-pubescent) and address underlying dysrhythmia or other problems per protocol

#### VAD NOT RUNNING

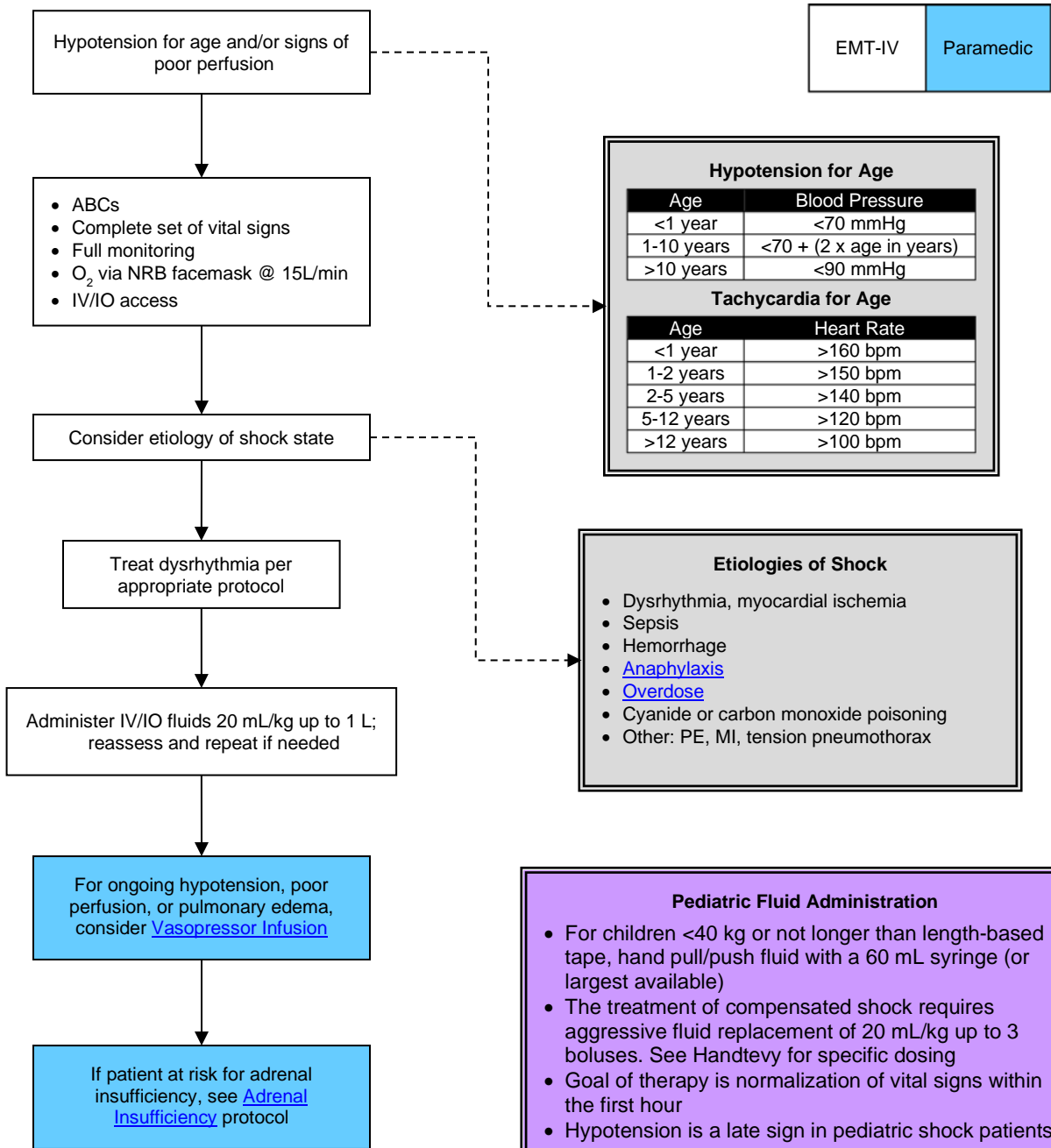
- Consider chest compressions if required
- Address VAD alarms/faults
- Consider defibrillation if required
- Notify destination of VAD patient inbound
- Initiate ACLS (PALS if patient pre-pubescent)

### Key Points

- Unstable VAD patients should be transported to the nearest appropriate facility. University of Colorado Hospital is the only facility in the region that definitively treats VAD patients—and is therefore the preferred destination when patient condition is stable and conditions/operational factors allow transport.
- **Contact VAD Coordinator as soon as possible at 24/7 pager # (303) 266-4522. For pediatric patients, contact the Children's Hospital Colorado transplant coordinator pager at (303) 890-3503.** Provide patient name, DOB, condition, and ETA at destination for consultation and/or if transporting to University of Colorado Hospital. VAD coordinator will call back.
- VAD patient family members are excellent resources to assist with patient history and evaluation/repair of VAD alarms/faults.
- **It is vital to transport the patient's back-up batteries and emergency equipment with the patient.**
- Device specific information for EMS can be found at: <https://www.mylvad.com/medical-professionals/resource-library/ems-field-guides>



# 4000 MEDICAL SHOCK PROTOCOL



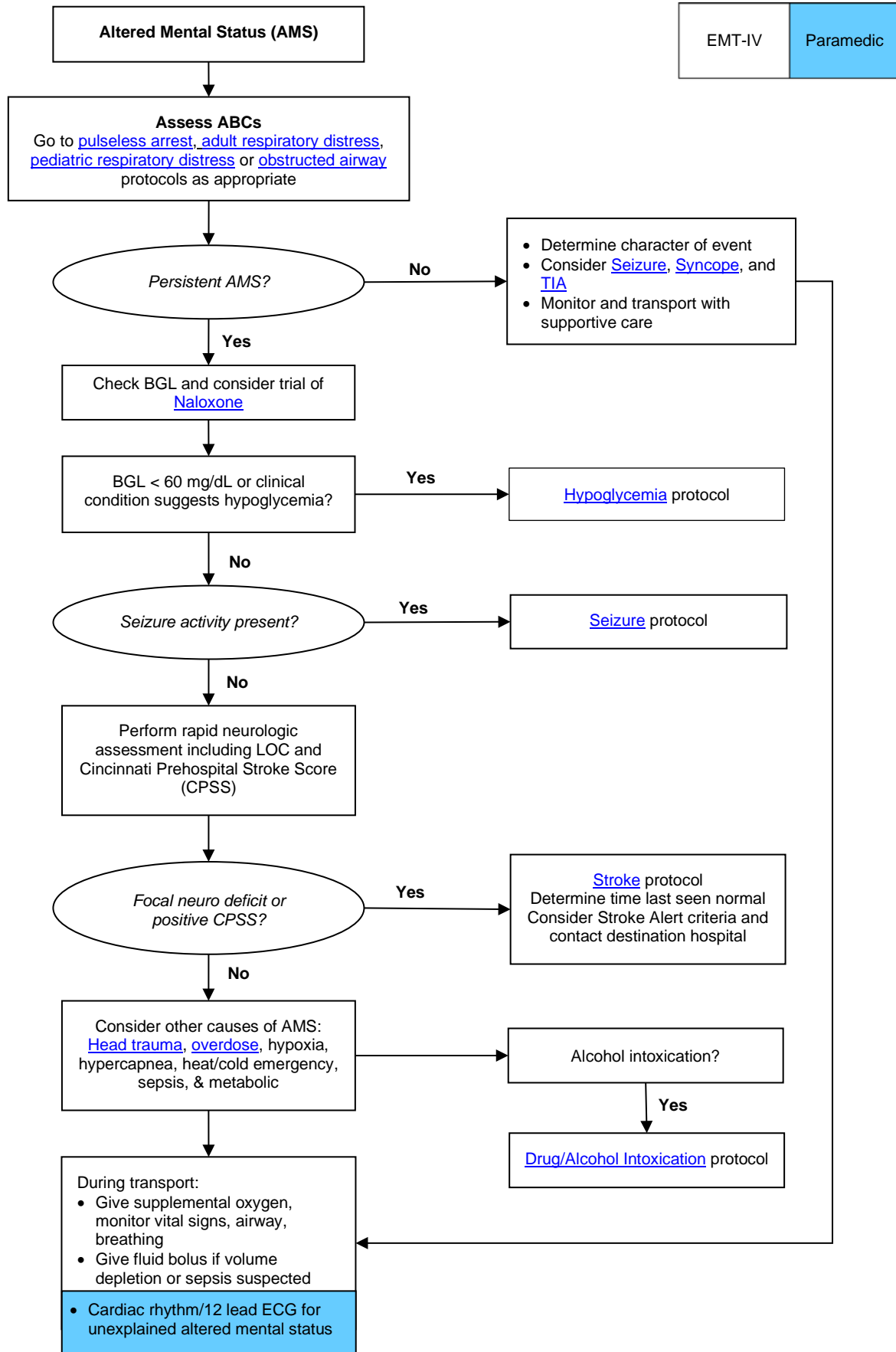
**Pediatric Fluid Administration**

- For children <40 kg or not longer than length-based tape, hand pull/push fluid with a 60 mL syringe (or largest available)
- The treatment of compensated shock requires aggressive fluid replacement of 20 mL/kg up to 3 boluses. See Handtevy for specific dosing
- Goal of therapy is normalization of vital signs within the first hour
- Hypotension is a late sign in pediatric shock patients

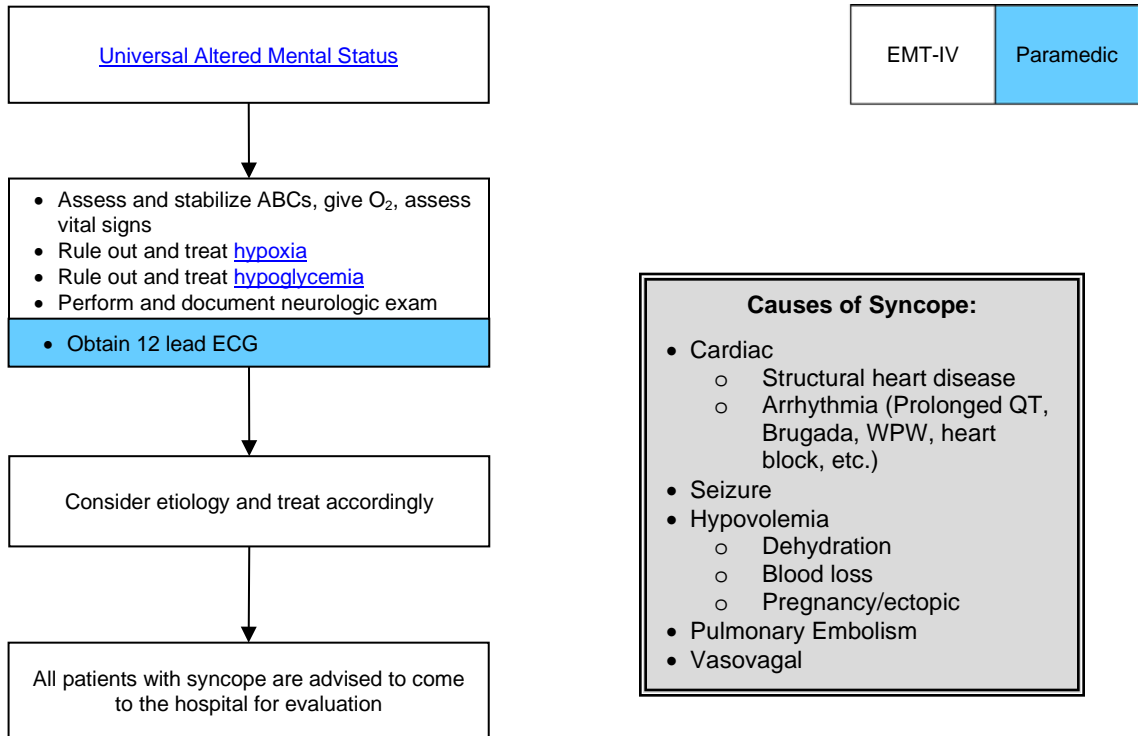
**Pediatric Shock**

Signs of Compensated Shock	Signs of Decompensated Shock
<ul style="list-style-type: none"> <li>Normal mental status</li> <li>Normal systolic blood pressure</li> <li>Tachycardia</li> <li>Prolonged (&gt;2 seconds) capillary refill</li> <li>Tachypnea</li> <li>Cool and pale distal extremities</li> <li>Weak peripheral pulse</li> </ul>	<ul style="list-style-type: none"> <li>Decrease mental status</li> <li>Weak central pulses</li> <li>Poor color</li> <li>Hypotension for age</li> </ul>

# 4010 UNIVERSAL ALTERED MENTAL STATUS



## 4020 SYNCOPE



### General Information:

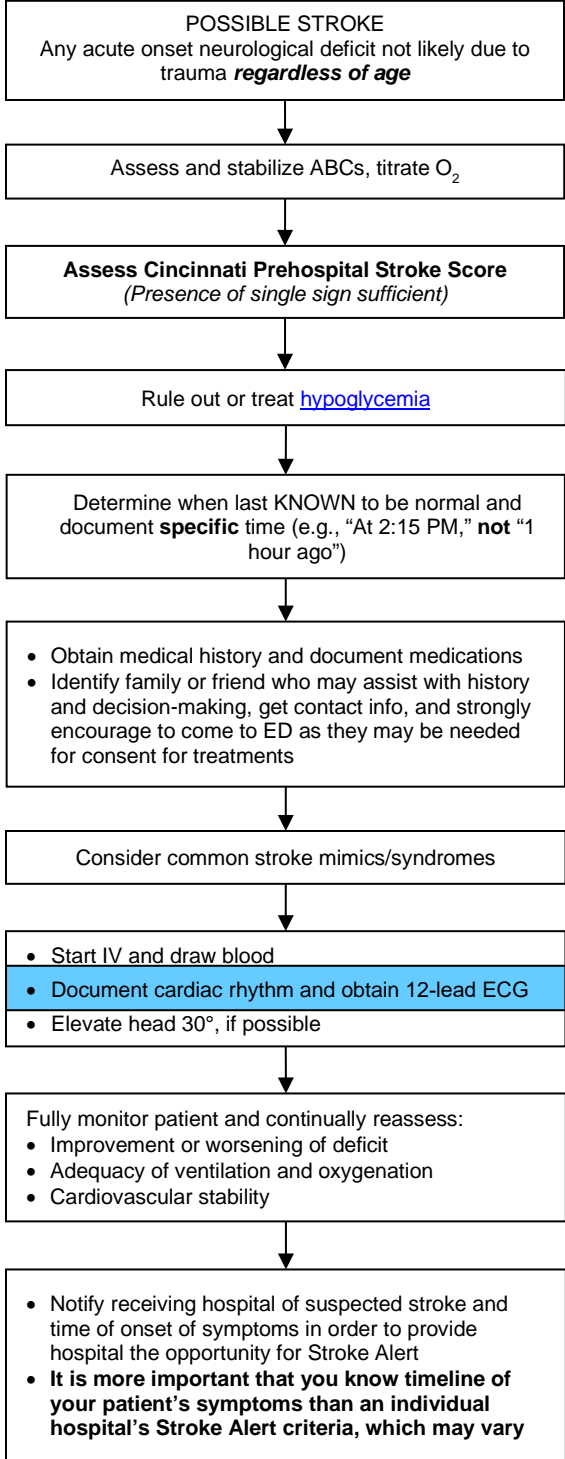
- Syncope is defined as transient loss of consciousness accompanied by loss of postural tone
- A syncopal episode will generally be very brief and have a rapid recovery with no postictal confusion
- Convulsive movements called myoclonic jerks may occur with syncope. This is often confused with seizures but should not be accompanied by a post-ictal phase, incontinence, or tongue biting
- Elderly syncope has a high risk of morbidity and mortality

### Pediatric Considerations:

- Life-threatening causes of pediatric syncope are usually cardiac in etiology (arrhythmia, cardiomyopathy, myocarditis, or previously unrecognized structural lesions)
- In addition to the causes listed above, consider the following in the pediatric patient:
  - Seizure
  - Heat intolerance
  - Breath holding spells
  - BRUE (Brief Resolved Unexplained Events, formerly ALTE)
  - Toxins (marijuana, opioids, cocaine, CO, etc.)
- Important historical features of pediatric syncope include color change, seizure activity, incontinence, post-ictal state, and events immediately prior to syncope event

# 4030 STROKE

EMT-IV	Paramedic
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For possible strokes, think “**BE-FAST**”  
(Balance, Eyes, Face, Arm, Speech, Time)

**Cincinnati Prehospital Stroke Scale**

**Assess Facial Droop**  
Say: “Smile for me”, or “Show me your teeth”

**Assess Arm Pronator Drift**  
Demonstrate and say: “Put your arms up for me like this and hold them while I count to 10”

**Assess Speech**  
Say: “Repeat after me: you can’t teach an old dog new tricks”, or “No ifs, ands, or buts”

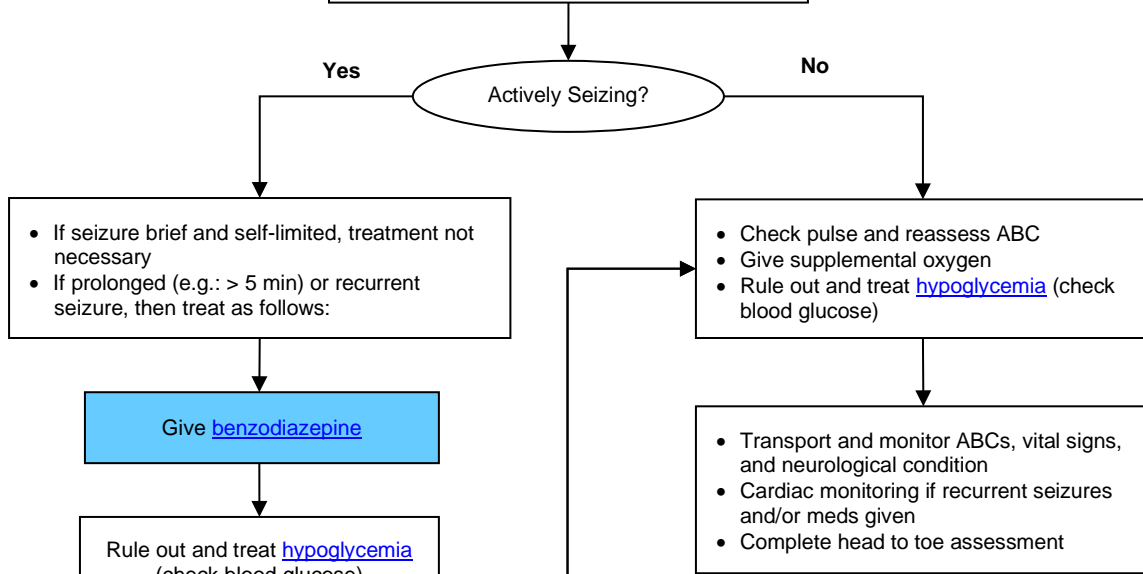
- If you have a negative CPSS, the patient may still be having a stroke. Stroke signs may be very subtle; therefore, it is important to know other signs of stroke, which include:
  - Impaired balance or coordination, vertigo
  - Blurred or lost vision
  - Headache
  - Confusion or altered mental status
  - Seizure
- The Cincinnati Prehospital Stroke Scale (CPSS) is designed to be very reproducible and identify those strokes most likely to benefit from reperfusion therapy.

- Stroke Mimics (for all ages):**
- [Hypoglycemia](#)
  - Post-ictal paralysis
  - Complex migraine
  - [Overdose](#)
  - [Trauma](#)
  - Bell’s palsy

# 4040 SEIZURE

EMT-IV	Paramedic
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- Support ABCs:
- Give oxygen
- Universal seizure precautions (see below)
- Consider the cause (see below)



**Universal Seizure Precautions:**

- Ensure airway patency, but do not force anything between teeth
- Give oxygen
- Suction as needed
- Protect patient from injury
- Check pulse immediately after seizure stops
- Keep patient on side

**Document:**

- Document: Seizure history: onset, time interval, previous seizures, type of seizure
- Obtain medical history: head trauma, diabetes, substance abuse, medications, compliance with anticonvulsants, pregnancy

**Pregnancy and Seizure:**

- If ≥20 weeks gestational age or up to 6 weeks postpartum administer [magnesium sulfate](#)

**Consider the Cause of Seizure**

- Epilepsy
- EtOH withdrawal or intoxication
- [Hypoglycemia](#)
- Stimulant use
- [Trauma](#)
- Intracranial hemorrhage
- [Overdose](#) (TCA)
- Eclampsia
- Infection: meningitis, sepsis
- Febrile (age 6 months to 6 years old)

CONTACT BASE

# 4050 HYPOGLYCEMIA

EMT-IV	Paramedic
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**Check blood glucose level in ANY patient with signs or symptoms consistent with hypoglycemia**

Examples:  
*Altered MS, agitation, focal neurologic deficit, seizure, weakness, diaphoresis, decreased motor tone, pallor*

**Regarding refusals after a hypoglycemic episode:**

See [Patient Refusal](#) protocol

Transport is always indicated for any of the following patients:

- Pts with *unexplained* hypoglycemia
- Pts taking oral hypoglycemic meds
- Pts not taking food by mouth
- Pts who do not have competent adult to monitor

If hypoglycemia still most likely despite normal reading on glucometer, administer glucose **regardless**, while considering other causes of altered mental status

Is BGL < 60?

No

Yes

Can the patient safely tolerate oral glucose?  
*intact gag reflex, follows verbal commands*

Yes

Administer [oral glucose](#).  
 Reassess patient

No

Are you able to establish IV access?

Yes

Still symptomatic?

No

No

• [Glucagon](#) IM

• **Alternative:** If severe symptoms (coma), consider [IO](#) and administer [dextrose](#) IO

Yes

Administer [dextrose](#) IV & reassess patient

Symptoms resolved?

No

Recheck BGL and consider other causes of [altered mental status](#)

Yes

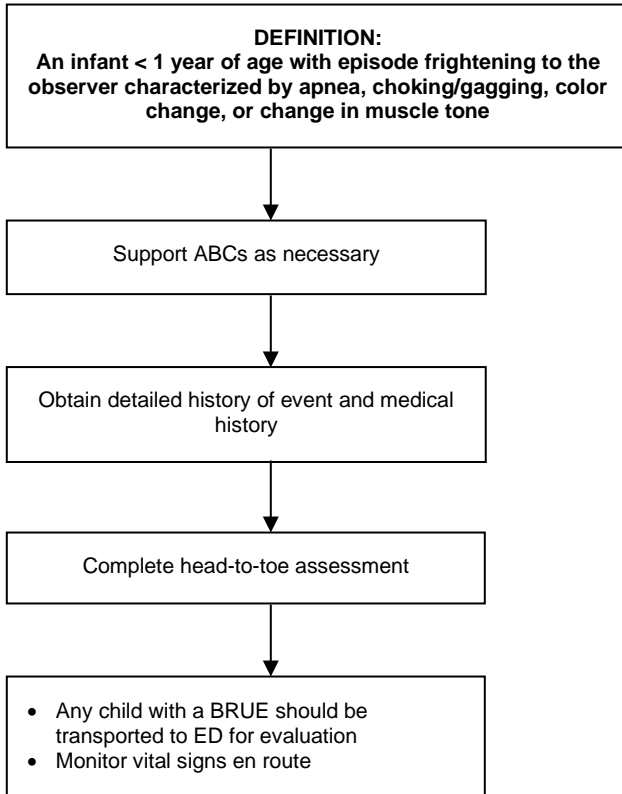
Monitor and transport or contact base for refusal if indicated

**Considerations for Hyperglycemia:**

- In general, treat the patient, not the glucose value. Treat shock if present.
- Consider NS bolus for patients with hyperglycemia and no evidence of fluid overload.
- Pediatric patients with concern for DKA should not exceed 10-20 mL/kg of fluids. See Handtevy for specific dosing.

**4060 PEDIATRIC BRIEF RESOLVED UNEXPLAINED EVENTS (BRUE)  
(FORMERLY ALTE)**

EMT-IV	Paramedic
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**Clinical history to obtain from observer of event:**

- Document **observer's** impression of the infant's color, respirations, and muscle tone
- For example, was the child apneic, cyanotic, or limp during event?
- Was there seizure-like activity noted?
- Was any resuscitation attempted or required, or did event resolve spontaneously?
- How long did the event last?

**Past Medical History:**

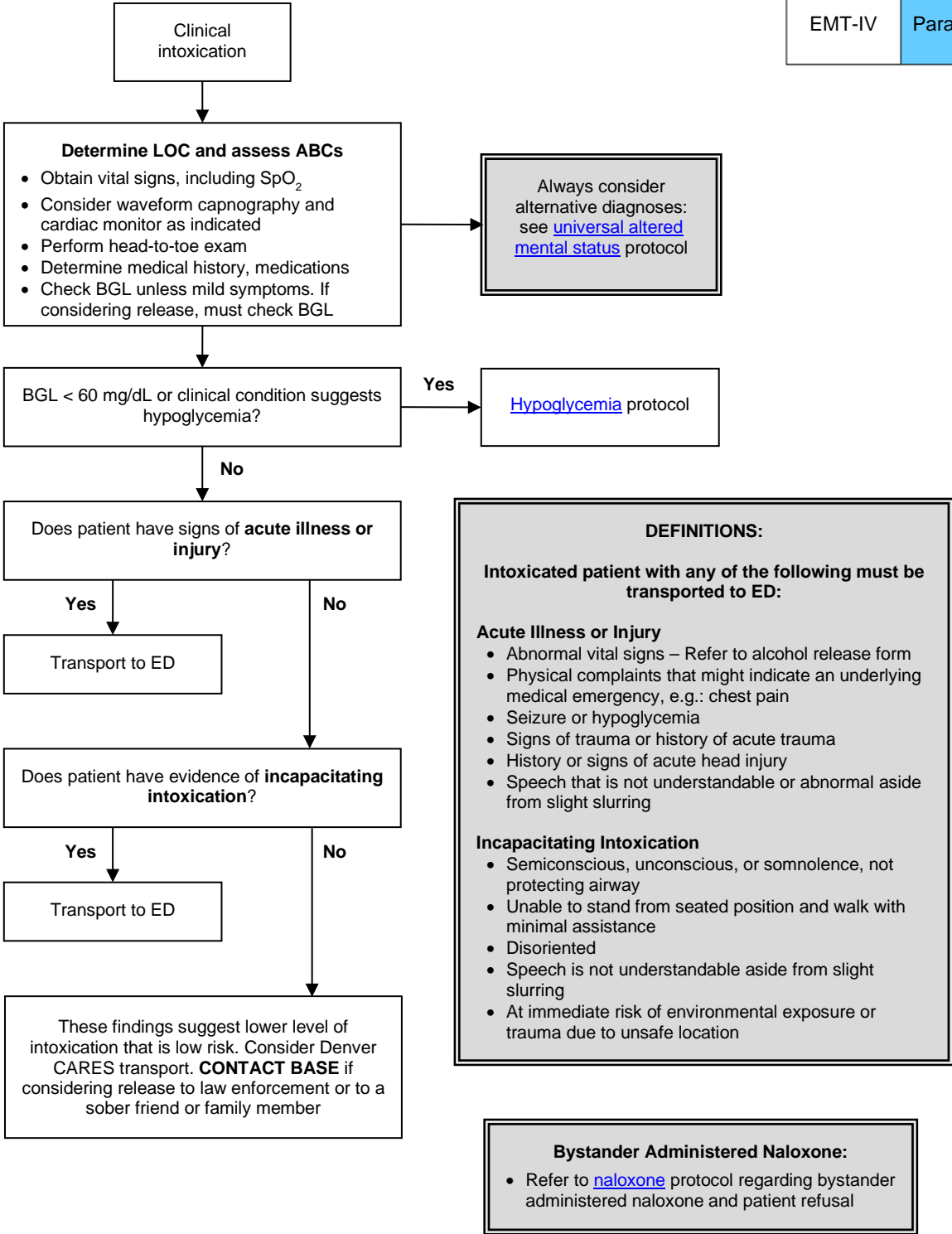
- Recent trauma, infection (e.g. fever, cough)
- History of GERD
- History of Congenital Heart Disease
- History of Seizures
- Medication history

**Examination/Assessment**

- Head to toe exam for trauma, bruising, or skin lesions
- Check anterior fontanelle: is it bulging, flat, or sunken?
- Pupillary exam
- Respiratory exam for rate, pattern, work of breathing, and lung sounds
- Cardiovascular exam for murmurs and symmetry of brachial and femoral pulses
- Neuro exam for level of consciousness, responsiveness, and any focal weakness

