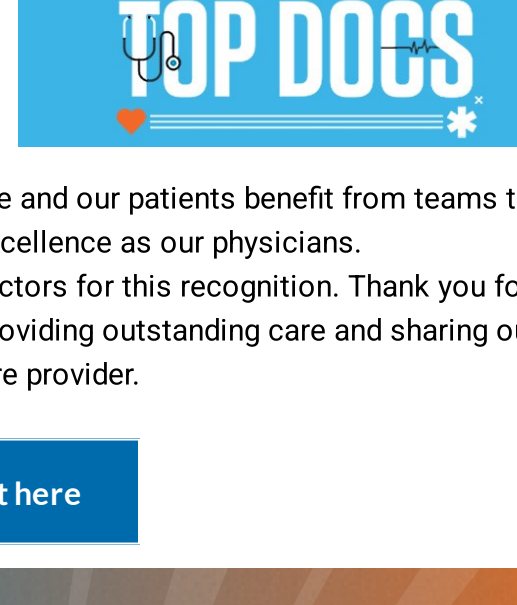


Thursday, August 1, 2024

## Congratulations to this year's 5280 Top Docs

Denver Health is excited to announce that 39 of our physicians have been named in this year's annual "Top Doctors" issue of 5280 magazine. For 31 years, 5280 has been providing a list of the best doctors in the Denver metro area.



Denver Health takes pride in delivering quality care and our patients benefit from teams that share the same dedication and commitment to excellence as our physicians. Congratulations to our employed and affiliated doctors for this recognition. Thank you for your unwavering hard work and commitment to providing outstanding care and sharing our vision of being Colorado's most trusted health care provider.

[See full list here](#)

## EARNING TRUST

2024-26 STRATEGIC PLAN

### Perioperative services initiative enhances care at Denver Health

The 2024 is putting the spotlight on the incredible work throughout the health system focused on the 2024-26 Strategic Plan. This week focuses on the perioperative services team and their remarkable work in advancing care through robotic surgery.

You may have heard that perioperative services recently launched robotic surgery technology and service to Denver Health patients. But did you know that the initiative hinged on the cooperation and expertise of expert professions numbering in the double digits? Elevating surgical care through robotic surgery at Denver Health supported the development of both clinical and non-clinical partnerships.

[Read more](#)

## STAY INFORMED

### Wildfire update, resources available for employees

You may have heard about the ongoing wildfires affecting our region in yesterday's communication. We wanted to provide an update on the situation and how it may impact our teams. Please reach out to your managers if you need support.

[Learn more](#)

### Exciting upgrades coming to Belonging Park

We are excited to announce the next steps in the ongoing development of Belonging Park, our innovative green space designed to enhance employee engagement, patient interaction, and community building.



