

Thursday, July 20, 2023

Denver Health among most socially responsible hospitals in US

Denver Health was ranked one of the most socially responsible hospitals in America for the third straight year by the Lown Institute. The health care research nonprofit gave our hospital system A grades in Health Equity, Value of Care and Outcomes on the 2023-24 [Lown Institute Hospitals Index](#). Lown evaluated more than 3,600 hospitals, and Denver Health is among only 54 hospitals nationwide to earn Honor Roll status with A grades in all top categories. These are independent rankings, and hospitals do not apply or pay to be listed.



"Inclusion on the Lown Index Honor Roll is a testament to the dedication of the more than 8,100 employees of Denver Health," said Denver Health **CEO Donna Lynne**. "Our health care professionals are driven by our mission to provide great clinical care and access, educate the next generation of health care professionals and engage in community partnerships and research to improve and strengthen the care we provide and the community in which we live."

Separately, Denver Health **Chief Quality Officer Read Pierce, MD** (pictured), took part in a virtual health care panel hosted by the Lown Institute on Tuesday. [Click here](#) to watch it.

Webb adult clinic earns Q2 Patient Experience Award

Denver Health **Chief Experience Officer Amy Friedman** and **Chief Quality Officer Read Pierce, MD**, delivered Ricardo the giraffe to the **Webb Center for Primary Care** this morning, recognizing the adult clinic team (pictured) with the Denver Health Patient Experience Award for the second quarter of 2023. Webb achieved the highest Press Ganey score for all primary care clinics for "Likelihood to Recommend." The team was excited to receive Ricardo, as it was the first time in the clinic's history. Denver Health is proud of the team at Webb for consistently delivering high-quality care and service to our patients.



Patient tells TikTok world about her Denver Health bariatric surgery

Diana Corona is not your average Denver Health patient. The 24-year-old, pictured with her **bariatric dietitian Tara Gray, RD**, had a sleeve gastrectomy at the Denver Health Bariatric Surgery Center in September 2022 and has been documenting her journey before and after her surgery on her TikTok account, @DianaCorona_VSG, with more than 17,000 followers from around the world. She shares her highs and lows and answers questions from those considering surgery, offering support to those who need it. After losing more than 100 pounds, Corona said, "It feels amazing; it feels like I'm alive." She said she would recommend Denver Health to anyone considering getting weight loss surgery.



The sleeve gastrectomy and Roux-en-Y gastric bypass are the two surgeries offered to patients ages 16-65 at the Denver Health Bariatric Surgery Center. Most commercial insurance covers bariatric procedures, with cash/self-pay available and financial assistance for those who qualify. Denver Health is the only accredited bariatric center for both adolescents and adults in the City and County of Denver and is accepting new patients referrals through EPIC. [Click here to read more](#) and to watch Corona's patient story video on our website.

You can also [click here](#) to watch Denver Health **bariatric dietitian Michelle Darr, RD**, who was featured on FOX31 on Wednesday, talking about bariatric surgery offerings.

IN THE COMMUNITY

Support Denver Health at Saturday's Dragon Boat Festival

The Denver Health Cultural Celebrations Workgroup invited employees to get creative and color a poster to support Denver Health's participation, for the first time, at the **Colorado Dragon Boat Festival** on **Saturday, July 22**, at Sloan's Lake. The festival celebrates and promotes the culture, contributions and accomplishments of Colorado's Asian American and Pacific Islander communities. Thanks to **Rachel Raine, Mellie Summers, Yesenia Arredondo** and **Irving Luna** for taking part in the coloring contest. [Click here](#) to view their entries.



Employees and their families are invited to come out to the Dragon Boat Festival on Saturday to support the Denver Health Healers team, which includes **CEO Donna Lynne**. **The first race starts at 8 a.m.**, and our team will participate in three races during the day. The schedule will be posted Saturday at the event's main stage. If you see our team, yell "Denver!" to which they will reply, "Health!" Best of luck to the rowing team!

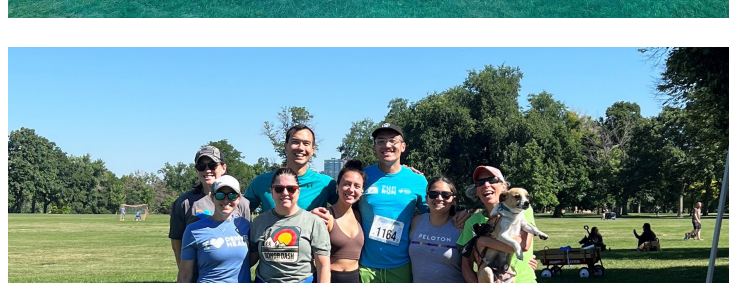
Take steps to improve your health at Walk with a Doc

Walk with a Doc events, which are free and open to everyone, are a great way to spend time with physicians and ask medical questions in a relaxed setting. Denver Health's **Grace Alfonsi, MD**, (pictured in neon green sneakers during Days of Celebration in June) is set to host another walk at **8 a.m. Saturday, July 22**, at City Park near Thatcher Memorial Fountain. Just 30 minutes of walking a day can reduce the risk of heart disease, improve blood pressure and blood sugar, and reduce the risk of osteoporosis, cancer and diabetes. [Click here](#) to see a schedule with more upcoming Walk with a Doc events.