# 4070 DRUG/ALCOHOL INTOXICATION

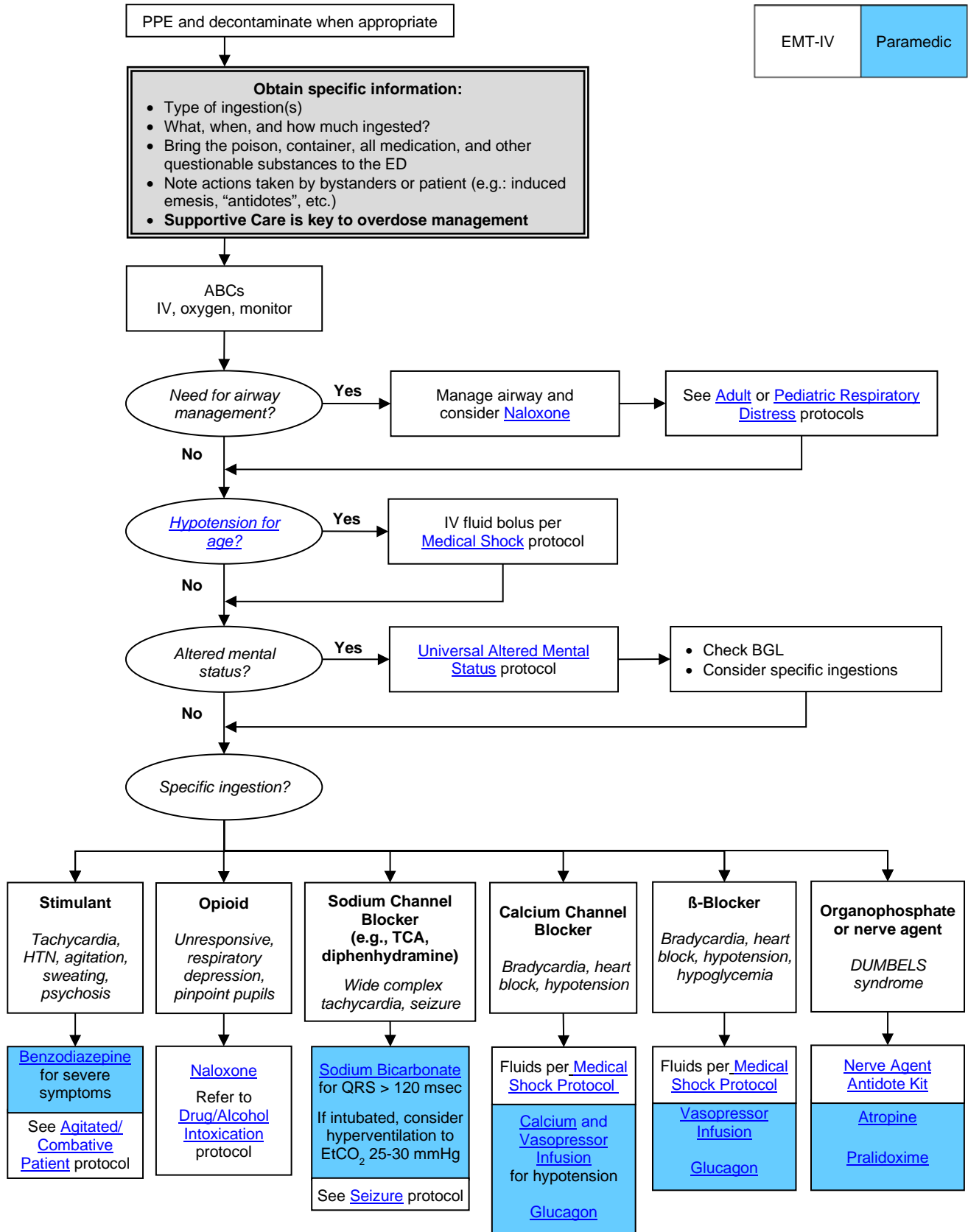
EMT-IV	Paramedic
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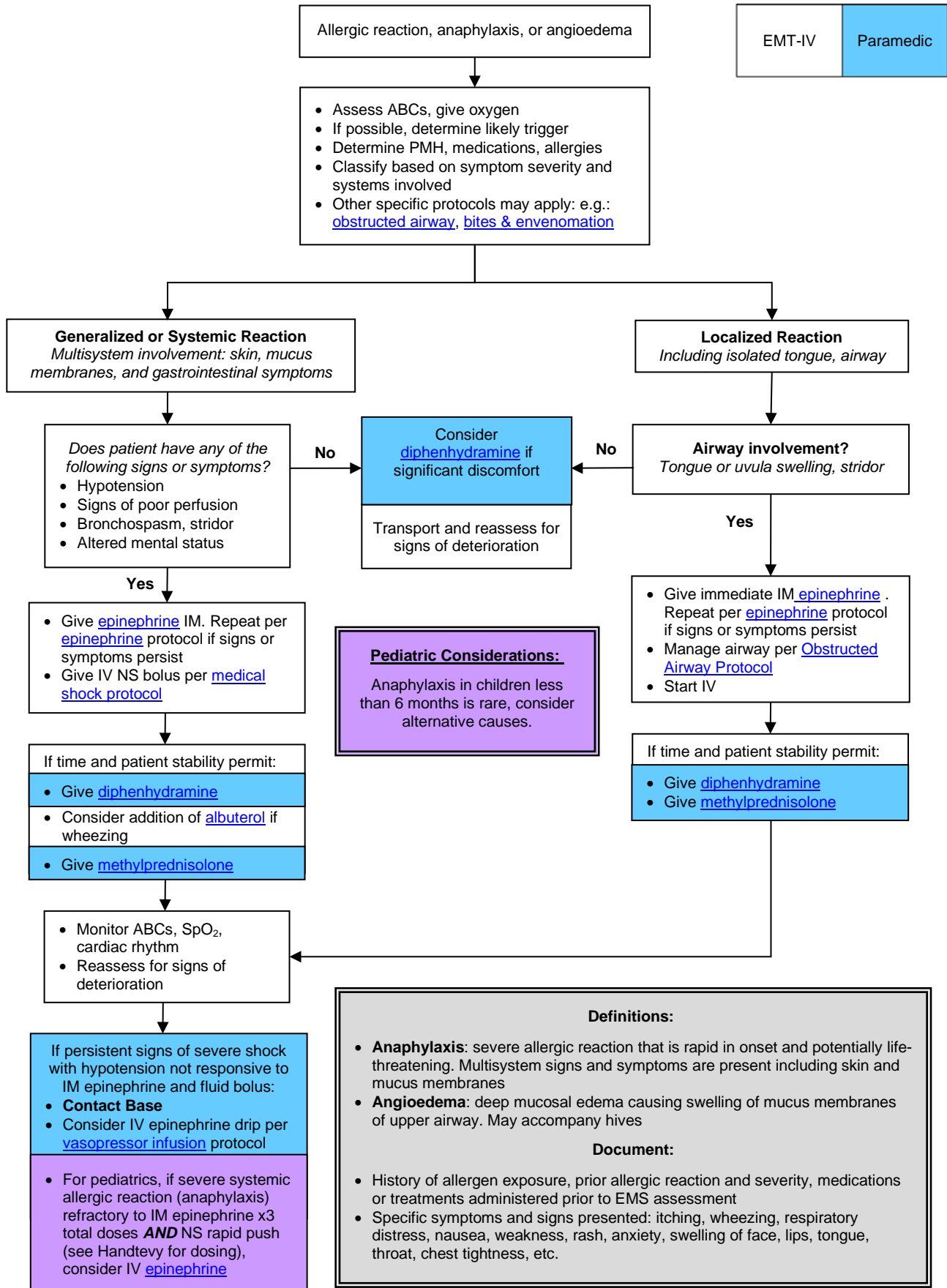


# 4080 OVERDOSE AND ACUTE POISONING

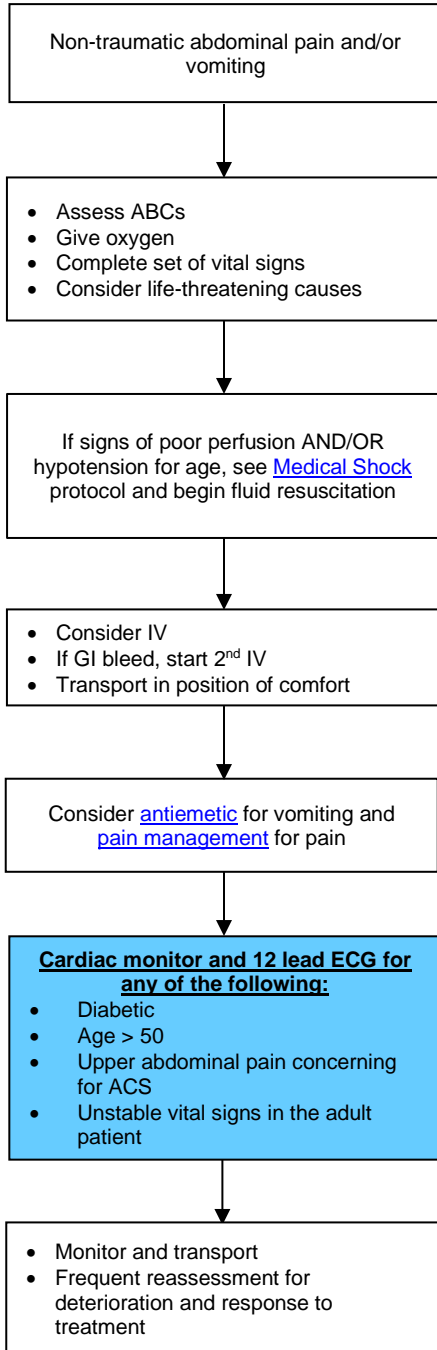
EMT-IV	Paramedic
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# 4090 ALLERGY AND ANAPHYLAXIS



## 4100 NON-TRAUMATIC ABDOMINAL PAIN/VOMITING



EMT-IV	Paramedic
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- Life-threatening causes:**
- Cardiac etiology: MI, ischemia
  - Vascular etiology: AAA, dissection
  - GI bleed
  - Gynecologic etiology: ectopic pregnancy

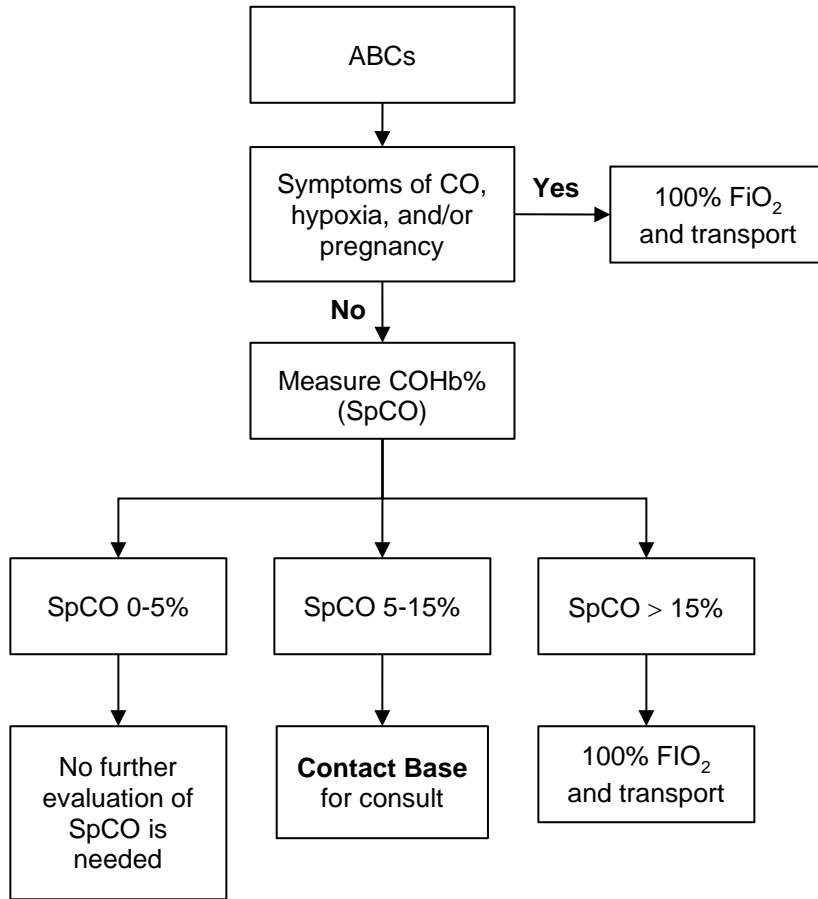
- History:**
- Onset, location, duration, radiation of pain
  - Associated sx: vomiting, bilious emesis, GU sx, hematemesis, coffee ground emesis, melena, rectal bleeding, vaginal bleeding, known or suspected pregnancy, recent trauma

- Pediatric Patients:**
- Life-threatening causes vary by age. Consider occult or non-accidental trauma, toxic ingestion, button battery ingestion, GI bleed, peritonitis
  - For most pediatric patients without signs of shock, no IV is required and pharmacologic pain management should be limited

- Elderly Patients:**
- Much more likely to have life-threatening cause of symptoms
  - Shock may be occult, with absent tachycardia in setting of severe hypovolemia

## 4110 SUSPECTED CARBON MONOXIDE EXPOSURE

EMT-IV	Paramedic
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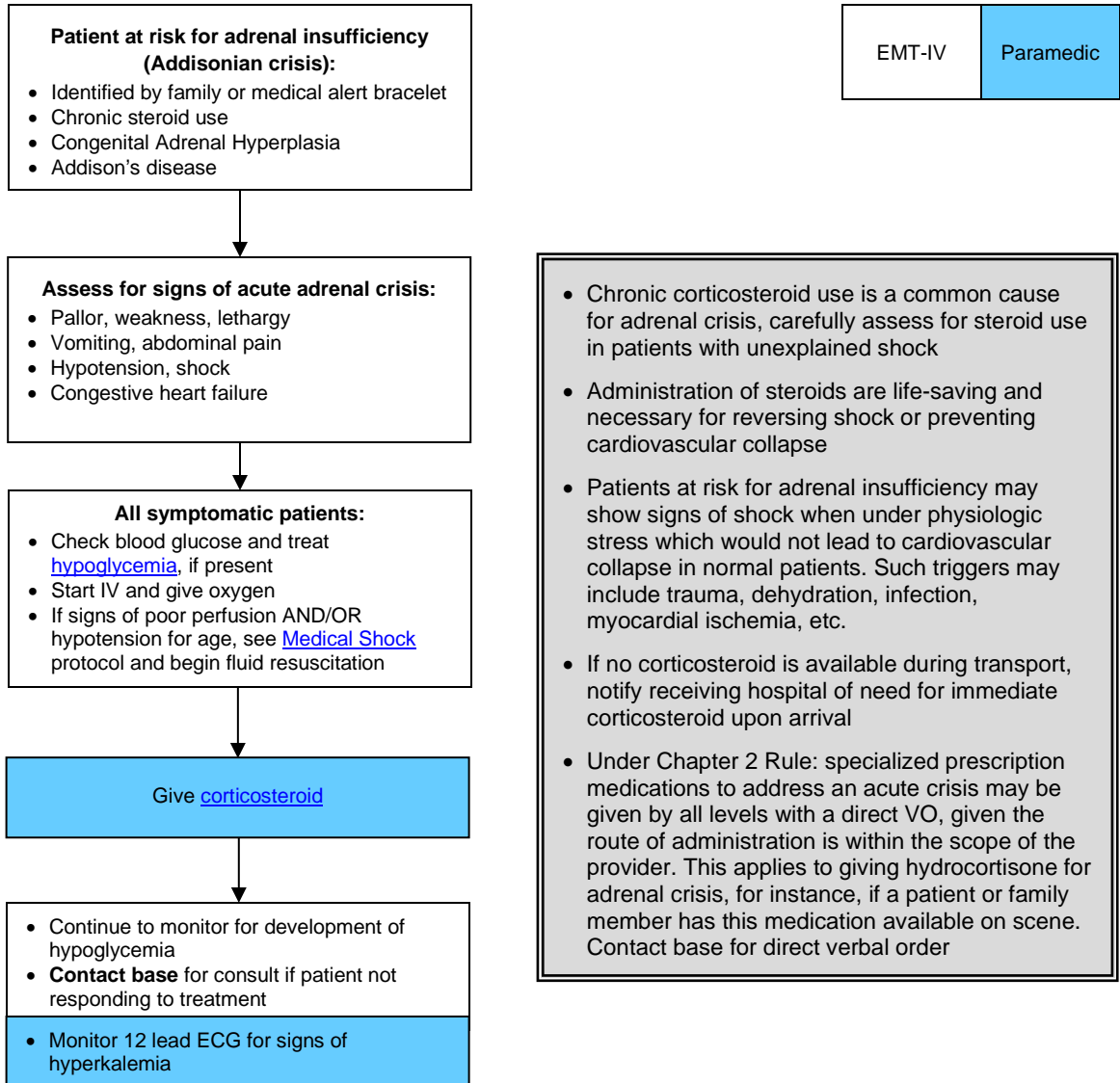


**General Guidelines:**

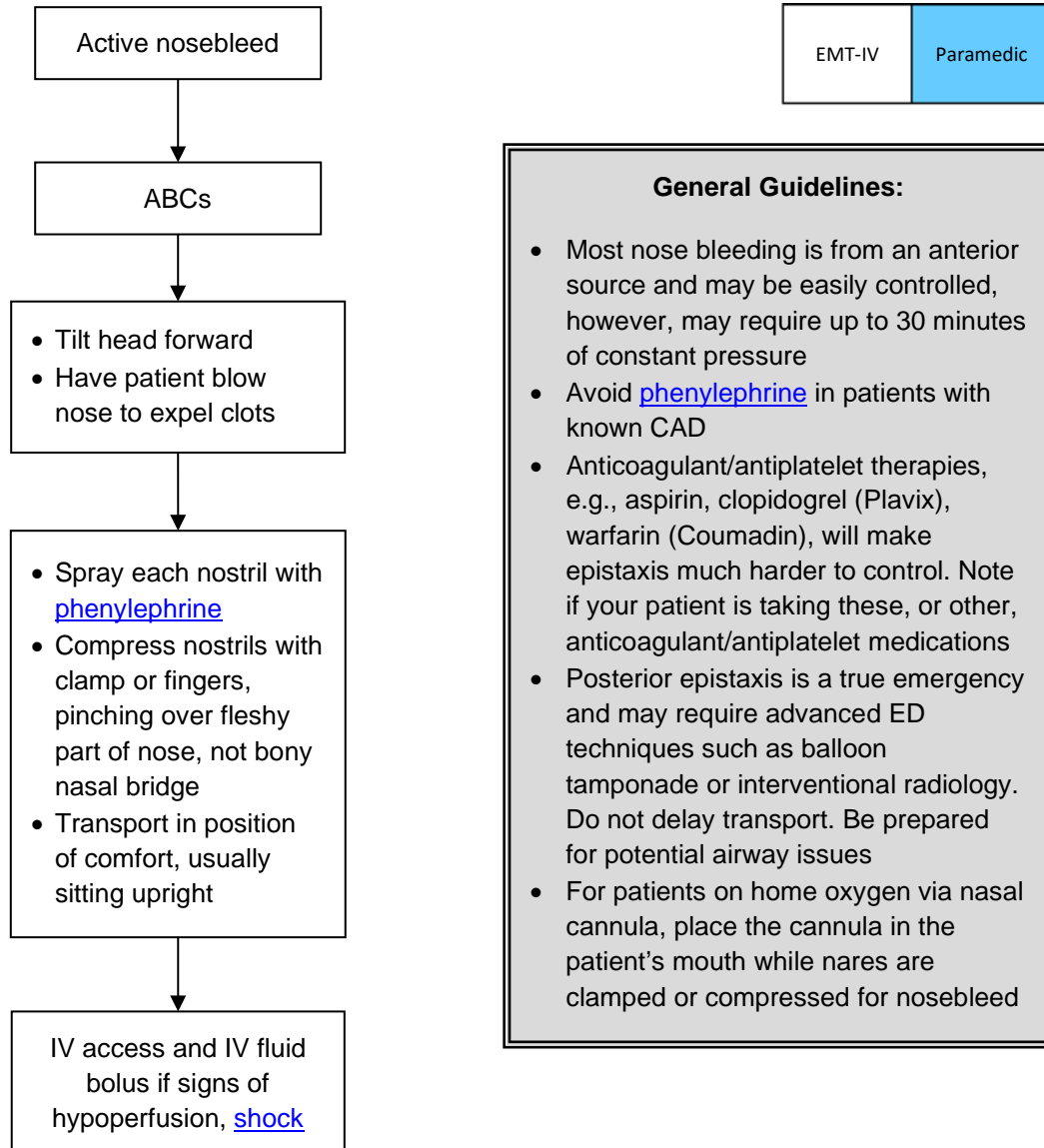
- *Signs and Symptoms of CO exposure include:*  
Headache, dizziness, coma, altered mentation, seizures, visual changes, chest pain, tachycardia, arrhythmias, dyspnea, N/V, “flu-like illness”
- The absence or low readings of COHb is not a reliable predictor of toxicity of other fire byproducts
- In smoke inhalation victims, consider cyanide treatment with [hydroxocobalamin](#) as per indications
- The fetus of a pregnant woman is at higher risk due to the greater affinity of fetal hemoglobin to CO. With CO exposure, the pregnant woman may be asymptomatic while the fetus may be in distress. In general, pregnant patients exposed to CO should be transported
- People who smoke may have SpCO of up to 10% baseline

COHb	Severity	Signs and Symptoms
5-20%	Mild	Headache, nausea, vomiting, dizziness, blurred vision
21-40%	Moderate	Confusion, syncope, chest pain, dyspnea, tachycardia, tachypnea, weakness
41-59%	Severe	Dysrhythmias, hypotension, cardiac ischemia, palpitations, respiratory arrest, pulmonary edema, seizures, coma, cardiac arrest
>60%	Fatal	Death

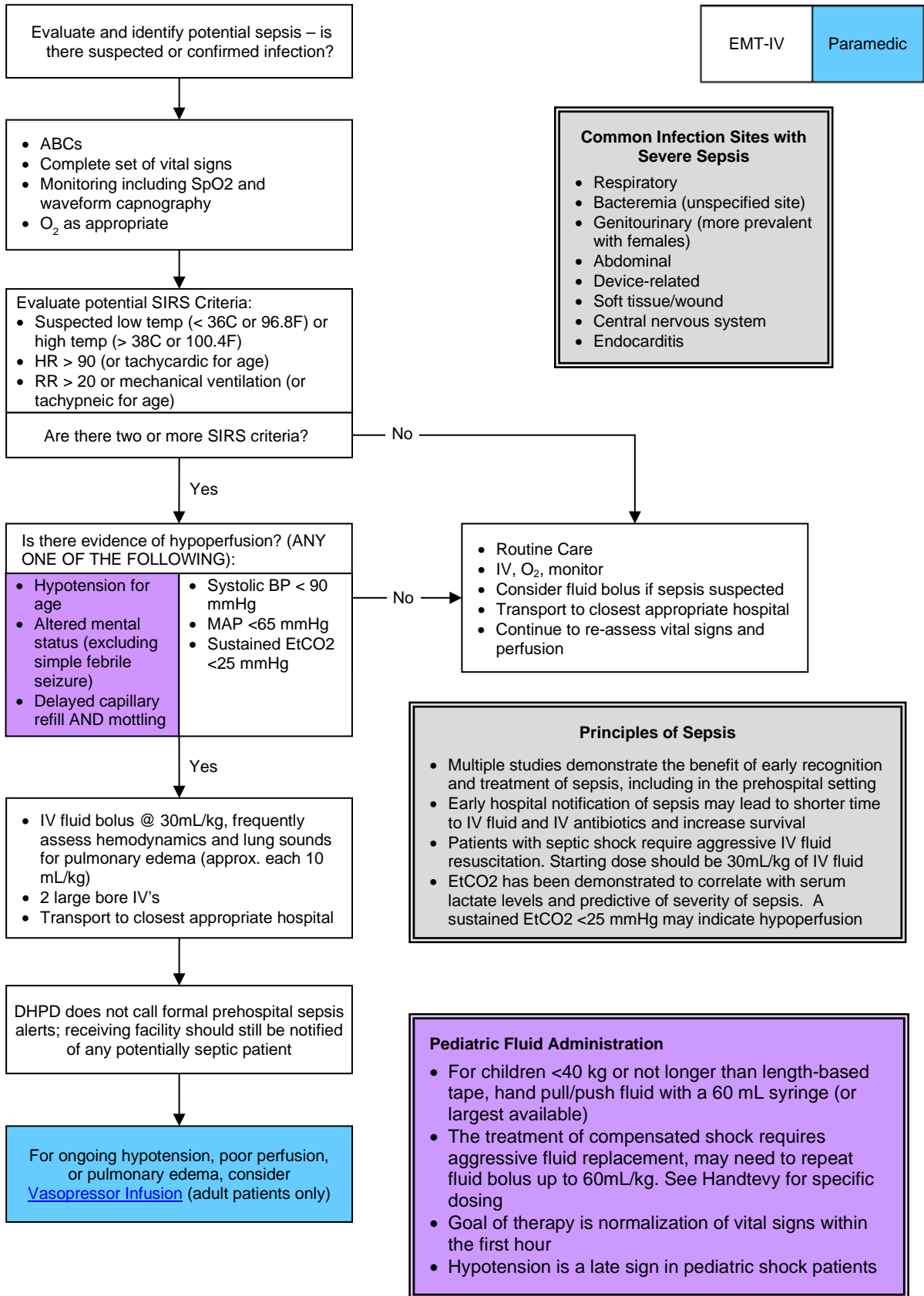
## 4120 ADRENAL INSUFFICIENCY PROTOCOL



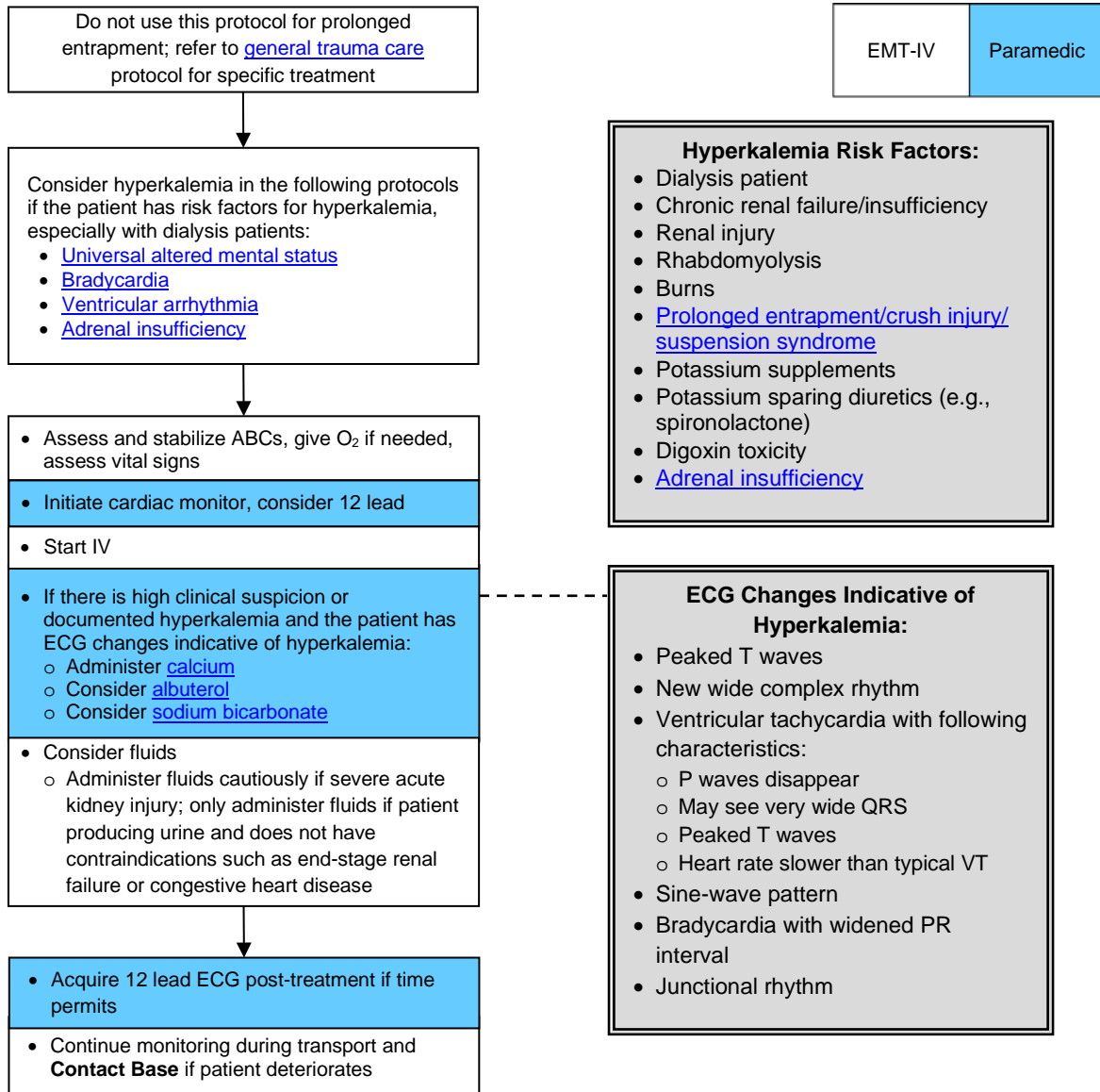
## 4130 EPISTAXIS MANAGEMENT



# 4140 SEPSIS PROTOCOL



## 4150 HYPERKALEMIA

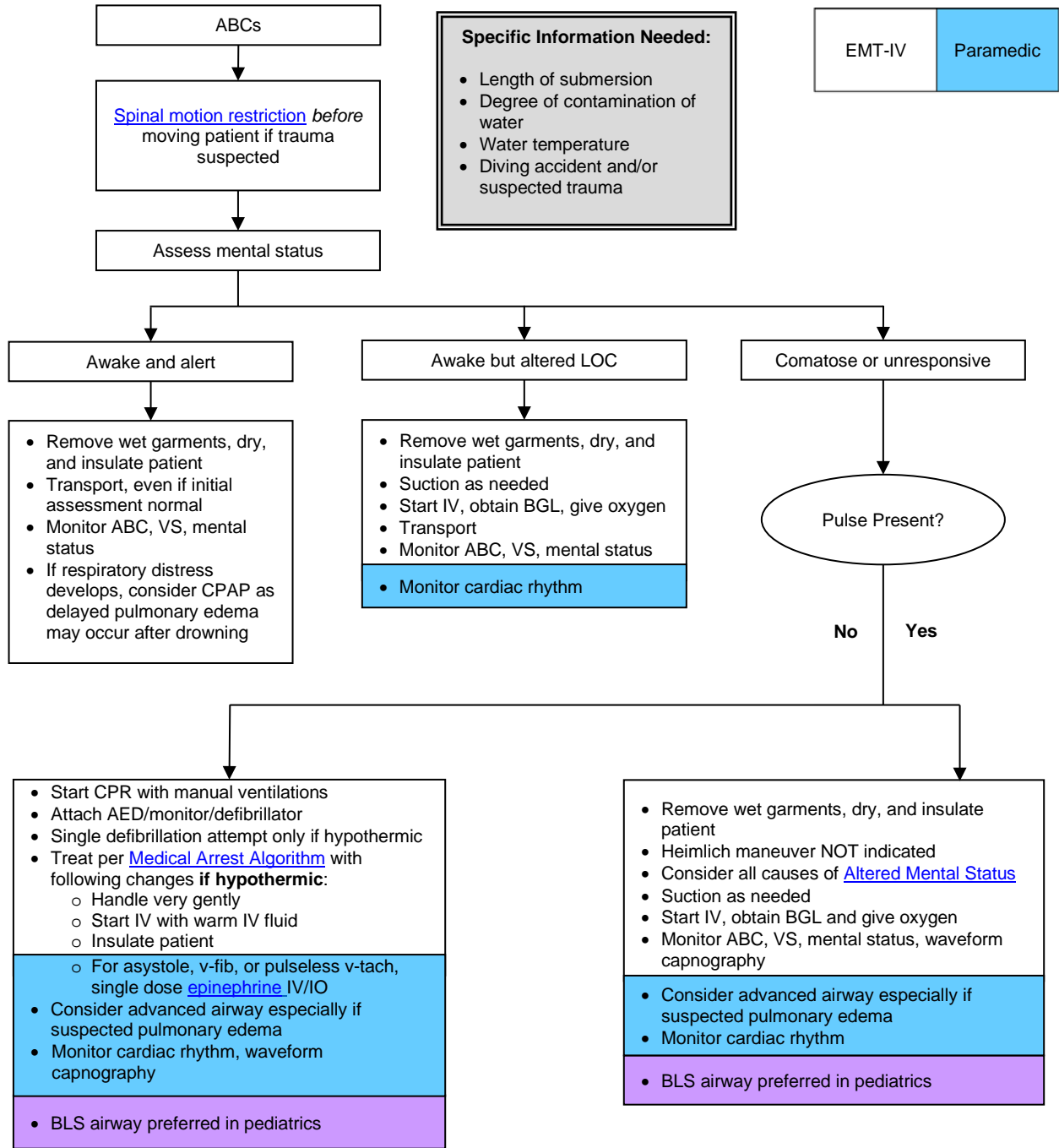


**General Information:**

- Hyperkalemia can be present without ECG changes which may not require prehospital treatment in the stable patient.
- ECG changes may not directly correspond to serum potassium levels.
- Calcium is the only medication that will stabilize the cardiac membrane and is the backbone of treatment in prehospital care.
- Calcium must be given in separate line from IV sodium bicarbonate to prevent precipitation/formation of calcium carbonate.
- In setting of digoxin toxicity, calcium administration may worsen cardiovascular function and is contraindicated.



