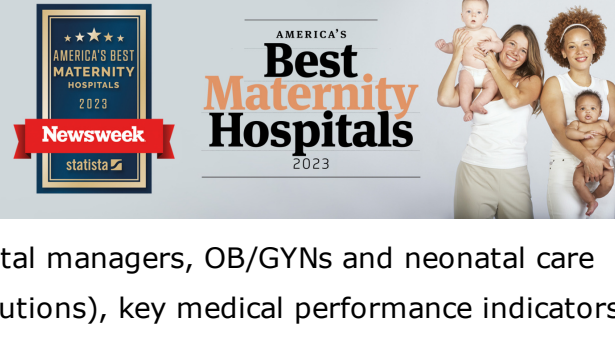


Thursday, May 18, 2023

Denver Health ranked among top U.S. maternity hospitals

Denver Health is one of "America's Best Maternity Hospitals" in 2023, according to a survey just published by Newsweek, ranking among the elite "five-ribbon" hospitals that achieved quality scores above 83%, reputation scores greater than 68% and patient scores higher than 80%. The hospital evaluations are based on a nationwide survey of 10,000 hospital managers, OB/GYNs and neonatal care providers (they were not allowed to nominate their own institutions), key medical performance indicators such as rate of cesarean births, and patient satisfaction data. Of the 384 hospitals cited for providing maternity care, only 159 were listed as "five ribbon."



"The Newsweek ranking is wonderful recognition for the dedication and excellent care provided by our obstetricians, nurses, nurse-midwives and family medicine practitioners," said **John Curtin, MD**, director of service for OB/GYN. "We're well known for delivering a good percentage of Denver-area babies, but receiving national recognition is also very gratifying."

Values Awards nomination deadline extended to May 22

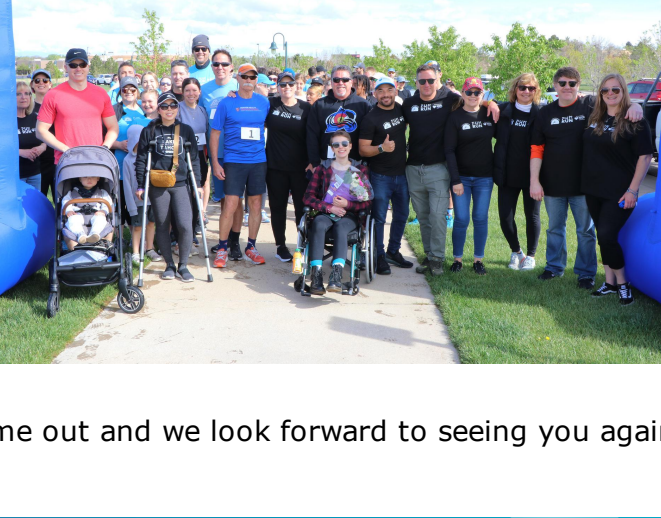
Time is running out to nominate a Denver Health co-worker or team for a Values Award! Choose the value (respect, belonging, accountability or transparency) that the person or team represents most and tell us why in the [nomination form](#). **The nomination deadline has been extended to 5 p.m. on Monday, May 22.** We'll present the Values Awards on Friday, June 23, during Days of Celebration. **All nominations** will be shared in the 411 and on the Pulse. Anyone who works at Denver Health is eligible to submit or receive a nomination, whether a full-time or part-time employee, contractor, student, resident or other staff member. You can nominate a peer! The nomination process is not exclusive to leaders. Here are a few examples of how Denver Health's new values might look in practice:



- **Respect** - Acknowledging colleagues' skills, displaying a commitment to their work or toward patients, interacting mindfully with others, fostering a sense of trust or showing kindness toward others
- **Belonging** - Demonstrating a commitment toward diversity, equity, inclusion and belonging; creating a positive work environment; and cultivating social connections at work
- **Transparency** - Open communication, having courageous conversations or a willingness to share
- **Accountability** - Being responsible for their work

Hundreds show support at inaugural Trauma Survivors Fun Run

Thanks to everyone who attended Denver Health's inaugural **Trauma Survivors Fun Run** last Saturday, when more than 200 people walked, ran and wheeled around Great Lawn Park. The event brought together trauma survivors – including some treated at Denver Health – family members and caregivers to share stories, provide support and celebrate life. A special shoutout to organizers **Carri Cherney**, department operations manager for Orthopedics, and **Julio Martinez Coronado**, campaign manager for Marketing. Thanks to all who came out and we look forward to seeing you again next year!



