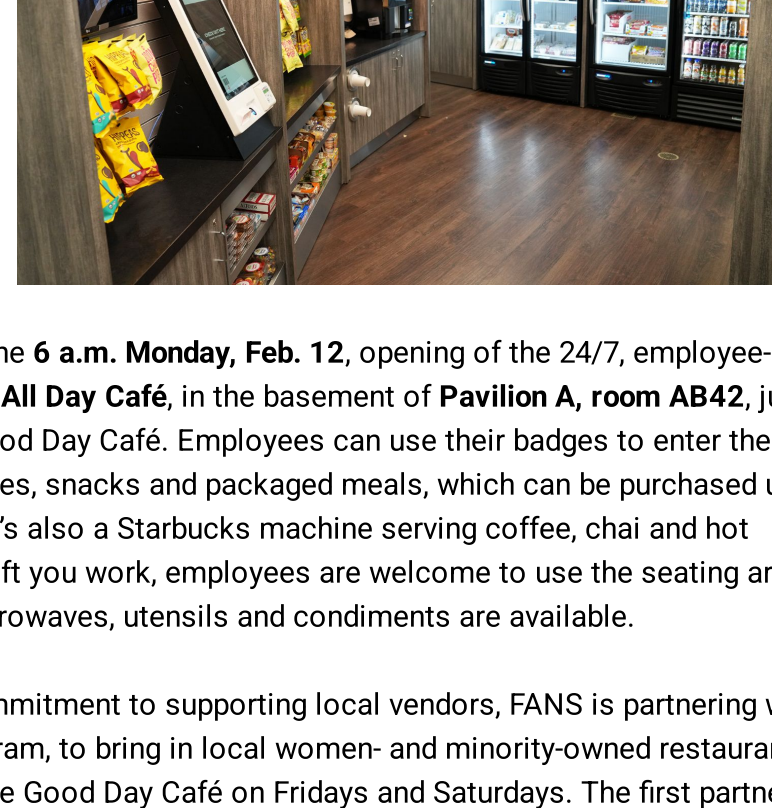


Thursday, February 8, 2024

## All Day Café, Fooda partnership serving up new options

### Food and Nutrition Services (FANS)

has two exciting developments to share with employees, both of which will expand the variety and availability of Denver Health's food and beverage offerings.



FANS is thrilled to announce the **6 a.m. Monday, Feb. 12**, opening of the 24/7, employee-only, self-service micro market, the **All Day Café**, in the basement of **Pavilion A, room AB42**, just around the corner from the Good Day Café. Employees can use their badges to enter the All Day Café and pick out beverages, snacks and packaged meals, which can be purchased using the self-checkout kiosk. There's also a Starbucks machine serving coffee, chai and hot chocolate. No matter what shift you work, employees are welcome to use the seating area of the Good Day Café, where microwaves, utensils and condiments are available.

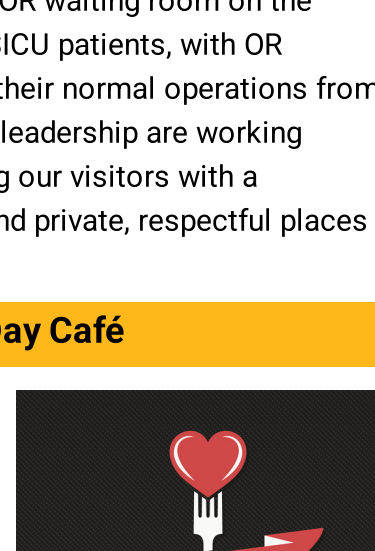
As part of Denver Health's commitment to supporting local vendors, FANS is partnering with Fooda, a workplace food program, to bring in local women- and minority-owned restaurants with special lunch menus in the Good Day Café on Fridays and Saturdays. The first partner restaurant, **The Taqueria**, will be here from **11 a.m.-2 p.m. Friday, Feb. 9**, followed by **Vivi Pho** from **11 a.m.-2 p.m. Saturday, Feb. 10**. View their menus and upcoming restaurants at [fooda.com/denverhealth](http://fooda.com/denverhealth) or through the Fooda app.

