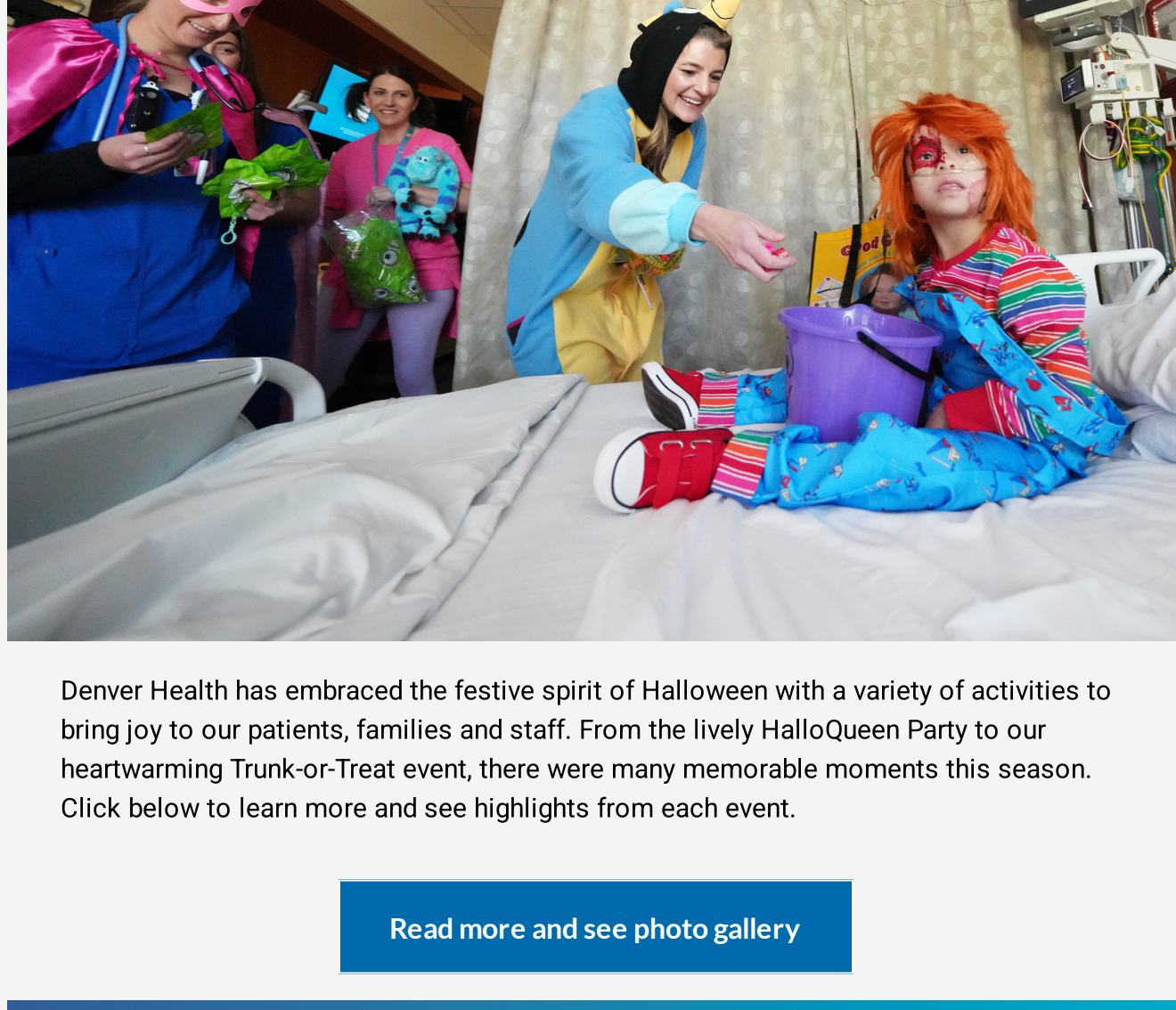


Thursday, October 31, 2024

Spooktacular celebrations: Denver Health embraces Halloween spirit



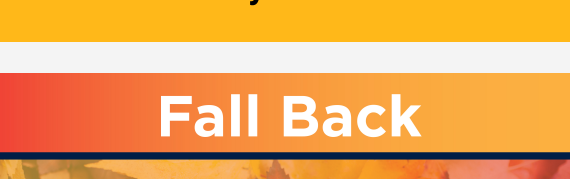
Denver Health has embraced the festive spirit of Halloween with a variety of activities to bring joy to our patients, families and staff. From the lively HalloQueen Party to our heartwarming Trunk-or-Treat event, there were many memorable moments this season. Click below to learn more and see highlights from each event.