DENVER HEALTH SPOTLIGHT
See highlights, give feedback on National Nurses Week

The **Nurses Week Planning Committee** hopes everyone at Denver Health enjoyed this year's National Nurses Week events. Click to view [photos and highlights of the week](#), which included awards and scholarship ceremonies, a kickball tournament, a Daisy Foundation visit and more. You can view more on the [Nurses Week Pulse subsite](#), including a PowerPoint with all of the award nominees.



The committee, led by Nurses Week coordinator **Sunni McMahon**, also thanks the partners who helped make the May 6-12 events happen: Denver Health chaplaincy, Good Day Café, Kickball Queens, Nurse Council, Nurse Executive Committee, Medical Staff Executive Committee, RESTORE, Schwartz Rounds Planning Committee, Workplace Well-Being, DH marketing team, and those not listed but equally appreciated. All employees are encouraged to [take this survey](#) to provide feedback on Nurses Week. The survey is open through **May 31**.

Denver Health recognized once again for sustainability efforts

Denver Health continues to make great strides in environmental sustainability, and the health care system was once again recognized by **Practice Greenhealth**, this time with a **2023 Partner for Change Award**. This comes after a Partner for Change Award and a Circle of Excellence Award for Energy in 2022, which followed 2021's Environmental Excellence Award. The Partner for Change Award recognizes Denver Health's "ongoing commitment to improving its environmental performance and its efforts to build sustainability and resiliency into the operations and culture of the institution," according to Practice Greenhealth, a networking organization that partners with health care systems in the U.S. to promote sustainability practices. A huge thanks to the Denver Health Sustainability Committee for leading these efforts.



Westwood Family Health Center earns Q1 Patient Experience Award

Denver Health Chief Ambulatory Care Officer Simon Hambidge, MD, PhD and Chief Experience Officer Amy Friedman delivered Ricardo the giraffe to the **Westwood Family Health Center** on Wednesday, recognizing the team with the Denver Health Patient Experience Award for the first quarter of 2023. They achieved the highest Press Ganey score for all primary care clinics for "Likelihood to Recommend."



Denver Health employees and their families are invited to visit the center from **11 a.m. - 2 p.m. Saturday, May 20, at 4320 W. Alaska Place**, for Westwood's 20th anniversary celebration. There will be an outdoor reception area with free food and activities. The Denver Health Mobile Vaccine Unit, Denver Health paramedics, Denver Health Pediatrics at Denver Public Schools and other local groups will be on hand. We hope to see you there!



STAY INFORMED

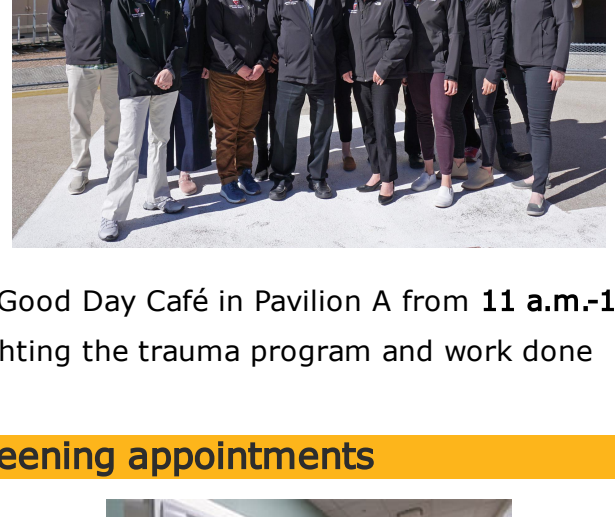
Paycheck update

The majority of May 2 paycheck errors related to incorrect differential rates, 401(a) tax calculations or missing benefits deductions have been corrected. If you had inconsistencies with differential pay or missing benefit deductions, this week's paycheck should reflect both a retro payment for the difference and the correct payment for this pay period. Here's a guide on [how to read your payslip in Workday](#).

If you opened a Chervell ticket related to your paycheck error and it was resolved, it will be closed. Should you have any further issues with your paycheck, please call **Payroll at 303-602-7450**, reopen your Chervell ticket or submit a new ticket.

Injury prevention tips from Denver Health trauma team

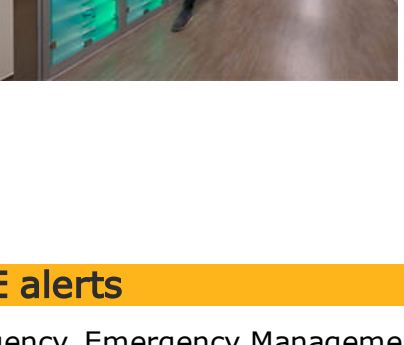
May is **National Trauma Awareness Month**, **National Stop the Bleed Month** and **Motorcycle Safety Awareness Month**. We appreciate the **Denver Health trauma team** (pictured) for providing blogs with safety tips for injury prevention on each of these topics, and we encourage employees to read and share them with family and friends. Look for more safety information shared by our incredible trauma team in upcoming 411s.