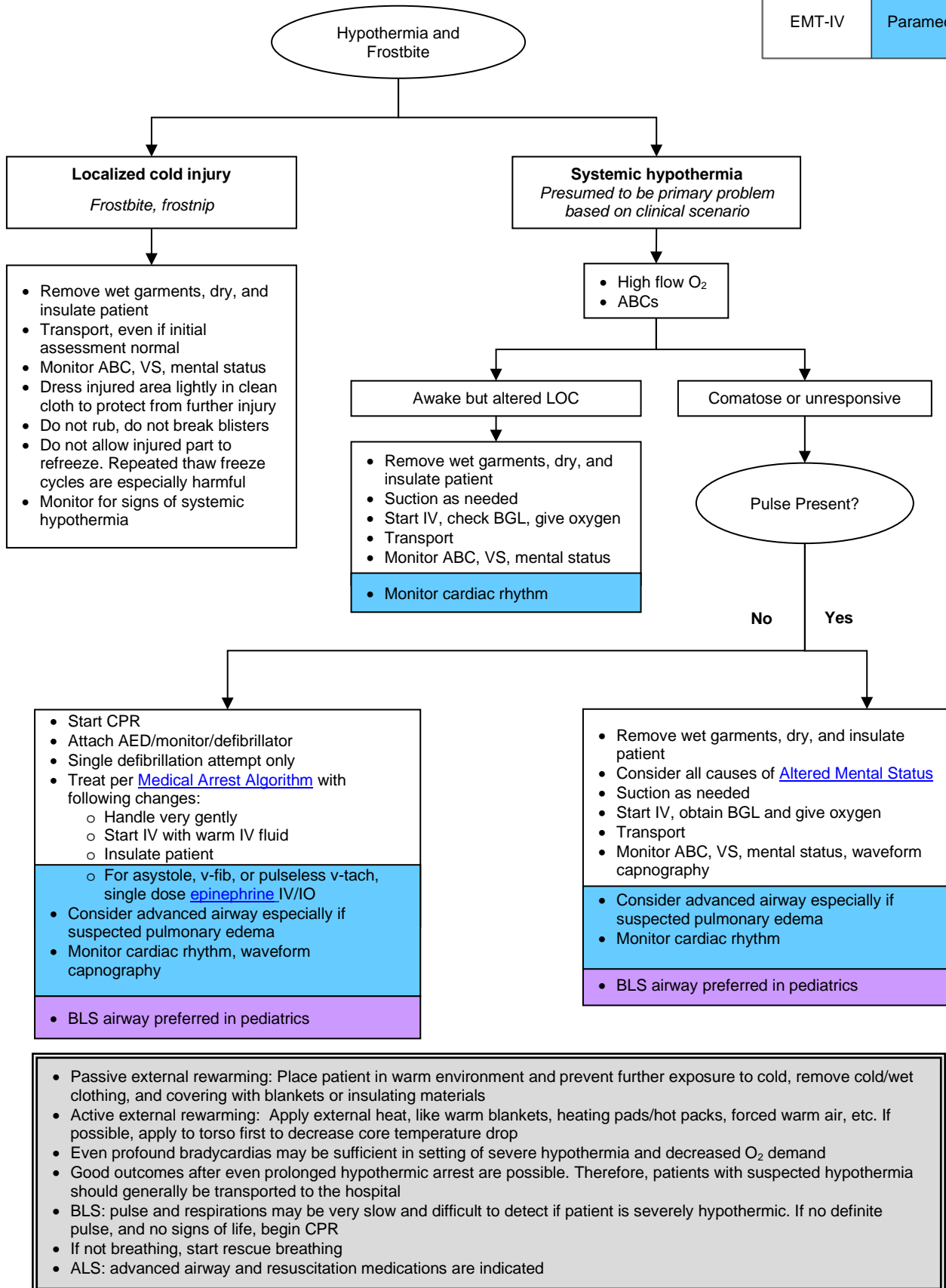
# 5000 DROWNING



- Drowning/submersion commonly associated with hypothermia
- Even profound bradycardias may be sufficient in setting of severe hypothermia and decreased O<sub>2</sub> demand
- Good outcomes after even prolonged hypothermic arrest are possible, therefore patients with suspected hypothermia should generally be transported to the hospital
- BLS: pulse and respirations may be very slow and difficult to detect if patient is severely hypothermic. If no definite pulse, and no signs of life, begin CPR
- If not breathing, start rescue breathing
- ALS: advanced airway and resuscitation medications are indicated

# 5010 HYPOTHERMIA

EMT-IV	Paramedic
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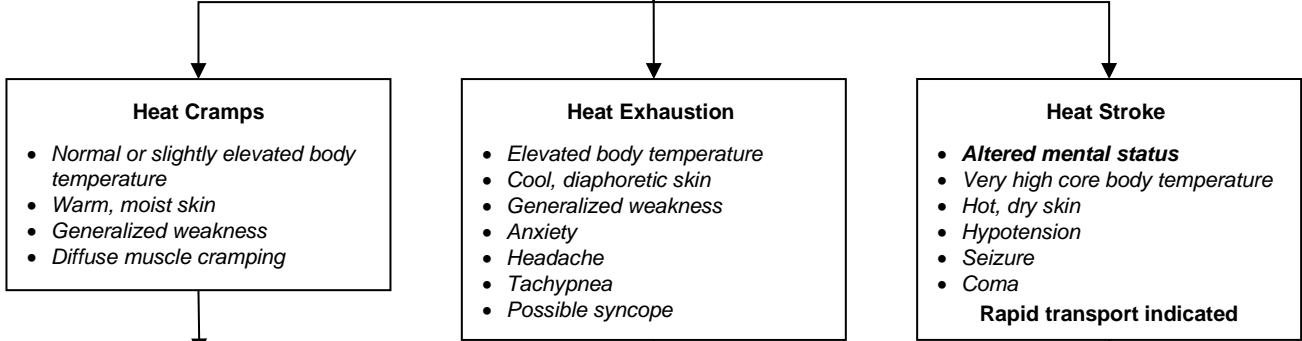


# 5020 HYPERTHERMIA

EMT-IV	Paramedic
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**Hyperthermia**

- Classify by clinical syndrome
- Consider non-environmental causes (see below)



**Heat Cramps**

- Normal or slightly elevated body temperature
- Warm, moist skin
- Generalized weakness
- Diffuse muscle cramping

Administer IV/IO fluids 20 mL/kg up to 1 L of cool saline; reassess and repeat if needed

Monitor VS and transport

**Heat Exhaustion**

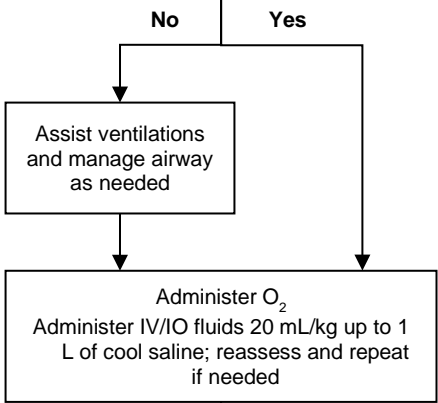
- Elevated body temperature
- Cool, diaphoretic skin
- Generalized weakness
- Anxiety
- Headache
- Tachypnea
- Possible syncope

**Heat Stroke**

- Altered mental status**
- Very high core body temperature
- Hot, dry skin
- Hypotension
- Seizure
- Coma

**Rapid transport indicated**

Adequate airway and breathing?



- Remove excess clothing and loosen any restrictive garments
- For heat stroke, consider active cooling measures if prolonged transport
- Treat seizures, cardiac arrhythmias per protocol
- Monitor and transport

**General Guidelines:**

- People can sweat through heat stroke right up until they die depending on their level of acclimatization
- Heat stroke has mortality that exceeds trauma, STEMI, and Stroke and should be treated accordingly

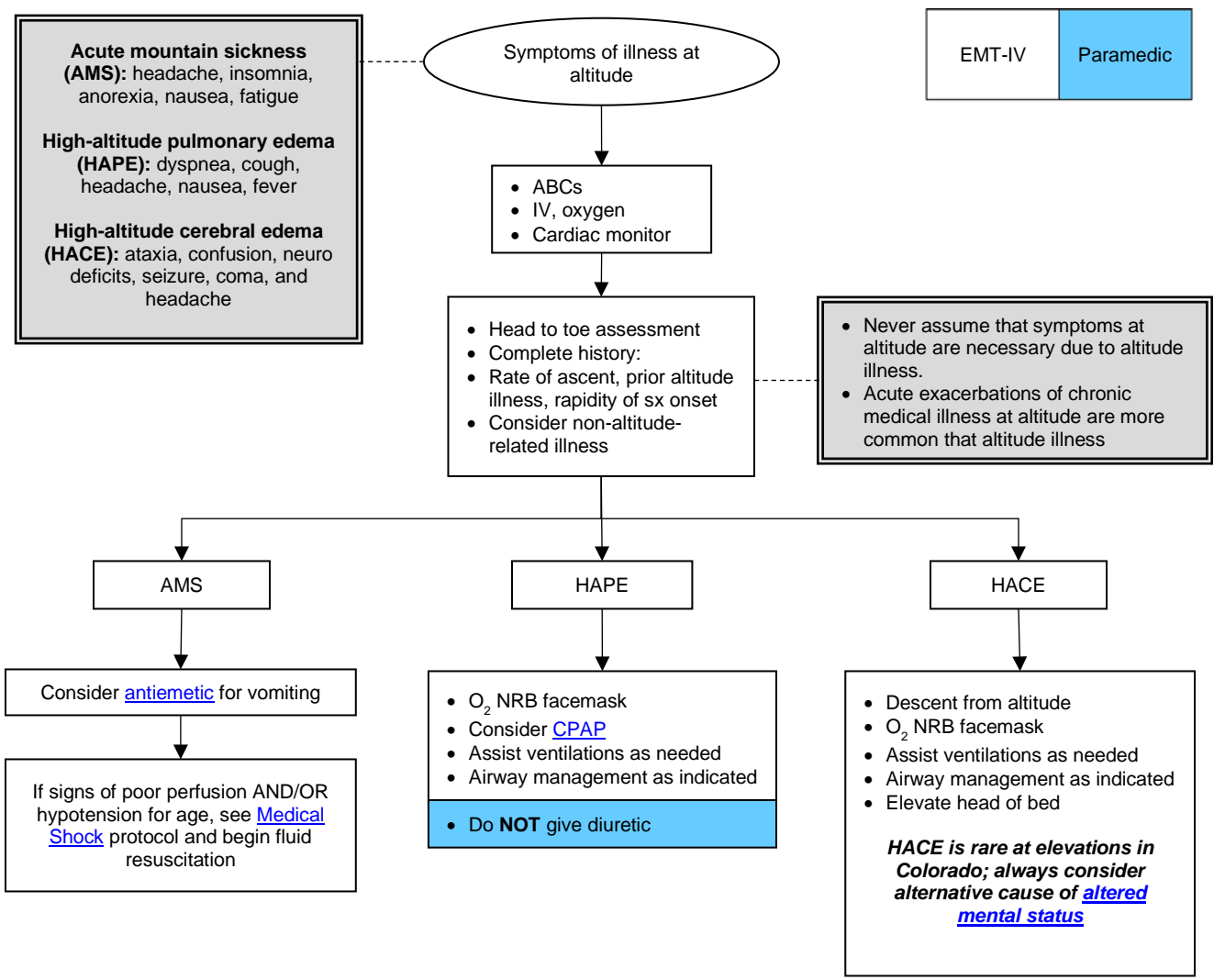
**Other causes of hyperthermia besides environment exposure:**

- Neuroleptic malignant syndrome (NMS):** patients taking antipsychotic medications
- Sympathomimetic overdose:** cocaine, methamphetamine
- Anticholinergic toxidrome:** overdose ("Mad as a hatter, hot as a hare, blind as a bat, red as a beef") common w. ODs on psych meds, OTC cold medications, Benadryl, Jimson weed, etc.
- Infection:** fever (sepsis)
- Thyrotoxicosis:** goiter (enlarged thyroid)

**Active Cooling Techniques**

- If core temperature is greater than 104°F (40°C) or if altered mental status is present, consider starting active cooling
- Ice bath immersion provides the most rapid cooling mechanism. However, if not available, consider utilizing tarp-assisted cooling with oscillation, rotating ice water-soaked towels or sheets, or continually misting exposed skin with water while fanning the victim. Truncal ice packs may be used but are less effective than evaporation
- Do not apply wet clothing. This may trap heat and prevent evaporative cooling

## 5030 HIGH ALTITUDE ILLNESS

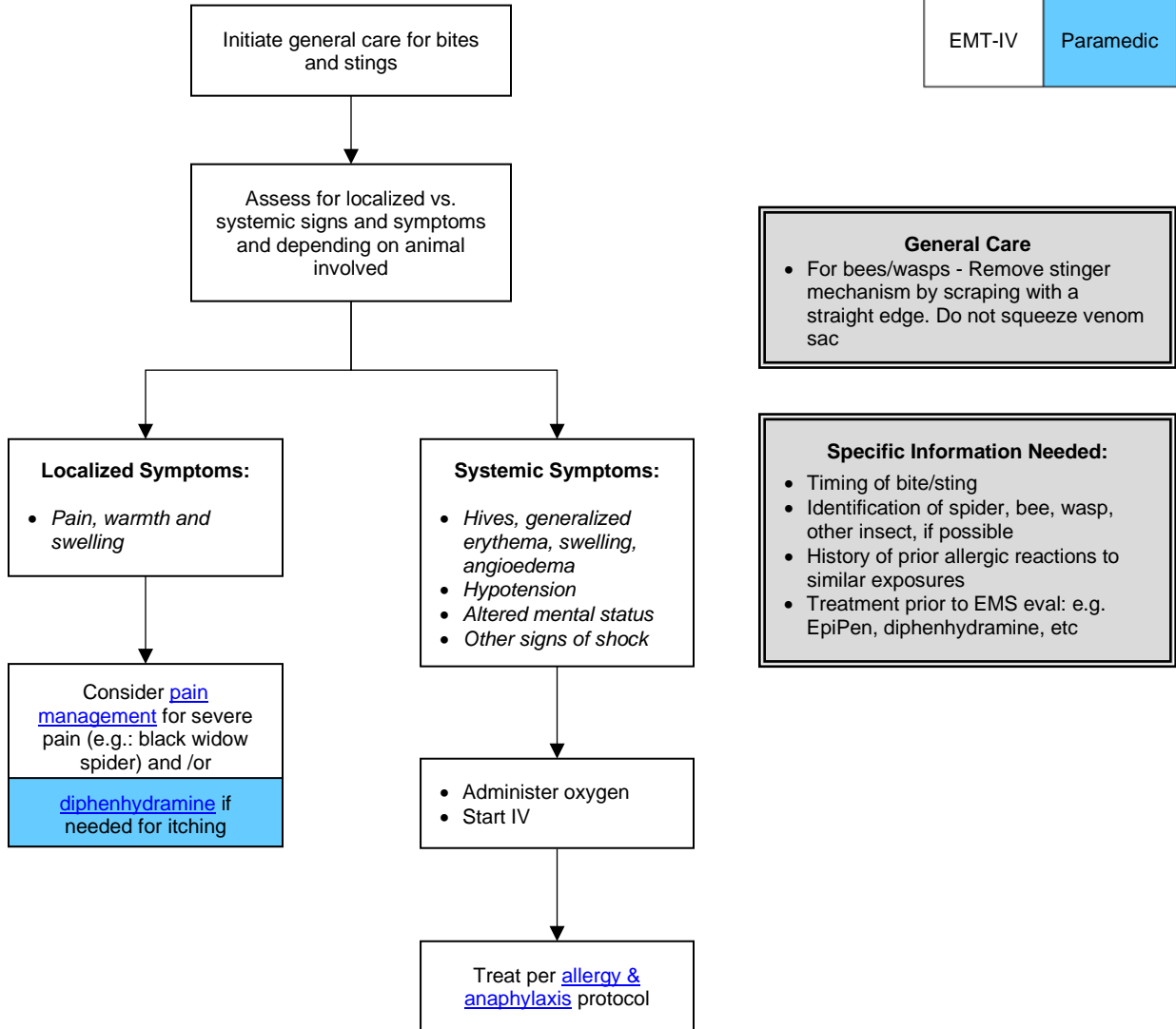


**Special Notes:**

- There are no specific factors that accurately predict susceptibility to altitude sickness, but symptoms are worsened by exertion, dehydration, and alcohol ingestion
- Acute Mountain Sickness (AMS) can begin to appear at around 6,500 ft above sea level, although most people will tolerate up to 8000 ft without difficulty. Altitude illness should not be suspected below 6,500 ft. AMS is the most frequent type of altitude sickness encountered. Symptoms often manifest themselves six to ten hours after ascent and generally subside in one to two days, but they occasionally develop into the more serious conditions
- High altitude pulmonary edema (HAPE) and cerebral edema (HACE) are the most severe forms of high-altitude illness. The rate of ascent, altitude attained, exertion, and individual susceptibility are contributing factors to the onset and severity of high-altitude illness
- Mild HAPE may be managed with high-flow oxygen and supportive care and does not necessarily require descent from altitude
- More severe forms of HAPE and all forms of HACE require descent

## 5040 INSECT/ARACHNID STINGS AND BITES PROTOCOL

EMT-IV	Paramedic
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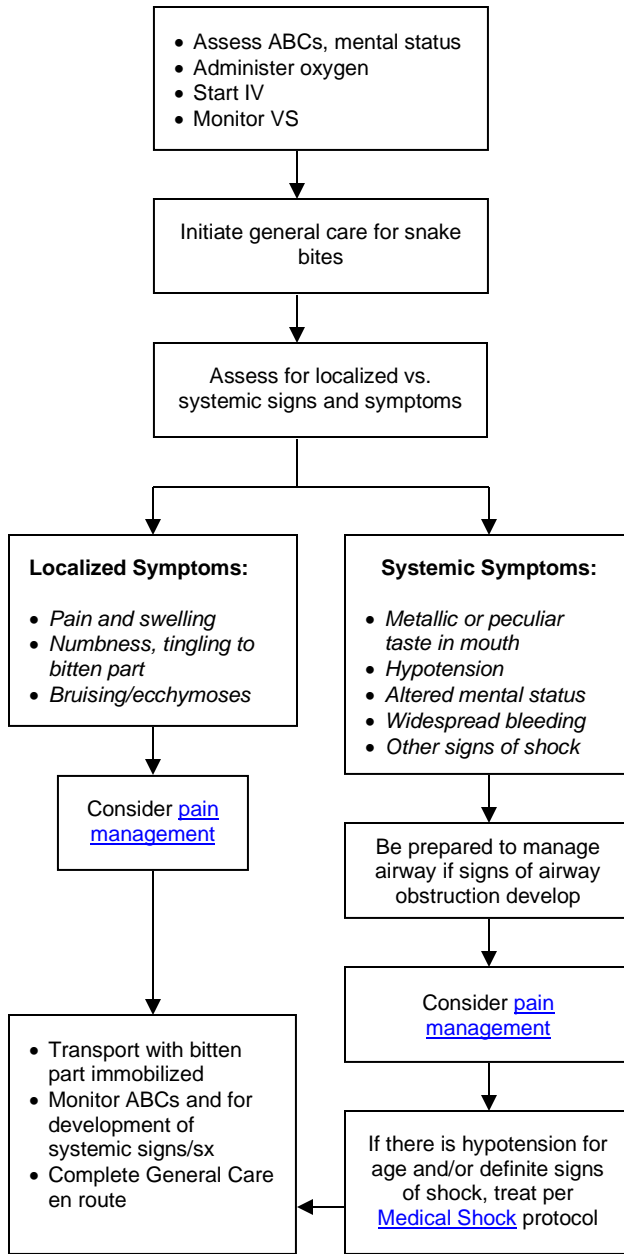


**Specific Precautions:**

- For all types of bites and stings, the goal of prehospital care is to prevent further envenomation and to treat allergic reactions
- Anaphylactoid reactions may occur upon first exposure to allergen and do not require prior sensitization
- Anaphylactic reactions typically occur abruptly and rarely > 60 minutes after exposure

# 5050 SNAKE BITE PROTOCOL

EMT-IV	Paramedic
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**General Care:**

- Remove patient from proximity to snake
- Remove all constricting items from bitten limb (e.g.: rings, jewelry, watch, etc.)
- Immobilize bitten part
- Initiate prompt transport
- Do NOT use ice, refrigerants, tourniquets, scalpels, or suction devices
- Mark margins of erythema and/or edema with pen or marker and include time measured

**Obtain specific information:**

- Appearance of snake (rattle, color, thermal pit, elliptical pupils)
- Appearance of wound: location, # of fangs vs. entire jaw imprint
- Timing of bite
- Prior 1<sup>st</sup> aid
- To help with identification of snake, photograph snake, if possible. Include image of head, tail, and any distinctive markings
- Do not bring snake to ED

**Specific Precautions:**

- The prairie rattlesnake is native to Denver Metro region and is most common venomous snake bite in the region.
- Exotic venomous snakes, such as pets or zoo animals, may have different signs and symptoms than those of pit vipers. In case of exotic snake bite, **CONTACT BASE** and consult zoo staff or poison center for direction
- **Take a picture of the snake, including images of head and tail. If an adequate photo can be taken, it is not necessary to bring snake to ED**
- Never pick up a presumed-to-be-dead snake by hand. Rather, use a shovel or stick. A dead snake may reflexively bite and envenomate
- > 25% of snake bites are "dry bites," without envenomation
- Conversely, initial appearance of bite may be deceiving as to severity of envenomation
- Fang marks are characteristic of pit viper bites (e.g. rattlesnakes)
- Jaw prints, without fang marks, are more characteristic of non-venomous species

## 6000 PSYCHIATRIC/BEHAVIORAL PATIENT PROTOCOL

### Scene Safety:

- A. Scene safety should be assured prior to initiating care. Consider police contact if scene safety is a concern.
- B. Refer to [restraint](#) protocol as needed, especially as it relates to A.

EMT-IV	Paramedic
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### Specific Information Needed:

- A. Obtain history of current event from patient, bystanders, family, and or other first responders; inquire about recent crisis, toxic exposure, drugs, alcohol, emotional trauma, and suicidal or homicidal ideation.
- B. Obtain past history; inquire about previous psychiatric and medical problems, medications.

### Specific Objective Findings:

- A. Evaluate general appearance. Be aware that implicit bias may influence and affect your care. All patient regardless of appearance, age, sex, or ethnicity deserve equal and consistent care and compassion.
- B. Evaluate vital signs: Is a particular [toxidrome](#) suggested, e.g., sympathomimetic?
- C. Note medic alert tags, breath odors suggesting intoxication.
- D. Consider known predictors of violence: intoxicated, history of mental illness, seizure disorder, males 15-35 years old, paranoid, aggressive, or threatening behavior.
- E. Assess for evidence of delirium
  - 1. Acute confusional state
    - i. Disoriented to person, place, and/or time
    - ii. Disorganized thinking, rambling speech, hallucinations, responding to internal stimuli
  - 2. Unaware or unable to respond to environment/ surroundings
    - i. Is the patient aware of your presence and know why you are there?

### Treatment:

- A. If patient agitated or combative, see [agitated/combative patient](#) protocol
- B. Attempt to establish rapport
- C. If agitated, attempt verbal calming and de-escalation techniques
- D. Assess ABCs. If unstable vital signs, refer to appropriate treatment protocol
- E. Transport to closest appropriate Emergency Department
- F. Be alert for possible elopement, all patient transports should occur with seatbelt in place and visible to provider at all times
- G. Consider organic causes of abnormal behavior (trauma, overdose, intoxication, hypoglycemia)
- H. If patient restraint considered necessary for patient or EMS safety, refer to [restraint](#) protocol
- I. Check blood sugar, vital signs, and assess for signs of toxidrome
- J. If altered mental status, refer to [universal altered mental status](#) protocol

### Transporting Patients Who Have a Behavioral Health Complaint:

- A. Maintaining patient respect and dignity is important. Attempt to conduct assessment, treatment, and transport in the safest and least restrictive manner possible.
- B. Coordination with law enforcement in managing these delicate situations is vital for safety of the patient, scene, and first responders. Authority to make all medical and treatment decisions lies solely with EMS and not law enforcement. Sedation is entirely the responsibility and decision of EMS on scene. There may be certain situations in which a collaborative effort may need to occur between law enforcement and EMS for the safe management of a patient, however, all medical decisions will be made by EMS in these circumstances.
- C. If a patient has an isolated mental health complaint (e.g., suicidality) and does not have a medical complaint or need specific medical intervention, then that patient may be appropriately transported by law enforcement according to their protocols or alternative means per agency specific guidelines.
- D. If a patient has a psychiatric complaint with associated illness or injury (e.g., overdose, altered mental status, chest pain, etc.), then the patient should be transported by EMS.

## 6000 PSYCHIATRIC/BEHAVIORAL PATIENT PROTOCOL

- E. It is sufficient to assume the patient lacks decision-making capacity if there is a reasonable concern when any person appears to have a mental illness and, as a result of such mental illness, appears to be an imminent danger to others or to himself or herself or appears to be gravely disabled. Effort should be made to obtain consent for transport from the patient and to preserve the patient's dignity throughout the process. However, the patient may be transported over his or her objections and treated under involuntary consent if the patient does not comply. A patient being transported for psychiatric evaluation may be transported to any appropriate receiving emergency department.
- F. The Denver Metropolitan EMS Medical Directors feel strongly that the risk of abandonment of a potentially suicidal or otherwise gravely impaired patient far outweighs the likelihood of accusations of patient abduction. Be sure to document your reason for taking the patient over their objections; that you believe that you are acting in the patient's best interests; and be sure to **Contact Base** if there are concerns.
- G. Documentation supports your decision making. Therefore, document thoroughly.

### **Specific Precautions:**

- A. Patients presenting with acute delirium often have an organic etiology. Rapid and thorough assessment of the patient is essential to potentially identify reversible causes of delirium. Be suspicious for hypoglycemia, hypoxia, head injury, intoxication, or toxic ingestion.
- B. Providers transporting a patient over his or her objections should reassure the patient. The provider should strongly consider whether the patient may need restraint and/or sedation for safety. Beware of weapons. These patients can become combative.