[Watch video tour](#)

## DENVER HEALTH SPOTLIGHT

### Recognizing Denver Health employees for Black History Month

This year's focus of Black History Month puts the spotlight on Denver Health employees. The newly formed Black/African American Employee Resource Group (ERG), led by **Kodi Toussaint, practice manager for the Eastside and Westside dental clinics**, and **Chris Bryant, nursing manager at Montbello Family Health Center**, reached out to colleagues throughout the health system to share their Denver Health journey and the impact their work has in our community. This week, we connect with **Annieste Lemond, compensation senior director**, and **Amberlynn Noll, RESTORE diversity, equity and inclusion case manager**.



[Read more](#)

## STAY INFORMED

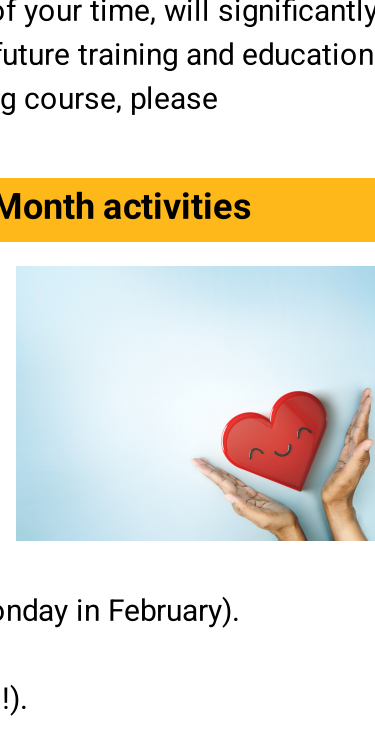
### Pav A construction merges SICU/OR waiting rooms

Denver Health is embarking on a construction project to better serve our patients with clinical advancements in the areas of robotic and endovascular surgeries, including creating a hybrid room and new general operating room (OR). Construction is expected to start this month and last until the end of 2024. The Surgical Intensive Care Unit (SICU) visitor waiting room will close to temporarily support OR storage. The adjacent OR waiting room on the second floor of Pavilion A will support families for both OR and SICU patients, with OR registration and SICU patient information desk staff maintaining their normal operations from the new combined waiting area. OR, SICU and Patient Experience leadership are working together to best support a positive experience, including providing our visitors with a comfortable place to wait, an easy path to check in for surgery, and private, respectful places for families to receive information about loved ones.

### Valentine's Day special in the Good Day Café

Show yourself some love and join us in the Good Day Café in the basement of Pavilion A from **11 a.m. - 1:30 p.m. Wednesday, Feb. 14**, for the annual Valentine's Day Lunch. The special menu includes a meal with two sides and a bottle of water or a Bubby for \$8.99. This year, the menu features:

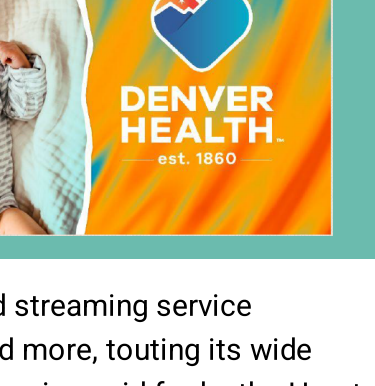
- Herb-crusted roast beef tenderloin with herb demi glaze.
- Sour cream and chive mashed potatoes.
- Rosemary roasted potatoes.
- Grilled asparagus.



Thinking of a special loved one? Pick up some cupcakes, hand-dipped strawberries or other special treats while supplies last!

### Ash Wednesday services provided by Denver Health Interfaith Chapel

Ash Wednesday is also **Feb. 14**. Those wishing to receive ashes are invited to a 15- to 20-minute chapel service at **9 a.m., 11:30 a.m. or 6 p.m.** in the Denver Health Interfaith Chapel, located on the second floor of Pavilion B. Unable to attend? Call x24500 to have a chaplain visit your floor or clinic!