#### Upcoming Enhancements include:

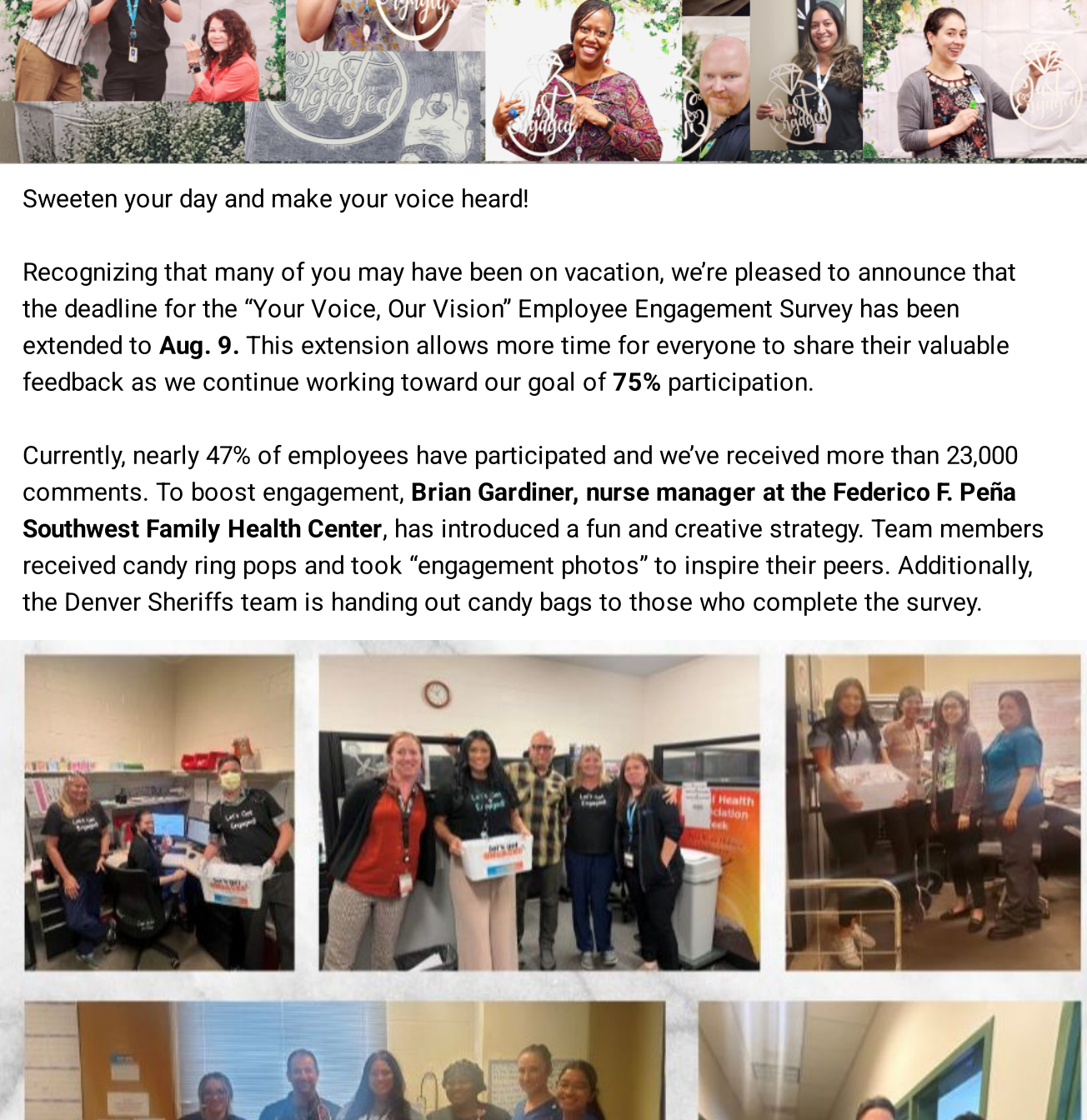
Concrete Pad Installation: Starting **Monday, Aug. 5, through Wednesday, Aug. 7**, we will pour a concrete pad as the foundation for our art installation.

- Aug. 5:** Site preparation begins. Parking spots on the south side of Belonging Park will be coned off.
- Aug. 6:** Cement pad pour day. A cement truck will access the site from Bannock St, with traffic controllers and a secure perimeter in place until the concrete sets.
- Aug. 7:** Final touches and completion of the concrete pad.

**Art Installation:** This fall, we will unveil a stunning new art piece in Belonging Park. This installation will mark the beginning of a series of enhancements aimed at making the park a focal point for cultural and community activities.

Belonging Park is already a beloved space, and these upgrades will further enrich the experience for everyone. The park will continue to host events and activities that promote diversity, inclusivity and employee well-being, reinforcing our commitment to these values. We are dedicated to making Belonging Park a place where employees and patients alike can connect, relax and thrive.