[Read more and see photo gallery](#)

STAY INFORMED

Give today be entered to win with your support of the Employee Giving Campaign

If you're interested in contributing to the Denver Health Foundation, you can enroll in payroll deductions or make a one-time donation by the end of **today, Oct. 31**, to be eligible for this year's Employee Giving Campaign incentives.



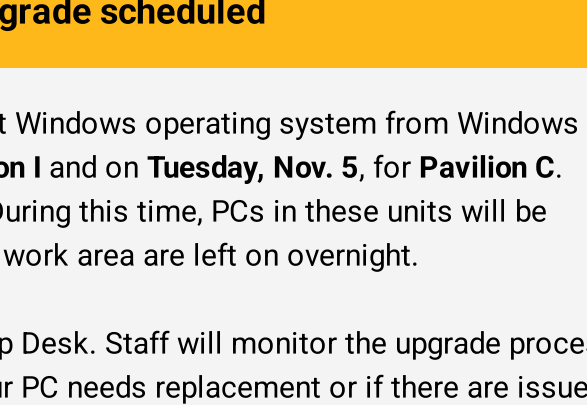
Your support helps fund vital programs, including at our school-based health centers, which are a critical part of Denver Health. In 2023, more than 15,000 students received care. Your contribution makes this important work possible.

Remember, you can also choose to give anytime throughout the year via Workday — your contribution matters, no matter when it's made.

Check out the [Denver Health Foundation Pulse](#) subsite to learn more and contribute today.

Daylight saving time ends Sunday

As we approach the end of daylight saving time, we want to remind everyone that at 2 a.m. this **Sunday, Nov. 5**, clocks should be set back one hour. Remember to adjust any clocks that do not automatically update. This change will also mean shorter daylight hours in the evening, so be mindful of your plans as we move into the winter months.



Laundry Services to repair steam pipe; wrinkled linen expected

On **Friday, Nov. 1**, a brief steam pipe repair project will happen in Laundry Services, affecting the use of the industrial iron through the weekend. There will be no linen delivery delays or downtime; however, linens may arrive wrinkled.

The Laundry Services team appreciates your support and understanding during this planned equipment downtime.

Windows 11 upgrade scheduled

IT's desktop team will upgrade the Microsoft Windows operating system from Windows 10 to Windows 11 on **Sunday, Nov. 3**, for **Pavilion I** and on **Tuesday, Nov. 5**, for **Pavilion C**. The upgrade window is from **8 p.m.-6 a.m.** During this time, PCs in these units will be rebooted. Please ensure that all PCs in your work area are left on overnight.

For any concerns, please do not call the Help Desk. Staff will monitor the upgrade process and the desktop team will contact you if your PC needs replacement or if there are issues to address. Thank you for your cooperation. Find more information [here on the Pulse](#).

\$1.28M grant awarded for medical training

The Department of Health and Human Services awarded Denver Community Health Services, the federally qualified health center component of Denver Health, a \$1.28 million grant to fund the health system's Teaching Health Center Graduate Medical Education (THCGME) program, making it the first program of its kind in Colorado.

[Learn more](#)

Denver Health Orthopedics welcomes new sports medicine surgeon

Ian Backlund, MD, started his life without access to health care. A traumatic motocross accident he had as a teenager would change the trajectory of his life and bring him full circle here to Denver Health, where he feels privileged to work with those who come from a similar background as his.



"Denver Health has an incredible culture and provides a high level of orthopedic and musculoskeletal care to all, regardless of insurance which represents an unfair barrier to patients across the country," he noted. "The environment and mission at Denver Health resonated with me and my background."

Dr. Backlund enjoys helping anyone with knee, shoulder, hip and joint injuries — whether they are athletes or not — get back to doing the things that they love. He is proud to be a part of [Denver's only Orthopedic Center of Excellence](#) and work on the [sports medicine team](#), led by [Jarrod King, MD](#).