## GET INVOLVED

### CAM Academy would like to hear from you!

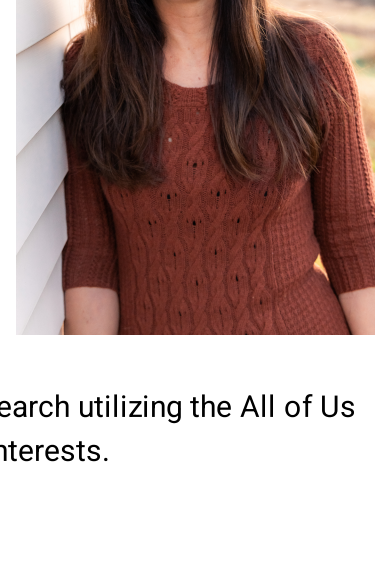
The Center for Addiction Medicine (CAM) Academy is excited to announce the development of a new course, "Addiction Medicine 101," focusing on the fundamentals of substance use disorder. Before launching the course, we want to hear from you about what key topics should be included in the course.



We are inviting you to participate in a [brief interest survey](#) by **5 p.m. Thursday, Feb. 15**. Your thoughtful responses, which should take less than four minutes of your time, will significantly shape the content of this course and inform the development of future training and educational offerings. For more information about this survey or the upcoming course, please contact [CAMAcademy@dhha.org](mailto:CAMAcademy@dhha.org).

### Prioritize heart health with American Heart Month activities

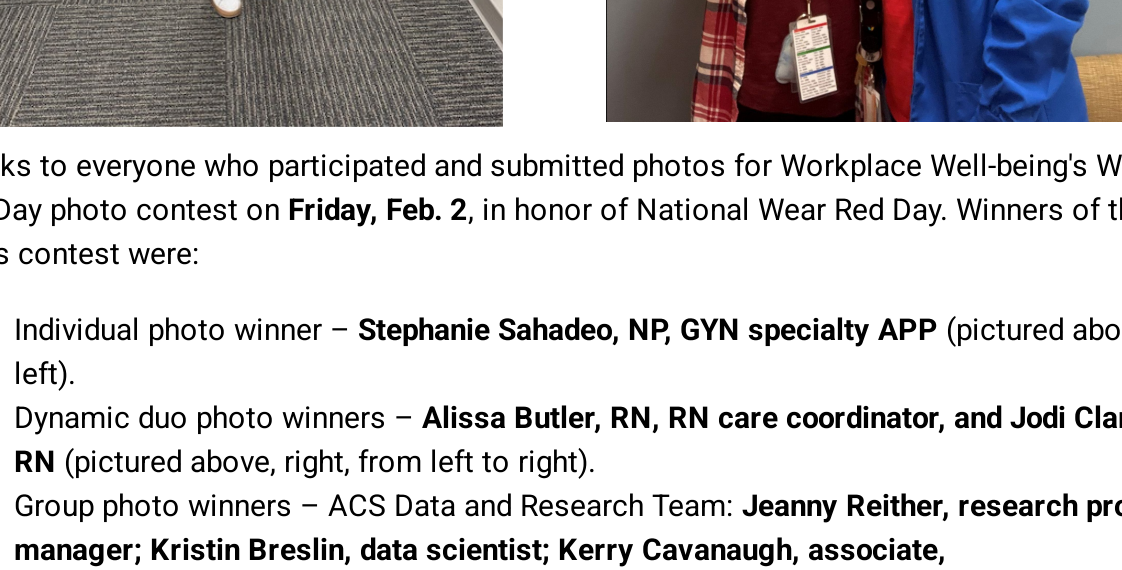
Celebrate American Heart Month by joining one of the many educational opportunities and activities scheduled this month to help prioritize your well-being and stress reduction, brought to you by Workplace Well-being, Rehab Cardiology, Food and Nutrition Services and various community partners. Don't miss these upcoming events:



- Feb. 12: Heart-healthy meal in the Good Day Café (every Monday in February).
- Feb. 13: Retirement savings webinar.
- Feb. 14: Interactive heart health lunch and learn (with prizes!).
- Feb. 20: One-on-one Fidelity meetings.