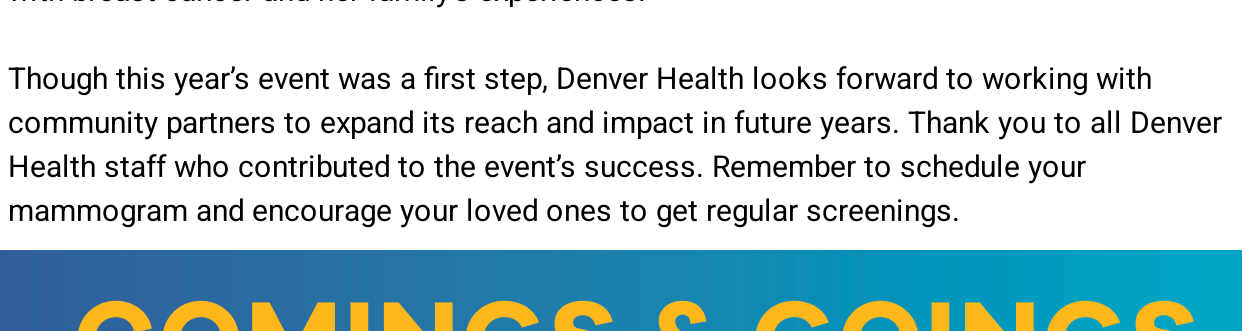
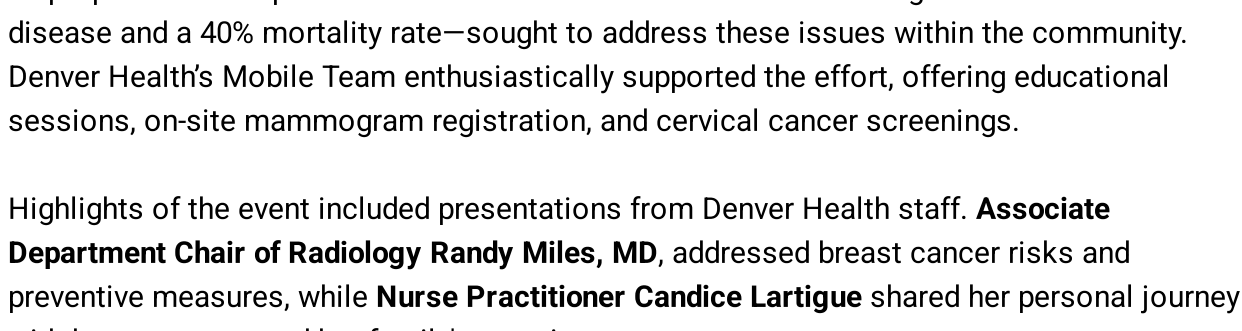
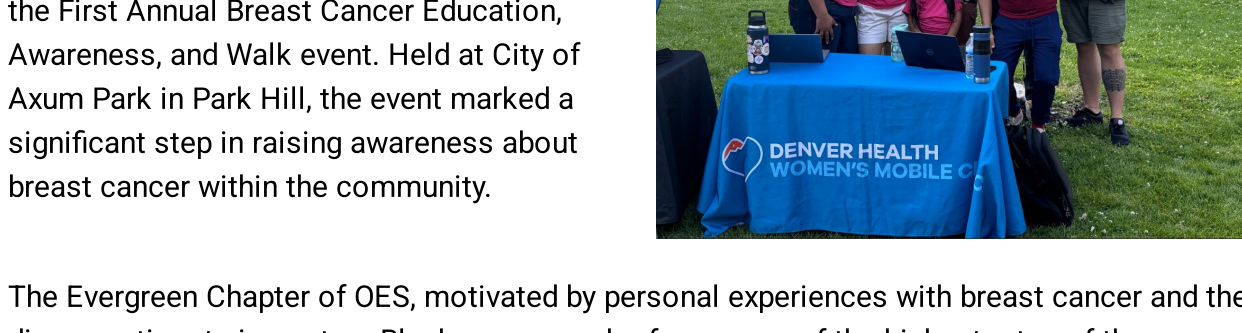
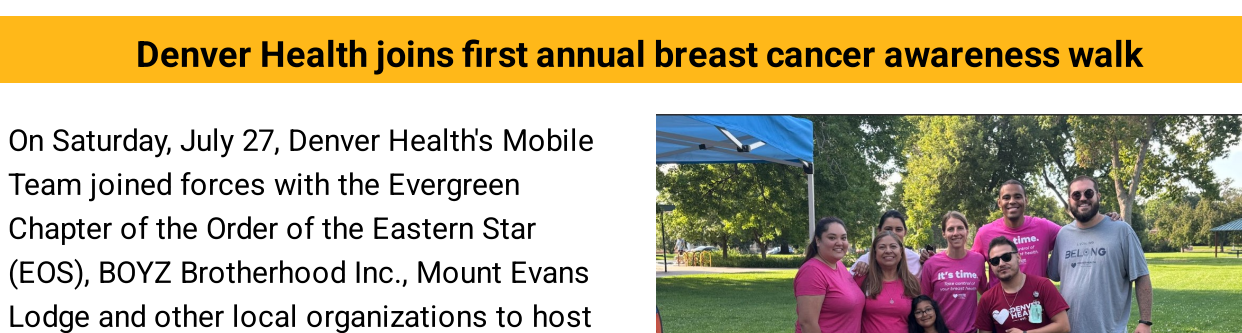
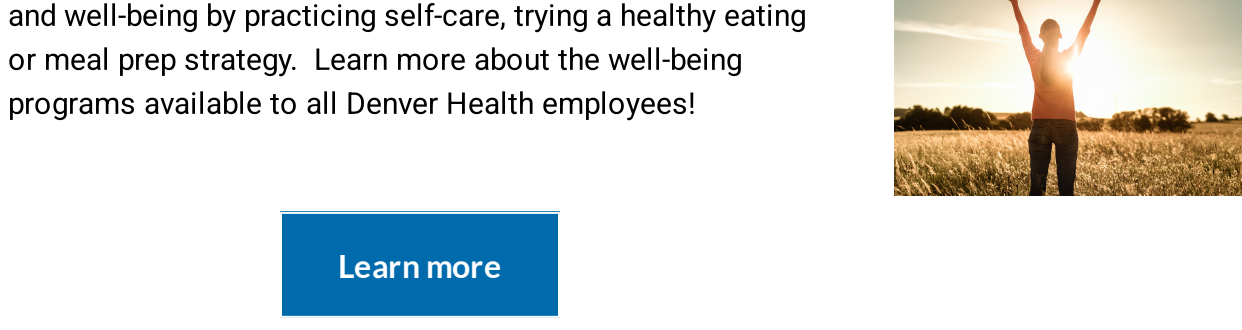
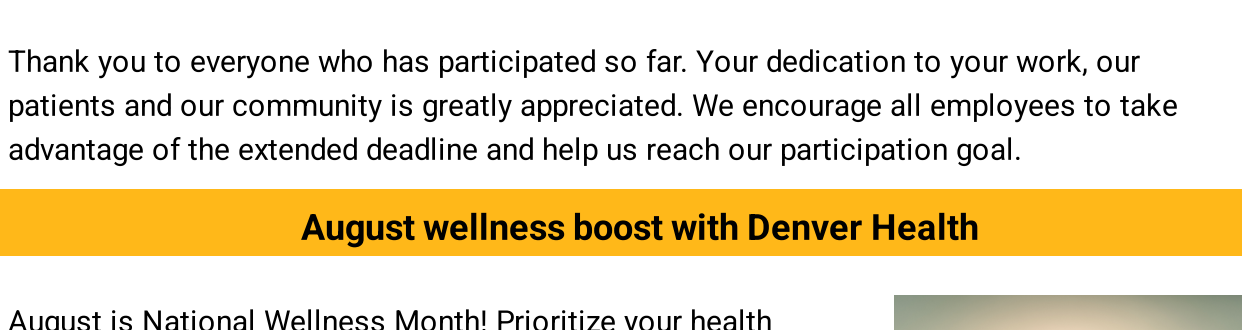
### Engagement survey deadline extended, your feedback matters