### **Transporting Patients on a Mental Health Hold:**

- A. By law, patients detained on a mental health hold may not refuse transport. Similarly, by law, patients on a mental health hold are required to be evaluated by a physician or psychologist and must be transported.
- B. Although it is commonly believed that the original copy of the mental health hold form is required to accompany the patient, a legible copy of the mental health hold form is also sufficient.
- C. The form documenting the mental health hold should be as complete as possible, including the correct date and time that the patient was detained. The narrative portion should be completed. A signature and license or badge number is also required. Assure that the form is complete before departing.
- D. The mental health hold does not need to be started on patients who are intoxicated on drugs and/or alcohol. It is also not required for patients who are physically incapable of eloping from care, such as those who are intubated or physically unable.
- E. The patient rights form does not need to accompany the patient. The receiving facility may complete this form if there are concerns.
- F. If possible, seek direction from the sending facility regarding whether the patient may require sedation and restraint. Consider ALS transport if this is the case.
- G. Recall that patients who are a danger to self/others or gravely disabled due to mental illness may be transported by EMS without a mental health hold, under involuntary consent.



## 6010 AGITATED/COMBATIVE PATIENT PROTOCOL

### Principles:

While treating patients experiencing agitation, the safety of EMS providers should be maximized while honoring patient dignity and treating the patient's medical condition in a professional manner.

EMT-IV	Paramedic
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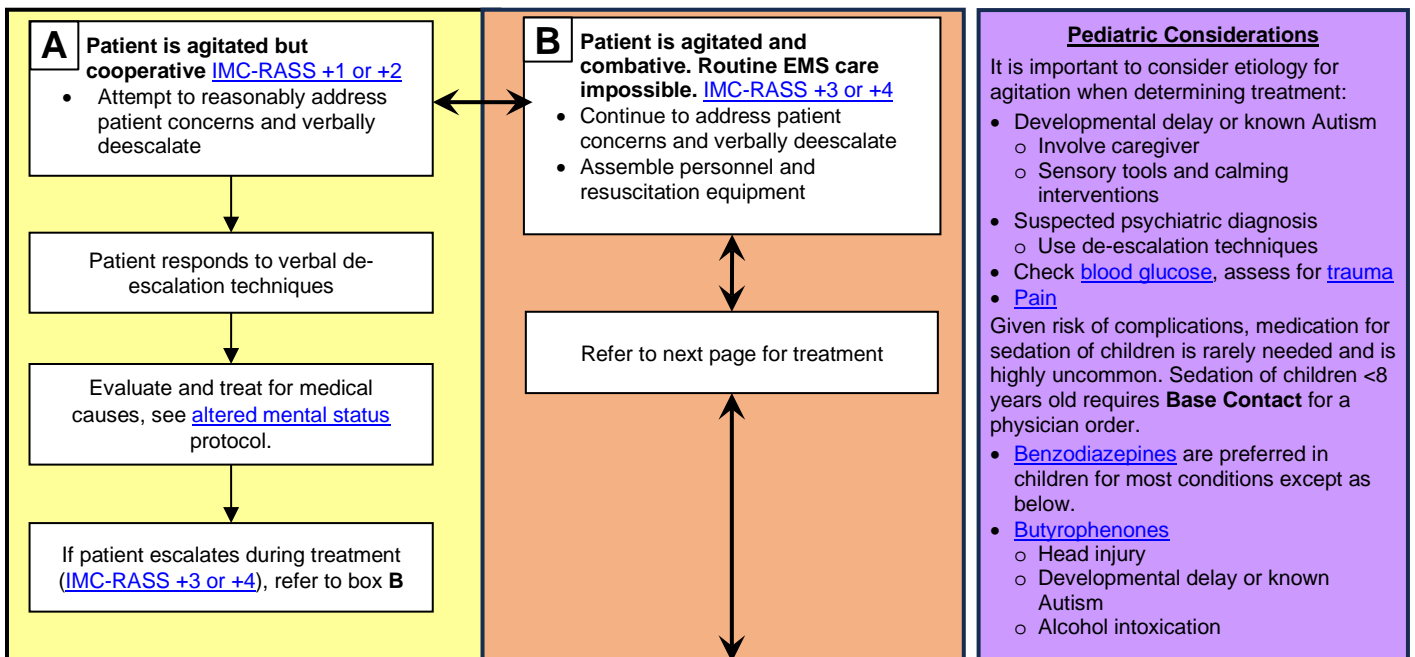
- **EMS Safety.** The safety of field personnel is paramount. Although EMS personnel have a duty to treat patients experiencing emergency medical conditions, they must not take risks that are threats to safety. Risks to personnel or scene safety should be commensurate to the benefit a patient may receive.
- **Patient safety.** Patient safety and the aid they receive from our care is the reason EMS exists. All treatments should be designed to reduce potential harm and maximize potential benefit.
- **Dignity.** All patients and providers deserve dignity and respect. It is essential that EMS professionals recognize our own biases. We owe it to our patients, especially those in disenfranchised groups, to provide equitable care. We strive to maximize the dignity of both patients and providers by practicing with clinical expertise and professionalism.

### Initial Assessment:

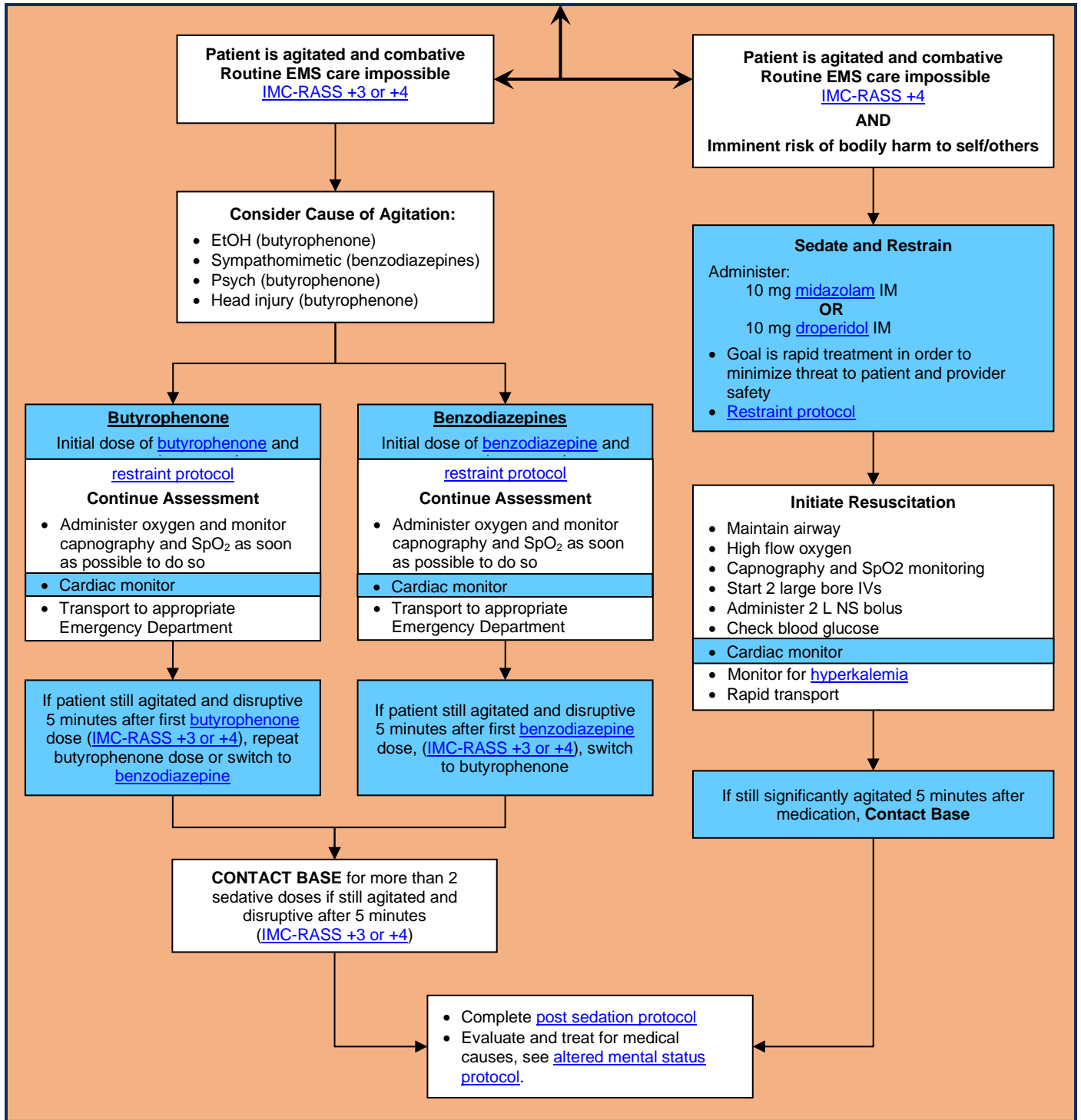
The most critical initial step in managing agitation is the determination of an emergency medical condition.

- Patients assessed as having non-medical agitation do not require emergency medical intervention. EMS should never intervene solely for the support of another 911 function.
- EMS should only intervene in the medical management of agitation when the patient is assessed and suspected to have an emergency medical condition.
- Prior to any physical restraint or medication administration, all patients must first be assessed and suspected to have an emergent medical condition. Depending on the acuity of the situation, some initial assessments must be made in seconds while others may require more time.
- In some situations, it may be appropriate for EMS to stand by in case a person develops a medical emergency.
- Some patients with emergency medical conditions such as trauma or dyspnea may also exhibit agitation. That agitation should only be treated if the paramedic assesses that the patient lacks decision making capacity to care for their illness or injury.
- As soon as safely possible, EMS providers should assess and treat for underlying conditions that may present as agitation.
- EMS safety is paramount. In some uncommon circumstances it may be necessary to separate from an agitated patient in order to protect the patient and personnel on scene.
- When we have tension between the duty to treat and the safety of field personnel, we should apply the principles of EMS safety, patient safety and dignity.

### Treatment: (algorithm color relates to IMC-RASS score)



## 6010 AGITATED/COMBATIVE PATIENT PROTOCOL



**General Guideline**

- Emphasis should be placed on patient and provider safety and dignity as well as appropriate use of sedation and restraints in treatment of agitation.

**Documentation**

- Include specifics on actions or behaviors that put patient and/or provider safety at risk. Document IMC-RASS scale.

**Adequate Sedation**

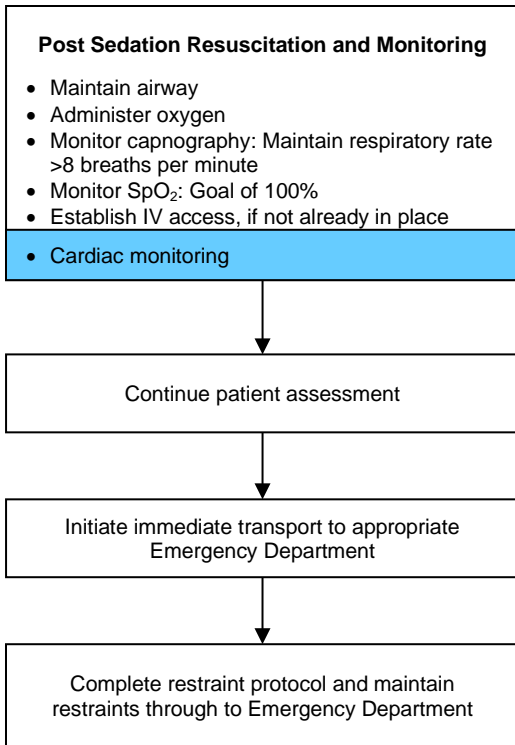
- The goal of sedation is to ensure safety to patient and provider and allow for adequate evaluation and treatment of underlying causes
- Agitation that does not compromise patient/ provider safety or interfere with evaluation and treatment does not require additional sedation

**6010 AGITATED/COMBATIVE PATIENT PROTOCOL**

**Improved Montgomery County Richmond Agitation Sedation Scale (IMC-RASS)**

Score	Term	Description	EMS Activity
+4	Combative	Overtly combative, violent, immediate danger to staff	Unsafe to care for patient without maximal assistance, may require law enforcement assistance
+3	Very agitated	Pulls or removes tubes and catheters, aggressive	Struggles aggressively and forcefully against care. Routine EMS care impossible.
+2	Agitated	Frequent, non-purposeful movements, fights interventions	Resists EMS care, requires gentle physical redirection to allow for routine EMS care
+1	Restless	Anxious but movements are not aggressive or vigorous	Verbally redirectable, follows commands, routine EMS care possible
0	Alert and Calm		
-1	Drowsy	Not fully alert but has sustained awakening and eye contact to voice (>10 seconds)	Awakens to voice
-2	Light sedation	Briefly awakens with eye contact to voice (<10 seconds)	Awakens to bumps/potholes in roadway during transport or application of oxygen via NC or NRB
-3	Moderate Sedation	Movement or eye opening to voice (no eye contact)	Eyes open to physical exam, venous tourniquet application and/or BP cuff inflation
-4	Deep Sedation	No response to voice but movement or eye opening to physical stimulation	Responds to insertion of NPA or IV start
-5	Unarousable	No response to voice or physical stimulation	No response to insertion of OPA/NPA or IV start

## 6015 POST SEDATION RESUSCITATION AND MONITORING



EMT-IV	Paramedic
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**Adequate Sedation**

- The goal of sedation is to ensure safety to patient and provider and allow for adequate evaluation and treatment of underlying causes
- Agitation that does not compromise patient/provider safety or interfere with evaluation and treatment does not require additional sedation

**General Guidelines**

- Patients receiving sedative medications have a broad range of responses both from the medication given and the underlying etiology of the agitation. They should be treated as high risk for respiratory or cardiovascular compromise.
- Goal is to initiate resuscitation/monitoring as soon as possible.
- Each individual element of post-sedation resuscitation/monitoring should be initiated as soon as possible to do so.

## 6020 TRANSPORT OF THE HANDCUFFED PATIENT

EMT-IV

Paramedic

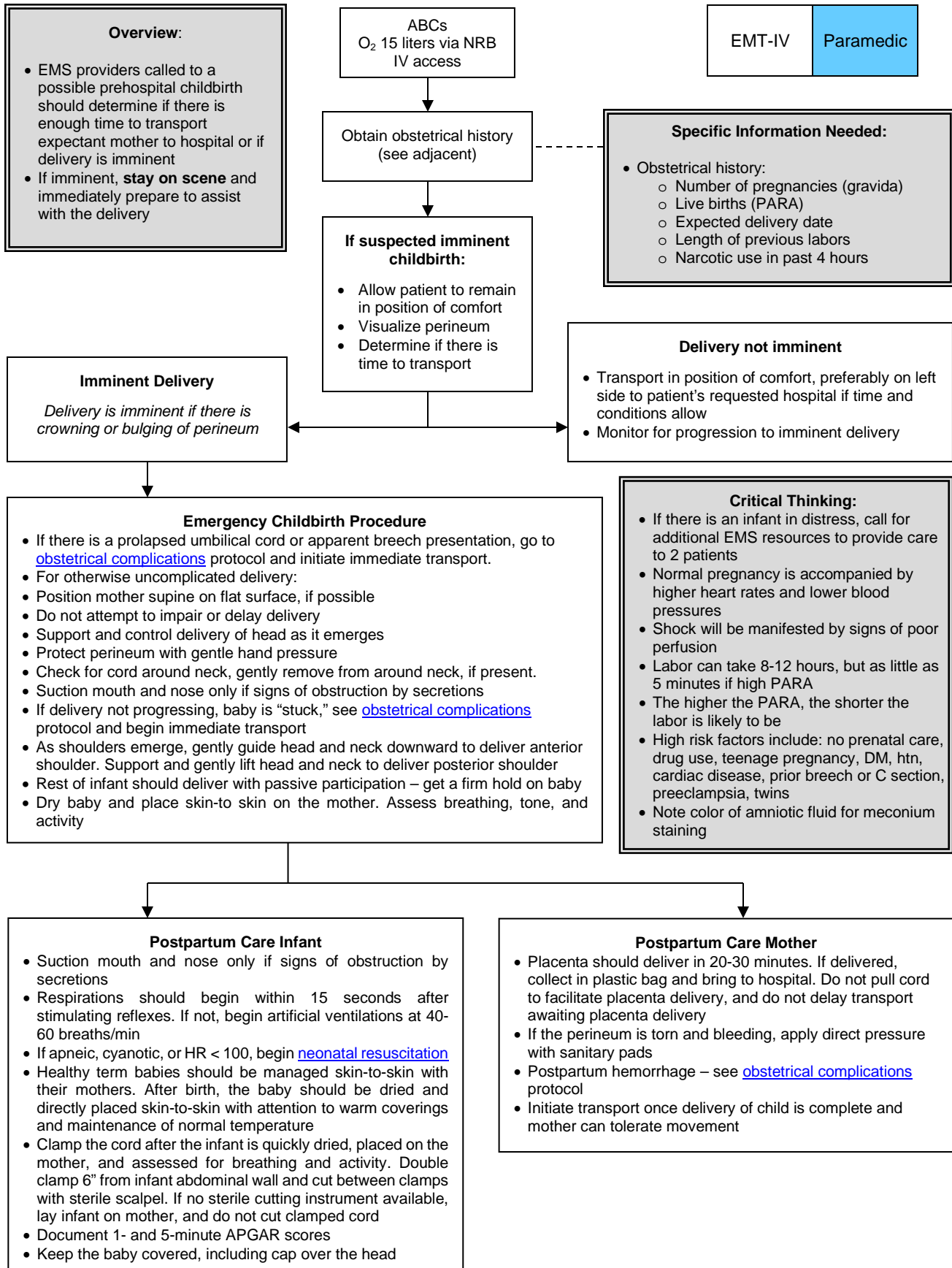
### Purpose:

1. Guideline for transport of patients in handcuffs placed by law enforcement

### Guideline:

1. Handcuffs are only to be placed by law enforcement. EMS personnel are not permitted to use handcuffs.
2. If the patient was placed in handcuffs by law enforcement due to [agitation/](#)[combativeness](#), [altered mental status](#) or a similar process, the patient should be evaluated for an underlying life-threatening emergency.
3. Request that law enforcement remain with the patient in the ambulance, if possible. If not possible, request that police ride behind ambulance so as to be readily available to remove handcuffs if needed in an emergency situation to facilitate medical care of the patient.
4. EMS personnel are not responsible for the law enforcement hold on these patients.
5. Handcuffs should only be removed for a medical emergency. EMS should assess the need for ongoing physical restraint for patient or provider safety.
6. Handcuffed patients will not be placed in the prone position.
7. Handcuffs may be used with spinal motion restriction. Medical priorities should take priority in the positioning of the handcuffs.

# 7000 CHILDBIRTH PROTOCOL



# 7010 OBSTETRICAL COMPLICATIONS

EMT-IV

Paramedic

## For All Patients with obstetrical complications

- Do not delay: immediate rapid transport
- Give high-flow oxygen
- Start IV en route if time and conditions allow. Treat signs of shock w. IV fluid boluses per [medical hypotension/shock protocol](#)

## Possible actions for specific complications (below)

- The following actions may not be feasible in every case, nor may every obstetrical complication be anticipated or effectively managed in the field. These should be considered “best advice” for rare, difficult scenarios. In every case, initiate immediate transport to definite care at hospital

### Prolapsed Umbilical Cord

- Discourage pushing by mother
- Position mother in Trendelenburg or supine with hips elevated
- Place gloved hand in mother’s vagina and elevate the presenting fetal part off of cord until relieved by physician
- Feel for cord pulsations
- Keep exposed cord moist and warm

### Breech Delivery

- Never attempt to pull infant from vagina by legs
- IF legs are delivered, gently elevate trunk and legs to aid delivery of head
- Head should deliver in 30 seconds. If not, reach 2 fingers into vagina to locate infant’s mouth. Press vaginal wall away from baby’s mouth to access an airway
- Apply gentle abdominal pressure to uterine fundus
- IF infant delivered, see [childbirth protocol](#) – Postpartum care of infant and mother

### Postpartum Hemorrhage

- Massage abdomen (uterine fundus) until firm
- Initiate rapid transport
- Note type and amount of bleeding
- Treat signs of shock with IV fluid boluses

### Complications of Late Pregnancy

#### 3<sup>rd</sup> Trimester Bleeding (6-8 months)

- High flow O<sub>2</sub> via NRB, IV access
- Suspect placental abruption or placenta previa
- Initiate rapid transport
- Position patient on left side
- Note type and amount of bleeding
- IV NS bolus for significant bleeding or shock

#### Pre-eclampsia/Eclampsia

- High flow O<sub>2</sub> via NRB, IV access
- SBP > 140, DBP > 90, peripheral edema, headache, seizure
- Transport position of comfort

- Treat seizures with [magnesium sulfate](#)

- See [seizure protocol](#)

### Shoulder Dystocia

- Support baby’s head
- Suction oral and nasal passages
- DO NOT pull on head
- May facilitate delivery by placing mother with buttocks just off the end of bed, flex her thighs upward, and gentle open hand pressure above the pubic bone
- If infant delivered, see [childbirth protocol](#) – Postpartum care of infant and mother

## 8000 GENERAL TRAUMA CARE

EMT-IV	Paramedic
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M

- General impression
- The number one priority is rapid treatment and transport to definitive care
- Trauma expose the patient
- Consider need for additional resources

- Look for massive hemorrhage and stop:**
- [Tourniquet](#) extremities
  - Wound pack junctional wounds
  - Seal truncal injuries

- Scene Considerations:**
- Identify provider safety concerns
  - Triage the scene
    - Identify number of patients
    - Request additional resources as needed
    - Determine ingress / egress
    - Set-up ambulance

A

- Address airway and support breathing:**
- Emergent BLS airway management
  - Assist ventilations as indicated
  - [Needle decompression](#) for tension pneumothorax
  - Semi-occlusive dressing for open chest wound
  - Provide high flow oxygen

- Airway Management Goals:**
- Manage with the simplest method that provides adequate ventilation and oxygenation
  - Intubation should be done en route unless there is no other option
  - Nasal intubation is relative contraindication with suspicion of head injury
- BLS airway preferred in pediatrics

R

C

- Assess circulation:**
- If pelvis unstable, place binder
  - During transport, establish vascular access and treat hypotension per [traumatic shock](#) protocol

- Prolonged Entrapment:**
- Crush syndrome can occur after cells have been under pressure from prolonged immobilization or crush injury for >4 hours when skeletal muscles can no longer survive from ischemia
  - After release, intracellular potassium can be released into the systemic circulation causing life-threatening hyperkalemia and generating cardiac arrhythmias. 12-lead and continuous ECG monitoring are used to assess for hyperkalemia
  - Consider prior to release placing 1-2 large bore IVs or IOs and initiating a crystalloid fluid bolus
  - Prepare to administer treatment for hyperkalemia if patient develops signs of dysrhythmia or hemodynamic instability. Treatment should include [IV calcium](#) and [sodium bicarbonate](#), as well as nebulized [albuterol](#)

H

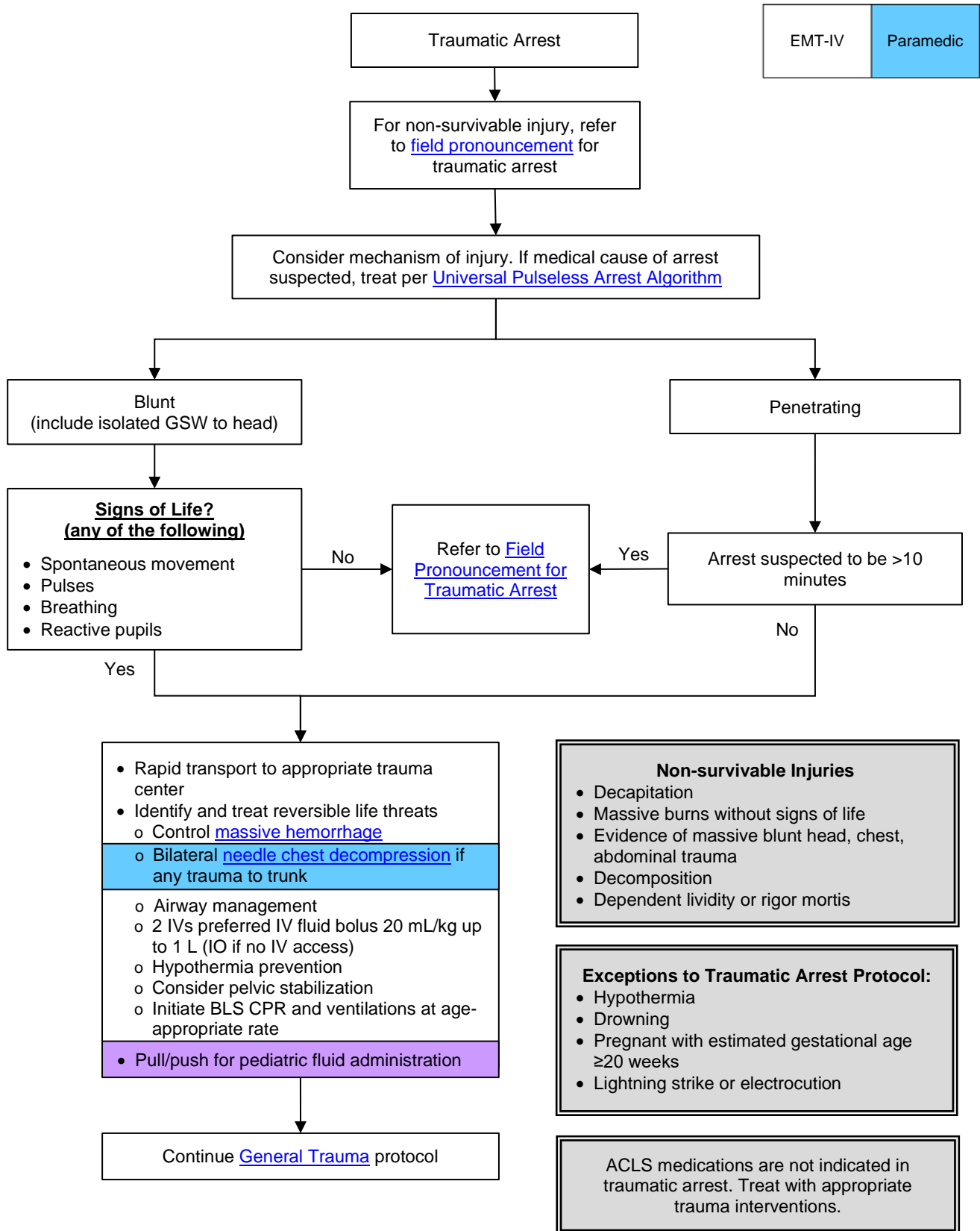
- Hypothermia / Head Injury:**
- Prevent and treat hypothermia
  - Brief neuro assessment
  - Minimize secondary injury, refer to [head injury](#) protocol

- Consider [spinal motion restriction](#)
- Assess vital signs
- Consider advanced airway management

- Ongoing assessment, including full head-to-toe
- Complete other care / interventions according to appropriate trauma protocol
  - [Head](#)
  - [Face/Neck](#)
  - [Spinal](#)
  - [Chest](#)
  - [Abdominal/Pelvic](#)
  - [Extremity](#)
- Re-assess for changes in patient condition and treat accordingly
- Prepare patient for transfer of care

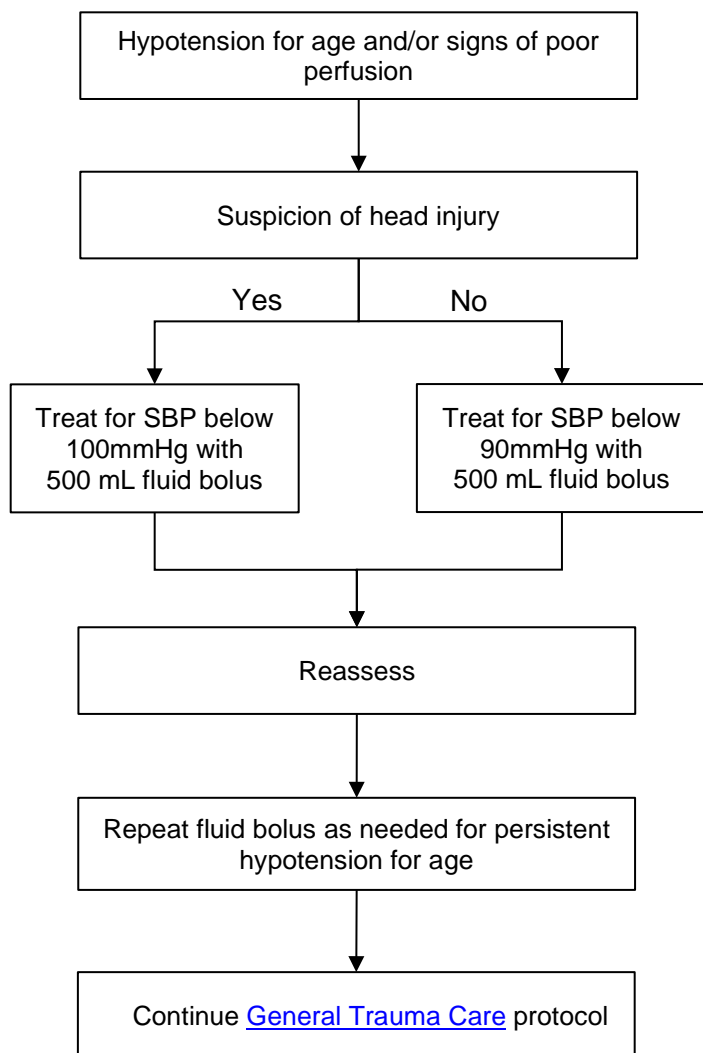


# 8010 TRAUMATIC ARREST



## 8020 TRAUMATIC SHOCK

EMT-IV	Paramedic
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**Consider Non-Hypovolemic Causes of Shock**