For more information about Heart Month activities and to see Monday's menu, visit [the Sharepoint subsite!](#)

### Look for Denver Health community education campaign



In the coming months, Denver Health will be on broadcast TV and streaming service advertisements, social media, radio, podcasts, newspaper ads and more, touting its wide range of services for our community. As part of an education campaign paid for by the Heart of Denver, a nonprofit aligned with our health care system to help improve familiarity with our organization, the intent is to better showcase the essentiality of Denver Health within the City and County of Denver. From our top trauma and emergency response services to our school-based health centers, service lines and mobile health clinics, the advertisements and educational content will show residents and potential patients how much Denver Health delivers. Take a moment to learn more about how the Heart of Denver is uplifting and promoting Denver Health by visiting [theheartofdenver.org](http://theheartofdenver.org).

### CAM Academy offering trauma-responsive care workshop

Denver Health's [Center for Addiction Medicine \(CAM\) Academy](#) provides training and technical assistance on trauma-responsive substance use disorder treatment for Colorado and surrounding regions.



In partnership with the Public Health Institute at Denver Health's [Denver Prevention Training Center](#), CAM Academy has launched a three-hour virtual **trauma-responsive care workshop** to increase knowledge and skills to deliver compassionate trauma-responsive care. This workshop will provide strategies to create trauma-responsive care environments to foster healing in the patients we serve. This workshop will be held on **Feb. 22** and **March 21** and offers CNE and CME credits. It is offered at no cost for Denver Health employees. To register, [select your preferred course date here](#), and the registration fee will be waived.

## RECOGNIZING YOU

### Primary Care Support research director picked for All of Us program

**Rachel Everhart, research director in primary care support**, has been selected to mentor early-career investigators for the 2023-2024 National Institutes of Health's (NIH) **All of Us** Research Scholar Program. The program is a first-of-its-kind effort to collect and study health data from more than one million people living in the United States who reflect the diversity of the country.

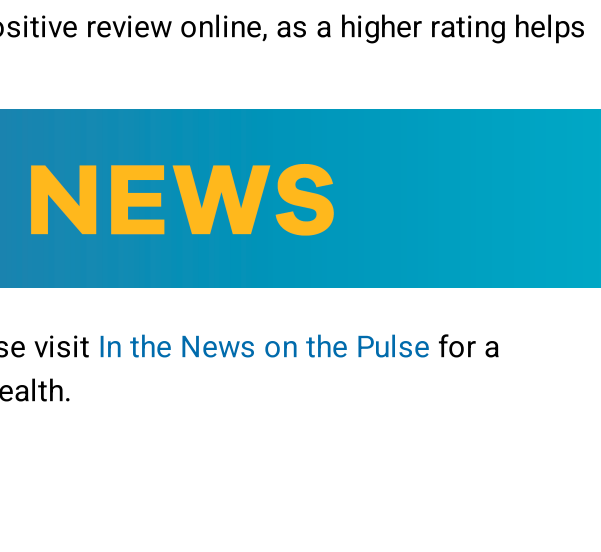
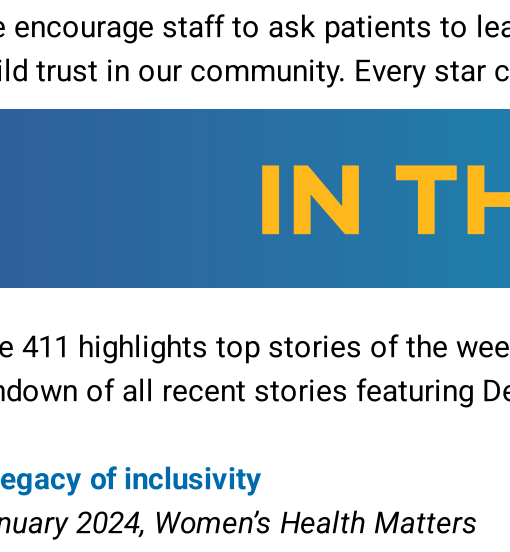


Everhart will be paired with emerging researchers, including those in high school, undergraduate and graduate or professional school, and who are from diverse backgrounds, including those from groups that have been shown to be underrepresented in the biomedical research workforce.

She will help these student researchers learn how to conduct research utilizing the All of Us database, learn to present their work and nurture their scholarly interests.

