



DENVER HEALTH'S WEEKLY 411

The week's most critical information delivered to your inbox.

Thursday, January 5, 2023

Safety and security update: New sidewalk coming

Editor's note: As part of biweekly communication in the 411, we will detail the progression of work in the areas of safety and security at Denver Health.

A sidewalk will be added to the north side of the 675 Acoma St. employee parking garage, adjacent to the Outpatient Medical Center, to improve safety for employees and patients walking through the Denver Health campus. Weather permitting, work will begin



Monday, Jan. 9. The landscaping along the north side of the garage, seen on the left side of the photo, will be removed so that concrete can be poured next week. The sidewalk will start where the existing one ends at the ADA ramp and travel east to the existing sidewalk along Acoma. During construction, that stretch of road will be reduced to one lane, and traffic and pedestrian control will be in place.

Denver Health welcomes first baby of 2023

Thanks to the tireless efforts of staff working in our labor and delivery, postpartum and NICU units over New Year's Eve, Jovonni Rae Baez became Denver Health's first baby born in the new year, at 12:56 a.m. on Jan. 1. Jovonni was so excited for 2023, he decided to arrive six weeks early, weighing in at 5 pounds, 7 ounces. His parents, Krimson Avila and Joseph Baez, received a special gift from our [Newborns in Need program](#): 2,023 diapers to help get them started. [Click here to read](#) about first-born babies at other local hospitals in 2023.



Are you a current employee who was born at Denver Health? If so, please let us know by sending an email to DenverHealth411@dhha.org. Include a brief introduction of yourself, your position, when you started at Denver Health and when you were born. Feel free to include a baby photo if you'd like. We are working on plans to recognize these employees who have been a part of Denver Health since the beginning. This is voluntary, and no information will be shared without your consent.

GET INVOLVED

Support the Denver Health Foundation, Nuggets on Jan. 17

Tuesday, Jan. 17, is Denver Health Foundation Night when the Denver Nuggets Host the Portland Trail Blazers at Ball Arena at 7 p.m. Discounted tickets are available starting at \$19, and \$5 of every ticket purchased [through this link](#) will benefit the [Denver Health Foundation](#). If at least 40 tickets are sold, all Denver Health guests will be invited to attend the Nuggets' pregame "warm-up watcher experience." Employees are encouraged to bring their families and show support for the Foundation, which works with donors to support our health care system.



[Buy tickets](#)

Employee survey supports efforts to reduce suicide

The Zero Suicide Committee at Denver Health invites all employees to take a roughly 10-minute survey on our efforts to reduce suicide in our community. The [anonymous survey](#) is available [through Jan. 31](#) and is facilitated by the [Zero Suicide Institute](#). The survey a tool to assess staff self-perception of their knowledge and comfort interacting with patients who may be at risk for suicide. More than 1,300 Denver Health employees took last year's survey, and the committee provided additional suicide prevention training to over 400 employees in 2022. Employees who take the survey and choose to provide their names and email addresses will be entered into a drawing for a chance to win prizes.

Fitness center, virtual portal can help employees reach 2023 goals

For anyone with a New Year's resolution to get more exercise in 2023, Denver Health would like to remind staff of our [health and wellness offerings](#), including the on-site [Employee Fitness Center](#) and the free [Elevation Fitness](#) portal. The fitness center, on the fourth floor of the 601 Broadway building, is open 24/7 with badge access. [Click here to enroll](#) for \$7.50 per pay period through a direct payroll deduction. A monthly fee of \$16.25 must be paid to the cashier's office for non-DHHA employees, such as contractors, volunteers and



students. Residents and fellows can enroll by emailing fitness.center@dhha.org. Visit the [fitness center subsite on the Pulse](#) for more information. Denver Health also offers a free virtual fitness portal, [Elevation Fitness](#), which offers live and on-demand fitness classes, workouts, workshops, podcasts and personal training options. To get started, visit elevationportal.com and click on "sign up." The Boost by Elevation app is also available to download for some mobile devices.

- On the topic on New Year's resolutions, please [visit the Pulse](#) to take our latest poll and let us know what goals you're most focused on in 2023.

CAREER PATHWAYS

Phlebotomy training applications due Feb. 3

Denver Health employees and their immediate family members, Healthcare Interest Program students, and Medical Career Collaborative graduates are invited to apply for the [Denver Health Phlebotomy Program](#). Eight students will be accepted into the seven-week program, which will begin in June. The deadline to apply is **Feb. 3**. The program trains students on how to safely draw blood and prepares them to become phlebotomists. Tuition is \$1,200, and scholarships may be available. To request application materials or for more information, email Denver Health Phlebotomy School Director Joan Polancic at Joan.Polancic@dhha.org.



RECOGNIZING YOU

Denver Health experts help local media cover Monday Night Football cardiac arrest

Local media turned to Denver Health experts as part of their coverage of Damar Hamlin's cardiac arrest while playing football on Monday night. Special thanks to Dr. Brian Stauffer, Denver Health's Chief of Cardiology, for helping [Fox 31 News](#) explain to their viewers the possible causes for Hamlin's cardiac arrest, and to Denver Health paramedic instructor Chase Lindquist for discussing the importance of knowing CPR with [Fox 31](#) and [9 News](#).