[Read more](#)

Office of Health Equity hosts open house on health disparities

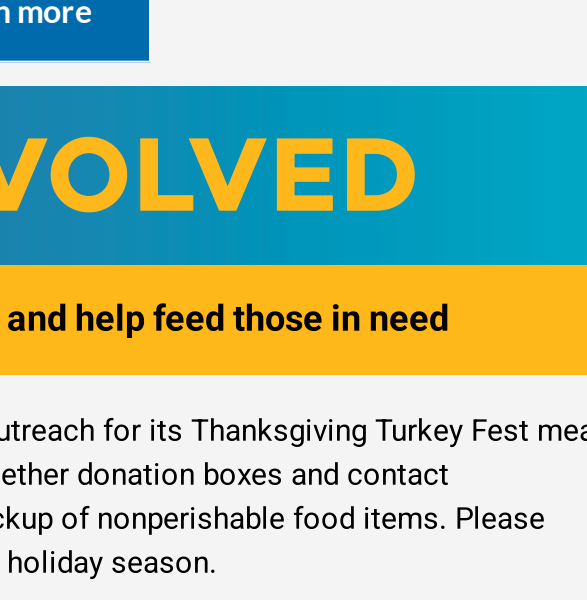
The [Office of Health Equity](#) held its first community open house this week, bringing together community organizations dedicated to addressing health disparities. Each partner had a chance to introduce itself to participants, including many Denver Health employees who attended to learn more about the possibility of working together on behalf of our patients.



[Read more](#)

Denver Health staff engages with parents at MOMS Tour

Recently, Denver Health staff participated in the national MOMS Tour, a community-based baby shower aimed at reducing high maternal mortality and morbidity rates in the U.S., particularly among Black and American Indian/Alaska Native moms. **Chris Perak, RN BSN, IBCLC**, from the Mom/Baby lactation team, and **Shawnecca Burke, MD, family medicine team lead** (pictured left to right) spoke with more than 200 attendees about the birthing process at Denver Health, Medicaid information and lactation support. Attendees received handouts including sanitizers, notebooks, juice boxes and small toys for children.



RECOGNIZING YOU

Recognizing health care awareness during November

This November, we focus on important health issues, honor the steadfast dedication of our health care professionals and recognize special observances in their name. Together, we can learn, share, and grow while appreciating the commitment of those who support our well-being.

[Learn more](#)

GET INVOLVED

Spread thanks this season and help feed those in need

Denver Health is partnering with Excalibur Outreach for its Thanksgiving Turkey Fest meal giveaway. Employees and teams can put together donation boxes and contact stephanie.syner@daha.org to arrange the pickup of nonperishable food items. Please donate by **Nov. 12** to help those in need this holiday season.

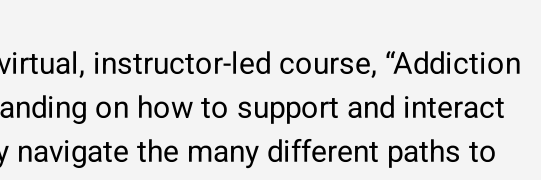
The Turkey Fest giveaway is set for **Saturday, Nov. 23**, from **9 a.m.-noon** at the **Rita Bass Trauma and EMS Institute** and from **1-4 p.m.** at the **Lovry Family Health Center**. Employees are invited to pick up a Thanksgiving meal.

Items needed include:

- Cans of corn, green beans or peas
- Cans of canned yams/sweet potatoes
- Cans of peaches, pineapple or fruit cocktail
- Boxes of stovetop stuffing (or equivalent)
- Packages of dried potatoes, rice or beans
- Cake or dessert mix, with frosting (other dessert items)
- Misc. applesauce, pudding, or Jell-O mix, cereals and seeds
- Container of coffee or tea bags
- Juice or juice boxes
- Disposable cooking pans/food storage containers
- Any other non-perishable items to make meal complete

Trauma-responsive care workshops available

Denver Health's Center for Addiction Medicine Academy provides training and technical assistance on trauma-responsive substance use disorder treatment for Colorado and surrounding regions.



In partnership with the Public Health Institute at Denver Health's Denver Prevention Training Center, CAM Academy has launched a three-hour, virtual, trauma-responsive care workshop to increase knowledge and skills to deliver compassionate care. This workshop will provide strategies for creating trauma-responsive care environments to foster healing in the patients we serve. This workshop will be held on **Nov. 14** and **Dec. 12** and offers CNE and CME credits.

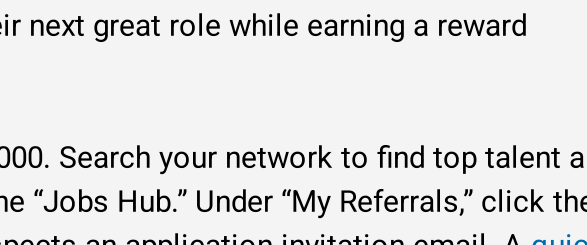
CAM Academy is also starting a new three-hour, virtual, instructor-led course, "Addiction Medicine 101." It provides a foundational understanding on how to support and interact with patients with substance use disorder as they navigate the many different paths to recovery. This course will be held **Nov. 19** and **Dec. 10**, and also offers CNE and CME credits.