Sweeten your day and make your voice heard!

Recognizing that many of you may be on vacation, we're pleased to announce that the deadline for the "Your Voice, Our Vision" Employee Engagement Survey has been extended to **Aug. 9**. This extension allows more time for everyone to share their valuable feedback as we continue working toward our goal of **75%** participation.

Currently, nearly 47% of employees have participated and we've received more than 23,000 comments. To boost engagement, **Brian Gardiner, nurse manager at the Federico F. Peña Southwest Family Health Center**, has introduced a fun and creative strategy. Team members received candy ring pops and took "engagement photos" to inspire their peers. Additionally, the Denver Sheriffs team is handing out candy bags to those who complete the survey.



To add to the excitement, a group of employees and leaders from across the organization joined in Denver Health's own version of "Carpool Karaoke."

[Be sure to check out this fun video](#)—you won't want to miss it!

The survey, offered in five languages, will take employees as little as **10 minutes** to complete. Additional time will be required if employees choose to leave comments. Teams will be rewarded for reaching 100% participation in their respective divisions.

Thank you to everyone who has participated so far. Our dedication to your work, our patients and our community is greatly appreciated. We encourage all employees to take advantage of the extended deadline and help us reach our participation goal.

### August wellness boost with Denver Health

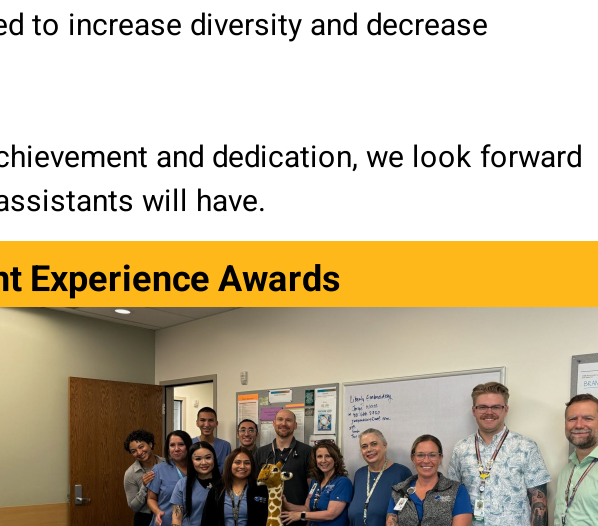
August is National Wellness Month! Prioritize your health and well-being by practicing self-care, trying a healthy eating or meal prep strategy. Learn more about the well-being programs available to all Denver Health employees!