[Read more](#)

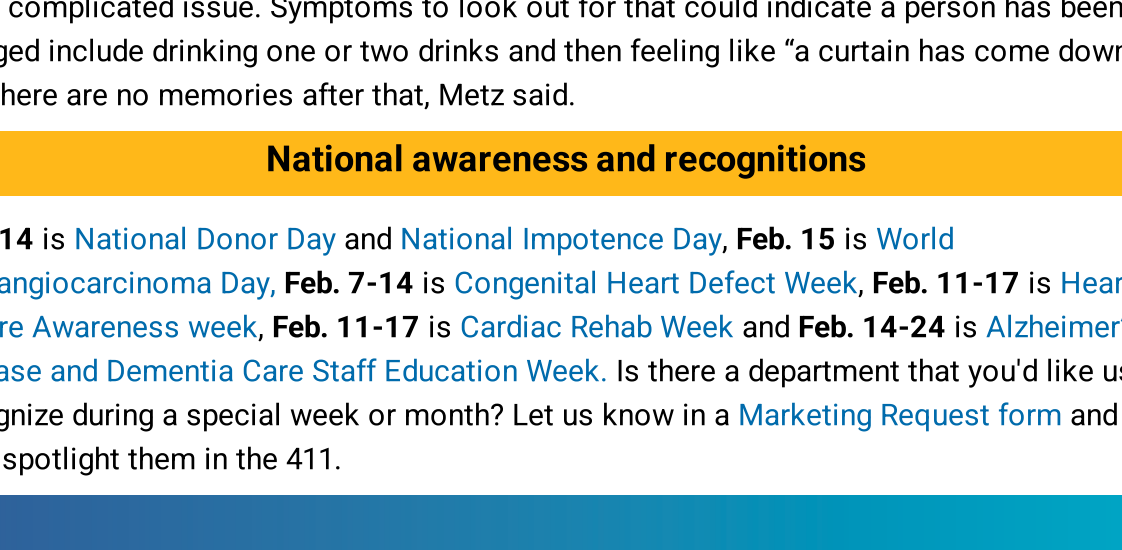
### Winners named in Wear Red Day photo contest



Thanks to everyone who participated and submitted photos for Workplace Well-being's Wear Red Day photo contest on **Friday, Feb. 2**, in honor of National Wear Red Day. Winners of this year's contest were:

- Individual photo winner – **Stephanie Sahadeo, NP, GYN specialty APP** (pictured above, left).
- Dynamic duo photo winners – **Alissa Butler, RN, RN care coordinator, and Jodi Clark, RN** (pictured above, right, from left to right).
- Group photo winners – ACS Data and Research Team: **Jeanny Reither, research project manager; Kristin Breslin, data scientist; Kerry Cavanaugh, associate, research; Hannah Cruz, data scientist; Laura Elliott, data scientist and Rachel Everhart, research director** (pictured below, top row from left to right; bottom row, from left to right).

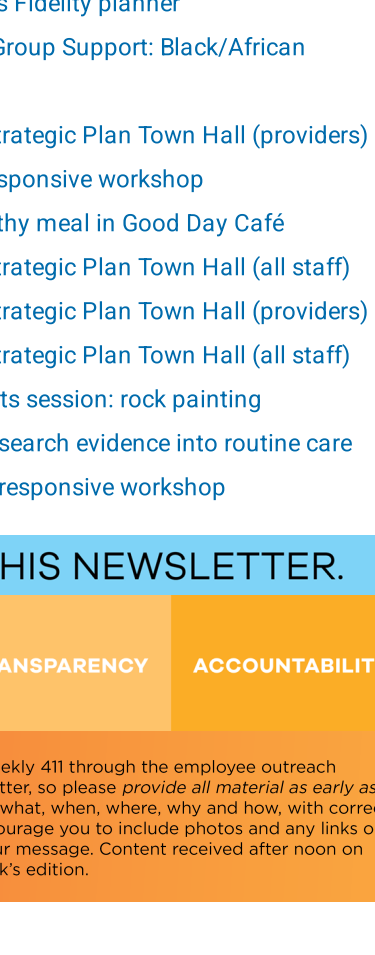
Congratulations to all the winners! You will be contacted via email with information on prizes.