Denver Health represented at recent Donor Dash 5K

Thanks to the more than 50 combined team members and volunteers from Denver Health who took part in the Donor Alliance's 24th annual **Donor Dash 5K** on Sunday, July 16, at Washington Park. The Donor Alliance notes that the event "honors the generosity of organ, eye and tissue donors and their families, while celebrating the lives of transplant recipients and recognizing those who continue to wait."



DIVERSITY, EQUITY & INCLUSION

Register for PRIDE Movie Night at Rita Bass featuring 'The Birdcage'

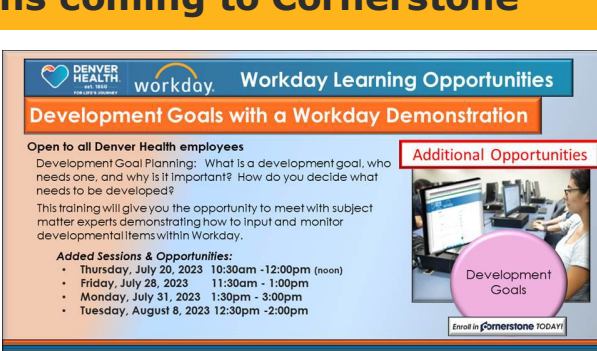
Join LGBTQ+ Employee Resource Group Denver Health PRIDE for a fabulous movie night next month featuring "The Birdcage," a hilarious and heartwarming film that celebrates love, diversity and acceptance. Popcorn and soft drinks will be provided, and employees are encouraged to bring family and friends at **5 p.m. Wednesday, Aug. 9**, at the Rita Bass auditorium. [Click here](#) to register for the event.



STAY INFORMED

More development item planning sessions coming to Cornerstone

Looking to learn more about development items in Workday? Be sure to [sign up](#) in Cornerstone for one of these upcoming sessions that will cover why development items are important, best practices and requirements. These trainings will also give you the opportunity to meet with subject matter experts who will demonstrate how to add and monitor development items in Workday. Upcoming sessions are from **11:30 a.m.-1 p.m. Friday, July 28**; **1:30 p.m.-3 p.m. Monday, July 31**; and **12:30-2 p.m. Tuesday, Aug. 8**.



And don't forget about the next **Workday Wednesday** learning opportunity from noon-1 p.m. **July 26**. [Click here](#) to register for the Webex. You can also access the [Workday Resources Hub](#) at anytime for help navigating Workday.

Sign up for RESTORE Group Support opportunities

The **Denver Health RESTORE** Peer Support team offers virtual group support that provides a dedicated space for employees to come together with a goal of reducing the impact of distress and to promote mutual support and connection. This includes group support for: Cumulative Distress and Burnout; Ambulatory Care Services New Managers; Black Affinity; and Managers and Supervisors. The next group session is set for **1 p.m. Friday, July 21**, and will focus on cumulative distress and burnout. See a full calendar of sessions and sign up for them [here](#) on the Pulse. You can also email restore@dhha.org and request to be registered.



RESTORE is also looking for more people to join its interdisciplinary Peer Support Team, whose members offer confidential emotional support and psychological first aid. If interested, email restore@dhha.org.

Fidelity offering financial well-being education, appointments

Denver Health employees can take advantage of retirement planning opportunities with Fidelity workshops and one-on-one sessions with an adviser. Virtual, phone and in-person appointments can be scheduled with Fidelity retirement planners anytime by using the [appointment scheduler](#). Upcoming in-person meetings on the main campus are set for **9:30 a.m.-5 p.m. Friday, July 28, Friday Aug. 4 and Tuesday, Aug. 8** in the Nightingale Classroom in the basement of Pavilion C. Fidelity's next monthly education web workshop, "Get Started and Save the Future for You," is set for **noon Aug. 17**. [Click here](#) to register for the Webex. Fidelity also has a ["Check Your Vitals" health care landing page](#), a site dedicated to helping health care workers find relevant information and take control of their finances. Email Kristin.Ellis@dhha.org if you have questions.

Deadline is July 25 for unsubstantiated FSA claims for 2020, 2021

An important deadline is next week for employees who have a 2020 and/or 2021 unsubstantiated Flexible Spending Account claim with our third-party administrator, WEX. Affected employees have received a work email notifying them of this deadline and next steps, in addition to notifications directly from WEX. If they do not substantiate their claims by **Tuesday, July 25**, the claims become taxable income in 2023. Please check your email to determine if any action is required if you were participating in the WEX FSA benefit in 2020 or 2021. Employees can contact WEX at customerservices@wexhealth.com.

