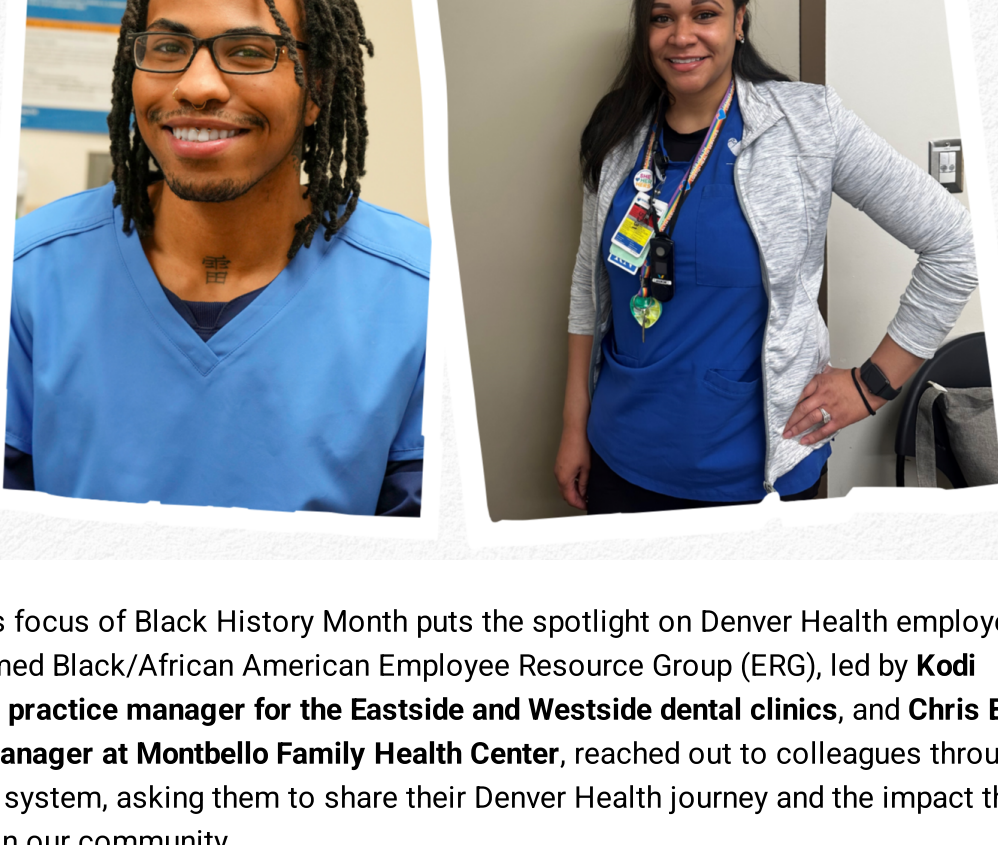


Thursday, February 1, 2024

Recognizing Denver Health employees for Black History Month



This year's focus of Black History Month puts the spotlight on Denver Health employees. The newly formed Black/African American Employee Resource Group (ERG), led by **Kodi Toussaint, practice manager for the Eastside and Westside dental clinics**, and **Chris Bryant, nursing manager at Montbello Family Health Center**, reached out to colleagues throughout the health system, asking them to share their Denver Health journey and the impact their work has in our community.

This week, meet **Ramon "Ray" Conner**, a recently hired **medical assistant at the Webb Center for Primary Care**, and **Jasmine Walker, BSN, RN, charge nurse at Eastside Family Health Center Adult Clinic**.

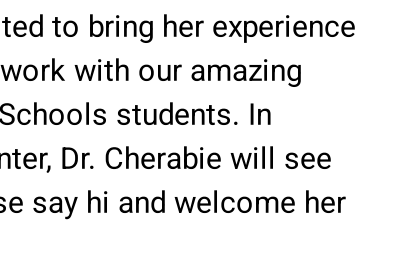
[Read more](#)

DENVER HEALTH SPOTLIGHT



School-based Health Center program welcomes new medical director

February is School-based Health Care Awareness Month, and there is no better time to announce we have a **new medical director for Denver Health Pediatrics at Denver Public Schools**, commonly known as school-based health centers (SBHC). We're excited to welcome **Sandra Cherabie, DO**, who joins our team after more than four years of experience at Stride Community Health Centers.