[Learn more](#)

### Denver Health joins first annual breast cancer awareness walk

On Saturday, July 27, Denver Health's Mobile Team joined forces with the Evergreen Chapter of the Order of the Eastern Star (EOS), BOYZ Brotherhood Inc., Mount Evans Lodge and other local organizations to host the First Annual Breast Cancer Education, Awareness, and Walk event. Held at City of Axum Park in Park Hill, the event marked a significant step in raising awareness about breast cancer within the community.



The Evergreen Chapter of OES, motivated by their own experiences with breast cancer and the disproportionate impact on Black women—who face some of the highest rates of the disease and a 40% mortality rate—sought to address these issues within the community. Denver Health's Mobile Team enthusiastically supported the effort, offering educational sessions, on-site mammogram registration, and cervical cancer screenings.

Highlights of the event included presentations from Denver Health staff. **Associate Department Chair of Radiology Randy Miles, MD**, addressed breast cancer risks and preventive measures, while **Nurse Practitioner Candice Lartigue** shared her personal journey with breast cancer and her family's experiences.

Though this year's event was a first step, Denver Health looks forward to working with community partners to expand its reach and impact in future years. Thank you to all Denver Health staff who contributed to the event's success. Remember to schedule your mammogram and encourage your loved ones to get regular screenings.

## COMINGS & GOINGS

### New medical director of ACUTE announced

Congratulations to **Patricia Westmoreland, MD** who has been promoted to medical director of the ACUTE Center for Eating Disorders and Severe Malnutrition. Starting today, she will oversee non-nursing clinical services.

Westmoreland, a highly regarded expert in eating disorders, brings over 25 years of clinical experience. She is board certified in general psychiatry, psychosomatic medicine and forensic psychiatry. Additionally, she is a Distinguished Fellow of the American Psychiatric Association (APA), president of the Colorado Psychiatric Society, chair of the Colorado Physicians for Mental Health Political Action Committee and a representative to the APA Assembly.

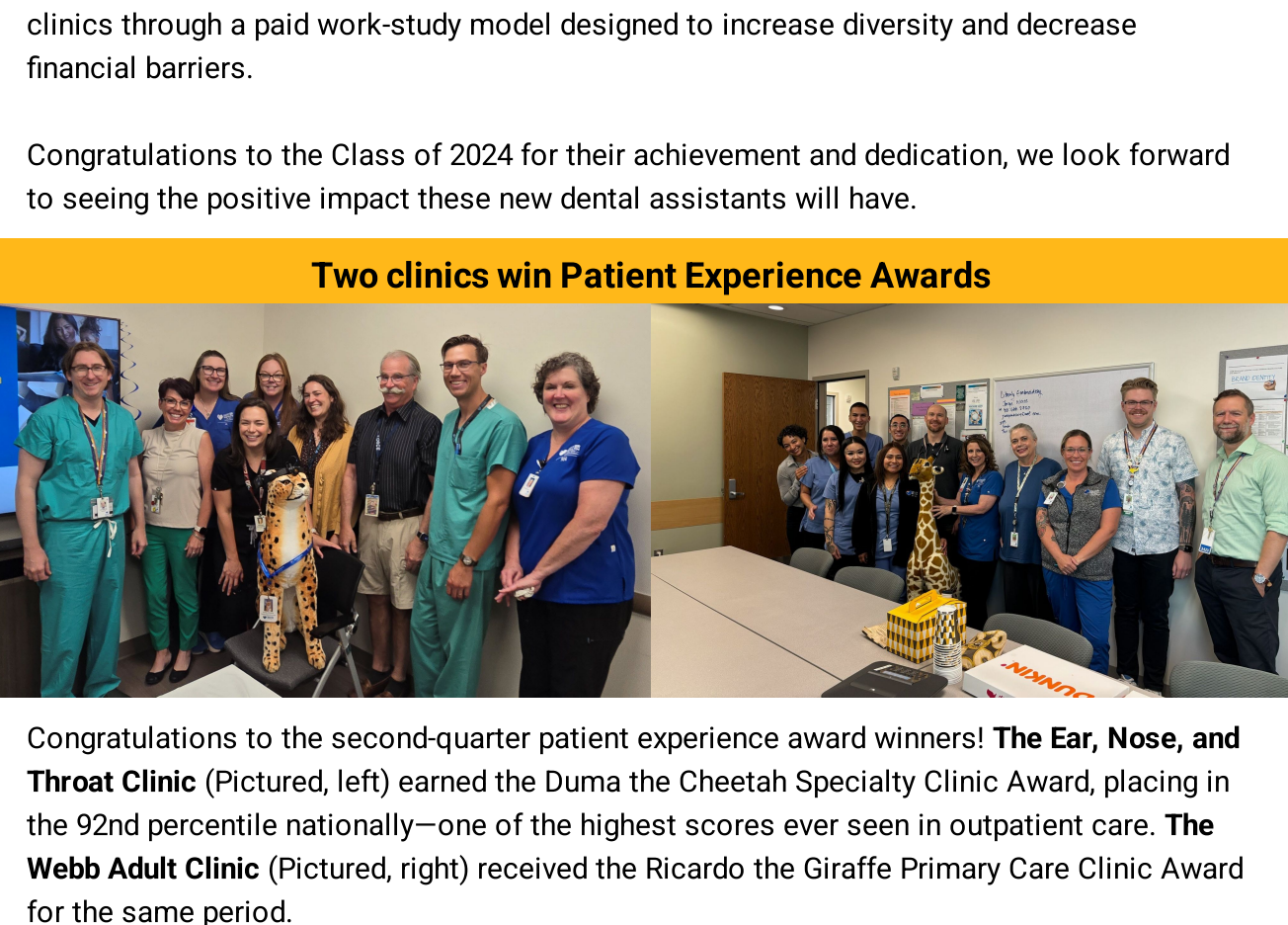
A staunch advocate for legislation benefiting individuals with eating disorders, Westmoreland has testified before the state Legislature and engaged with legislators on Capitol Hill to improve the treatment of these conditions.