Members of Denver Health's trauma team will be outside the Good Day Café in Pavilion A from **11 a.m.-1 p.m. May 22-26** to provide information and resources highlighting the trauma program and work done in the Denver community.

GI Lab offers convenient cancer screening appointments

If you are 45 to 75 years old and have never had a colorectal cancer screening, are due for your screening, or if you are having bowel issues, appointments are available within two to three weeks at our state-of-the-art **GI Lab in Pavilion L**.



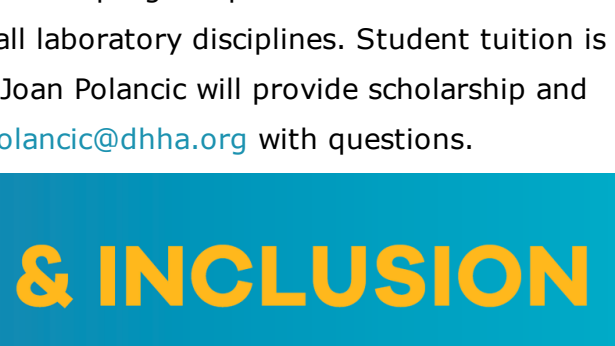
Get in touch with your primary care provider to place a referral if you don't already have one. More information about screening [can be found here](#), and GI Lab scheduling can be reached at **303-602-1926**.

Update your information for RAVE alerts

In order to communicate with all affected employees during an emergency, Emergency Management is requesting that all employees review and update their mobile phone number and check the accuracy of their work location in their Workday profile. Non-employees (contractors, residents, students, etc.) should update their work location and cellphone number on the User Update Tool on the Pulse. Please [review this job aid](#) for further instructions.

School of Medical Laboratory Science application deadline is June 15

The application deadline for the January 2024 class of the Denver Health School of Medical Laboratory Science is **June 15**. Admission requirements – bachelor's degree and prerequisite coursework – and application materials for the 11-month, full-time, post-baccalaureate certificate program are [available here](#). The hospital-based education program provides theoretical knowledge and student and clinical laboratory experiences in all laboratory disciplines. Student tuition is \$21,000. Upon acceptance to the program, Program Director **Joan Polancic** will provide scholarship and grant information for which students may apply. Email Joan.Polancic@dhha.org with questions.



DIVERSITY, EQUITY & INCLUSION

Panel looks at parenthood through LGBTQ+ lens

Denver Health LGBTQ+ Employee Resource Group (ERG) PRIDE celebrated Mother's Day with a panel discussion to include a diverse perspective on this holiday. Over 50 employees participated and joined the ERG on the Reimagining Mother's Day: Parenthood Through the LGBTQ+ Lens panel discussion. [See more event photos here](#).



Volunteer opportunities for Days of Celebration, PRIDE events

We are looking forward to the **2023 Days of Celebration** and the many fun events planned for June 19-23, including the employee BBQ and Ice Cream Social. The Food and Nutrition Services Team needs your help to make these events a success. Volunteer time slots are available in 30-minute shifts for the **Ice Cream Social** from **2-4 p.m.** and **Nightshift Celebration** from **6-9:30 p.m. on Thursday, June 22**, and for the **BBQ** on **Friday, June 23**, from **11 a.m.-1:30 p.m.** Unit and department leaders are encouraged to join our Executive Team and Food Services crew in celebrating and thanking our amazing employees. [Please sign up here to volunteer](#) by June 9.



Denver Health LGBTQ+ Employee Resource Group PRIDE is also seeking volunteers for upcoming PRIDE events. [Please see the list of events and register to volunteer here](#) to raise awareness, hand out swag and educate all our employees about Denver Health PRIDE.

