



DENVER HEALTH JOURNEYS

Information from your community partner in health and wellness.

January 2025

'Magic mushrooms' safety in spotlight



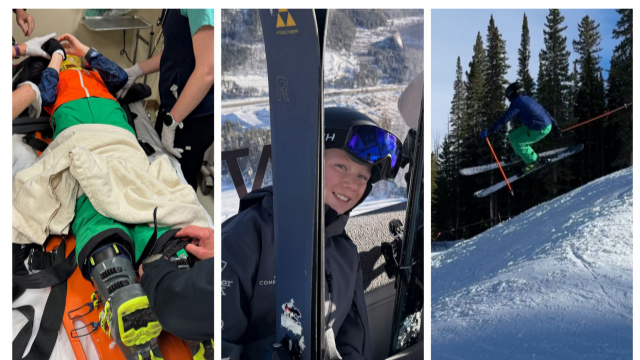
The use of psilocybin, the psychoactive compound in “magic mushrooms,” is expected to rise significantly this year. While proponents point to its therapeutic potential, Denver Health’s Rocky Mountain Poison and Drug Safety has had a concerning increase in calls from people reporting negative experiences while using it recreationally.

[Read more](#)



[New Year’s resolutions not working? Try a new word for 2025 instead](#)

[Labor of love: Denver Health celebrates record baby boom](#)



[Denver Health advances trauma care in national study](#)

[Winter Park family grateful for care after 11-year-old’s ski crash](#)

[Careers at Denver Health](#)

[Make an Appointment](#)

[Sign up for MyChart](#)



CLICK HERE FOR A PDF VERSION OF THIS NEWSLETTER.