**Philip Mehler, MD**, is not only ACUTE's founder and leader for the past 25 years, but also the person responsible for recruiting Westmoreland to ACUTE.

We commend Dr. Mehler for his exceptional leadership and Dr. Westmoreland on her new role.

## RECOGNIZING YOU

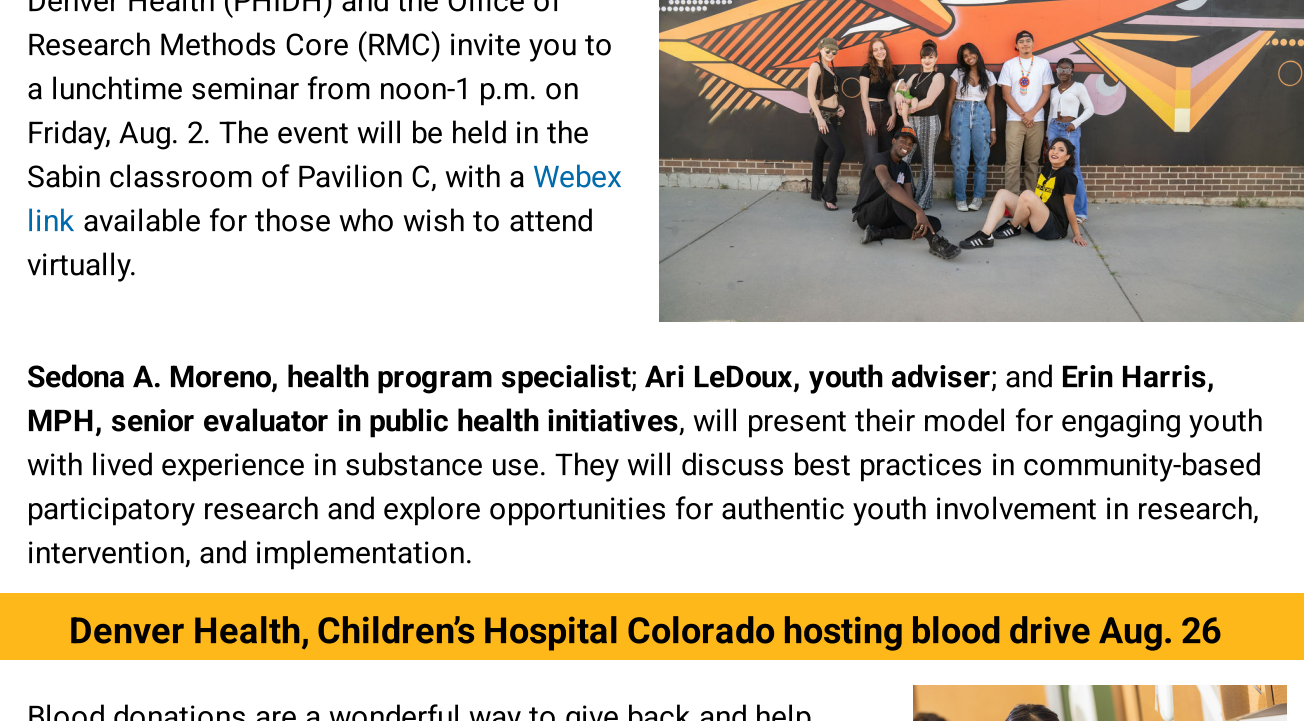
### Dental Assistant Program celebrates Class of 2024