- Other causes of traumatic shock may include:
  - Tension Pneumothorax
  - Pericardial Tamponade
  - Neurogenic
- Treat other causes as indicated (e.g. needle decompression)
- Rapid treatment and transport to a trauma facility remains priority in all cases of traumatic shock

**Hypotension for Age**

Age	Blood Pressure
<1 year	<70 mmHg
1-10 years	<70 + (2 x age in years)
>10 years	<90 mmHg
≥65 years	<110 mmHg

**Tachycardia for Age**

Age	Heart Rate
<1 year	>160 bpm
1-2 years	>150 bpm
2-5 years	>140 bpm
5-12 years	>120 bpm
>12 years	>100 bpm

**Pediatric Minimum Blood Pressure with TBI**

Age	Minimum SBP (mmHg)
0-23 months	75
2-5 years	80
6-8 years	85
9-12 years	90

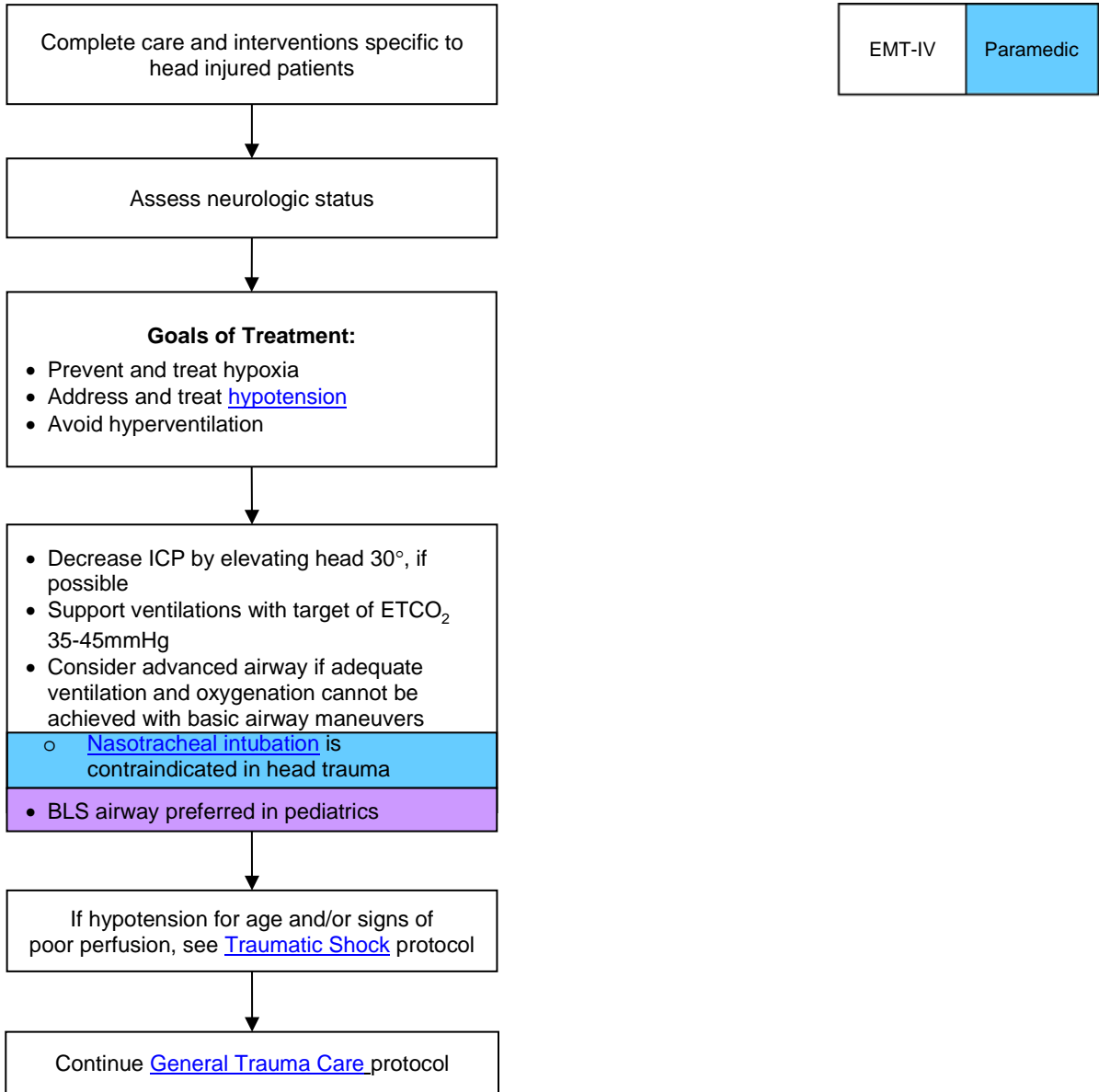
**Pediatric Fluid Administration**

- For children <40 kg or not longer than length-based tape, hand pull/push fluid with a 60 mL syringe (or largest available)
- Hypotension is a late sign in pediatric shock patients

**Pediatric Shock**

<p><b>Signs of Compensated Shock</b></p> <ul style="list-style-type: none"> <li>• Normal mental status</li> <li>• Normal systolic blood pressure</li> <li>• Tachycardia</li> <li>• Prolonged (&gt;2 seconds) capillary refill</li> <li>• Tachypnea</li> <li>• Cool and pale distal extremities</li> <li>• Weak peripheral pulse</li> </ul>	<p><b>Signs of Decompensated Shock</b></p> <ul style="list-style-type: none"> <li>• Decrease mental status</li> <li>• Weak central pulses</li> <li>• Poor color</li> <li>• Hypotension for age</li> </ul>
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## 8030 HEAD TRAUMA



## 8040 FACE AND NECK TRAUMA

EMT-IV	Paramedic
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Complete care and interventions specific to face and neck trauma

- Clear airway
- Rapid trauma assessment
- Consider [spinal motion restriction](#)
- Assess for need for airway management

If laryngeal trauma, avoid intubation if patient can be oxygenated by less invasive means

- For severe airway bleeding:**
- Use direct pressure if able without obstructing airway
  - Consider advanced airway if adequate ventilation and oxygenation cannot be achieved with basic airway maneuvers
  - BLS airway preferred in pediatrics

- Complete neuro exam
- Assess for subcutaneous air
- Cover/protect eyes as indicated
- Do not try to block drainage from ears, nose

- Rapid transport to appropriate Trauma Center
- Suction airway as needed

If hypotension for age and/or signs of poor perfusion, see [Traumatic Shock](#) protocol

Consider [pain management](#)

Continue [General Trauma Care](#) protocol

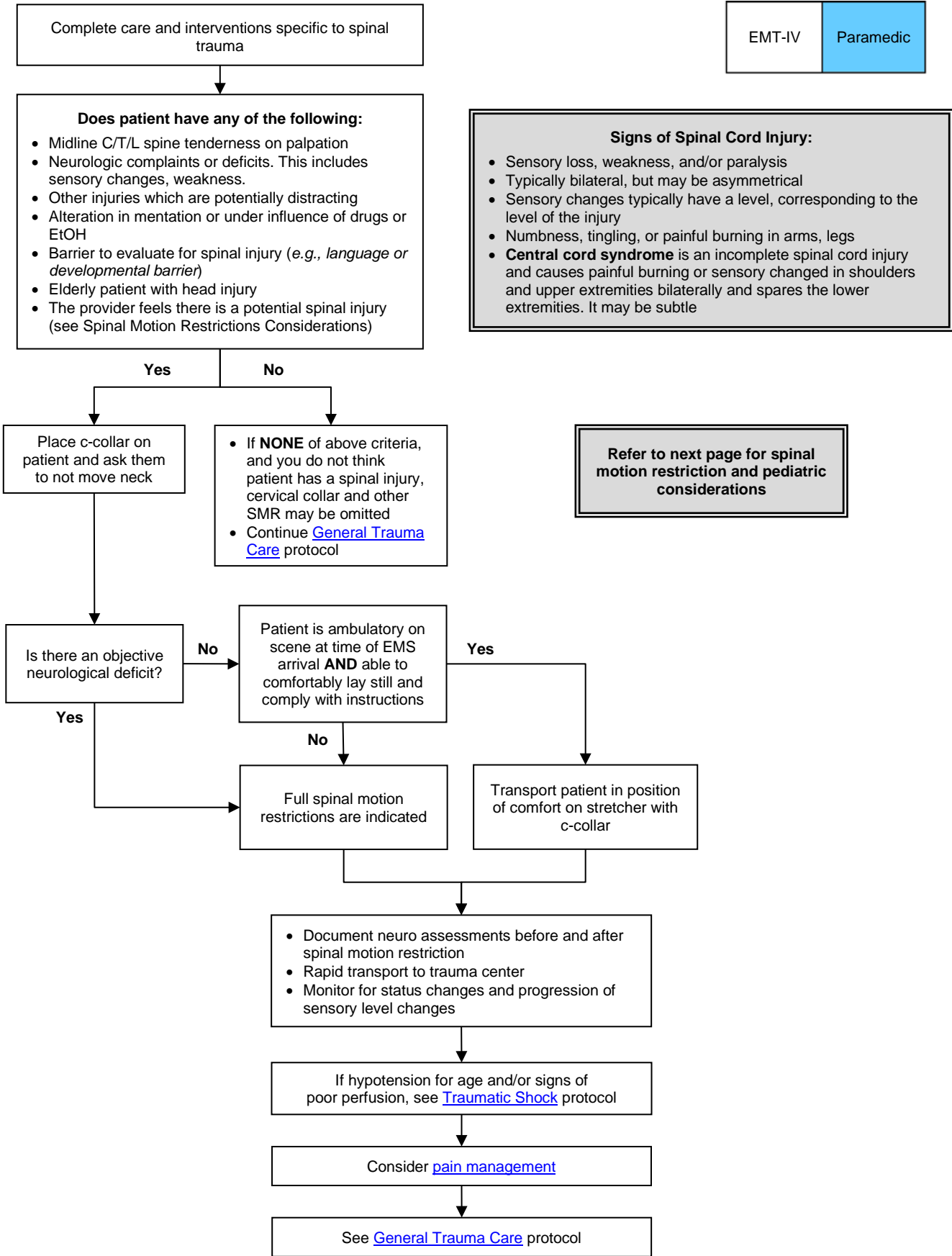
- Facial Injury Considerations:**
- Nasotracheal intubation is contraindicated in suspected head trauma or grossly unstable mid-face trauma
  - Orbital area fractures should be of high concern for serious ocular injury and sequela
  - Save avulsed teeth in moist gauze, if possible
  - Be attentive to airway and suctioning, as bleeding, avulsed teeth, or other tissue can become an airway obstruction, especially with supine positioning

- Eye Injury Considerations:**
- Cover and protect eyes as indicated by injury type; do not apply pressure to eyes
  - Orbital area fractures should be of high concern as they can result in ocular muscle entrapment and ocular compartment syndrome

- Neck Injury Considerations:**
- Spinal motion restriction is not routinely indicated for penetrating neck injury, but should be placed in the presence of neurologic deficit
  - Laryngeal trauma should be suspected with the following:
    - Voice changes and stridor
    - Respiratory distress
    - External signs of bruising, swelling, or bleeding

# 8050 SPINAL TRAUMA

EMT-IV	Paramedic
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## 8050 SPINAL TRAUMA

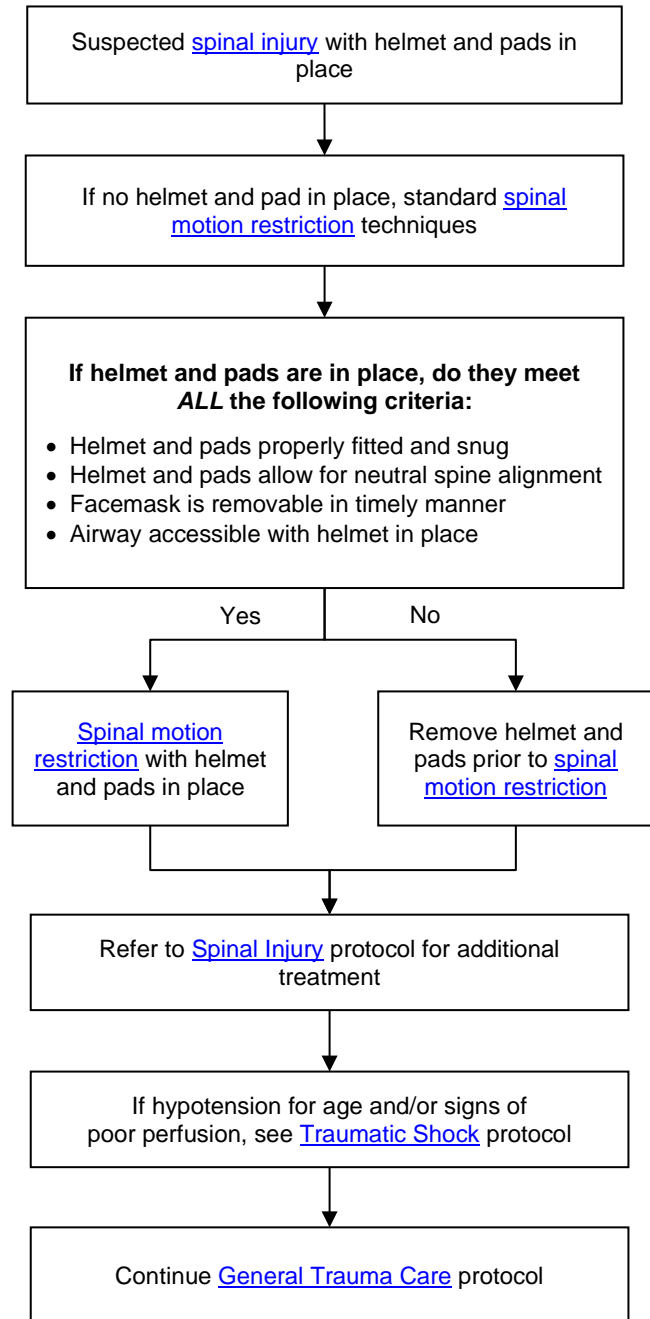
### Spinal Motion Restriction (SMR) Considerations

- If patient in athletic safety equipment, refer to [Suspected Spinal Injury with Athletic Equipment](#) protocol
- If for any reason you suspect the patient has a spinal injury, then take measures to prevent inadvertent movement of the spine utilizing spinal motion restriction
- Patients over the age of 65 are at higher risk of spinal injuries, even from ground-level falls
- Use caution when assessing for spinal injury in elderly patients, who are at much higher risk and may have minimal or even no symptoms of neck pain despite c-spine injury
- Consider spinal motion restriction for patients with high-risk mechanism
- Communicate to receiving facility spinal motion restriction is in place
- Neurological exam documentation is MANDATORY in ALL patients with potential spinal trauma.
- Cervical collar is not indicated in isolated penetrating neck trauma
- If a standard cervical collar device cannot be used for some reason, consider use of alternative devices for cervical motion restriction (e.g. foam, towels, etc.)

### Pediatric Considerations:

- Age alone should not be a factor in decision-making for prehospital spinal care, both for the young child and the child who can reliably provide a history
- Spinal motion restriction should be applied if the patient has any of the following in addition to the algorithm:
  - Patient not moving neck
  - Torso injury or pelvic instability
  - Numbness and weakness
  - High impact diving injury
- Additional padding under the shoulders is needed for infants and young children up to age 8 to avoid flexion of the neck
- A car seat is not acceptable for spinal motion restriction. If spinal motion restriction is deemed necessary, the child should be removed from the car seat and placed supine

## 8055 SPINAL TRAUMA WITH ATHLETIC EQUIPMENT



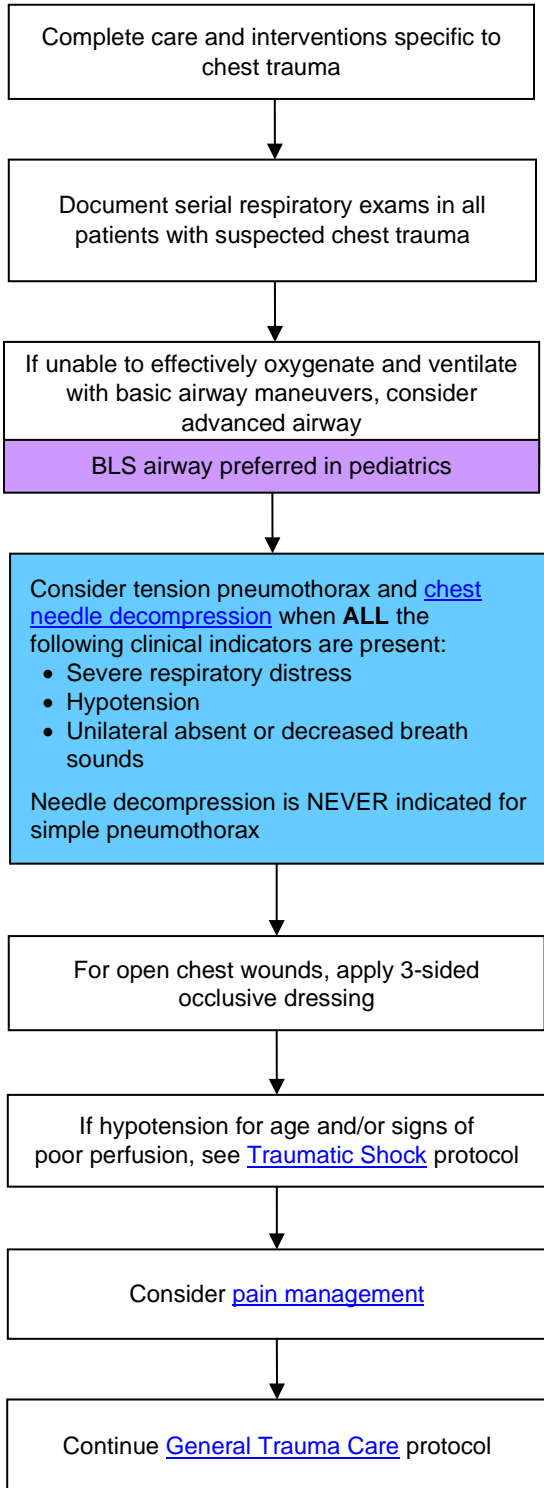
EMT-IV

Paramedic

### Overview

- Do not remove helmet or shoulder pads prior to EMS transport unless they are interfering with the management of acute life-threatening injuries
- The helmet and pads should be considered one unit. Therefore, if one is removed, then the other should be removed as well to assure neutral spine alignment
- All athletic equipment is not the same. Athletic Trainers on scene should be familiar with equipment in use and be able to remove facemask prior to, or immediately upon, EMS arrival

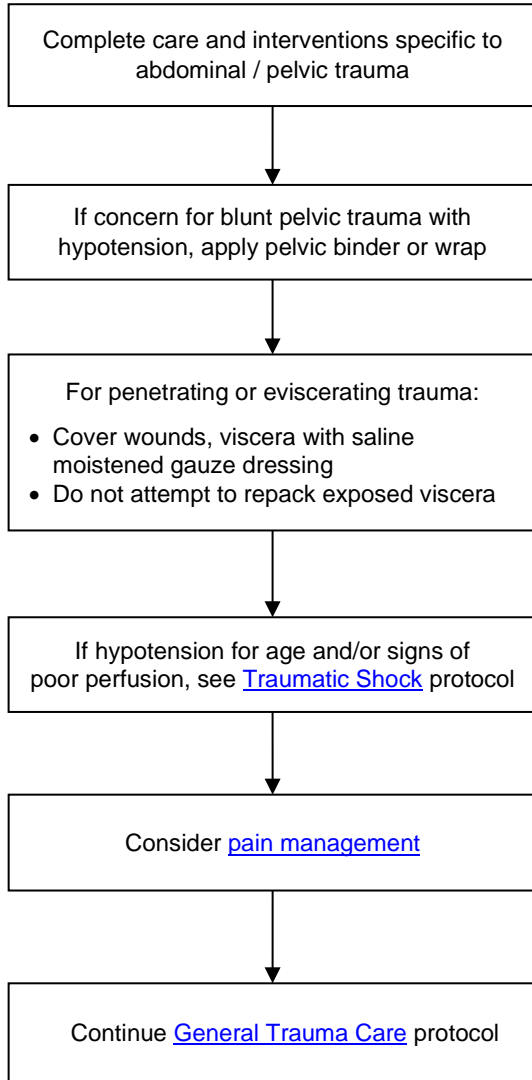
## 8060 CHEST TRAUMA



EMT-IV	Paramedic
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## 8070 ABDOMINAL AND PELVIC TRAUMA




EMT-IV	Paramedic
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**Pediatric patients are more vulnerable to blunt abdominal injury due to:**

- Relatively compact torsos
- Larger viscera, especially liver and spleen, which extend below the costal margin
- Less overlying fat and weaker abdominal musculature

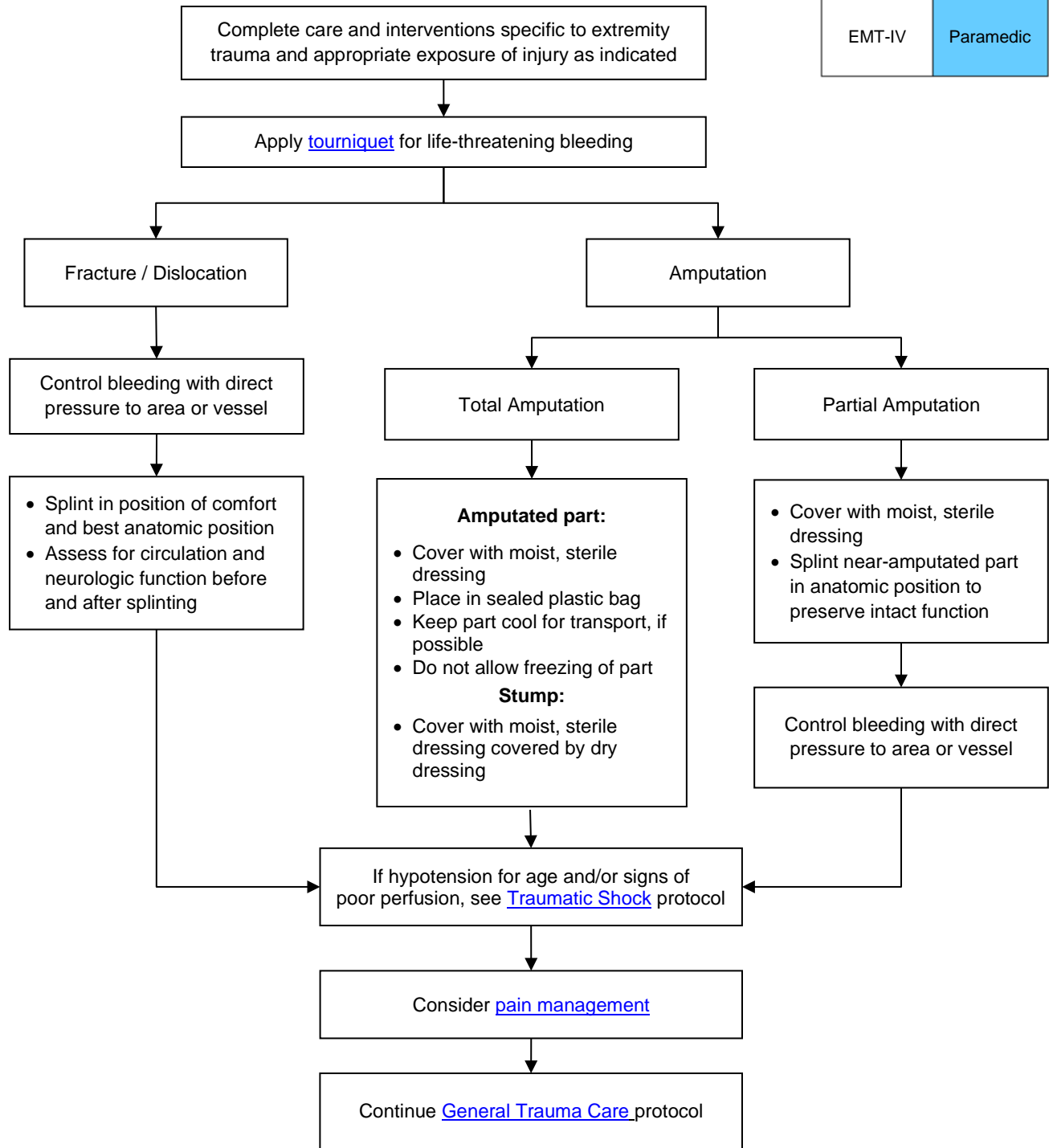
**Pelvic Trauma Considerations:**

- Pelvic injuries from high-energy trauma can cause concomitant injuries, such as: hemorrhage, intra-abdominal injury, GI/GU injury, and neurologic injury
- Elderly patients may sustain significant pelvic injury from seemingly low-energy trauma
- Unstable pelvic injuries, such as open book fractures, can be associated with severe retroperitoneal hemorrhage
- Providers should have a low threshold to apply a pelvic binder or wrap in hemodynamically unstable blunt trauma patients
- Pelvic binders/wraps should be placed around the greater trochanters; over-tightening can worsen injuries



# 8080 EXTREMITY TRAUMA

EMT-IV	Paramedic
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**Fracture / Dislocation Considerations:**

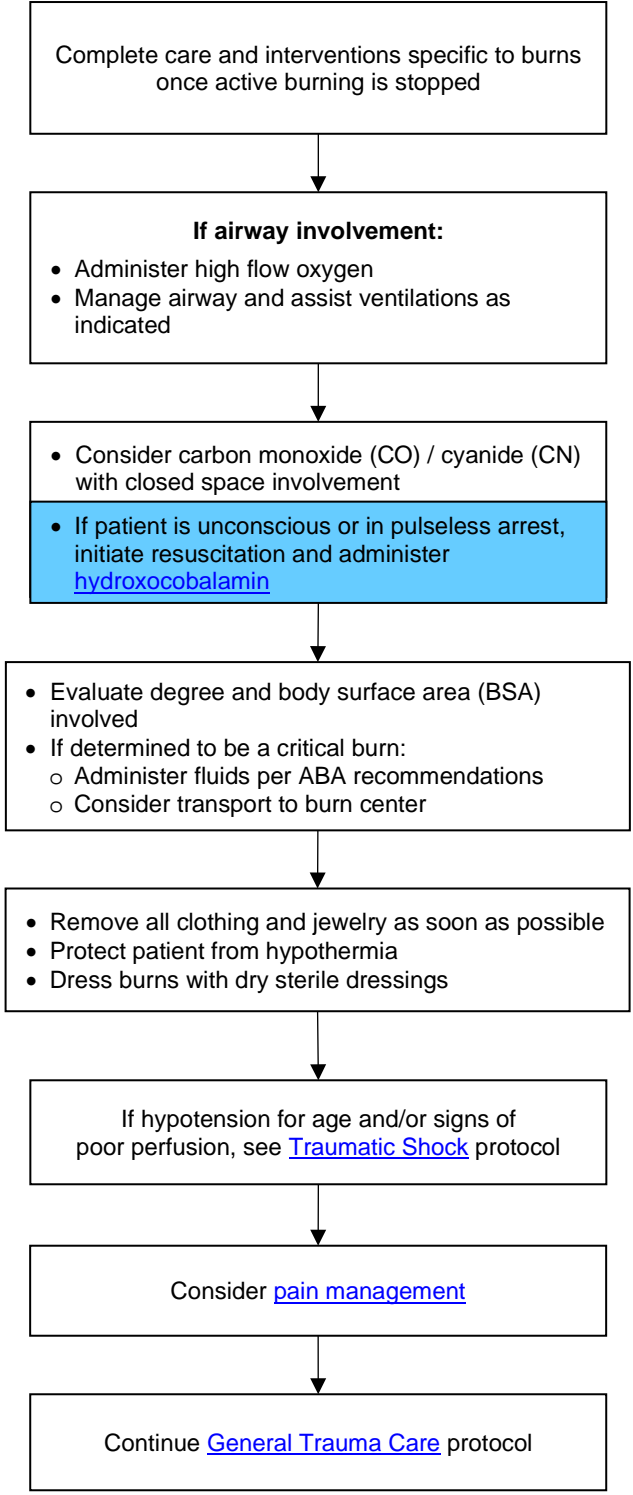
- Vascular compromise is an emergent concern; rapid transport to a trauma center is priority
- Consider potential for internal hemorrhage with any femur fracture
- Apply traction splint to suspected mid-shaft femur fracture when overall patient condition allows for procedure in field
- If open fracture, avoid allowing the bone ends to retract back into the wound during stabilization, splint in place

**Amputation Considerations:**

- Limb preservation and reattachment is an emergent concern; rapid transport to a trauma center is priority
- Perform and report neurologic findings for affected limb
- Maintain awareness for associated exposed fractured bone that could compromise hemorrhage control or cause provider injury

## 8090 BURNS

EMT-IV	Paramedic
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**Burn Considerations:**

**Critical Burn:**

- 2° > 30% BSA
- 3° > 10% BSA
- Respiratory injury, facial burn
- Associated injuries, electrical or deep chemical burns, underlying PMH (cardiac, DM), age < 10 or > 50 yrs.