Both courses are offered at no cost for Denver Health employees. To register, [select your preferred course date here](#) and the registration fee will be waived.

FEATURED JOBS

Discover the latest career opportunities at Denver Health

This week's featured job is [Registered Nurse - Operating Room, night shift](#). Take advantage of our Employee Referral Program and refer a friend for one of our Featured Jobs for a chance to earn a referral bonus.



The referral incentive varies depending on the position referred, so don't miss out on this opportunity to help someone find their next great role while earning a reward yourself.

Employee referral incentives range up to \$5,000. Search your network to find top talent and earn cash. Login to your Workday, click on the "Jobs Hub." Under "My Referrals," click the "Refer a Candidate" button to send your prospects an application invitation email. A [quick reference guide](#) is available in the Workday Resource Hub. Additional details are available in the [Employee Referral Incentive Program](#) policy.

GRATITUDE

Obstetrics and Gynecology team praised for excellent care

It is rewarding to hear from patients who have received outstanding care at Denver Health. This week, we're highlighting a patient review of our Obstetrics and Gynecology team.

"I love my doctors and the nurses here, everyone is kind and very caring! They go above and beyond for you. I truly appreciate the service I get each time I come here, whether it be at the women's clinic or the ER. Everyone is so sweet and compassionate. Truly feels like you're walking into a 'second home.'"

We encourage staff to ask patients to leave a positive review online, as a higher rating helps build trust in our community. Every star counts!

IN THE NEWS

The 411 highlights top stories of the week. Please visit [In the News on the Pulse](#) for a rundown of all recent stories featuring Denver Health.

Denver Health mobile unit teams up with businesses for breast cancer screenings

Oct. 29, Denver7

"A lot of people come with anxiety, and they come with tears in their eyes, and it hurt me to see that because I know that it isn't what they expect or what they think," said **Denver Health mammographer Tiffany Romero**. "It's better to face that fear and get the exam than not."

What you should really be afraid of this Halloween

Oct. 29, Fox31

Julia Venci, MD, and **Carolina Gutierrez, MD**, physicians at the **Denver Health Federico F. Pena Family Health Center**, spoke with Fox31 about the importance of community involvement and creating a safe environment for children at the clinic's Trunk or Treat event.

Denver Health utilizing other fluids to help with IV fluid shortage

Oct. 29, 9News

"Those conservation strategies have really made a huge impact and essentially doubled our days-on-hand supply, and we've seen really minimal impact on patient care," **Anuj Mehta, MD, pulmonary and critical care physician at Denver Health**, said.

How Daylight Saving Time change can affect your health and what to do

Oct. 30, Fox31

Dan Schoenwald, Ph.D., psychologist at Denver Health, joined Fox31 to talk about the mental health impacts of daylight saving time and the fewer hours of daylight in the winter months.

MARK YOUR CALENDAR

November

- Nov. 1:** Wear a Denver Health T-shirt on first Friday
- Nov. 1:** [Colorado Rapids T-shirt Game 2](#)
- Nov. 4:** [Open enrollment deadline](#)
- Nov. 5:** [RESTORE Group Support: Grief & Loss](#)
- Nov. 11:** [Lecture on necrotizing pancreatitis at Rita Bass auditorium](#)
- Nov. 12:** [RESTORE Group Support: Cumulative Stress and Burnout](#) (Password: [PKX3WhPHA97](#))
- Nov. 12:** [Thanksgiving donations deadline](#)
- Nov. 14:** [Trauma-responsive care workshop](#)
- Nov. 19:** [Addiction Medicine 101](#)

[CLICK HERE FOR A PDF VERSION OF THIS NEWSLETTER.](#)

Denver Health VALUES how we do it. RESPECT BELONGING TRANSPARENCY ACCOUNTABILITY

SUBMIT A REQUEST TO THE WEEKLY 411

Submit content for consideration in the Weekly 411 through the employee outreach request form [here](#). Accuracy and quality matter, so please provide all material as early as possible. Your submission should detail who, what, when, where, why and how, with correct spelling and explanation of acronyms. We encourage you to include photos and any links or attachments that may help to communicate your message. Content received after noon on Tuesday will be considered for the following week's edition.

[View this email in your browser](#)

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