The Denver Health Dental Assistant Program's Class of 2024 held its graduation ceremony last **Friday at the Rita Bass Trauma and EMS Institute**. There were nine graduating Dental Assistants and six administrative dental assistants from Community College of Denver. The Denver Health program trains dental assistants available to work in Denver Health dental clinics through a paid work-study model designed to increase diversity and decrease financial barriers.

Congratulations to the Class of 2024 for their achievement and dedication, we look forward to seeing the positive impact these new dental assistants will have.

### Two clinics win Patient Experience Awards



Congratulations to the second-quarter patient experience award winners! **The Ear, Nose, and Throat Clinic** (Pictured, left) earned the Duma the Cheetah Primary Care Clinic Award, placing in the 92nd percentile nationally—one of the highest scores ever seen in outpatient care. **The Webb Adult Clinic** (Pictured, right) received the Ricardo the Giraffe Primary Care Clinic Award for the same period.

### Recognizing health care awareness during August

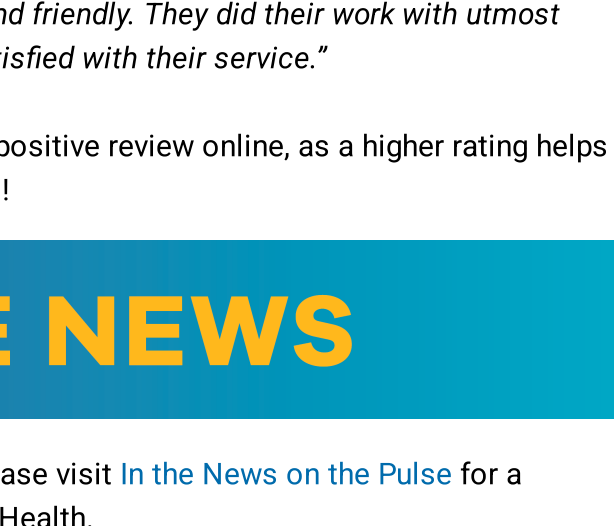
August brings a fresh opportunity to focus on national health care awareness and recognition. This month's observances give us a chance to spotlight important health topics, celebrate the dedication of health care workers and acknowledge special days, weeks, or even the entire month in their honor. Let's make the most of this time to learn, share, and grow together, while paying tribute to those committed to caring for our well-being.

[See observances](#)

## GET INVOLVED

### EYE for Prevention hosting seminar Friday at noon

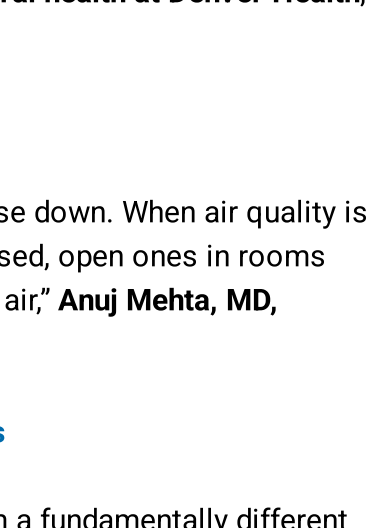
No lunch plans for Friday? We've got you covered. The Public Health Institute at Denver Health (PHIH) and the Office of Research Methods Core (RMC) invite you to a lunchtime seminar from noon-1 p.m. on Friday, Aug. 2. The event will be held in the Sabin classroom of Pavilion C, with a [Webex link](#) available for those who wish to attend virtually.



**Sedona A. Moreno, health program specialist**, **Ari LeDoux, youth adviser**, and **Erin Harris, MPH, senior evaluator in public health initiatives**, will present their model for engaging youth with lived experience in substance use. They will discuss best practices in community-based participatory research and explore opportunities for authentic youth involvement in research, intervention, and implementation.

### Denver Health, Children's Hospital Colorado hosting blood drive Aug. 26

Blood donations are a wonderful way to give back and help support our patients! Denver Health will be hosting a mobile blood drive in partnership with Children's Hospital Colorado from **8:30 a.m.-12:15 p.m. on Monday, August 26**, in the Rita Bass parking lot.