**Types of Burns:**

- Thermal: remove from environment
- Chemical: brush off or dilute chemical. Consider HAZMAT
- Electrical: make sure patient is de-energized and suspect internal injuries

**ABA Recommended Prehospital Fluid Therapy**

Age	Fluid Amount
14 and older	500 mL/hr NS or LR
5 - 13 years	250 mL/hr NS or LR
Younger than 5	125 mL/hr D5W, NS or LR

If no signs of clinical hypovolemia or shock, large volume of IV fluid not needed. See Handtevy for pediatric dosing

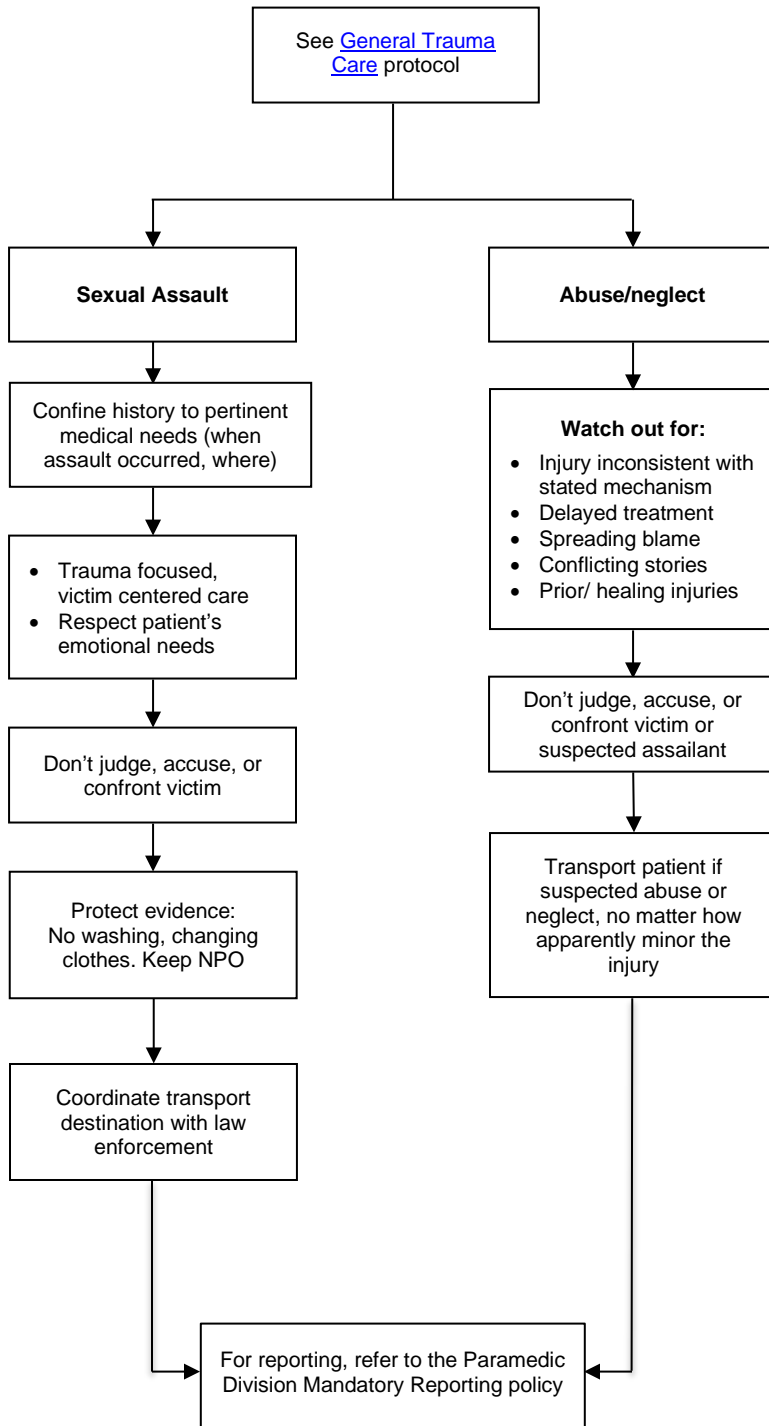
**Burn Transport Considerations:**

- If there is a higher concern for trauma, transportation to an appropriate trauma center is the priority
- Consider direct transport of isolated burns to designated burn center if time and condition allows

# 8100 SPECIAL TRAUMA SCENARIOS PROTOCOL

Coordinate transport destination with law enforcement

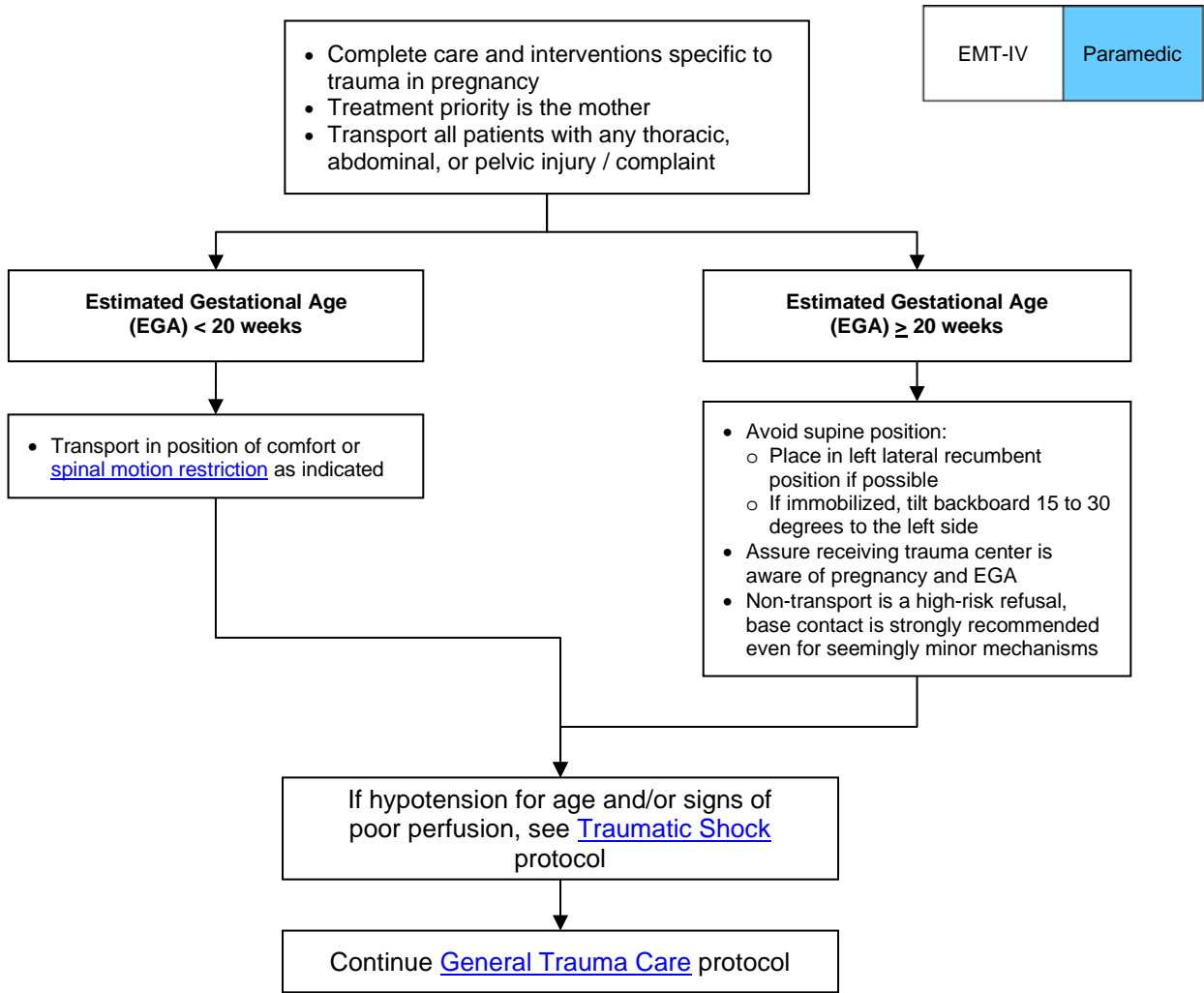
EMT-IV	Paramedic
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**Mandatory Reporters:**

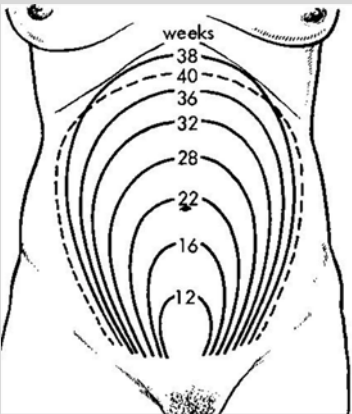
- EMS providers provide a critical layer of protection to vulnerable adults and children who have been abused
- C.R.S. 19-3-304 passed in 2014 extends the role of mandated reporters to EMS providers in Colorado
- Mandated reporters are to “report their suspicion” of abuse. This is not considered a direct accusation if acting in good faith
- Informing providers at the receiving facility of suspicions for **DOES NOT** meet the requirements of a mandated reporter - EMS providers **ARE REQUIRED** to register their suspicion with the appropriate authorities per the Paramedic Division Mandatory Reporting policy. For children, the Colorado Child Abuse and Neglect Hotline is 1-844-CO-4-KIDS (844-264-5437)

## 8110 TRAUMA IN PREGNANCY



### Estimated Gestational Age (EGA)

If EGA  $\geq$  20 weeks, consider two patients: mother and fetus. Estimation of gestational age may be made based on fundal height by palpating for top of uterus:



### If uterus is at umbilicus, then EGA > 20 weeks

Estimation by Last Menstrual Period:  
 Due Date = LMP + 9 months + 7 days  
 EGA = current date - date of last menstrual period

If available, utilize pregnancy wheel to determine EGA

## 9000 GENERAL GUIDELINES: MEDICATION ADMINISTRATION

### Purpose:

- A. Provide guidance to EMS providers in the principles of administration, delivery, and safety of approved medications.

### General Principles:

- A. The appropriate procedure for safe medication administration includes:
  1. Verification of the “Six Rights” of medication administration: right patient, right drug, right dose, right route, right time, right documentation
  2. Medication administration cross-check with practice partner verifying the Six Rights prior to drug administration. This should include verbal repeat-back of the order by the practice partner.
  3. Obtain repeat vital signs after any intervention.
- B. The risk of dosing error is high in children. Handtevy should be utilized on every pediatric patient to guide medication dosing and equipment size.
- C. Optional routes of medication administration are vast, and appropriateness given the clinical situation should be considered. Specific considerations include:
  1. Especially in children, intranasal (IN) administration may be faster and more efficacious with less pain compared to IV or intramuscular (IM) administration.
  2. IM drug absorption and onset of action is erratic and unpredictable.
- D. Ideally, expired medications should never be utilized for patient care. However, the nation is increasingly faced with the challenge of critical or potentially life-saving medication shortages. As such, the Denver Metro EMS Medical Directors have issued guidelines for the appropriate response to a national medication crisis; the Denver Health Paramedic Division utilizes these guidelines as needed. Approved medications required for potentially emergent conditions, and for which no reasonable substitution is available, may be used after the posted expiration date with the following restrictions:
  1. Medication should be approved for use by the agency’s EMS Medical Director.
  2. Expired medications will be used only after the supply of non-expired medications have been exhausted.
  3. Standard medication storage, inspection and delivery practices should be maintained.
- E. EMS agencies should work to establish a system of Just Culture. This is an approach to workplace safety that assumes humans, despite their best intentions to do the right thing, will make errors. Change and care improvement does not happen without accurate, honest reporting of error. A report of error should be treated with respect and examination of root cause and not punitive action.

**ACETAMINOPHEN (TYLENOL)****Description**

Acetaminophen elevates the pain threshold and readjusts hypothalamic temperature-regulatory center.

**Onset & Duration**

- Onset of analgesia: oral 20-30 minutes
- Peak effect: 1 hour
- Duration: 4 hours

**Indications**

- Mild, moderate, or severe pain
- Fever (>38.3°C/101°F)

**Contraindications**

- History of allergy to acetaminophen
- Chronic liver disease
- Therapeutic dose of acetaminophen within past 6 hours or greater than 3 gm in last 24 hours

**Adverse Reactions**

- Acetaminophen has a wide therapeutic window. Recommended maximum therapeutic doses are less than half the toxic dose.
  - Single toxic dose in a 70 kg adult is greater than 7 gm
  - Single toxic dose in a child is greater than 150 mg/kg
  - Chronic suprathreshold acetaminophen poisoning is possible as many medications contain acetaminophen
- Liver injury (hepatotoxicity) can occur from either a single large overdose or repeated suprathreshold ingestion of acetaminophen. Therefore, it is important to determine if your patient has already taken a therapeutic dose of acetaminophen within past 6 hours before you administer it.
- Hypersensitivity and allergic reactions have been reported but are rare.

**Drug Interactions**

- Avoid concomitant administration with other acetaminophen-containing medication, such as many prescription opioids (e.g. Percocet) or OTC cough and cold medications.

**Dosage and Administration****Adult:**

1000 mg PO

**Pediatric:**

15 mg/kg PO – *See Handtevy*

**Protocol**

- [Pain management](#)

**ADENOSINE (ADENOCARD)**

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**Description**

Adenosine transiently blocks conduction through the AV node, thereby terminating reentrant tachycardias involving the AV node. It is the drug of choice for AV nodal reentrant tachycardia (AVNRT, often referred to as "PSVT"). It will not terminate dysrhythmias that do not involve the AV node as a reentrant limb (e.g. atrial fibrillation).

---

**Onset & Duration**

- Onset: almost immediate
  - Duration: 10 sec
- 

**Indications**

- Narrow-complex supraventricular tachyarrhythmia after obtaining 12 lead ECG (This may be the only documented copy of the AVNRT rhythm)
  - Pediatric administration requires call in for direct verbal order
- 

**Contraindications**

- Any irregular tachycardia. Specifically, never administer to an irregular wide-complex tachycardia, which may be lethal
  - Heart transplant
- 

**Adverse Reactions**

- Chest pain
  - Shortness of breath
  - Diaphoresis
  - Palpitations
  - Lightheadedness
- 

**Drug Interactions**

- Methylxanthines (e.g. caffeine) antagonize adenosine, a higher dose may be required
  - Dipyridamole (persantine) potentiates the effect of adenosine; reduction of adenosine dose may be required
  - Carbamazepine may potentiate the AV-nodal blocking effect of adenosine
- 

**Dosage and Administration****Adult:**

12 mg IV bolus, rapidly, followed by a normal saline flush.

**CONTACT BASE** for additional dose of 12 mg IV bolus, rapidly, followed by a normal saline flush.

Contact medical control for further considerations.

**Pediatric:**

Children who are stable with AVNRT generally remain so and transport is preferred over intervention.

**CONTACT BASE** for direct verbal order. **See Handtevy** for dose, rapidly followed by normal saline flush.



## 9010 MEDICATIONS

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### Protocol

- [Tachyarrhythmia with Poor Perfusion](#)
- 

### Special Considerations

- Reliably causes short lived but very unpleasant chest discomfort. Always warn your patient of this before giving medication and explain that it will be a very brief sensation
- May produce bronchospasm in patients with asthma
- Transient asystole and AV blocks are common at the time of cardioversion
- Adenosine is not effective in atrial flutter or fibrillation
- Adenosine is safe in patients with a history of Wolff-Parkinson-White syndrome if the rhythm is regular and QRS complex is **narrow**
- A 12-lead EKG should be performed and documented, when available
- Adenosine requires continuous EKG monitoring throughout administration

**ALBUTEROL SULFATE (PROVENTIL, VENTOLIN)****Description**

- Albuterol is a selective  $\beta$ -2 adrenergic receptor agonist. It is a bronchodilator and positive chronotrope.
- Because of its  $\beta$  agonist properties, it causes potassium to move across cell membranes inside cells. This lowers serum potassium concentration and makes albuterol an effective temporizing treatment for unstable patients with hyperkalemia.

**Onset & Duration**

- Onset: 5-15 minutes after inhalation
- Duration: 3-4 hours after inhalation

**Indications**

- Bronchospasm

**Paramedic Only:**

- Known or suspected hyperkalemia with ECG changes (i.e.: peaked T waves, QRS widening)
- Crush or suspension injury with suspected hyperkalemia (requires **BASE CONTACT**)

**Contraindications**

- [Severe tachycardia](#) is a relative contraindication.

**Adverse Reactions**

- Tachycardia
- Palpitations
- Dysrhythmias

**Drug Interactions**

- Sympathomimetics may exacerbate adverse cardiovascular effects.
- $\beta$ -blockers may antagonize albuterol.

**How Supplied**

**MDI:** 90 mcg/metered spray (17-g canister with 200 inhalations)

**Pre-diluted nebulized solution:** 2.5 mg in 3 ml NS (0.083%)

**Dosage and Administration****Adult:****MDI with Spacer:**

6 puffs into spacer, then inhaled by patient. May repeat every 5 minutes as needed.

**Single Neb dose**

Albuterol sulfate solution 0.083% (one unit dose bottle of 3.0 ml), by nebulizer, at a flow rate (6-8 lpm) that will deliver the solution over 5 to 15 minutes. May be repeated twice (total of 3 doses).

**Continuous Neb dose**

In more severe cases, place 3 premixed containers of albuterol (2.5 mg/3ml) for a total dose of 7.5 mg in 9 ml, into an oxygen-powered nebulizer and run a continuous neb at 6-8 lpm.

## 9020 MEDICATIONS

### Pediatric:

#### **MDI with Spacer:**

See Handtevy for dose. May repeat every 5 minutes as needed.

#### **Single Neb dose**

See Handtevy

**Continuous Neb dose** for more severe cases

See Handtevy

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### Protocol

- [Adult Wheezing](#)
  - [Pediatric Wheezing](#)
  - [Allergy and Anaphylaxis](#)
  - [General Trauma Care](#)
- 

### Special Considerations

- Occasionally, pediatric patients may have difficulty utilizing the MDI with spacer. In this case, remove the mask from the pediatric BVM and discard BVM. Use the mask with MDI and spacer for easier delivery.
- MDI and spacer should be delivered with the transported patient and handed over to hospital staff. In the rare instance that a patient is treated with an MDI and then refuses transport, discard MDI and spacer after use.
- Consider inline nebs for patients requiring endotracheal intubation or CPAP.
- May precipitate angina pectoris and dysrhythmias
- Should be used with caution in patients with suspected or known coronary disease, diabetes mellitus, hyperthyroidism, prostatic hypertrophy, or seizure disorder
- Wheezing associated with anaphylaxis should first be treated with [epinephrine IM](#).

**AMIODARONE (CORDARONE)**

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**Description**

Amiodarone has multiple effects showing Vaughn-Williams Class I, II, III and IV actions with a quick onset. The dominant effect is prolongation of the action potential duration and the refractory period.

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**Indications**

- Pulseless arrest in patients with shock-refractory or recurrent VF/VT
  - Wide complex tachycardia not requiring immediate cardioversion due to hemodynamic instability
- 

**Precautions**

- Wide complex irregular tachycardia
  - Sympathomimetic toxidromes, i.e. cocaine or amphetamine overdose
  - NOT to be used to treat ventricular escape beats or accelerated idioventricular rhythms
- 

**Contraindications**

- 2<sup>nd</sup> or 3<sup>rd</sup> degree AV block
  - Cardiogenic shock
- 

**Adverse Reactions**

- Hypotension
  - Bradycardia
- 

**Dosage and Administration****Adult:**

- **Pulseless Arrest (Refractory VT/VF):**
  - 300 mg IV bolus.
  - Administer additional 150 mg IV bolus in 3-5 minutes if shock refractory or recurrent VF/VT.
- **Symptomatic VT and undifferentiated wide complex tachycardia with a pulse:**
  - **CONTACT BASE** 150 mg IV bolus infusion over 10 minutes.

**Pediatric:**

- **Pulseless Arrest (Refractory VT/VF):**
    - See Handtevy for dose.
    - **CONTACT BASE** for additional doses.
- 

**Protocol**

- [Universal Pulseless Arrest Algorithm](#)
  - [Tachyarrhythmia with Poor Perfusion](#)
- 

**Special Considerations**

- A 12-lead EKG should be performed and documented, when available.
- Amiodarone is preferred to adenosine for treatment of undifferentiated WCT with a pulse.

EMT-IV

Paramedic

**ANTIEMETICS: ONDANSETRON (ZOFTRAN)**

---

**Description**

- Ondansetron is a selective serotonin 5-HT<sub>3</sub> receptor antagonist antiemetic. Ondansetron is the preferred antiemetic, if available.
- 

**Indications**

- Nausea and vomiting
- 

**Contraindications**

- Ondansetron: No absolute contraindication. Should be used with caution in first trimester of pregnancy and should be reserved for only those patients with severe dehydration and intractable vomiting
- 

**Adverse Effects:**

- Ondansetron: Very low rate of adverse effects, very well tolerated.
- 

**Dosage and Administration****Ondansetron****Adult:**

4 mg IV/IM/PO/ODT. May repeat x 1 dose as needed.

**Pediatric ≥ 4 years old:**

See Handtevy for dose, may be administered IV/PO/ODT.

**Pediatric 6 months to 4 years old:**

See Handtevy for dose, may be administered IV/PO/ODT.

**Pediatric < 6 months:**

**BASE CONTACT** required.

**Droperidol (Paramedic Only)**

Droperidol should be considered for second line treatment for intractable vomiting that is not resolved after Zofran administration – see [droperidol](#) protocol

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**Protocol**

- [Abdominal Pain/Vomiting](#)
- [Altitude Illness](#)

**ASPIRIN (ASA)**

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**Description**

Aspirin inhibits platelet aggregation and blood clotting and is indicated for treatment of acute coronary syndrome in which platelet aggregation is a major component of the pathophysiology. It is also an analgesic and antipyretic.

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**Indications**

- Suspected acute coronary syndrome
- 

**Contraindications**

- **Active** gastrointestinal bleeding
  - Aspirin allergy
  - Less than 16 years old
- 

**How Supplied**

Chewable tablets 81mg

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**Dosage and Administration**

- 324 mg PO
- 

**Protocol**

- [Chest Pain](#)
- 

**Special Considerations**

- Patients taking vitamin K antagonists (warfarin), heparins (enoxaparin, etc.), direct oral anticoagulants (Xarelto, Eliquis, etc.), or other anticoagulant medications should still receive aspirin if suspected of having an acute coronary syndrome.

**ATROPINE SULFATE**

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**Description**

Atropine is a naturally occurring antimuscarinic, anticholinergic substance. It is the prototypical anticholinergic medication with the following effects:

- Increased heart rate and AV node conduction
  - Decreased GI motility
  - Urinary retention
  - Pupillary dilation (mydriasis)
  - Decreased sweat, tear, and saliva production (dry skin, dry eyes, dry mouth)
- 

**Indications**

- Symptomatic bradycardia
  - 2nd and 3rd degree heart block
  - Organophosphate poisoning
- 

**Precautions**

- Should not be used without medical control direction for stable bradycardias
  - Closed angle glaucoma
- 

**Adverse Reactions**

- Anticholinergic toxidrome in overdose: think “blind as a bat, mad as a hatter, dry as a bone, red as a beet”
- 

**Dosage and Administration****Hemodynamically Unstable Bradycardia****Adult:**

- 1 mg IV/IO bolus.
- Repeat if needed at 3-5 minute intervals to a maximum dose of 3 mg. (Stop at ventricular rate which provides adequate mentation and blood pressure.)

**Pediatric:**

- See Handtevy for IV/IO bolus.

**Poisoning/Overdose****Adult:**

- **BASE CONTACT** required. 40kg and up: 2mg IV/IM for signs of moderate/severe toxicity. Contact base for additional doses.

**Pediatric:**

- **BASE CONTACT** required. Under 40kg: See Handtevy for IV/IM dose for signs of moderate/severe toxicity.
- 

**Protocol**

- [Bradyarrhythmia with poor perfusion](#)
  - [Poisoning/Overdose](#)
- 

**Special Considerations**

- Atropine causes pupil dilation, even in cardiac arrest settings

**BENZODIAZEPINES (MIDAZOLAM)****Description**

- Benzodiazepines are sedative-hypnotics that act by increasing GABA activity in the brain. GABA is the major inhibitory neurotransmitter, so increased GABA activity *inhibits* cellular excitation. Benzodiazepine effects include anticonvulsant, anxiolytic, sedative, amnestic, and muscle relaxant properties. Each individual benzodiazepine has unique pharmacokinetics related to its relative lipid or water solubility.

**Onset & Duration**

- Any agent given IV will have the fastest onset of action. Typical time of onset 2-3 minutes.
- Intranasal administration has slower onset and is less predictable compared to IV administration. However, it may still be preferred if an IV cannot be safely or rapidly obtained. Intranasal route has faster onset compared to intramuscular route.
- IM administration has the slowest time of onset.

**Indications**

- Status epilepticus
- Sedation for cardioversion or transcutaneous pacing (TCP)
- Patient is agitated and combative, routine EMS care impossible, and [IMC-RASS +3 or +4](#).
- Adjunctive agent for treatment of severe anxiety with extrication, packaging, or transport in adults that is uncontrolled by other interventions – **WITH CALL IN ONLY**

**Contraindications**

- Hypotension
- Respiratory depression

**Adverse Reactions**

- Respiratory depression, including apnea
- Hypotension
- In patients >65 years old or small adults <50kg, lower doses may be sufficient and effective. Consider ½ dosing in these patients

**Dosage and Administration****MIDAZOLAM:****Seizure or sedation for cardioversion or transcutaneous pacing:****Adult:****IV/IO route:** 2.5 mg

- Dose may be repeated x 1 after 5 minutes if still seizing. **Contact Base** for more than 2 doses.

**IN/IM route (intranasal preferred):** 5 mg

- Dose may be repeated x 1 after 5 minutes if still seizing. **Contact Base** for more than 2 doses.

**Pediatric:****IV/IO route:** See **Handtevy** for dose

- Dose may be repeated x 1 after 5 minutes if still seizing. **Contact Base** for more than 2 doses.



## 9070 MEDICATIONS

**IN/IM route (intranasal preferred): See Handtevy for dose**

- Dose may be repeated x 1 after 5 minutes if still seizing. **Contact Base** for more than 2 doses.

### **Patient is agitated and combative, routine EMS care impossible, and IMC-RASS +3 or +4**

**Adult:**

**IV/IO/IM route:** 5 mg

- If patient still agitated and disruptive 5 minutes after first benzodiazepine dose, (IMC-RASS +3 or +4), switch to [butyrophenone](#).
- If additional sedation medication needed **CONTACT BASE**.

**Pediatric 8 to 11 years old:**

**IV/IO/IM route:** See Handtevy for dose (0.1mg/kg; maximum single dose of 5 mg)

**Pediatric <8 years old:**

- **Contact Base.**

### **Adult patient who is agitated and combative, routine EMS care impossible, IMC-RASS +4, AND imminent risk of bodily harm to self/others**

**Adult:**

- **IM route:** 10 mg. **Contact Base** for additional sedation orders.

---

### **Protocol**

- [Synchronized Cardioversion](#)
- [Transcutaneous Pacing](#)
- [Seizure](#)
- [Poisoning/Overdose](#)
- [Agitated/Combative Patient](#)

---

### **Special Considerations**

- All patients receiving benzodiazepines must receive oxygen and have cardiac monitoring, pulse oximetry, and continuous waveform capnography during transport.
- Sedative effects of benzodiazepines are increased in combination with opioids, alcohol, or other CNS depressants.
- Coadministration of opioids and benzodiazepines is discouraged and may only be done with direct physician verbal order.
- In patients >65 years old or small adults <50kg, lower doses may be sufficient and effective. Consider ½ dosing in these patients.

**BUTYROPHENONES (DROPERIDOL)****Description**

Butyrophenones are antipsychotic medications. They produce a dopaminergic blockade, a mild alpha-adrenergic blockade, and cause peripheral vasodilation. Its major actions are sedation and tranquilization. Droperidol also has a potent anti-emetic effect.

**Onset & Duration**

- Onset: Within 10 minutes after IM administration. Peak effect within 30 minutes
- Duration: 2-4 hours (may be longer in some individuals)

**Indications**

- Patient is agitated and combative, routine EMS care impossible, and IMC-RASS +3 or +4.
- Droperidol specific indications:
  - Second line medication for management of intractable vomiting
  - Combative head injured patients

**Contraindications**

- Suspected acute myocardial infarction/acute coronary syndrome
- Systolic blood pressure under 100 mmHg or the absence of a palpable radial pulse
- Signs of respiratory depression
- Pregnancy

**Side Effects**

- Due to the vasodilation effect, butyrophenones can cause a transient hypotension that is usually self-limiting and can be treated effectively with IV fluids. Droperidol may cause tachycardia which usually does not require pharmacologic intervention.
- Cardiac monitor and establish an IV as soon as possible with all administrations.
- Some patients may experience unpleasant sensations manifested as restlessness, hyperactivity, or anxiety following butyrophenone administration. Extra-pyramidal reactions have been noted hours to days after treatment. This is called akathisia and is treated with [diphenhydramine](#).
- Rare instances of neuroleptic malignant syndrome have been known to occur following treatment using butyrophenones.

**Dosage and Administration****DROPERIDOL:****Patient is agitated and combative, routine EMS care impossible, and (IMC-RASS +3 or +4)****Adult:**

**IV/IO/IM route:** 5 mg slow IV or IM administration.

- If patient still agitated and disruptive 5 minutes after first butyrophenone dose (IMC-RASS +3 or +4), repeat butyrophenone dose or switch to benzodiazepine.
- If additional sedation medication needed **CONTACT BASE**.

