

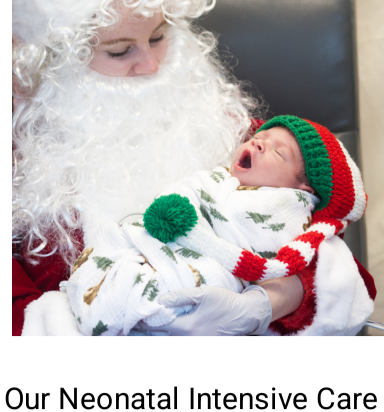


DENVER HEALTH'S WEEKLY 411

The week's most critical information delivered to your inbox.

Thursday, December 28, 2023

Santa and elf visit NICU



Our Neonatal Intensive Care Unit (NICU) got a special visit from Santa this year in the form of **Grace Growney, RN** (pictured above, center right), accompanied by elf **Alyssa Schmitz, RN** (pictured above, center left). The NICU's Patient Family Advisory Committee organized a holiday event for the parents with breakfast, stocking decorations for the babies, hot chocolate and photos with Santa, taken by **Jacqueline Dicharry, RN**. As the new year approaches, Denver Health wishes everyone a happy holiday with family and friends!

STAY INFORMED

Last chance to complete your performance self-appraisal

Performance self-appraisals will close in Workday on **Sunday, Dec. 31**. This is an important step in the 2023-24 Learn, Engage, Achieve, Develop (LEAD) [performance review and appraisal process](#). If you haven't already filled out your self-appraisal, please do so today! HR has a robust training toolkit in the [Workday Resources Hub](#). Use this [Quick Resource Guide](#) for support navigating the Workday Resources Hub or email DHAcademy@dhha.org with questions, concerns or requests for support. Physicians will continue to use PRISM for annual evaluations. Employees who began working at Denver Health on or after May 8, 2023, will not complete a 2023 appraisal.

Free employee yoga class first Wednesday of the month

Denver Health Fitness Center classes are typically only for Fitness Center members, but beginning **Wednesday, Jan. 3**, all employees are invited to attend a free yoga class at **noon** the first Wednesday of each month in the Fitness Center yoga room (located in **601 Broadway, fourth floor**). See the [attached flyer](#) for more info. Questions? Email fitness.center@dhha.org.

Join Collegenest webinar to learn about college savings

Denver Health has partnered with Collegenest to offer our employees access to Colorado's 529 College Savings Program. This opportunity allows employees to use tax-advantaged college savings plans to save for higher education expenses for their children, grandchildren or even themselves! Attend Collegenest's webinar, "Why 529s are the best way to save for higher education," at **noon Monday, Jan. 8**, and receive a free \$25 starter account!

[Register here](#)

Denver Health hosting blood drive Jan. 9

Blood donations are always low this time of year due to holidays and travel, so we need your help to replenish the blood supply! Denver Health will be hosting a mobile blood drive with Children's Hospital of Colorado from **8:30 a.m.-12:15 p.m. Tuesday, Jan. 9**, in the Rita Bass parking lot.

[Sign up to donate](#)

Emergency dental clinic available in Pavilion L

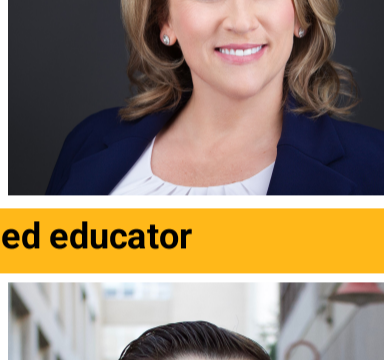
Ever wonder where to turn if you are in need of emergency dental care? Look no further than our own dental clinic at the Outpatient Medical Center. The team runs an emergency dental clinic from **8 a.m.-5 p.m. Monday through Friday** on the **seventh floor of Pavilion L**. Dental emergencies treated include, but are not limited to, dental trauma, tooth pain, dental infection, tooth extraction, oral swellings and pathology, broken teeth, wisdom teeth as well as complications after a dental procedure. If you have a dental emergency, please contact the appointment call center at **303-436-4949** to schedule an appointment. You can expect to be seen within 72 hours.



RECOGNIZING YOU

Kris Gaw named among top 50 women leaders in Denver

Denver Health Chief Operating Officer **Kris Gaw** has been named one of the top 50 Women Leaders in Denver for 2023 by Women We Admire. Kris came to Denver Health with more than 35 years of experience in the health care field and helped guide Denver Health through the pandemic, having started just before the first cases of COVID-19 arrived. Thanks, Kris, for your many contributions to the organization and to our community.



Dr. Naeger recognized as 2024 distinguished educator

Congratulations to **David M. Naeger, MD, director of service for Radiology**, for being named the 2024 Distinguished Educator by The American Roentgen Ray Society (ARRS). The ARRS Distinguished Educator award recognizes outstanding individuals in the field of medical imaging who have a proven record of improving radiological education and are committed to creating and implementing new and innovative educational activities. This distinction is one of only two highly prestigious awards in education given by the largest national and international radiological societies. Dr. Naeger believes the recognition extends to his entire team.



[Read more](#)

GET INVOLVED

Volunteers needed for MLK Parade

Thank you to everyone at Denver Health who volunteered this year. We truly appreciate your support and willingness to uphold the Denver Health mission. We are looking for volunteers for the MLK Parade on **Jan. 15**. If you are interested, please fill out the [volunteer form](#).