[See all photos](#)

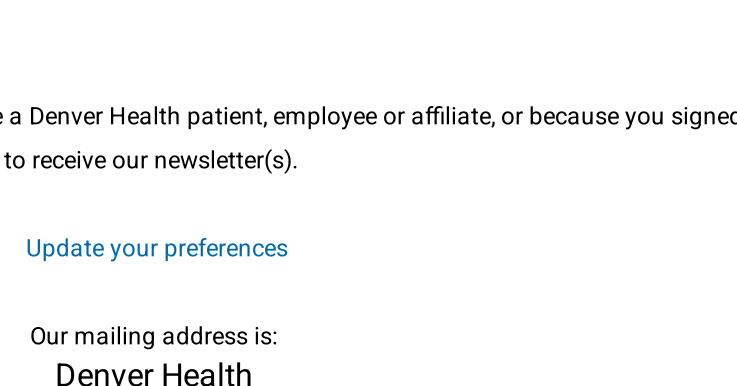
### Giving thanks during annual Resident and Fellow Appreciation Week

Each year, Denver Health welcomes more than 1,000 residents and fellows in all different areas of the hospital and clinics. They learn here while also providing critical care to our patients. Join us in celebrating their hard work during the **annual Resident and Fellow Appreciation Week, Monday, Feb. 12 through Friday, Feb. 16**. If you work with residents and fellows, please thank them for their hard work and dedication to our patients. The Office of Education will provide a complimentary breakfast voucher to the Good Day Café for all residents and fellows at Denver Health. Thank you for the hard work and dedication you provide to our patients and community!



### ACS Operations Team decorates meal bags for Project Angel Heart

During a team meeting, the ACS Operations Team showed just how big of a heart they have! While completing updates and reviewing slides, the team decorated meal bags for clients of Project Angel Heart in what turned out to be a fun team-building activity.



Thank you for giving back to the community and setting an example of how you are living the mission and values of Denver Health!

## DIVERSITY, EQUITY, INCLUSION & BELONGING

### Schwartz Rounds panel highlights diversity wins, challenges

Schwartz Rounds offer a forum for all Denver Health employees to address the emotional and social challenges faced in taking care of patients and families. Recently, panelists shared their thoughts on "Celebrating Our Wins: Diversity, Equity, Inclusion, and Belonging (DEIB)," speaking to the audience about barriers while also highlighting various wins for our health system.



Panelists included (pictured from left to right): **Julio Martinez Coronado, marketing campaigns manager; Amanda Breeden, senior director, contracts and grants, sponsored programs and research office and research operations; Simon Hambridge, MD, PhD, chief ambulatory care officer; Stephanie Syner, government and community relations manager; Tai Edward Few, associate director, Prevention Training Center (PHIDH), and Kodi Toussaint, practice manager for the Eastside and Westside dental clinics.**

[Read more](#)

## GRATITUDE

### Adult Urgent Care receives praise for excellent care

It is incredibly rewarding to hear from patients who have received outstanding care at Denver Health. This week we would like to share a five-star online review of our incredible team at the Adult Urgent Care.

*"Everyone involved in my care was extremely helpful. I was seen right away at a state-of-the-art urgent care facility, receiving level-one care. Despite the busy schedules of these nurses and doctors, who tirelessly provide care to the underserved, they deliver the same professional care to insured patients. I was glad that I chose Denver Health urgent care for my [urgent] needs."*

We encourage staff to ask patients to leave a positive review online, as a higher rating helps build trust in our community. Every star counts!

## IN THE NEWS

The 411 highlights top stories of the week. Please visit [In the News on the Pulse](#) for a rundown of all recent stories featuring Denver Health.

### A legacy of inclusivity

January 2024, *Women's Health Matters*

**Brian Stauffer, MD**, has worked at Denver Health for 18 years and has been the chief of the Division of Cardiology for the past six. He is also the medical director of the Integrative Vascular Biology Laboratory and medical director of the CU Boulder Clinical Translational Research Center, as well as the co-founder of the Pediatric Cardiovascular Research Laboratory.