**Pediatric 8 to 11 years old:**

**IV/IO/IM route:** See **Handtevy** for dose (0.025 mg/kg; maximum single dose of 1.25 mg)

**Pediatric <8 years old:**

- **Not indicated.** Refer to [benzodiazepines](#).

**Adult patient who is agitated and combative, routine EMS care impossible, IMC-RASS +4, AND imminent risk of bodily harm to self/others****Adult Only**

**IM route:** 10 mg IM administration. **CONTACT BASE** for additional sedation orders.

## 9075 MEDICATIONS

### Antiemetic

#### Adult:

- **IV/IM route:** 1.25 mg slow push.

#### Pediatric:

- **Not indicated** for pediatric
- 

### Special Considerations

- Due to butyrophenone's potential effect on QT interval prolongation, all patients receiving them should be placed on the cardiac monitor. Though it is understood that obtaining an ECG on the combative or agitated patient may be difficult, every effort should be made to do so.
  - All patients receiving sedation must receive oxygen and have pulse oximetry, cardiac monitoring, and continuous waveform capnography during transport. Though it is understood that obtaining this monitoring on the combative or agitated patient may be difficult, every effort should be made to do so.
  - Avoid droperidol in frail or elderly patients due to increased risk of over-sedation as well as increased risk of hypotension and prolonged QT. If it must be given, administer half typical dose.
- 

### Protocol

- [Agitated/Combative Patient](#)
- [Antiemetics](#)

**CALCIUM****Description**

- Cardioprotective agent in hyperkalemia.
- Calcium chloride contains 3 times the amount of elemental calcium contained in the same volume of calcium gluconate. Therefore, 1 g (10 mL) vial of calcium chloride 10% solution contain 273 mg of elemental calcium, whereas 1 g (10 mL) of 10% calcium gluconate contains 90 mg of elemental calcium. For this reason, larger doses of calcium gluconate are required.
- Doses below refer to dose of calcium solution, not elemental calcium.

**Indications**

- Adult pulseless arrest associated with any of the following clinical conditions:
  - Known or suspected hyperkalemia
  - Renal failure with or without hemodialysis history
  - Calcium channel blocker overdose
  - **Not indicated for routine treatment of pulseless arrest**
- Renal failure with known or suspected hyperkalemia
- Crush or suspension injury with known or suspected hyperkalemia (requires **BASE CONTACT**)
- Calcium channel blocker overdose with hypotension and bradycardia (requires **BASE CONTACT**)

**Contraindications**

- Known or suspected hypercalcemia
- Known or suspected digoxin toxicity (i.e. digoxin overdose)

**Side Effects/Notes**

- Extravasation of calcium chloride solution may cause tissue necrosis.
- Because of the risk of medication error, if calcium chloride is stocked, consider limiting to 1 amp per medication kit to avoid accidental overdose. Calcium gluconate solution will require 3 amp supply for equivalent dose.
- Must give in separate line from IV sodium bicarb to prevent precipitation/formation of calcium carbonate.
- In setting of digoxin toxicity, may worsen cardiovascular function.

**Dosage and Administration****Calcium Gluconate 10% Solution****Adult:**

- **Pulseless arrest assumed due to hyperkalemia**
  - 3 gm (30 mL) slow IV/IO push.
- **Renal Failure with known or suspected hyperkalemia**  
**Crush or suspension injury with known or suspected hyperkalemia (with BASE CONTACT)**
  - 3 gm (30 mL) IV/IO over 5 minutes.
- **Calcium channel blocker overdose with hypotension and bradycardia**
  - **CONTACT BASE** for order. 3 gm (30 mL) IV/IO over 5 minutes. Dose may be repeated every 5 minutes for total of 3 doses.

**Pediatric:**

- **Calcium channel blocker overdose with hypotension for age and bradycardia**
  - **CONTACT BASE** for order. See Handtevy for dose, IV/IO over 5 minutes. May repeat every 5 minutes for total of 3 doses.

**Protocol**

- [Universal Pulseless Arrest](#)
- [Poisoning/Overdose](#)
- [General Trauma Care](#)

**DEXTROSE**

---

**Description**

Glucose is the body's basic fuel and is required for cellular metabolism. A sudden drop in blood sugar level will result in disturbances of normal metabolism, manifested clinically as a decrease in mental status, sweating, and tachycardia. Further decreases in blood sugar may result in coma, seizures, and cardiac arrhythmias. Serum glucose is regulated by insulin, which stimulates storage of excess glucose from the blood stream, and glucagon, which mobilizes stored glucose into the blood stream.

---

**Indications**

- Hypoglycemia
  - The unconscious or altered mental status patient with an unknown etiology
- 

**Precautions**

- None
- 

**Dosage and Administration****Adult:**

25 gm (250 mL of a 10% solution) IV/IO infusion, titrating dose to clinical effect

**Pediatric:**

<50 kg: See Handtevy for dose

---

**Protocol**

- [Hypoglycemia](#)
  - [Universal Altered Mental Status](#)
  - [Seizures](#)
  - [Poisoning/Overdose](#)
  - [Psych/Behavioral](#)
- 

**Special Considerations**

- The risk to the patient with ongoing hypoglycemia is enormous. With profound hypoglycemia and no IV access, consider IO insertion.
- Draw blood sample before administration, if possible.
- Use glucometer before administration, if possible.
- Extravasation may cause tissue necrosis; use a large vein and aspirate occasionally to ensure route patency.
- Dextrose can be irritable to the vein and the vein should be flushed after administration.

**DIPHENHYDRAMINE (BENADRYL)**

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**Description**

Antihistamine for treating histamine-mediated symptoms of allergic reaction. Also, anticholinergic and antiparkinsonian effects used for treating dystonic reactions caused by antipsychotic and antiemetic medications (e.g.: haloperidol, droperidol, reglan, compazine, etc).

---

**Indications**

- Allergic reaction
  - Dystonic medication reactions or akathisia (agitation or restlessness)
- 

**Precautions**

- Asthma or COPD, thickens bronchial secretions
  - Narrow-angle glaucoma
  - Patients over 65 years old are at greater risks of serious side effects including confusion, urinary retention, and dizziness that could lead to fall risk. For these reasons, half dosing is recommended
- 

**Side effects**

- Drowsiness
  - Dilated pupils
  - Dry mouth and throat
  - Flushing
- 

**Drug Interactions**

- CNS depressants and alcohol may have additive effects.
  - MAO inhibitors may prolong and intensify anticholinergic effects of antihistamines.
- 

**Dosage and Administration****Adults:**

- 50 mg IV/IO/IM. For patients over 65 years old, administer half-dose of 25 mg IV/IO/IM. For mild allergic reactions, consider PO administration if available.

**Pediatrics:**

- See Handtevy for dose, slow IV/IO/IM. For mild allergic reactions, consider PO administration if available.
- 

**Protocol**

- [Allergy/Anaphylaxis](#)

**DuoDote™ (NERVE AGENT ANTIDOTE KIT)**

EMT-IV

Paramedic

**Description**

Nerve agents can enter the body by inhalation, ingestion, and through skin. These agents are absorbed rapidly and can produce injury or death within minutes. The DuoDote™ Nerve Agent Antidote kit consists of one auto-injector for self and/or buddy administration. One Injector contains 2.1mg atropine and 600mg pralidoxime chloride (2-PAM).

**Indications**

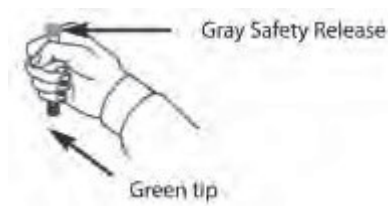
- Suspected nerve agent exposure accompanied with signs and symptoms of nerve agent poisoning

**Injection sites**

- Outer thigh- mid-lateral thigh (preferred site)
- Buttocks- upper lateral quadrant of buttock (gluteal) in thin individuals

**Instructions**

- Place the auto-injector in the dominate hand. Firmly grasp the center of the auto injector with the green tip (needle end) pointing down.

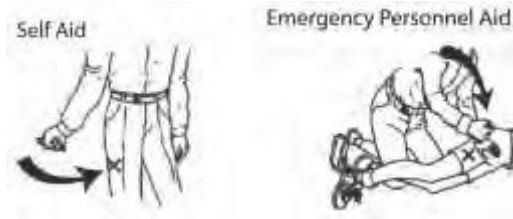


- With the other hand, pull off the gray safety release. The DuoDote™ auto-injector is now ready to be administered.

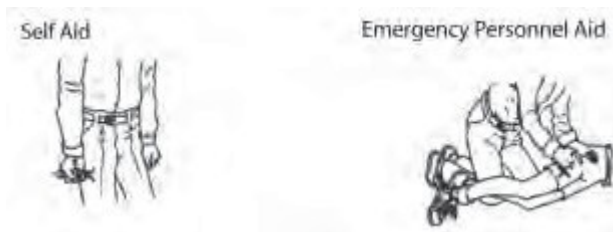


## 9115 MEDICATIONS

- The injection site is the mid-outer thigh. The DuoDote™ auto-injector can inject through clothing. However, make sure pockets at the injection site are empty.



- Swing and firmly push the green tip at a 90-degree angle against the mid-outer thigh. Continue to firmly push until you feel the auto injector trigger.



- No more than three (3) sets of antidotes should be administered.

---

### Special Considerations

- Presence of tachycardia is not a reliable indicator of effective treatment due to potential nicotinic effects of nerve agent exposure. The endpoint of treatment is clear dry lung sounds.
- Attempt to decontaminate skin and clothing between injections.

---

### Protocol:

- [Overdose and Acute Poisoning](#)



**EPINEPHRINE (ADRENALIN)****Description**

Endogenous catecholamine alpha, beta-1, and beta-2 adrenergic receptor agonist. Causes dose-related increase in heart rate, myocardial contractility, and oxygen demand, as well as peripheral vasoconstriction and bronchodilation.

**Indications**

- Anaphylaxis

**Paramedic Only:**

- Pulseless Arrest
- Asthma
- Bradycardia with poor perfusion
- [Hypotension for age](#) and poor perfusion refractory to fluids or other interventions

**Adverse Reactions**

- Tachycardia and tachydysrhythmia
- Hypertension
- Anxiety
- May precipitate angina pectoris

**Drug Interactions**

- Should not be added to sodium bicarbonate or other alkaloids as epinephrine will be inactivated at higher pH

**Dosage and Administration****Adult (Paramedic Only):****Pulseless Arrest:**

1 mg (10 ml of a 1:10,000 solution), IV/IO bolus.

Repeat every 3 compression cycles or 6 minutes. After 3mg, additional doses are not routinely recommended.

**[Hypotension for age](#) and poor perfusion refractory to other interventions:**

Continuous infusion titrated to effect: see [Vasopressor infusion](#).

**Adult Wheezing:**

0.3 mg (0.3 ml of a 1:1,000 solution) IM. May repeat dose x 1.

**Severe systemic allergic reaction (Anaphylaxis) refractory to IM epinephrine:**

Continuous infusion titrated to effect: see [Vasopressor infusion](#).

**ALTERNATIVE to racemic epinephrine:** (for stridor at rest)

5 mL of 1:1,000 epinephrine via nebulizer x 1.

**Adult Continued (EMT-IV and Paramedic):****Systemic allergic reaction:**

0.3 mg (0.3 ml of a 1:1,000 solution) IM. May repeat dose x 1.

**Epinephrine Auto-Injector (EMT-IV and Paramedic):****Systemic allergic reaction:**

Adult: 0.3 mg IM with autoinjector (adult EpiPen, Auvi-Q).

Pediatric: 0.15 mg IM with autoinjector (EpiPen Jr., Auvi-Q).

**Pediatric (Paramedic Only):****Pulseless arrest:**

See Handtevy for dose, IV/IO.

## 9120 MEDICATIONS

Repeat every 3 compression cycles or 6 minutes. After 3 doses, additional doses are not routinely recommended.

### **Bradycardia with Poor Perfusion:**

See Handtevy for dose, IV/IO.

### **Pediatric Wheezing 1 to 12 years old:**

See Handtevy for dose, IM. May repeat dose x 2 every 5 minutes.

### **Severe systemic allergic reaction (Anaphylaxis) refractory to IM epinephrine x3 total doses AND [NS rapid push](#) (CONTACT BASE):**

See Handtevy for dose, IV/IO.

### **ALTERNATIVE to racemic epinephrine: (for stridor at rest)**

See Handtevy for dose and mixing instructions.

### **Pediatric Continued (EMT-IV and Paramedic):**

#### **Moderate to Severe Allergic Reactions:**

##### 4 months to 12 years

See Handtevy for dose, IM. May repeat dose x 2 every 5 minutes.

##### Term to <4 months

See Handtevy for dose, IM. May repeat dose x 2 every 5 minutes.

---

### **Protocol**

- [Medical Pulseless Arrest Algorithm](#)
- [Bradyarrhythmia with poor perfusion](#)
- [Neonatal Resuscitation](#)
- [Medical Shock](#)
- [Allergy and Anaphylaxis Protocol](#)
- [Adult Wheezing](#)
- [Pediatric Wheezing](#)
- [Vasopressor Infusion](#)

---

### **Special Considerations**

- May increase myocardial oxygen demand and angina pectoris. Use with caution in patients with known or suspected CAD.
- Intramuscular injection into the thigh is preferred route and site of administration. Intramuscular injection of epinephrine in the thigh results in higher concentrations of medication versus intramuscular or subcutaneous injection in the upper arm.

**GLUCAGON**

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**Description**

Increases blood sugar concentration by converting liver glycogen to glucose. Glucagon also causes relaxation of smooth muscle of the stomach, duodenum, small bowel, and colon.

---

**Onset & Duration**

- Onset: variable
- 

**Indications**

- Altered level of consciousness where hypoglycemia is suspected and IV access is unavailable.
  - Hypotension, bradycardia from beta-blocker or calcium channel overdose.
- 

**Side Effects**

- Tachycardia
  - Headache
  - Nausea and vomiting
- 

**Dosage and Administration****Adult:**

Hypoglycemia:

- 1 mg IM.

Beta Blocker/Calcium Channel overdose with hypotension and bradycardia:

- 2 mg IV bolus.

**Pediatric:**

Hypoglycemia:

- < 25 kg: See Handtevy for dose, IM.
- > 25 kg: See Handtevy for dose, IM.

Beta Blocker/Calcium Channel overdose with hypotension for age, signs of poor perfusion and bradycardia:

- **BASE CONTACT** required. See Handtevy for dose, IM.
- 

**Protocol**

- [Hypoglycemia](#)
- [Poisoning/Overdose](#)

**HEMOSTATIC AGENT (QuickClot, Celox, Bloodstop, Actcel, HemCon, ChitoGauze)****Description**

QuickClot Combat Gauze is a standard roller or Z-fold gauze impregnated with a clotting agent such as kaolin (a clay containing the active ingredient aluminum silicate) which works on contact with blood to initiate the clotting process (intrinsic pathway) by activating factor XII. This reaction leads to the transformation of factor XII to its' activated form XIIa, which triggers the clotting cascade.

Mucoadhesive agents such as HemCon, ChitoGauze, and Celox utilize a granular chitosan salt derived from the shells of marine arthropods (which are positively charged) to react with and bind to negatively charged red blood cells rapidly forming a cross-linked barrier clot to seal the injured vessels.

Used in conjunction with direct pressure and wound packing, these products lead to hemostasis.

**Onset and Duration**

- Onset of action is 3-5 minutes after wound exposure, and clotting action remains unless the dressing and/or the clot is disturbed.

**Indications**

- Active bleeding from open wounds with that cannot be controlled with direct pressure. Most often involving wounds to the scalp, face, neck, axilla, groin or buttocks.

**Contraindications**

- Not to be used to treat internal bleeding such as intra-abdominal, intra-thoracic, or vaginal bleeding.
- Not to be used for minor bleeding that can be controlled by direct pressure.

**Precautions**

- Bleeding control is achieved via combination of direct pressure and hemostatic gauze packing for a minimum of 3-5 minutes.
- If bleeding soaks through the dressing, apply additional dressings while continuing direct pressure. **Do not remove dressings from the injured site.** This will disrupt any clots that have already formed.
- Stabilize patient per [General Trauma Care](#) protocol.
- If a tourniquet is indicated (refer to [Tourniquet](#) protocol), it should be applied first, before application of hemostatic agent.
- **DO NOT USE LOOSE GRANULAR OR POWDERED HEMOSTATIC AGENTS.** These are out date and will produce exothermic reactions that may cause burns and additional tissue damage.

**Procedure**

1. Deploy the hemostatic agent via external application or wound packing directly onto the wound, and then apply direct consistent pressure for at least 3 minutes over the bleeding source. **DO NOT lift or remove the dressing once it has been applied.**
2. Wrap the hemostatic dressing with another suitable dressing such as Kerlex roller gauze, ace wraps, etc. in order to maintain direct pressure.
3. Place the empty hemostatic agent packaging onto the outer dressing to notify the receiving facility of its presence.

**HYDROXOCOBALAMIN (CYANOKIT®)****Description**

- Cyanide inhibits cytochrome oxidase, thereby arresting cellular respiration and forcing anaerobic metabolism, which leads to lactate production and acidosis and ultimately death. Hydroxocobalamin binds cyanide ions to form cyanocobalamin, which is excreted in urine.

**Indications**

- Adult or pediatric patient with suspected cyanide poisoning from any route, including smoke inhalation in an enclosed space, with any of the following clinical signs:
  - Pulseless arrest
  - Coma/unresponsiveness
  - Signs of shock

**Precautions**

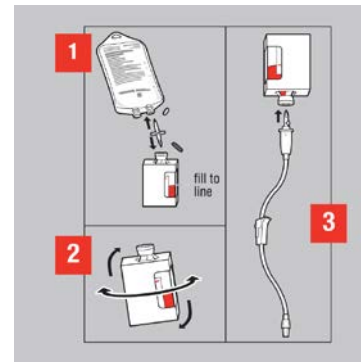
- Administer only after basic life support measures have been initiated and always in conjunction with other supportive treatment modalities.
- When possible, obtain dedicated line for hydroxocobalamin administration, as compatibility with other drugs is unknown. If this is not possible, flush line with 3-5ml NS flush before and after dose administered.

**Adverse Reactions**

- Hypertension
- Allergic reaction/anaphylaxis

**Dosage and Administration**

- Dosing
  - **Adult** dose is 5 gm IV/IO.
  - **Pediatric** see Handtevy for dose, IV/IO.
- Adult infusion instructions:
  1. Reconstitute: Place the 5 gm vial of hydroxocobalamin in an upright position. Add 200 mL of 0.9% sodium chloride injection\* to the vial using the transfer spike. Fill to the line.
    - \* 0.9% sodium chloride injection is the recommended diluent (diluent not included in the kit). Lactated Ringer's solution and 5% dextrose injection have also been found to be compatible with hydroxocobalamin.
  2. Mix: The vial should be repeatedly inverted or rocked, not shaken, for at least 60 seconds prior to infusion.
  3. Infuse Vial: Use vented intravenous tubing, hang, and infuse desired dose over 15 minutes.
- Pediatric infusion instructions:
  1. Reconstitute and mix the 5 gm vial of hydroxocobalamin as noted above.
  2. Optimal: Continuous Infusion Method. Remove desired volume based on Handtevy and insert into empty infusion bag. Attach drip set and infuse at rate listed in chart above. Desired dose should be infused over 15 min.
  3. If unable to infuse continuously: Aliquot Method. Divide entire dosing volume by 3 to make 3 separate aliquots. Flush line with 3-5 mL NS, administer 1 aliquot, flush with 3-5 mL NS. Repeat every 3 minutes until entire dosing volume administered.

**Special Considerations**

- It is understood that Cyanokit® may not be available to all agencies at all times, and therefore, is not considered standard of care. Notify receiving facility if Cyanokit® used.

**Protocols**

- [Carbon Monoxide Exposure](#)
- [Burns](#)

**IPRATROPIUM BROMIDE (ATROVENT)****Description**

Ipratropium is an anticholinergic bronchodilator chemically related to atropine.

**Onset & Duration**

- Onset: 5-15 minutes.
- Duration: 6-8 hours.

**Indications**

- Bronchospasm

**Contraindications**

- Do not administer to children <1 years old
- Soy or peanut allergy is a contraindication to the use of Atrovent metered dose inhaler, not the nebulized solution, which does not have the allergen contained in propellant

**Adverse Reactions**

- Palpitations
- Tremors
- Dry mouth

**How Supplied**

Premixed Container: 0.5 mg in 2.5ml NS

**Dosage and Administration****Adult****Bronchospasm:**

0.5 mg along with albuterol in a nebulizer.

**Child (1 year – 12 years)****Moderate and Severe Bronchospasm**

**2-12 years:** See Handtevy for dose, along with albuterol in a nebulizer.

**1 to <2 years:** See Handtevy for dose, along with albuterol in a nebulizer.

**Not indicated for repetitive dose or continuous neb use.**

**Child (<1 year)**

**Contact Base.**

**Protocol**

- [Adult Wheezing](#)
- [Pediatric Wheezing](#)

**KETAMINE** (for Analgesia)**Description**

Ketamine is a non-competitive NMDA receptor antagonist and dissociative, amnestic, analgesic, anesthetic agent.

**Onset & Duration**

- Onset: 1-5 minutes after IM administration
- Duration: 10-15 minutes

**Indications**

- Fentanyl remains the mainstay for management of acute pain
- Consider Ketamine if:
  - Contraindication to fentanyl (allergy or intolerance)
  - Opiate dependence in acute pain
- NOT to be used for procedural sedation

**Contraindications**

- Known allergy
- Relative contraindication in patients with known cardiovascular disease (Ketamine causes tachycardia)
- Altered Mental Status
- SBP <90
- Age <18 or >65
- Known history of severe behavioral disorder

**Dosage and Administration****Adults:**

0.3mg/kg IV, administer in 50cc of D5W or NS over 5 minutes

Dose for typical adult is 20mg-30mg

or

0.5mg/kg IM/IN

Dose for typical adult is 30mg-50mg

May repeat after 20 minutes for a total of 2 doses, additional analgesia requires **BASE CONTACT**.

**Precautions**

- Potential increase in heart rate and blood pressure
- May provide hyper-salivation, typically controlled by suctioning (not usually seen at analgesic dose)
- May cause hallucinations, euphoria, and dysphoria

**Protocol**

- [Amputations](#)
- [Burns](#)
- [Face and Neck Trauma](#)
- [Chest Trauma](#)
- [Abdominal Trauma](#)
- [Spinal Trauma](#)

**LIDOCAINE 2% SOLUTION**

---

**Description**

Local anesthetic for relief of pain during intraosseous fluid administration.

---

**Indications**

- Analgesic for intraosseous infusion
- 

**Side Effects**

- Seizures
  - Drowsiness
  - Tachycardia
  - Bradycardia
  - Confusion
  - Hypotension
- 

**Precautions**

- Lidocaine is metabolized in the liver. Elderly patients and those with liver disease or poor liver perfusion secondary to shock or congestive heart failure are more likely to experience side effects.
- 

**Dosage and Administration**

Adult:

- 50 mg slow IO push
- 

**Protocol**

- [Intraosseous Procedure](#)
- 

**Special Notes**

- Seizure from lidocaine toxicity likely to be brief and self-limited. If prolonged, or status epilepticus, treat per [Seizure](#) protocol.
- Treat dysrhythmias according to specific protocol.

**Lidocaine Jelly 2%:**

- Indication – Anesthetic lubricant for [Nasotracheal Intubation](#)
- Contraindication – Known history of hypersensitivity to local anesthetics
- Dosage and Administration
  - Apply a moderate amount of jelly to the endotracheal tube shortly before use
  - Avoid introducing the jelly into the lumen of the tube
  - If jelly has dried before insertion, reapply



**MAGNESIUM SULFATE****Description**

Magnesium sulfate reduces striated muscle contractions and blocks peripheral neuromuscular transmission by reducing acetylcholine release at the myoneural junction. In cardiac patients, it stabilizes the potassium pump, correcting repolarization. It also shortens the Q-T interval in the presence of ventricular arrhythmias due to drug toxicity or electrolyte imbalance. In respiratory patients, it may act as a bronchodilator in acute bronchospasm due to asthma or other bronchospastic diseases. In patients suffering from eclampsia, it controls seizures by blocking neuromuscular transmission and lowers blood pressure, as well as decreases cerebral vasospasm.

**Indications****Antiarrhythmic**

- Torsade de pointes associated with prolonged QT interval

**Respiratory**

- Severe bronchospasm unresponsive to continuous [albuterol](#), [ipratropium](#), and IM [epinephrine](#)

**Obstetrics**

- Eclampsia: Pregnancy  $\geq 20$  weeks gestational age or up to 6 weeks post-partum with seizures

**Precautions**

- Bradycardia
- Hypotension
- Respiratory depression

**Adverse Reactions**

- Bradycardia
- Hypotension
- Respiratory depression

**Dosage and Administration**

- **Torsades de Pointes suspected caused by prolonged QT interval:**

**Adult:**

2 gm, IV/IO bolus.

**Pediatric:**

Not indicated.

- **Refractory Severe Bronchospasm:**

**Adult:**

2 gm, IV bolus, over 3-4 minutes.

**Pediatric:**

Not indicated.

- **Eclampsia:**

- 2 gm IV/IO over 2 minutes, then mix 4 gm diluted in 50 ml of normal saline (0.9 NS), IV/IO drip over 15 minutes.

**Protocol**

- [Medical Arrest Algorithm](#)
- [Adult Wheezing](#)
- [Obstetric Complications](#)

**METHYLPREDNISOLONE (SOLU-MEDROL)**

---

**Description**

Methylprednisolone is a synthetic steroid that suppresses acute and chronic inflammation and may alter the immune response. In addition, it potentiates vascular smooth muscle relaxation by beta-adrenergic agonists and may alter airway hyperactivity.

---

**Indications**

- Anaphylaxis
  - Severe asthma
  - COPD
  - Suspected Addisonian crisis (cardiovascular collapse in patient at risk for adrenal insufficiency)
- 

**Contraindications**

- Evidence of active GI bleed
- 

**Adverse Reactions**

Most adverse reactions are a result of long-term therapy and include:

- Gastrointestinal bleeding
  - Hypertension
  - Hyperglycemia
- 

**Dosage and Administration****Adult:**

125 mg, IV/IO bolus, slowly, over 2 minutes.

**Pediatric:**

See Handtevy for dose, IV/IO bolus, slowly, over 2 minutes.

---

**Protocol**

- [Adult Wheezing](#)
  - [Pediatric Wheezing](#)
  - [Allergy and Anaphylaxis](#)
  - [Medical Hypotension/Shock](#)
  - [Adrenal Insufficiency](#)
- 

**Special Considerations**

- Must be reconstituted and used immediately
- The effect of methylprednisolone is generally delayed for several hours
- Methylprednisolone is not considered a first line drug. Be sure to attend to the patient's primary treatment priorities (i.e. airway, ventilation, beta-agonist nebulization) first. If primary treatment priorities have been completed and there is time while in route to the hospital, then methylprednisolone can be administered. Do not delay transport to administer this drug

## 9210 MEDICATIONS

EMT-IV

Paramedic

### NALOXONE (NARCAN)

---

#### Description

Naloxone is a competitive opioid receptor antagonist.

---

#### Onset & Duration

Onset: Within 5 minutes

Duration: 1-4 hours

---

#### Indications

- For reversal of suspected opioid-induced CNS and respiratory depression
  - Coma of unknown origin with impaired airway reflexes or respiratory depression
- 

#### Adverse Reactions

- Tachycardia
  - Nausea and vomiting
  - Pulmonary Edema
- 

#### Dosage and Administration

##### Adult:

0.5 mg IV/IO/IM/IN and titrate to desired effect, up to 2 mg total.

In cases of severe respiratory compromise or arrest, 2 mg bolus IV/IO/IM/IN is appropriate, otherwise drug should be titrated.

With some newer synthetic opioid formulations, higher doses of naloxone may be required. In rare cases of confirmed or strongly suspected opioid overdose with insufficient response to 2mg, higher doses may be used, titrate to effect. Routine use of high dose naloxone should be avoided.

##### Pediatrics:

See Handtevy for dose IV/IO/IM/IN and titrate to desired effect.

---

#### Protocol

- [Universal Altered Mental Status](#)
  - [Drug/Alcohol Intoxication](#)
  - [Poisoning/Overdose](#)
- 

#### Special Considerations

- Not intended for use unless respiratory depression or impaired airway reflexes are present. Reversal of suspected mild-moderate opioid toxicity is not indicated in the field as it may greatly complicate treatment and transport as narcotic-dependent patients may experience violent withdrawal symptoms.
- Patients receiving EMS administered naloxone **should** be transported to a hospital.
- In the State of Colorado, bystanders, law enforcement, and other first responders can administer naloxone if they feel a person is experiencing an opiate-related drug overdose event (Colorado Revised Statutes §12-36-117.7).

(Continued next page)

## 9210 MEDICATIONS

- There are significant concomitant inherent risks in patients who have received naloxone, including:
  - Recurrent respiratory/CNS depression given short half-life of naloxone.
  - Co-existing intoxication from alcohol or other recreational or prescription drugs.
  - Acetaminophen toxicity from combination opioid/acetaminophen prescriptions.
  - Non-cardiogenic pulmonary edema associated with naloxone use.
  - Acute psychiatric decompensation, overdose, SI/II, or psychosis requiring ED evaluation.
  - Sudden abrupt violent withdrawal symptoms, which may limit decision-making capacity.
- Given the above risks, it is strongly preferred that patients who have received naloxone be transported and evaluated by a physician. However, if the patient clearly has [decision-making capacity](#), he/she does have the right to refuse transport. If adamantly refusing, patients must be warned of the multiple risks of refusing transport.
- If the patient is refusing transport, **CONTACT BASE**. If any concerns or doubts about [decision-making capacity](#) exist, err on the side of transport.