GRATITUDE

Bariatric Surgery Center receives praise for excellent care and support

It is incredibly rewarding to hear from patients who have received outstanding care at Denver Health. This week we would like to share a five-star online review of our incredible team at the Bariatric Surgery Center:

"I greatly appreciated the Bariatric team for all the support and education. Thank you to all the support groups, nutritionist and psychologists [who helped me with] the longtime commitment of a new beginning, from changing life behaviors and eating habits, to coping with health factors, and managing and living a healthier life with healthy food, emotions, exercise, health, self-care and growth. The Bariatric team is greatly appreciated and amazing in all they do. Thank you for my new beginnings of a healthier life."

We encourage staff to ask patients to leave a positive review online, as a higher rating helps build trust in our community. Every star counts!

IN THE NEWS

The 411 highlights top stories of the week. Please visit [In the News on the Pulse](#) for a rundown of all recent stories featuring Denver Health.

ADHD medication shortages explained for frustrated patients
Dec. 27, 9News
"What it's boiling down to is a supply and demand issue," **Justin VandenBerg, pharmacy business services manager at Denver Health**, said. "We have a lot more people that are identifying as having ADHD, and that volume is going up. However, you're looking at these past trends of how much can be produced, and it's not matching up with that."

'Tripledeemic' of COVID-19, flu and RSV threatens Colorado this holiday season
Dec. 22, Denver7
"We are certainly seeing high rates of viral respiratory illnesses, both in Colorado and across the country," said **Dr. Bob Belknap with Denver Health**. "Overall, influenza and RSV appear to be increasing, whereas COVID-19 is at an elevated level, but something of a plateau right now."

Hit by a scooter rider, then by hospital bills, this Denverite says justice hard to find
Dec. 26, Denverite
Missy Anderson, a registered nurse and pediatric trauma program manager at Denver Health, tracks a wide range of trauma data at the hospital including bike and scooter incidents. While people driving cars at high speeds are responsible for more collisions and fatalities, Anderson said that people hit by electric scooters going at full speed, often on trails or sidewalks, tend to have worse injuries than pedestrians hit by cars at low speeds.

New Colorado law will help people dealing with eating disorders
Dec. 26, 9News
"Unfortunately, insurance companies in the past and still now try to use body mass index as a way to indicate whether or not somebody needs a certain level of care. So I think this legislation will be fantastic in terms of ensuring they look at other criteria, too," **Dr. Patricia Westmoreland, Consultant Psychiatrist with ACUTE Center for Eating Disorders**, said.

Denver Health doctor shares signs of heart attacks during holidays
Dec. 27, Fox31
Cardiologist Matt Holland, MD, spoke with Fox31 about why risks for heart attacks increase during the holidays.

MARK YOUR CALENDAR

December | January

Dec. 30-Jan.1: OMC Café and Main Street Café closed	Jan. 8: Administrative Services SharePoint site migrations begin
Dec. 31: Self-appraisals close in Workday	Jan. 9: Mobile blood drive in Rita Bass parking lot
Jan. 1: Cloud-based MS Office changes go live	Jan. 15: MLK Parade
	Jan. 31: Department impact plan submission deadline

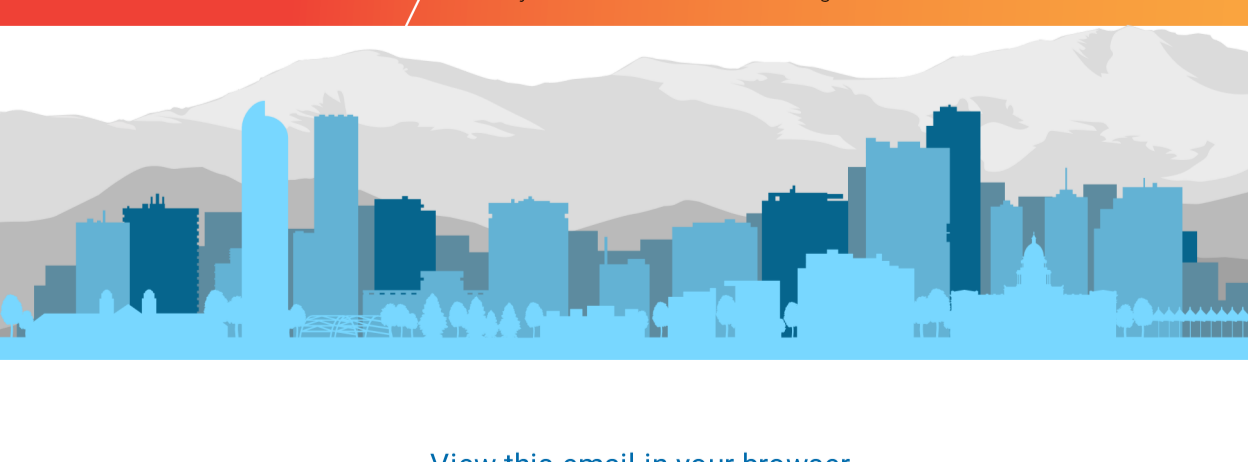
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Denver Health VALUES
how we do it.

RESPECT BELONGING TRANSPARENCY ACCOUNTABILITY

SUBMIT A REQUEST TO THE WEEKLY 411

Submit content for consideration in the Weekly 411 through the employee outreach request form [here](#). Accuracy and quality matter, so please *provide all material as early as possible*. Your submission should detail who, what, when, where, why and how, with correct spelling and explanation of acronyms. We encourage you to include photos and any links or attachments that may help to communicate your message. Content received after noon on Tuesday will be considered for the following week's edition.



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