Dr. Cherabie is a family medicine doctor with a passion for international medicine. She completed a Global Health fellowship at the University of Colorado Anschutz Medical Campus and worked extensively with the state's refugee screening program at Stride, welcoming new arrivals and tackling health disparities. She's excited to bring her experience and passion for refugee and migrant health to Denver Health and work with our amazing SBHC team to further support and advocate for all Denver Public Schools students. In addition to seeing patients at the Manual school-based health center, Dr. Cherabie will see patients in Ambulatory Care Services. If you see her around, please say hi and welcome her to Denver Health!

STAY INFORMED

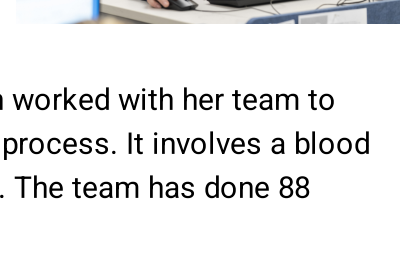
Issue with 1095-C forms mailed to employees

Denver Health Human Resources learned last Thursday that there was an issue with the employee data file transition to the third-party vendor responsible for printing and sending the required form 1095-C. This caused about 1,000 employees' 1095-C forms to be sent to a different Denver Health employee's address. A notification was sent to all known employees affected by this error. In an effort to ensure that affected employees have proper information and support, please click below for important information about next steps and resources.

[Learn more](#)

Genetic screening for breast cancer now available at Denver Health

For the first time, our patients can get breast cancer genetic testing right here at Denver Health. The testing started in July through our Breast Surgery clinic for patients with a personal and/or family history of breast cancer. "Genetic testing can be time sensitive, especially for patients who have a diagnosis of breast cancer," said **Pam Crawford, FNP** (pictured), who runs the genetic testing.

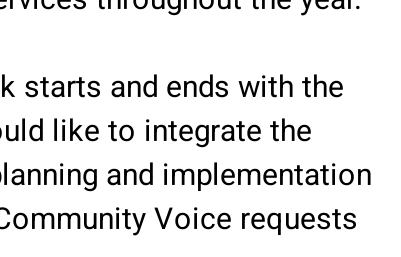


She completed provider genetic certification at City of Hope, then worked with her team to develop workflows for scheduling, ordering and documenting the process. It involves a broad draw for patients, with a follow-up phone call to share the results. The team has done 88 tests so far.

[Learn more](#)

Center for Addiction Medicine hosts thank you luncheon

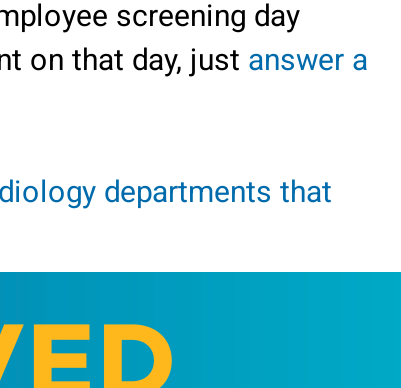
On **Friday, Jan. 26**, Denver Health's Center for Addiction Medicine (CAM) hosted a reception to thank community members who participated in our 2023 CAM Community Advisory Meetings (CAM CAM). In 2023, these monthly meetings engaged 68 unique individuals with lived experience related to substance use disorders (averaging 25 to 30 participants per meeting), who collectively dedicated nearly 500 hours to informing Denver Health's substance use-related programs and services throughout the year.



Monthly meetings are one of the ways CAM ensures that our work starts and ends with the communities we serve. All Denver Health team members who would like to integrate the expertise of community members with lived experience into the planning and implementation of their substance use-related initiatives are welcome to submit Community Voice requests via [this intake form](#).

Mammography exams nearly double at Denver Health

In the past five years, the number of mammography exams for patients at Denver Health has nearly doubled, from about 13,000 in 2018 to more than 20,000 last year. **Chief of Breast Imaging Randy Miles, MD**, credits the hard work of the entire team in Pavilion L and the Mobile Health Centers, including the breast imaging technologists, nurses, patient navigators and patient access specialist (pictured), in addition to our amazing front desk staff, clerks and medical assistants. Regular mammograms are recommended for all patients with breasts age 40 or older as early detection is the best way to catch breast cancer when it is most treatable. We still have many openings for our last winter employee screening day coming up on **Friday, Feb. 16**. To sign up for a walk-in appointment on that day, just [answer a few simple questions on this form](#).