## 9220 MEDICATIONS

EMT-IV

Paramedic

### **NITROGLYCERIN (NITROSTAT, NITROQUICK, etc.)**

---

#### **Description**

Short-acting peripheral venodilator decreasing cardiac preload and afterload.

---

#### **Onset & Duration**

Onset: 1-3 min.

Duration: 20-30 min.

---

#### **Indications**

- Pain or discomfort due to suspected Acute Coronary Syndrome
  - Pulmonary edema due to congestive heart failure
- 

#### **Contraindications**

- Suspected right ventricular ST-segment elevation MI (Inferior STEMI pattern plus ST elevation in right sided-precordial leads)
  - Hypotension SBP < 100
  - Recent use of erectile dysfunction (ED) medication (e.g. sildenafil (Viagra, Revatio), tadalafil (Cialis, Adcirca), vardenafil (Levitra, Staxyn), avanafil, (Stendra)
- 

#### **Adverse Reactions**

- Hypotension
  - Headache
  - Syncope
- 

#### **Dosage and Administration**

##### **Paramedic Only:**

- **Chest Pain:** 0.4 mg (1/150 gr) sublingually, every 5 minutes. PRN up to a total of 3 doses for persistent CP.
- **Pulmonary Edema:** 0.4 mg (1/150 gr) sublingually, every 5 minutes PRN titrated to symptoms and blood pressure.
- **Nitropaste:** 1 inch of Nitropaste on the patient's left anterior chest for [CHF/Pulmonary Edema](#).

##### **Paramedic and EMT-IV:**

- **Chest Pain:** (**BASE CONTACT** required for EMT-IV) assist patient in self-administration of the patient's prescribed Nitroglycerin: 0.4 mg (1/150 gr) sublingually, every 5 minutes. PRN up to a total of 3 doses for persistent CP.
- 

#### **Protocol**

- [Chest Pain](#)
  - [CHF/Pulmonary Edema](#)
-

**NONSTEROIDAL ANTI-INFLAMMATORY DRUGS: IBUPROFEN (ADVIL, MOTRIN), KETOROLAC (TORADOL)**

---

**Description**

NSAIDs decrease pain and inflammation by several mechanisms. Their primary action is to inhibit the family of cyclooxygenase (COX) enzymes resulting in blockade of prostaglandin synthesis. COX inhibition also impacts renal blood flow and stomach acid secretion. NSAIDs may also inhibit chemotaxis, alter lymphocyte activity, decrease proinflammatory cytokine activity, and inhibit neutrophil aggregation, further contributing to anti-inflammatory activity.

---

**Onset & Duration**

- Onset of analgesia: oral 30-60 minutes, IV within 5 minutes
  - Peak effect: 1 hour
  - Duration: 4 hours
- 

**Indications**

- Acute treatment of mild, moderate, or severe pain. Consider IV ketorolac for moderate to severe pain
  - Pain due to suspected kidney stones, acute exacerbations of chronic pain, musculoskeletal pain
  - Fever (>38.3°C/101°F) – Ibuprofen only
- 

**Contraindications**

- Allergy to NSAIDs including aspirin and naproxen (Naprosyn, Aleve)
  - Pregnancy or breast feeding
  - History of GI bleeding or active stomach ulcer
  - History of chronic kidney disease or kidney transplant
  - Anticoagulation/antiplatelet (patient taking blood thinners) or history of a blood clotting disorder
  - In setting of multisystem trauma
  - Acute head trauma or suspected intracranial bleed
  - Ketorolac is contraindicated for ages less than 12-years-old and over 65-years-old
  - Severe dehydration
- 

**Adverse Reactions**

- Allergic reactions: anaphylaxis, urticaria, angioedema, bronchospasm, rash, hypotension, etc.
  - Nausea and vomiting
  - GI bleeding with chronic use
  - Acute kidney injury
- 

**Drug Interactions**

- Avoid concomitant administration with other NSAIDs or anticoagulant/antiplatelet medications such as apixaban (Eliquis), aspirin, dabigatran (Pradaxa), enoxaparin (Lovenox), heparin, rivaroxaban (Xarelto), warfarin (Coumadin).
- 

**Dosage and Administration****Ibuprofen (Paramedic or EMT-IV)****Adult:**

600 mg PO

**Pediatric 6 months – 11 years old:**

See Handtevy for PO dose (10 mg/kg PO)

**Pediatric <6 months**

Not indicated

**Ketorolac (Paramedic Only)****Adult:**

15mg IV or IM

**Pediatric:**

Not indicated

**Protocol**

- [Pain management](#)

**OPIOIDS (FENTANYL)****Description**

Opioid analgesics with desired effects of analgesia, euphoria and sedation as well as undesired effects of respiratory depression and hypotension. A synthetic opioid, fentanyl is 100 times more potent than morphine, and is less likely to cause histamine release.

**Indications**

- Treatment of hemodynamically stable patients with moderate to severe pain due to traumatic or medical conditions.

**Contraindications**

- Hemodynamic instability or shock
- Respiratory depression

**Caution/Comments:**

- Opioids should only be given to hemodynamically stable patients and titrated slowly to effect.
- The objective of pain management is not the removal of all pain, but rather, to make the patient's pain tolerable enough to allow for adequate assessment, treatment, and transport.
- Respiratory depression, including apnea, may occur suddenly and without warning, and is more common in children and the elderly. **Start with ½ traditional dose in the elderly.**
- Coadministration of opioids and benzodiazepines is discouraged and may only be done with direct physician verbal order.
- Chest wall rigidity has been reported with rapid administration of fentanyl.

**Dosage and Administration****FENTANYL:**

- **Adult doses may be rounded to nearest 25 mcg increment**
- **Initial dose in adults typically 100 mcg**
- **Strongly consider ½ typical dosing in elderly or frail patient**

**Adult:**

**IV/IO/IM route:** 1-2 mcg/kg.

- Dose may be repeated after 5 minutes and titrated to clinical effect to a maximum cumulative dose of 300 mcg.
- Additional analgesia requires **BASE CONTACT**.

**IN route:** 1-2 mcg/kg.

- Administer a **maximum of 1 ml of fluid** per nostril.
- Dose may be repeated after 10 minutes after initial IN dose to a maximum cumulative dose of 300 mcg. IV route is preferred for repeat dosing.
- Additional analgesia requires **BASE CONTACT**.

**Pediatric (1-12 years):**

**IV/IO/IM route:** See Handtevy for dosing.

- Dose may be repeated after 5 minutes and titrated to clinical effect.
- Additional dosing requires **BASE CONTACT**.

**IN route:** See Handtevy for dosing.

## 9230 MEDICATIONS

- Administer a **maximum of 1 ml of fluid** per nostril.
- Dose may be repeated after 10 minutes after initial IN dose. IV route is preferred for repeat dosing.

### **Pediatric < 1 year: BASE CONTACT.**

NOTE: IV route is preferred for all opioid administration because of more accurate titration and maximal clinical effect. IO/IM for all listed opioids and additionally IN for fentanyl are acceptable alternatives when IV access is not readily available. Repeat doses of IN Fentanyl can be given if IV access cannot be established. However greater volumes and repeat IN administration are associated with greater drug run off and may therefore be less effective. Continuous pulse oximetry monitoring is mandatory. Frequent evaluation of the patient's vital signs is also indicated. Emergency resuscitation equipment and [naloxone](#) must be immediately available.

---

### **Protocol**

[Extremity Injuries](#)

[Chest Pain](#)

[Post Resuscitation Care with ROSC](#)

[Abdominal Pain](#)

[Amputations](#)

[Burns](#)

[Bites/Stings](#)

[Snake Bites](#)

[Face and Neck Trauma](#)

[Chest Trauma](#)

[Abdominal Trauma](#)

[Spinal Trauma](#)



## 9240 MEDICATIONS

EMT-IV

Paramedic

### **ORAL GLUCOSE (GLUCOSE, INSTA-GLUCOSE)**

---

#### **Description**

Glucose is the body's basic fuel and is required for cellular metabolism.

---

#### **Indications**

- Known or suspected hypoglycemia and able to take PO
- 

#### **Contraindications**

- Inability to swallow or protect airway
  - Unable to take PO meds for another reason
- 

#### **Administration**

All ages: One full tube 15 g buccal.

---

#### **Protocol**

- [Universal Altered Mental Status](#)
  - [Hypoglycemia](#)
-

**OXYGEN**

---

**Description**

Oxygen added to the inspired air increases the amount of oxygen in the blood, and thereby increases the amount delivered to the tissue. Tissue hypoxia causes cell damage and death. Conversely, hyperoxia has been linked with worsened outcomes in acute coronary syndromes and stroke. Therefore, oxygen should not be viewed as a harmless drug where more is better. EMS personnel should add additional oxygen when hypoxia, shock or respiratory distress are present titrating to a normal pulse oximetry reading above 90%.

---

**Indications**

- Hypoxemia or respiratory distress
  - Hypotension/shock states
  - Suspected carbon monoxide poisoning
  - Obstetrical complications, childbirth
  - Pre-intubation oxygenation
- 

**Precautions**

- If the patient is not breathing adequately, the treatment of choice is assisted ventilation, not just oxygen.
  - Do not withhold oxygen from any patient in respiratory distress, including COPD patients.
- 

**Administration**

- Use the appropriate oxygen delivery method and flow rate to achieve SpO<sub>2</sub> of 90-96% when oxygen therapy is indicated.
- 

**Special Notes**

- Do not use permanently mounted humidifiers. If the patient warrants humidified oxygen, use a single patient use device.
- Adequate oxygenation is assessed clinically and with the SpO<sub>2</sub> while adequate ventilation is assessed clinically and with waveform capnography.

## 9260 MEDICATIONS

EMT-IV

Paramedic

### ***PHENYLEPHRINE (INTRANASAL)***

---

#### **Description**

- Phenylephrine is an alpha-adrenergic agonist. When administered intranasally, it causes vasoconstriction in the nasal mucosa and subsequently decreased bleeding and nasal decongestion.
- 

#### **Indications**

- Prior to nasotracheal intubation to induce vasoconstriction of the nasal mucosa (**Paramedic Only**)
  - Nosebleed (epistaxis)
- 

#### **Precautions**

- Avoid administration into the eyes, which will dilate pupil
- 

#### **Dosage and Administration**

- (**Paramedic Only**) Instill two drops of 1% solution, or 2 sprays, in the nostril prior to attempting nasotracheal intubation.
  - For patients with active nosebleed, first have patient blow nose to expel clots. Then, administer 2 sprays into affected naris(es).
- 

#### **Protocol**

- [Nasotracheal intubation](#)
- [Epistaxis](#)

**RACEMIC EPINEPHRINE**

---

**Description**

Racemic epinephrine 2.25% is an aqueous solution that delivers 11.25 mg of racemic epinephrine per 0.5mL for use by **inhalation only**. Inhalation causes local effects on the upper airway as well as systemic effects from absorption. Vasoconstriction may reduce swelling in the upper airway, and  $\beta$  effects on bronchial smooth muscle may relieve bronchospasm.

---

**Onset & Duration**

- Onset: 1-5 minutes
  - Duration: 1-3 hours
- 

**Indications**

- Stridor at rest
- 

**Side Effects**

- Tachycardia
  - Palpitations
  - Muscle tremors
- 

**Dosage and Administration**

0.5 ml racemic epinephrine (acceptable dose for all ages) mixed in 3 mL saline, via nebulizer at 6-8 LPM to create a fine mist and administer over 15 minutes.

---

**Protocol**

- [Pediatric Stridor/Croup](#)
- 

**Special Considerations**

- Racemic epi is heat and photo sensitive.
- Once removed from the refrigerator, the unopened package is stable at room temperature until the expiration date stated on the package.
- Do not confuse the side effects with respiratory failure or imminent respiratory arrest.
- If no racemic epinephrine is available, consider 5 mL of 1:1,000 epinephrine x 1 via nebulizer at 6-8 LPM to create a fine mist and administer over 15 minutes.

**SODIUM BICARBONATE****Description**

Sodium bicarbonate is an alkalinizing solution used to treat metabolic acidosis, sodium channel poisoning, and hyperkalemia. Sodium bicarbonate is no longer recommended for routine use in prolonged cardiac arrest.

**Indications**

- Suspected hyperkalemic pulseless arrest: consider in patients with known renal failure/dialysis.
- Renal failure with known or suspected hyperkalemia
- Known or suspected hyperkalemia with ECG changes
- Crush or suspension injury with known or suspected hyperkalemia (**BASE CONTACT** required).
- Sodium bicarbonate therapy is indicated in patients with sodium channel blocker poisoning who develop widening of the QRS interval >120 msec, hypotension, or a ventricular arrhythmia.
  - Examples of sodium channel blockers include tricyclic antidepressants (TCA) such as amitriptyline, also other medications like diphenhydramine, phenytoin, lidocaine, procainamide, or carbamazepine.

**Contraindications**

- Metabolic and respiratory alkalosis
- Hypocalcemia
- Hypokalemia

**Adverse Reactions**

- Metabolic alkalosis
- Paradoxical cerebral intracellular acidosis
- Sodium bolus can lead to volume overload

**Drug Interactions**

- If administering in same IV/IO line with calcium, flush IV/IO line with at least 10 mL of fluid between medications.
- Alkalization of urine may increase half-lives of certain drugs.
- Vasopressors may be deactivated.

**Dosage and Administration:** 8.4% sodium bicarbonate solution

**Adult:**

- **Pulseless arrest suspected due to hyperkalemia** (e.g., typically patient with dialysis, end-stage renal disease)
  - 1 mEq/kg slow IV push. Repeat if needed x 2 every 5 minutes.
- **Renal failure with known or suspected hyperkalemia**  
**Known or suspected hyperkalemia with ECG changes**  
**Crush or suspension injury with known or suspected hyperkalemia (with BASE CONTACT)**  
**Sodium channel blocker poisoning with wide QRS >120 msec or ventricular arrhythmia**
  - 1 mEq/kg slow IV push. Repeat if needed x 2 every 5 minutes or until QRS is narrowed.

**Pediatric:**

- **Pulseless arrest suspected due to hyperkalemia** (e.g., typically patient with dialysis, end-stage renal disease)
  - See Handtevy for dose, slow IV push. Repeat if needed x 2 every 5 minutes.

## 9280 MEDICATIONS

- **Renal failure with known or suspected hyperkalemia**  
**Known or suspected hyperkalemia with ECG changes**

**Crush or suspension injury with known or suspected hyperkalemia (with BASE CONTACT)**

**Sodium channel blocker poisoning with wide QRS >120 msec or ventricular arrhythmia**

- See Handtevy for dose, slow IV push. Repeat if needed x 2 every 5 minutes or until QRS is narrowed.

---

### Protocol

- [Medical Pulseless Arrest](#)
- [Poisoning/Overdose](#)

**TOPICAL OPHTHALMIC ANESTHETICS**

---

**Description**

Proparacaine and tetracaine are local anesthetics approved for ocular administration for relief of eye pain caused by corneal abrasion or chemical injury.

---

**Indications**

- Pain secondary to eye injuries and corneal abrasions.
  - Topical anesthetic to facilitate eye irrigation.
- 

**Contraindications**

- Known allergy to local anesthetics.
  - Globe lacerations or rupture.
- 

**Precautions**

- Transient burning/stinging when initially applied.
- 

**Dosage and Administration**

- Instill 2 drops into affected eye. **CONTACT BASE** for repeat dosing.
- 

**Special Considerations**

- This is single patient use. Unused portions should be discarded, and only new bottles may be used.
- Do not administer until patient consents to transport and transport has begun.
- Topical ophthalmic anesthetics should never be given to a patient for self-administration.

**VASOPRESSOR CONTINUOUS INFUSION – ADULT PATIENTS ONLY**

---

**Description:**

**Epinephrine:** Preferred vasopressor for all indications.

- Endogenous catecholamine alpha, beta-1, and beta-2 adrenergic receptor agonist. Causes dose-related increase in heart rate, myocardial contractility, and oxygen demand, as well as peripheral vasoconstriction, and bronchodilation.
- 

**Indications:**

**Epinephrine:**

- Severe Allergic Reaction/Anaphylaxis
  - Hypotension with poor perfusion refractory to adequate fluid resuscitation (typically 30 mL/kg crystalloid)
  - Bradycardia with signs of poor perfusion
- 

**Contraindications:**

- Do not use vasopressor infusion in PEDIATRIC patients (age less than 12 years)
- 

**Adverse Reactions**

- Dysrhythmia
  - Hypertension
  - Anxiety
  - Angina
- 

**Drug Interactions**

- Do not add to sodium bicarbonate or other alkaloids as epinephrine will be inactivated at higher pH.
- 

**Dosage and Administration:****Epinephrine:**

- **Mix:** inject 1 mg epinephrine into 1000 mL Normal Saline bag to achieve 1mcg/mL concentration (This means 1 mL of 1:1000 or 10 mL of 1:10,000 – either way 1 mg of drug). Use macro drip set.
  - **Adult IV/IO:** Begin IV/IO infusion wide open to gravity to give small aliquots of fluid. **Typical volumes are less than 100 mL of total fluid**, as typical doses are expected to be < 100 mcg. Titrate to desired hemodynamic effect with goal BP of > 90 mmHg systolic, improved respiratory status (bronchodilation), and improved perfusion/mentation.
- 

**Protocol**

- [Post-Resuscitation Care with ROSC](#)
  - [Bradyarrhythmia with Poor Perfusion](#)
  - [Allergy and Anaphylaxis](#)
  - [Medical Hypotension/Shock](#)
  - [Overdose and Acute Poisoning](#)
- 

**Special Considerations**

- May increase myocardial oxygen demand and angina pectoris. Use with caution in patients with known or suspected CAD.



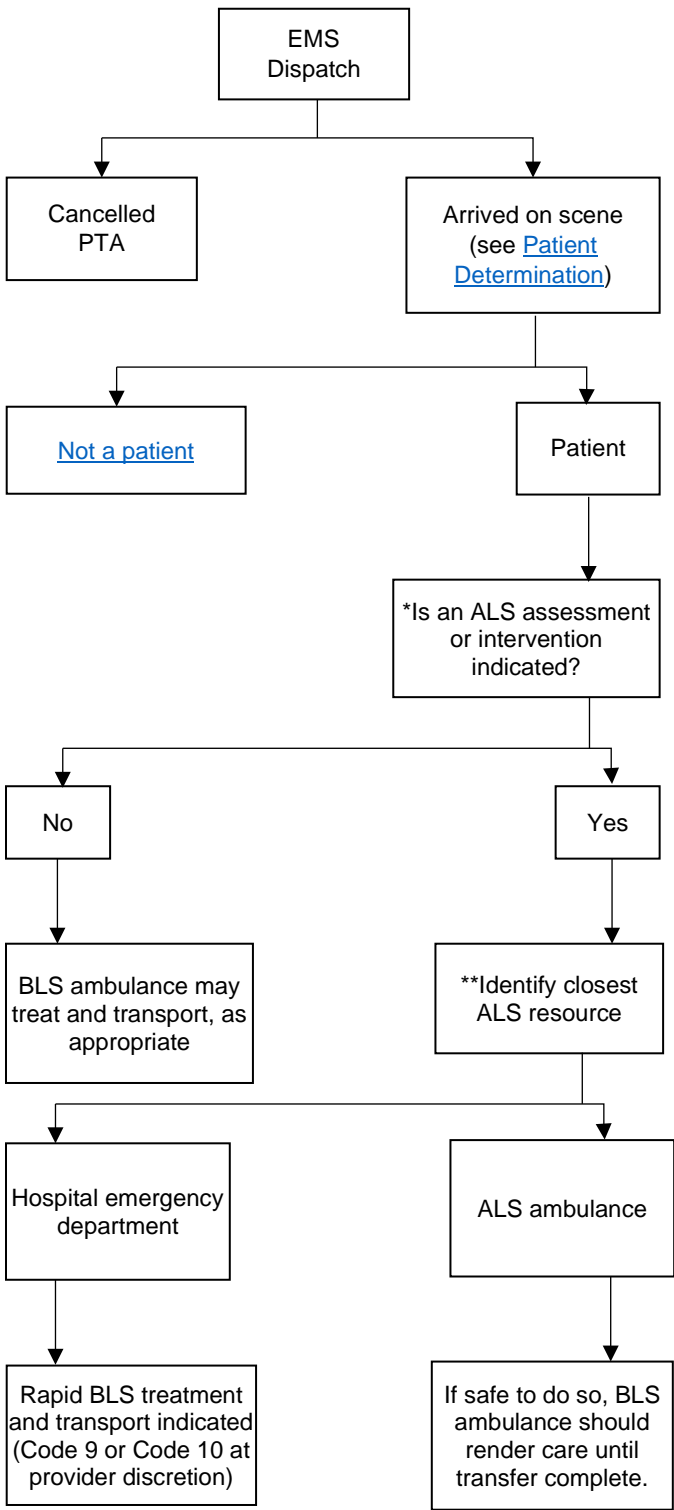


## **BLS Ambulance Guidelines**

**The following protocols are intended for EMT-IV providers working together on a 911 ambulance.**

10000 GENERAL GUIDELINES: BLS AMBULANCE TRANSPORT

EMT-IV



**\* When considering whether ALS assessment or intervention is indicated, BLS providers need to rely on patient history and presentation.**

**Concerning patient conditions include but are not limited to:**

- Abnormal vital signs
- Abnormal skin signs
- Altered level of consciousness
- Allergic reaction with difficulty breathing or swallowing, altered level of consciousness, or known previous reaction; hives within 5 minutes of exposure
- Cardiac symptoms
- Cardiac arrest
- Diabetic problem (not responding to treatment)
- Multi-system trauma or severe single system trauma
- OB/GYN (imminent delivery, 2nd or 3rd trimester bleeding or miscarriage)
- Overdose/poisoning (associated with any other categories on this list)
- Respiratory distress
- Respiratory arrest/failure
- Seizures/convulsions (Status or trauma related)
- Severe blood loss
- Shock (Hypoperfusion)
- Stroke/CVA symptoms with airway compromise
- Syncope (associated with any other categories on this list or cardiac history)
- Unsafe agitation

**\*\*There are instances when transfer to an ALS ambulance is in the patient's best interest, regardless of hospital proximity, including:**

- Medical cardiac arrest
- Unsafe agitation

**Similarly, there are instances when rapid BLS transport is in the patient's best interest, regardless of ambulance proximity, including:**

- Multi-system trauma or severe single system trauma

**In all cases, provider discretion is necessary.**



## **Sep Car Guidelines**

**The following protocols are intended for EMT-IV and paramedic providers working together on a 911 ambulance.**

## 11000 EMT-IV Attend Guidelines

EMT-IV	Paramedic
--------	-----------

### Purpose

- A. To provide guidelines for patients appropriate for an EMT attend on ambulances with both an EMT-IV and a paramedic certified provider.
- B. These guidelines are not intended to be exhaustive in nature. In general, the default position should be that a paramedic attends on patients calling 911 in our system. EMT attends should be limited to patients in which there is no reasonable potential for decompensation or compromised care. Deviation from these guidelines may reasonably occur (during an MCI, for example), but should always be accompanied by sufficient justification.

### General Principles

- A. Whenever possible, a paramedic assessment should be performed on **every** patient contact. This assessment should also subsequently be explicitly and correctly documented in the PCR when an EMT is attending during transport. Once a working differential has been established, the paramedic should determine the next appropriate steps for care (initiation of treatments, discussion of dispositions, etc.). If the paramedic determines BLS care is appropriate, there should be a clear communication between the paramedic and EMT about those next steps prior to their initiation.
- B. EMS transports - After an ALS assessment has been completed, a paramedic may determine that it's appropriate for an EMT to continue care on the way to the hospital. Prior to departure, there should be clear communication about the patient's current status and an understanding that the EMT should immediately relay to the paramedic any change in patient condition during transport. Along these lines, any medication administration made by the EMT should be discussed with the paramedic, as it could be indicative of a change in patient condition.
- C. Alternative Dispositions – Paramedics should be directly involved in **ALL** alternative dispositions in our system. The paramedic is responsible for the patient/no-patient determination and decision-making capacity assessments, as well as all 'left with PD'-type dispositions. There is also a standard expectation that the paramedic speaks to the patient about any potential life-threatening risks and precautions prior to any refusal. Base consultation prior to any high-risk refusal should generally be made by the attending paramedic.

### Paramedic Attends

- A. The paramedic should attend if any of the following are present:
  - a. Any emergent return
  - b. Any significantly abnormal vital sign
    - i. For adults:
      1. Systolic blood pressure (SBP) <90mmHg or >180mmHg; diastolic blood pressure (DBP) >110mmHg
      2. Heart rate (HR) <50bpm or >120bpm
      3. (Pathologic) respiratory rate (RR) <10bpm or >30bpm
    - ii. For pediatrics:
      1. Varies, but any significant deviation from the normal range. Reference Handtevy.
  - c. Any concern that the patient's condition could decline and require ALS assessment or intervention during transport
  - d. Any high-risk presentation or complaint, including but not limited to:
    - i. Concern for acute coronary syndrome (ACS)
    - ii. Respiratory distress
    - iii. Syncope
    - iv. First-time seizure, or complex seizure presentation or history
    - v. AMS not related to ETOH
    - vi. Any suspected neurologic emergency (e.g. TIA, CVA)
    - vii. Any major hemorrhage
    - viii. Penetrating trauma to the head/face, neck, or torso
    - ix. Blunt trauma with high kinetic force and evidence of significant injury to the head/face, neck, or torso
    - x. Any toxic ingestion or overdose
    - xi. Any suspected metabolic, endocrine, or electrolyte emergency (e.g. DKA, HHS, hyperkalemia)

## 11000 EMT-IV Attend Guidelines

- xii. Pregnancy involving heavy bleeding, trauma in patients with a potentially viable fetus, active labor in patients with a potentially viable fetus
- e. Any patient with the following high-risk factors:
  - i. Extremes of age: due to assessment challenges, potential for occult injuries, and comorbidities in the elderly, patients aged <36 months or >70 years should generally result in paramedic attend.
  - ii. Language barrier, if it impedes provider ability to complete a comprehensive assessment
- f. Any patient requiring ALS monitoring or interventions: see [0990 QuickReference](#) and other specific, applicable protocols as needed for EMT-IV and paramedic scopes of practice and allowable acts



## **Grant Funded Projects and Trials**

**The following protocols are intended for EMT-IV and paramedic providers participating in current grant funded projects and patient care trials.**

## 12000 NALOXONE LEAVE BEHIND

The following protocol will remain in place during our participation in The Naloxone Project to leave behind naloxone kits for our at-risk patients and communities.

Leave behind naloxone kits are separate from the naloxone stocked for provider use. Only designated leave behind naloxone kits should be distributed to the public.

EMT-IV

Paramedic

### Recipient meets all the following criteria:

- Be alert and oriented
- Understand how to recognize opioid overdose and administer naloxone
- Meet at least one criterion for leave-behind naloxone

### Criteria for distribution of leave-behind naloxone:

- Individual at risk of opioid overdose
- Individual in a position to assist those at risk of opioid overdose
- Law enforcement or first responder

### Provider actions:

- Distribute naloxone kit and explain contents
- Provide written or verbal opioid overdose education, including:
  - Risk factors for opioid overdose
  - Recognition of opioid overdose
- Provide written or verbal directions for use of naloxone, including:
  - Onset and duration of naloxone
  - Steps for use – if overdose is suspected:
    - Administer naloxone according to instructions
    - **Call 911**
    - (If not breathing) consider CPR
    - Repeat doses every three minutes, if needed
- If applicable to the recipient, encourage addiction treatment and utilization of services provided in leave-behind kit
- While at the site of distribution, scan and complete the naloxone leave behind form utilizing the provided QR code (i.e. badge buddy, ambulance, protocol QR codes)

### DHPD Leave Behind Form:



## Denver Health Paramedic Division Protocol Change Log

August 1, 2024

### Protocol Updates

#### General

- Removed all references to hyperactive delirium, as this language is no longer supported. Protocols impacted: 1130, 6010, 6011 (removed protocol entirely), 9070, 9075, 9280
- Added new protocol section (12000s) for grant funded projects and patient care trials

#### 1130 Physical Restraint

- 1130: added IMC-RASS score to documentation requirements

#### 6010 Agitated/Combative Patient

- 6010: updated flow of protocol to include guidance on specific treatment based on level of agitation/combateness; added a pediatric considerations box

#### 9070 Benzodiazepines

- Agitated/combative patient: added standing order pediatric dosing for 8–11 year olds

#### 9075 Butyrophenones

- Agitated/combative patient: added standing order pediatric dosing for 8–11 year olds

#### 9280 Sodium Bicarbonate

- If administering sodium bicarb and calcium through the same IV line, clarified a flush is needed between administrations

#### 12000 Naloxone Leave Behind

- New protocol outlining criteria and guidance for leave behind naloxone

#### Corrections

- 5000 Drowning – Epinephrine administration was placed in a blue box for paramedic admin only
- 5010 Hypothermia – Epinephrine administration was placed in a blue box for paramedic admin only
- 9040 Antiemetics – combined two lines of redundant peds dosing
- 9225 NSAIDS – clarified Ibuprofen is not indicated for patients <6 months old to match Handtevy guidance