GET INVOLVED

Donate to help Denver Health community for National Wellness Month

This year, Workplace Well-being, Volunteer Services, RESTORE and WorkLife Partnership are teaming up for wellness initiatives during **National Wellness Month in August**. A **Wellness Month** food drive will run **through Aug. 14**. Those who are able to donate may drop off food from 9 a.m. to 4 p.m. Monday through Friday at the Volunteer Zone on the first floor of Pavilion C. Food items must be nonperishable, must not require refrigeration or freezing, must not be expired, must not be homemade and must be unopened. Donated items will be distributed in August to Denver Health employees and others in our community.



Employees can stop by the Volunteer Zone for the **Wellness Fair** from 11 a.m. to 7 p.m. on **Aug. 18**, to collect up to five nonperishable food items to take home. There will also be free reusable grocery totes, recipes, information on community resources and swag. Email Kristin.Ellis@dhha.org with questions.

Sign up for charge nurse leadership development workshop series

A leadership development workshop series is now available for charge nurses at Denver Health. The first series occurred last summer, and data showed that leadership development education increased participants' confidence in skills. You can learn more about the course in this recent publication, "Evaluation of a charge nurse leadership development program." Charge nurses of any experience level can take advantage of these paid courses and advance your skills while focusing on your success level as a charge nurse. The course consists of four 90-minute, in-person classes and optional at-home paid learning for two hours a week consisting of journaling, podcasts and reading course materials. The series includes the Leadership Practices Inventory valued at \$100. The courses will take place in Pavilion D, Room 125, on the Fridays of **Sept. 22, Oct. 20, Nov. 17, and Dec. 15** from 8-9:30 a.m. These courses will help develop leadership skills and strengthen connections with other charge nurses in a fun environment. Register in Cornerstone by **Sept. 1**. For any questions, reach out to **Course Instructor and Director of Critical Care Kelly Medero** at Kelly.Medero@dhha.org.

PERKS & DISCOUNTS

Discounted child care available for Denver Health employees



Denver Health partnerships with the **Learning Care Group** and **KinderCare Learning Centers** provide employees with a **10% tuition discount** on child care expenses for ages 0-12. The **Learning Care Group** also offers priority enrollment for children of Denver Health employees and includes a free initial registration fee. KinderCare is hosting a national open house event **July 24-28**. Register at kindercare.com. For more information, visit this [Pulse page](#).



Denver Health employees eligible for discount through Perkspot

Don't forget to check Perkspot for community discounts and summer savings opportunities. Whether you are looking to purchase a Costco membership before school starts, attend Cirque du Soleil KOOZA in Denver or try out a new pair of Crocs, Perkspot has lots of offers. [Click here](#) to access and search for your savings opportunity.

Denver Health in the media

First licensed detox facility for adolescents opens on Denver Health campus

July 19, 7News
Jonathon Loring, MD, tours the state's first adolescent detox center at Denver Health while highlighting the need for this highly needed service.

Todd Brainard leaves Denver Health after his heart stopped for 20 minutes

July 19, 9News
Grateful patient Todd Brainard and his family share the story of his lifesaving care after he was thrown from a horse and his heart stopped while in surgery.

Early blueprints emerge for health care's role in housing

July 14, Law 360 Real Estate Authority
Sarah Stella, MD, discusses Denver Health's involvement in addressing the important connection of health and housing (you will need to log in for a free trial to read this story).

July | August

- July 21:** RESTORE Group Support
- July 22:** Walk with a Doc
- July 22:** Colorado Dragon Boat Festival
- July 25:** Unsubstantiated FSA claims deadline
- July 26:** Workday Wednesday
- July 28:** Workday development item training
- July 28:** Fidelity retirement planning appointments
- July 28:** Workday development item training
- July 31:** Sustainability challenge deadline
- Aug. 4:** Fidelity development planning appointments
- Aug. 8:** Fidelity retirement planning appointments
- Aug. 8:** Workday development item training
- Aug. 9:** PRIDE Movie Night
- Aug. 14:** Wellness Month food drive ends
- Aug. 17:** Fidelity web workshop
- Aug. 18:** Employee Wellness Fair

CLICK HERE FOR A PDF VERSION OF THIS NEWSLETTER.

SUBMIT A REQUEST TO THE WEEKLY 411

Submit content for consideration in the Weekly 411 through the employee outreach request form [here](#). Accuracy and quality matter, so please provide all material as early as possible. Your submission should detail who, what, when, where, why and how, with correct spelling and explanation of acronyms. We encourage you to include photos and any links or attachments that may help to communicate your message. Content received after noon on Tuesday will be considered for the following week's edition.