Read about [Dr. Miles' latest research on funding disparities for radiology departments that serve racial minorities and low-income patients](#).

GET INVOLVED

Celebrate Heart Month with activities all month long

February is American Heart Month, and Workplace Well-being has partnered with Rehab Cardiology, Food and Nutrition Services and community partners to bring you a variety of heart-healthy educational opportunities and activities. See the full schedule of events at [this page on the Pulse](#).

Don't miss this week's events:

Friday, Feb. 2: Wear Red Day

- **Wear Red Day photo contest:** Take a photo of yourself or your team wearing red for Wear Red Day and submit to Kristin.Ellis@dhha.org on Friday. Photos will be featured in next week's 411 (and possibly on social media) and all submissions will be entered into a prize drawing.
- **Free blood pressure screening for staff:** Stop by the Good Day Café entrance (Pavilion A basement) for a free blood pressure screening from the Rehab Cardiology team between 11:30 a.m. and 1:30 p.m. We will also be providing information, resources and swag.

Make smarter financial decisions with student loan assistance webinar

The consolidation deadline to take advantage of one-time account adjustments on student loans has been extended to **April 30, 2024**. Ensure you have everything you need to receive the student loan forgiveness that you've earned by attending Denver Health's Student Loan Assistance Webinar hosted by [Tuition.IO](#). This webinar will help you get familiar with everything offered to help you repay your student loans. The webinar will cover the [Tuition.IO](#) platform and tools that will help you better understand your debt and assist you in making smart repayment choices. After reviewing the platform, the focus will shift to education about your student loan repayment options and highlight important legislation updates that impact Public Service Loan Forgiveness. Click below to register:

- 11 a.m. Tuesday, Feb. 6.
- 2:30 p.m. Thursday, Feb. 8.

Join us for first-ever Pediatric Trauma Grand Rounds

Please join us from **noon-1 p.m. Wednesday, Feb. 7** for our first-ever Pediatric Trauma Grand Rounds! **Denver Pediatric Trauma Medical Director Denis Bensard, MD, FACS**, will be presenting "All Bleeding Eventually Ends: Early Recognition and Management of Hemorrhagic Shock in the Pediatric Population." Join virtually via Webex by [registering at this link](#).

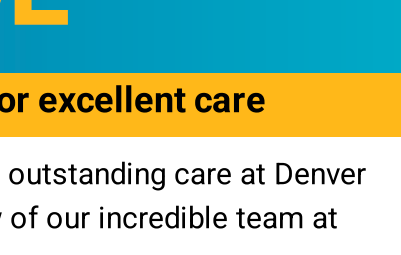
PERKS & DISCOUNTS

Join us for a free yoga class in the Fitness Center

Denver Health Fitness Center classes are typically only for Fitness Center members, but at **noon on the first Wednesday of each month**, all employees are invited to attend a free yoga class in the Fitness Center yoga room, located in **601 Broadway, fourth floor**. Classes are first come, first serve. No sign-up is required. Click [HERE](#) for a flyer and more information.

Enter drawing to win a free massage from RESTORE on Feb. 14

The **Denver Health RESTORE Support Center**, on the first floor of Pavilion B, will offer Denver Health staff free 15-minute chair massages with a Zeel massage therapist from **noon-4 p.m. Wednesday, Feb. 14**. [Click here to enter a drawing](#) for your chance to win a massage. Winners will be contacted by email on **Monday, Feb. 12**, and offered time slots. Names on the sign-up list and the winners will be kept confidential. Email questions to RESTORE@dhha.org.



GRATITUDE

Winter Park Medical Center receives praise for excellent care

It is incredibly rewarding to hear from patients who have received outstanding care at Denver Health. This week we would like to share a five-star online review of our incredible team at the Winter Park Medical Center.

"The entire staff at Denver Health at Winter Park was great! I received immediate attention to my issues and they worked together to find a diagnosis. This was not a ski-related event that they were use to dealing with, yet they handled it great. Many thanks to the entire staff!!!"

We encourage staff to ask patients to leave a positive review online, as a higher rating helps build trust in our community. Every star counts!

IN THE NEWS

The 411 highlights top stories of the week. Please visit [In the News on the Pulse](#) for a rundown of all recent stories featuring Denver Health.

