

DENVER HEALTH JOURNEYS

Information from your community partner in health and wellness.

January 2024

Welcome to Journeys, Denver Health's new patient and community newsletter

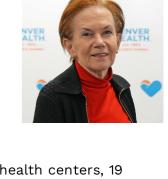
Welcome to Denver Health Journeys, our new monthly

Hello. I'm Donna Lynne, CEO of Denver Health.

community. Our goal with Journeys is to make patients and our community aware of the comprehensive services offered by our health care system.

With our trauma teams and paramedics, inpatient care, 10 family health centers, 19 school-based health centers and so much more, we are truly at the heart of the

newsletter written for our patients and beloved Denver



This month we're sharing:

• A critical-to-miracle surgery story about a husband and father whose heart stopped beating for 20 minutes.

Research on Type 1 diabetes and a new recommendation for testing children.
Tips to help you keep your New Year's resolutions.

Denver community.

- An overview of convenient urgent care options for children and adults in Denver.
 How Denver Health is the place you can trust to deliver your baby.
- We look forward to bringing you news about all the ways Denver Health is working to improve the health and well-being of those we care for. Please let us know what type
- improve the health and well-being of those we care for. Please let us know what types of stories you are interested in reading; you can share that feedback with us at
- <u>DenverHealthJourneys@dhha.org</u>.

Thank you in advance for reading and sharing Journeys.

With gratitude,

Patient grateful for greatest gift of life

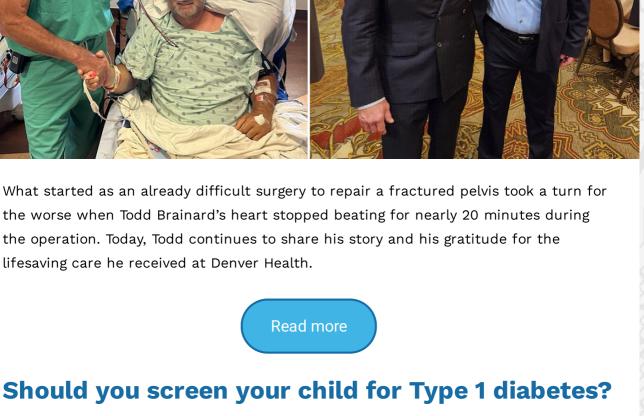
Denver Health is working tirelessly to be the most trusted health care provider in Colorado. With your ongoing support, we come that much closer to achieving this

Donna Lynne, DrPH

Chief Executive Officer

vision.









Do you have any unfulfilling habits you'd like to leave behind? How about some healthier resolutions that you've adopted for 2024? Read tips to help you keep your

Get help when you need it with

convenient urgent care options

Read more

New Year's resolutions.

Denver Health's urgent care services make it easy for you to get the help you need, when you need it, **including virtually**. At our five urgent care centers throughout

regular doctor may not be available.

Denver, we treat nonemergency illnesses and injuries such as severe colds, flu, fevers, fractures or sprains, minor cuts and allergies that require medical attention when your

Read more

DID YOU KNOW?

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Did you know Denver Health delivers one-third of babies born in Denver each year? We are proud to be the hospital that Denver families trust. That trust was clear in 2023, when a record 3,885 babies were delivered at Denver Health. We were able to meet the needs of our community by adding outpatient nurse midwives to our team, which increased low-risk prenatal access. Denver Health also was recognized by Newsweek as

Careers at Denver Health

a top maternity hospital in 2023.

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Make an Appointment

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Sign up for MyChart





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