[Sign up today to donate!](#)

## FEATURED JOBS

### Discover the latest career opportunities at Denver Health

This week's featured job is **Addiction Medicine Consult Specialist Physician**. Take advantage of our Employee Referral Program, earn a friend for one of our Featured Jobs for a chance to earn a referral bonus.



The referral incentive varies depending on the position referred, so don't miss out on this opportunity to help someone find their next great role while earning a reward yourself.

Employee referral incentives range up to \$5,000! Search your network to find top talent and earn cash. Login to your Workday, click on the "Jobs Hub". Under "My Referrals," click the "Refer a Candidate" button to send your prospects an application invitation email. A [quick reference guide](#) is available in the Workday Resource Hub. Additional details are available in the [Employee Referral Incentive Program](#) policy.

## GRATITUDE

### Pediatric Primary Care Center praised for excellent care

It is rewarding to hear from patients who have received outstanding care at Denver Health. This week, we're highlighting a patient review of our incredible team at the Denver Health Pediatric Primary Care at Webb Center for Primary Care.

*"The visit was required and necessary to ascertain my son's health status. The Doctor and the Nurse that attended to us were cordial, jovial and friendly. They did their work with utmost professionalism. I am really impressed and satisfied with their service."*

We encourage staff to ask patients to leave a positive review online, as a higher rating helps build trust in our community. Every star counts!

## IN THE NEWS

The 411 highlights top stories of the week. Please visit [In the News on the Pulse](#) for a rundown of all recent stories featuring Denver Health.

### Kids are being asked learn emergency first aid in the event of a school shooting

July 30, *Stipp*s

"I've trained thousands—probably 5,000 to 6,000 kids," **Missy Anderson, RN, pediatric trauma program manager at Denver Health**, said. "When I'm chatting with kids, I ask them what are ways you can get big owies. I don't say massive hemorrhage- they don't know what that means. I say big owies that bleed really big, and I have had kids that say if we get shot at school and I acknowledge that because it is a true statement, but we move on."

### Psychiatrist-soldier deploying to help with treatment

July 26, *FOX31*

"I got into the Army Reserve, you know, about 2012 or so. It was a little bit after the surge in Iraq, and there was a lot of talk about suicide and PTSD and depression. And so, I thought to myself, psychiatry, that's something I can do something about. I can do my little 1% and be helpful in this area," **Christian Thurstone, MD, director of behavioral health at Denver Health**, told FOX31.

### Questions for Colorado doctors amid choking smoke and ozone

July 31, *The Colorado Sun*

"But a lot of people rely on opening the windows to cool the house down. When air quality is really bad, it might be better to keep some of those windows closed, open ones in rooms that you're not in, and just keep those fans going to circulate the air," **Anuj Mehta, MD, pulmonologist at Denver Health**, said.

### CU Med is first school to move to new model for training doctors

July 29, *The Denver Post*

Having students follow patients instead of physicians gives them a fundamentally different view of the system, said **Abraham Nussbaum, MD, a psychiatrist, assistant dean of the CU School of Medicine and chief education officer at Denver Health**. Nussbaum oversaw the pilot program and has since written a book about the model shift, called "Progress Notes: One Year in the Future of Medicine."

## MARK YOUR CALENDAR

July | August

- |                                                                                                                                                                                                                                                                                                                                                |                                                                                                                                                                                                                                                                                                     |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <p><b>Aug. 2:</b> Research Methods Core seminar</p> <p><b>Aug. 5-7:</b> Concrete pad work for art installation begins at Belonging Park</p> <p><b>Aug. 6:</b> RESTORE Group Support: Grief &amp; Loss</p> <p><b>Aug. 14:</b> RESTORE Group Support: Cumulative Stress &amp; Burnout</p> <p><b>Aug. 15:</b> Trauma-Responsive Care Workshop</p> | <p><b>Aug. 20:</b> RESTORE Group Support: Black/African-American Affinity</p> <p><b>Aug. 26:</b> Mobile blood drive with Children's Hospital</p> <p><b>Aug. 27:</b> RESTORE Group Support: Workplace Safety Concerns</p> <p><b>Aug. 28:</b> RESTORE Group Support: Newcomer Humanitarian Crisis</p> |
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SUBMIT A REQUEST TO THE **WEEKLY 411**. Submit content for consideration in the Weekly 411 through the employee outreach request form beta. Accuracy and quality matter, so please provide all material as early as possible. Your submission should detail who, what, when, where, why and how, with correct spelling and explanation of acronyms. We encourage you to include photos and any links or attachments that may help to communicate your message. Content received after noon on Tuesday will be considered for the following week's edition.

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