Paramedics bike team stays busy on New Year's Eve

The Denver Health Paramedics bike team helps with events year-round when there are large crowds and road closures, but they were especially busy on New Year's Eve patrolling the 16th Street Mall. [Click here](#) or on the [video](#) to the right to learn more about the team in a recent story from [9 News](#).



STAY INFORMED

Register for Fidelity retirement planner appointments, webinars

Did you know you can schedule an appointment with a Fidelity retirement planner at any time by visiting www.fidelity.com/reserve? A planner can meet with you virtually, by phone or on the Denver Health main campus. Upcoming on-campus appointments are scheduled for **Jan. 11** and **27**, **Feb. 7** and **17**, and **March 8** and **31**. Fidelity is also offering monthly educational web workshops for Denver Health employees, beginning with "Get Started and Save for the Future You" on **Jan. 19**. [Visit this Pulse subsite](#) for more information and to register for the workshops. If you work a night shift and want to meet with a planner on site, [click here](#) to sign up, with the next night-shift appointments starting **Feb. 7**.

Denver Health has new interfacility ambulance vendor

As of **today, Jan. 5**, Denver Health has a new vendor, Apex Paramedics, for interfacility (IFT) ambulance transports, including hospital-to-hospital, clinic-to-hospital, hospital-to-skilled nursing facility (SNF) and some hospital-to-home transports. All IFT requests should be routed through the Denver Health Transfer Center at 303-602-5000. All other transportation — non-emergency medical transportation, Intelliride, Lyft, cabs, bus tickets, etc. — should be arranged per the current process.

CO FAMLI Program goes into effect

Colorado enacted a new paid family and medical leave insurance program that began taking enrollment and collecting premiums this month, and payment of benefits will begin in January 2024. Under the Colorado Family and Medical Leave Insurance (CO FAMLI) Program, Denver Health had the option to enroll all employees in the program, and its board of directors voted in September to leave the choice to participate up to each individual employee to allow for maximum individual flexibility. Denver Health employees may voluntarily opt into the program and learn more about it at famli.colorado.gov. Read more in this [prior notice](#) to Denver Health employees and [CO FAMLI paid leave program FAQs](#).

Webinar to focus on adopting trauma-informed practices

Denver Health Chief Operating Officer Kris Gaw and Denver Health RESTORE Director Maria Gonsalves Schimpf will be part of a **Jan. 18** webinar, "Advancing Trauma- and Resilience-Informed Health Care Systems: Early Lessons from Denver Health." The webinar, set for 11:30 a.m.-1 p.m., will highlight how our health care system is implementing a trauma-informed approach to care. [Click here](#) for more information.

All-in-one Webex client replacing legacy apps

A final reminder that a single enterprise tool for meetings, chat and softphone is here to improve and consolidate our communication tools. Denver Health is migrating to the all-in-one Webex client. **Webex will replace the legacy Lync, Skype and Jabber applications, which will be removed Monday, Jan. 9.** The new Webex app was pushed in November. **If you haven't already, please start migrating your chat and softphone functionality into Webex.** A training site, [Denver Health Webex Help](#), is available, and we encourage staff to explore this site to learn more about the app. This site can also be accessed by clicking the information button in the lower left corner of the app. If you have any questions, or have any issues accessing or setting up the new client, please contact the Help Desk at helpdesk@dhha.org.

Health care in the news: What's trending around the state and nation

- [Colorado to close](#) remaining COVID-19 community testing sites.
- Staying hydrated may lead to longer and healthier life, [study suggests](#).
- Hamlin's collapse [spurs new wave](#) of vaccine misinformation.

Want to share health care and health policy news? Email us stories from around Colorado and the nation at public_relations@dhha.org.

January | February | March

- Jan. 9:** Webex replaces legacy apps
- Jan. 9:** Work begins on new sidewalk at Acoma garage
- Jan. 11:** Fidelity retirement planner appointment
- Jan. 17:** Denver Health Foundation Night at Ball Arena
- Jan. 19:** Fidelity well-being webinar
- Jan. 18:** "Advancing Trauma" webinar
- Jan. 27:** Fidelity retirement planner appointment

- Jan. 31:** Zero Suicide Workforce Survey closes
- Feb. 3:** Deadline to apply for Phlebotomy Program
- Feb. 7:** Fidelity retirement planner appointment
- Feb. 17:** Fidelity retirement planner appointment
- March 8:** Fidelity retirement planner appointment
- March 31:** Fidelity retirement planner appointment

[CLICK HERE FOR A PDF VERSION OF THIS NEWSLETTER.](#)

SUBMIT A REQUEST TO THE WEEKLY 411

Submit content for consideration in the Weekly 411 through the employee outreach request form [here](#). Accuracy and quality matter, so please provide all material as early as possible. Your submission should detail who, what, when, where, why and how, with correct spelling and explanation of acronyms. We encourage you to include photos and any links or attachments that may help to communicate your message. Content received after noon on Tuesday will be considered for the following week's edition.

