

Hellos & Goodbyes: Supporting children with classroom transitions

Children's environment is constantly changing as new children and adults come and leave the classroom. Protocols and routines can help reduce anxiety and stress for children when introducing new people or having to say goodbye. Being consistent with using these protocols can set clear expectations and make it easier to form positive relationships

Introducing new children to the classroom



- Teacher can foster peer engagement by facilitating play
- Teachers can encourage peers to model behavioral expectations
- Observe how new child is adjusting to routine and identify their interests, strengths, challenges, and coping skills

Supporting children through Goodbyes

- When teachers or peers leave the classroom permanently, it can act as opportunity to teach children how to cope during these transitions
- Informing children in advance gives them time to process, ask questions, and have control of how they want to say goodbye.
- Informing children's families can also provide the opportunity for caregivers to talk about it/process it with their kids