GET INVOLVED

Mental Health Awareness Month events

As we continue our recognition of Mental Health Awareness Month, next week's focus is on [safe and stable housing](#). Remember to visit the [Pulse subsite](#) for more Mental Health Awareness Month events and resources, to complete your Mental Health Awareness Month [Calendar Challenge](#). Here are the events happening this week and next:



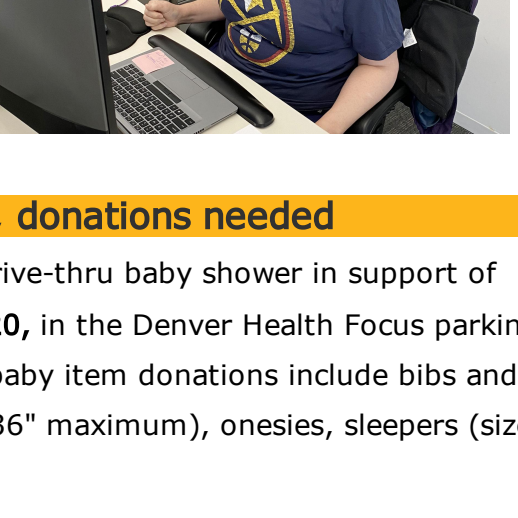
Thursday, May 18, 8-10 p.m.
 Look for the well-being cart as we make our way around the main campus sharing mental health resources, information and swag with our night-shift employees.

Wednesday, May 24, 11:30 a.m.-1 p.m.
 Join us outside the OMC Café (Pavilion L, second floor) for mental health resources, information and swag.

Thursday, May 25, 2 p.m.
 Five-minute Mindful Moment in the RESTORE Support Center. Practice techniques in relaxation, mindfulness and breathing with RESTORE peer responders.

Show support for the Denver Nuggets on game days

The **Denver Nuggets** are in the playoffs! Be like Marketing and Communications' executive assistant, Sherri Norton, and feel free to wear your Nuggets T-shirts on game days to support our home team. [Attire must adhere to the Denver Health dress code policy](#). The next three games are scheduled for tonight, Saturday, May 20, and Monday, May 22. Go Nuggets!



Denver throwing a baby shower; donations needed

Join the Denver Health Foundation and CBS Colorado for a drive-thru baby shower in support of **Newborns in Need** from **10 a.m. to 1 p.m. on Saturday, May 20**, in the Denver Health Focus parking lot, 637 Delaware St., between 6th and 7th avenues. Suggested baby item donations include bibs and burp cloths, receiving blankets, hats, socks, warm blankets (24" x 36" maximum), onesies, sleepers (size 3 months), hooded towels and wash cloths.

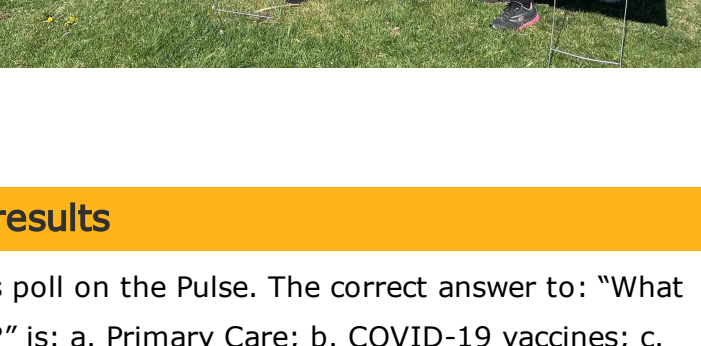
Please note: Donations must be NEW. No bottles, pacifiers or formula, please. More information about the baby shower and Newborns in Need is [available here](#).

Connect your patients with our Walk with a Doc program

Walking is one of the best activities we can do for overall health, as moderate-intensity aerobic activity has many physical and mental health benefits. Longtime Denver Health family medicine physician **Grace Alfonsi, MD**, invites you, our patients and family members to join her **Walk with a Doc** program. Dr. Alfonsi begins each walk with a brief talk and healthy reminders. Upcoming walks include:



- **8 a.m. Saturday, May 27**, at City Park near Thatcher Fountain. Topic: What does my pancreas do?
- **8 a.m. Saturday, June 24**, at City Park near Thatcher Fountain. Topic: TBD



Questions? Dr. Alfonsi will be leading an employee walk during our upcoming Days of Celebration. Stop by and see her then.

Pulse poll results

Thank you to everyone who participated in last month's poll on the Pulse. The correct answer to: "What service(s) do you think our Mobile Health Centers offer?" is: a. Primary Care; b. COVID-19 vaccines; c. Breast and cervical cancer screenings; d. **All of the above**. Our Mobile Health team is happy to know that 78.3% of respondents are aware of the breadth of services they offer! Please take our current poll from the DEI Council: "What do we celebrate annually on Cinco de Mayo (May 5)?" See [the homepage of the Pulse](#). There will be a new poll posted next week for Mental Health Awareness Month.

Denver Health in the media

New program provides infant mental health care: "We talk about being stressed, frustrated"
 May 12, CBS Colorado
 "We're really just trying to wrap our arms around families from the very beginning," said **Sarah Hills, psychologist and manager of Denver Health's Infant Mental Health Program**. With May being Mental Health Awareness Month, CBS Colorado took a closer look at Denver Health's unique and innovative mental health program for infants and families to help every child have a strong start. It's one of the most robust prevention and health promotion programs in the Denver-metro area.