Radiology departments that serve racial minorities, low-income patients less likely to receive NIH funding

Jan. 24, *Radiology Business*

"Our study showed that aggregate NIH funding to radiology departments was negatively correlated with inclusive care as assessed by the Low Income Hospitals Index, with departments receiving the most NIH funding serving the lowest share of diverse patients," corresponding author **Randy C. Miles, MD, chief of breast imaging at Denver Health**, and colleagues wrote.

A city of 710,000 struggles to cope with 40,000 migrant arrivals

Jan. 27, *NBC News*

"I don't mind being busy. I can see a lot of patients, I can stay late," **Dr. Kristi Rodrigues, a doctor in Pediatric Emergency Medicine at Denver Health**, said. "But I don't know if this person is ever going to get into a pediatrician to be seen and taken care of. For me, that's the part that pulls at my heartstrings."

Over-the-counter birth control will expand reproductive freedoms

Jan. 29, *9News*

"I think this is a really exciting moment in terms of access for reproductive care," **Dr. Spencer McClelland, an OB/GYN and Associate Director of Outpatient Services at Denver Health**, said. "And the part that I think is really exciting is not just that something has been added as an option for patients but that it's in a way that is specifically trying to think about what barriers there are for patients accessing birth control."

Denver doctor focused on improving health outcomes for marginalized communities

Jan. 29, *The Denver Post*

Will Mundo, a child to two Mexican immigrants and a first-generation college graduate of the University of Colorado, Denver, is halfway through his residency in Denver Health's emergency medicine program. The 29-year-old Coloradan knows his path to medicine and his future career as a doctor are fortified by his culture every step of the way.

National awareness and recognitions

February is **School-based Health Care Awareness Month, American Heart Month, Black History Month, National Cancer Prevention Month, International Prenatal Infection Prevention Month and National Children's Dental Health Month. Sunday, Feb. 4 is World Cancer Day and Wednesday, Feb. 7, is National Black HIV/AIDS Awareness Day**. Is there a department that you'd like us to recognize during a special week or month? Let us know in a [Marketing Request form](#) and we'll spotlight them in the 411.

MARK YOUR CALENDAR

February | March

- | | |
|--|--|
| Feb. 2: Walk-in mammogram day | Feb. 13: Fidelity webinar for retirement savings |
| Feb. 2: Wear Red Day | Feb. 14: Restore Group Support: Cumulative Stress |
| Feb. 4: World Cancer Day | Feb. 14: Heart Health lunch and learn |
| Feb. 5: Heart healthy meal in Good Day Café | Feb. 15: Top Docs nomination deadline |
| Feb. 6: Tuition.io webinar | Feb. 16: Walk-in mammogram day |
| Feb. 6: RESTORE Group Support: Grief & Loss | Feb. 19: Heart healthy meal in Good Day Café |
| Feb. 7: Free first Wednesdays Yoga | Feb. 20: On-campus Fidelity planner |
| Feb. 7: National Black HIV/AIDS Awareness Day | Feb. 20: RESTORE Group Support: Black/African American Affinity |
| Feb. 8: Pediatric Trauma Grand Rounds | Feb. 22: Trauma-responsive workshop |
| Feb. 8: On-campus Fidelity planner | Feb. 26: Heart healthy meal in Good Day Café |
| Feb. 8: Tuition.io webinar | Feb. 29: Creative arts session: rock painting |
| Feb. 9: 2024 State of Research at Denver Health | March 8: Moving research evidence into routine care |
| Feb. 9: Phlebotomy school application deadline | |
| Feb. 12: Heart healthy meal in Good Day Café | |

[CLICK HERE FOR A PDF VERSION OF THIS NEWSLETTER.](#)

Denver Health VALUES
how we do it.

RESPECT

BELONGING

TRANSPARENCY

ACCOUNTABILITY

SUBMIT A REQUEST TO THE **WEEKLY 411**

Submit content for consideration in the Weekly 411 through the employee outreach request form [here](#). Accuracy and quality matter, so please provide all material as early as possible. Your submission should detail who, what, when, where, why and how, with correct spelling and explanation of acronyms. We encourage you to include photos and any links or attachments that may help to communicate your message. Content received after noon on Tuesday will be considered for the following week's edition.

[View this email in your browser](#)

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