### Denver Health and DPS to bring mobile health clinics to 4 schools

Feb. 1, *CBS Colorado*

Denver Health has launched a new Mobile Health Clinic to provide access to health care services to DPS families, including newly arriving migrants. **Medical Assistant Andrea Chavez-Ruiz** says this tool is extremely essential, especially for those in underserved communities. "The best part of doing my job is being the relief to patients who are in need of care," said Chavez-Ruiz.

### For some patients, better health starts with finding a home

Feb. 5, *Health Affairs*

"It is a horrible feeling to feel like you can't help your patient and that you literally don't have the right resources as a community," **Sarah Stella, an internal medicine hospitalist** with Denver Health, said. "Without that foundation of housing, it's very difficult to help our patients heal. It's as simple as that."

### Denver Police are tracking drugging incidents for the first time

Feb. 5, *The Denver Post*

**Michelle Metz, a Denver Health nurse on the forensic examiner team**, said drugging incidents are a complicated issue. Symptoms to look out for that could indicate a person has been drugged include drinking one or two drinks and then feeling like "a curtain has come down" and there are no memories after that, Metz said.

### National awareness and recognitions

**Feb. 14** is **National Donor Day** and **National Impotence Day**, **Feb. 15** is **World Cholangiocarcinoma Day**, **Feb. 7-14** is **Congenital Heart Defect Week**, **Feb. 11-17** is **Heart Failure Awareness week**, **Feb. 11-17** is **Cardiac Rehab Week** and **Feb. 14-24** is **Alzheimer's Disease and Dementia Care Staff Education Week**. Is there a department that you'd like us to recognize during a special week or month? Let us know in a [Marketing Request form](#) and we'll spotlight them in the 411.

## MARK YOUR CALENDAR

February | March

- |  |  |
|--|--|
| <b>Feb. 9:</b> 2024 State of Research at Denver Health       | <b>Feb. 19:</b> Heart healthy meal in Good Day Café                    |
| <b>Feb. 9:</b> Phlebotomy school application deadline        | <b>Feb. 20:</b> On-campus Fidelity planner                             |
| <b>Feb. 12:</b> Heart healthy meal in Good Day Café          | <b>Feb. 20:</b> RESTORE Group Support: Black/African American Affinity |
| <b>Feb. 12:</b> All Day Café opens                           | <b>Feb. 21:</b> 2024-26 Strategic Plan Town Hall (providers)           |
| <b>Feb. 13:</b> Fidelity webinar for retirement savings      | <b>Feb. 22:</b> Trauma-responsive workshop                             |
| <b>Feb. 14:</b> RESTORE Group Support: Cumulative Stress     | <b>Feb. 26:</b> Heart healthy meal in Good Day Café                    |
| <b>Feb. 14:</b> Heart Health lunch and learn                 | <b>Feb. 28:</b> 2024-26 Strategic Plan Town Hall (all staff)           |
| <b>Feb. 14:</b> Good Day Café Valentine's Day special        | <b>Feb. 29:</b> 2024-26 Strategic Plan Town Hall (providers)           |
| <b>Feb. 14:</b> Ash Wednesday services at Interfaith Chapel  | <b>Feb. 29:</b> 2024-26 Strategic Plan Town Hall (all staff)           |
| <b>Feb. 15:</b> Top Docs nomination deadline                 | <b>Feb. 29:</b> Creative arts session: rock painting                   |
| <b>Feb. 15:</b> CAM survey deadline                          | <b>March 8:</b> Moving research evidence into routine care             |
| <b>Feb. 16:</b> Walk-in mammogram day                        | <b>March 21:</b> Trauma-responsive workshop                            |
| <b>Feb. 19:</b> 2024-26 Strategic Plan Town Hall (all staff) |  |

[CLICK HERE FOR A PDF VERSION OF THIS NEWSLETTER.](#)



**SUBMIT A REQUEST TO THE WEEKLY 411**

Submit content for consideration in the Weekly 411 through the employee outreach request form [here](#). Accuracy and quality matter, so please provide all material as early as possible. Your submission should detail who, what, when, where, why and how, with correct spelling and explanation of acronyms. We encourage you to include photos and any links or attachments that may help to communicate your message. Content received after noon on Tuesday will be considered for the following week's edition.

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