

DENVER HEALTH JOURNEYS

Information from your community partner in health and wellness.

August 2024

Cooper's legacy carries on through blood drives at Denver Health





Cooper Steinhauser was born at Denver Health at just under 2 pounds and received 13 blood transfusions during his life. His parents are encouraging the Denver community to donate blood, especially during summer months when the supply is typically lower.

Read more



What you need to know about intermittent fasting from a Denver Health registered dietician



Research associate Ileana Barron stresses the importance of diversity in clinical research studies



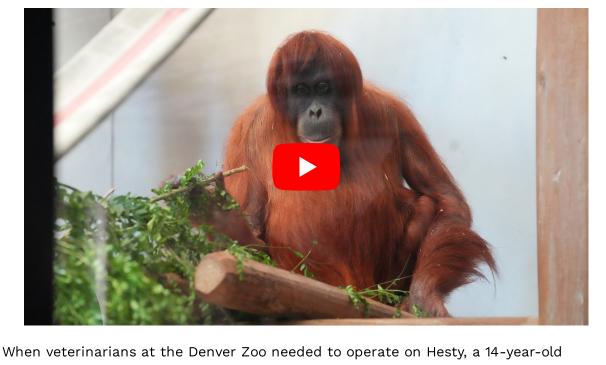
Our dermatology experts warn <u>against spread of sunscreen</u> misinformation on social media



salad, bursting with zesty lemon and fresh herbs, is perfect for <u>summer</u>

This light and citrusy chicken

DID YOU KNOW?



orangutan who was badly injured, they trusted Denver Health's world-renowned Orthopedics Department to help with the surgery. Watch how Denver Health's experts worked with zoo staff to repair fractures in Hesty's hands, feet and elbow.

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Careers at Denver Health

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