Survivors of traumatic injuries gather to celebrate May 13, 9News
 The path to healing from both physical and emotional trauma shows support for those who have experienced trauma and to provide them with an outlet to help them get back to what they love.

Denver Health celebrates National Nurses Week May 11, Fox31
Director of Nursing Tonie Moore, RN, appeared on Denver Health's weekly Fox31 segment to discuss the importance of National Nurses Week and how Denver Health showed appreciation to its nursing staff.

What to do if you get bit by a snake on a hike May 17, Fox31
 With the weather warming up, more people are hitting the trails. **Dr. Shireen Banerji, director of the Rocky Mountain Poison Center**, appeared on Denver Health's weekly Fox31 segment to offer safety tips on how to prevent snake bites when hiking and what to do if you are bitten.

Three years into the pandemic, Colorado COVID-19 experts tell us what to expect next, from vaccines to mutations, hospital readiness and more May 17, CPR News
 Now that state and federal officials have declared the COVID-19 public health emergency is over, CPR News checked in with some top doctors in Colorado who've dealt with the virus first-hand over the last three years and asked them for the most current thinking about the virus. "I think I've persevered fairly well through all of this. Obviously, losing so many patients and working on public health issues was trying for me. I have a great family that's been supportive, but I've seen the toll it continues to take on my colleagues," said **Anuj Mehta, MD MS, of pulmonary and critical care medicine**.

Stephen Matthews handcuffed outside courtroom, Denver cardiologist jailed on new charges
 May 15, CBS Colorado
 A Denver cardiologist is being charged in nine new criminal cases, bringing the total number of his alleged victims to 10. He had previously been facing three felony sex assault charges in relation to a single alleged date rape. "It's something that capitalizes on a person's shame and embarrassment about it. Plus, it's really hard to detect," said **Michelle Metz, RN, nurse manager of Denver Health's Forensic Nurse Examiners Program**. Metz and her team have treated many date rape victims and talked about the symptoms of drug facilitated sex assault with CBS Colorado.

As Texas eases access to guns, bill urges tourniquet training for elementary schoolchildren
 May 11, Los Angeles Times
 About a year after a gunman killed 19 children and two teachers in Texas, a state lawmaker has introduced a bill to offer annual training to elementary schoolchildren on how to tie tourniquets or pack bleeding wounds during mass-casualty incidents. **Missy Anderson, RN**, who is **Denver Health's pediatric trauma program manager** was recently in Washington, D.C. to advocate for kids safety and education. Missy weighed-in on the topic, as she's been teaching children crisis care since 2018. "I don't know if they're going to help," she said of the children she's taught. "But I just powered them with knowledge and the ability to go out and help if they want to help."

Kris Gaw, Chief Operating Officer at Denver Health May 4, Becker's Hospital Review
 Becker's Healthcare Podcast recently featured an episode about Denver Health's **Chief Operating Officer Kris Gaw**. She discusses her focus on operational efficiency, advice for emerging leaders, skills she's learned from her time in law enforcement, and more.

National awareness and recognitions

May is Asian American Pacific Islander Heritage Month. May 14-20 is **National Eosinophil Awareness Week**. Is there a department that you'd like us to recognize during a special week or month? Let us know in an [Employee Outreach Request form](#) and we'll spotlight them in the 411.

May June	
May 1-31: Mental Health Month Calendar Challenge	May 24: Mental Health Month resource table
May 17: International Day Against Homophobia and Transphobia	May 25: RESTORE Mindful Moment
May 18: Mental Health Month resource table and cart	May 26: Children's Hospital Colorado blood drive
May 19: Mental Health Month resource table and cart	May 27: Walk with a Doc
May 20: RESTORE Group Support: Cumulative Stress & Burnout	June 2: Employee golf tournament
May 20: Drive-thru baby shower for Newborns in Need	June 5-8: Denver Health Rocky Mountain Trauma and Emergency Medicine Conference
May 22: Values Awards nominations due	June 24: Walk with a Doc

CLICK HERE FOR A PDF VERSION OF THIS NEWSLETTER.

SUBMIT A REQUEST TO THE WEEKLY 411
 Submit content for consideration in the Weekly 411 through the employee outreach request form [here](#). Accuracy and quality matter, so please provide all material as early as possible. Your submission should detail who, what, when, where, why and how, with correct spelling and explanation of acronyms. We encourage you to include photos and any links or attachments that may help to communicate your message. Content received after noon on Tuesday will be considered for the following week's edition.

